

# Insecurity Bug

*“See what great love the Father has lavished on us, that we should be called children of God! And that is what we are!” (1 John 3:1 NIV).*

God loves you and has your best interest in mind (Romans 8:28). However, how you view God colors your entire world, and what you believe about HIM determines how secure you are in life.

During this time of “lockdown,” you have an opportunity to dig in deep and let God heal aspects of your life. We all have junk we need to deal with, but if we want to help those around us, we need to be secure in Him.

There are various types of insecurities and they come in all types of forms. Insecurity’s root is fear. *“Yet, God’s love turns fear out of doors and expels every trace of terror!” (1 John 4:18 AMPC)*

According to the Bible, insecurity is what Paul calls “confidence in the flesh.” It is trusting in the wrong thing (self!) *“For we are the circumcision, who worship God in the Spirit, rejoice in Christ Jesus, and have no confidence in the flesh...” - (Philippians 3:3).*

The kind of childhood you had, recent experiences, social anxiety, negative beliefs, perfectionism, critical upbringing, failures or even rejections all contribute to insecurity. The more insecure you feel, the more you try to control things.

Control is nasty. It is a false illusion and gives the feeling of power and domination. Unfortunately, control is NOT your friend. The more you try to control things the more insecure and frustrated you become. Insecurity has a way of really jacking people up because anything not anchored in God –will fail.

The only way to live a secure life is to trust and follow God. From the very beginning, God has promised to take care of you, just as He cares for all creation. You can never in your own efforts take care of yourself as well as God can. He provides what you need, when you need it if you trust Him. But you must deny the fleshly desire to control or walk in insecurity.

*Jesus said, “If anyone desires to come after Me, let him deny himself, and take up his cross daily, and follow Me” (Luke 9:23).*

Having your needs met and finding security in life can only be obtained by seeking the good of God's kingdom for your life. It requires you to always trust in HIS power to help you. Trusting in His power means- moment by moment, minute by minute, second by second.

God's protection for your life is based on HIS eternal viewpoint, not your viewpoint. God is not limited in power but can help in any and all situations. God's plan for you is good. Even when things look bleak, they are not.

When your perception seems to indicate that HE has failed you, insecurity is at work. In these times, God asks that you have faith in HIM and trust in his infinite wisdom as He helps you over the insecurity bug!

God doesn't promise that your life will be free from struggles. But, He does promise the struggles are tools towards your growth. Each time you overcome them by trusting Him, He gets the glory and others benefit from your trials.

Each time you gain understanding of who God is in an area of your life you can find security (in Him) that empowers you .

*"Therefore, dear brothers and sisters, you have no obligation to do what your sinful nature urges you to do. For if you live by its dictates, you will die. But if through the power of the Spirit you put to death the deeds of your sinful nature, you will live."* (Romans 8:12-13).

*"Lord, help me break free from the bondage of insecurity. I confess that I've listened to the voice of the enemy more than I've listened to your truth. Lord, help me listen and know that I am loved, that I am perfectly made, that I am accepted as I am in You. Give me your Spirit to help me see when I am listening to lies instead of truth. Help me fix my eyes on you and all you are and have done for me and for this world. Thank you Lord! In your name I pray, Amen."* **Prayer used from Crosswalk.com**

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