

Education: BS in Applied Psychology from Pace University and MS in Mental Health Counseling from SUNY Albany.

Previous Experience: Clinician at Astor Services for Children & Families, Clinician at St. Christopher's Residential Treatment Center for At-Risk Youth.

Areas of Focus: Pre-teens, adolescents, couples and family therapy, play therapy for children, Dialectical Behavior Therapy (DBT), collaborative problem solving, anxiety and depression. Trauma work including children and adult survivors of sexual and physical abuse.