

## ITINERARY | DAY-BY-DAY

CAREER ENRICHMENT



### Explore Culture and Healthcare in India.

Delhi, Jaipur, Bharatpur & Agra

12 days / 9 nights

December 27-January 6\*, 2024

(\*arrive home Jan 7)

**\$3,999** (Based on double occupancy w/ flights)

**\$699** (Single supplement)

Enjoy the unique culture and traditions of India while you spend time with the locals. This adventure includes travel over the 2024 New Year Holiday.

**BOOK NOW 888.747.7501**

#### India Highlights

- ✓ 9 nights / 12-day journey through the Golden Triangle
- ✓ Tick off a bucket list item during a sunrise visit to the magical **Taj Mahal!** Additional sightseeing will include the Agra Fort, Amber Fort and City Palace of Jaipur, a former royal residence.

#### Educational Interaction

- ✓ **Interact with nurses, educators, and other allied healthcare professionals** from a variety of facilities throughout your travels. Explore India's healthcare and nursing system while you broaden your world view of access to care, role of the nurse within their medical system and cultural influences on healthcare.
- ✓ Develop an appreciation of India's response to health challenges through a mutual exchange with representatives from local hospitals and schools such as **Maulana Azad Medical College, Apollo Hospital Delhi** and other healthcare centers in Jaipur and Bharatpur.
- ✓ *8.0 -10 Continuing Education Units (CEU) credits will be sought for this journey through the Nevada State Board of Nursing.*

#### Community Connections

- ✓ A special visit to a **rural village school** in Bharatpur Village will give you a chance to interact with students and staff and observe their education experience in rural India. Help teach a class, volunteering your time in the village and spend time with the villagers.
- ✓ Spend time with a facility dedicated to giving back like **Disha: Resource Center for the Disabled** who provide an opportunity for children with multiple disabilities to develop to their full potential.
- ✓ Gain authentic cultural insight during an evening enjoying a **home-cooked meal with a local family.**

#### What's Included:

- 3\* accommodations throughout
- All transportation and activities outlined in the itinerary
- Group transfers to and from the international airport
- International air to and from Delhi (gateway is out of NYC area)
- Local English-speaking guide
- Meals as mentioned and most tips

#### Not Included:

- Personal expenses at the hotel
- Meals not specified
- Tips for national guide
- Passport renewal or issuance
- Domestic flight to gateway city
- Departure taxes if applicable
- Cost of your tourist visa



India | [www.nandajourneys.com](http://www.nandajourneys.com) | 888-747-7501



📍 New York Area

## DAY 1, Wednesday, December 27, 2023

### Depart for India today

Depart from New York City/surrounding area and make your way to India. The stunning beauty and friendly people alone are worth a visit!

The bustling metropolis of **Delhi** has been invaded, destroyed, and rebuilt countless times in its 5,000-year history. Today, it is a sprawling urban center unofficially divided into two parts: Old Delhi—the classic Indian experience of colorful, crowded streets and historical monuments—and New Delhi, India’s capital, a city of wide avenues and government buildings that the British began erecting in the early 1900s.

📍 Delhi, India

## DAY 2, Thursday, December 28

### Arrival in Delhi

Arrive in **Delhi**, India this evening. New Delhi is the capital of India and the heart of the nation and has more than 28 million residents in this sprawling metropolis.

Upon arrival, the group will be met at the airport and transferred via private coach to your local hotel. Relax this evening and settle into your hotel.

**Note:** Depending on flight arrival time, dinner is on your own (generally provided in flight).

Your **Taj Vivanta Delhi** area hotel is close to the airport in Dwarka, New Delhi. Guest rooms are comfortable and have all the amenities needed for an international journey including onsite dining, hair dryer, minibar, bathroom amenities and a work desk. The hotel has onsite dining, a pool, 24-hour room and laundry service and coffee/tea maker.

**Overnight: The Taj Vivanta 4\* (or similar)**

**Included meals: N/A**

📍 Delhi, India

## DAY 3, Friday, December 29

### Professional program in Delhi

**Please Note:** Breakfast is included daily in your program.

All travelers will gather this morning with your national guide and receive further information on the program and today’s activities.

Today the professional members of the group will visit a local hospital, such as **Apollo Hospital**, to get an overview of the medical system in India. Topics will include their public health system, healthcare infrastructure, role of traditional medicine within the overall system as well as how leadership and research are effecting change in local practices.

Lunch will be on your own this afternoon.

This afternoon you will meet with nurse students and faculty of **MAMC** (Maulana Azad Medical College) a medical college in New Delhi affiliated to University of Delhi and run by the Delhi government. Discuss nursing education along with other topics of mutual interest.

This evening the group will enjoy a welcome dinner with fellow travelers.

**Overnight: The Taj Vivanta 4\* (or similar)**

**Included meals: Breakfast & Dinner**





📍 Delhi, India

## DAY 4, Saturday, December 30

### Cultural program in Delhi

This morning after breakfast, you will visit **Old Delhi**. Start the day traveling by rickshaw past colorful bazaars, sacred temples, and colonial monuments through the winding streets of Old Delhi. Visit India's largest mosque, the white marble **Jama Masjid** or "Friday Mosque." Rising from between the crowded medieval streets of Old Delhi, the Jama Masjid is the largest mosque in India. Enjoy a photo opportunity of the iconic Red Fort (drive past), built by the Mughal emperor Shah Jahan before leaving Old Delhi.

Later explore **New Delhi** designed and built by the British in the 1920s. It is made up of well-composed and spacious streets under the shade of beautiful trees and beautiful colonial government buildings. As you navigate the city, you will drive along the ceremonial avenue, Rajpath, past the imposing *India Gate* and *Parliament House*.

You will visit the **Gandhi Museum** showcasing the life and principles of Mahatma Gandhi, Father of the Nation who led the nation against British colonial rule.

After lunch at a local restaurant, discover the **garden tomb of Humayun**, built by the widow of the second Mughal emperor; and the **Gurudwara Bangla Sahib Sikh temple**.

Late this afternoon you will visit a **community kitchen at Bangla Sahib** to serve food to the people. Assist with meal prep like cutting vegetables or making roti (Indian bread). Learn about their daily routines and how they help the local community with food insecurity. Learn about the political and cultural diversity of India.

Dinner is by individual arrangement.

**Overnight: The Taj Vivanta 4\* (or similar)**

**Included meals: Breakfast & Lunch**

📍 Jaipur, India

## DAY 5, Sunday, December 31

### Drive to Jaipur & New Year's Eve!

After breakfast and check-out, depart for the **Pink City of Jaipur**, known for the terracotta plaster that coats buildings in the old part of the city. Jaipur is the capital and largest city of Rajasthan. Established back in 1727, the city now has a population of more than three million. It is 167 miles north of Delhi and forms the western part of the Golden Triangle.

Lunch is on your own during a rest stop in route to Jaipur (approximately four-hour drive).

In route to Jaipur if it is possible stop for a short visit at a **rural clinic**. See what the facilities and services look like in this kind of rural setting and discuss access to care issues and see what types of illnesses and guidance they provide to the locals. *Availability will depend on the holiday and clinic staffing this day.*

The seventy-room **Mandawa Haveli**, is one of the most spectacular havelis to have been constructed in Jaipur. Originally, these wonderful havelis were created as town houses by the landed gentry and wealthy businessmen of the day. They were often grand affairs with terraces and several courtyards which served to provide shade as well as keep the houses light and well ventilated, essential in the harsh climates of Rajasthan. Today, many of these have been converted into charming hotels.







## EXPLORE CULTURE AND HEALTHCARE INDIA | DAY-BY-DAY

Check into your local hotel this afternoon with some time to relax before dinner.

This evening you will enjoy a new year's dinner celebration at a local restaurant before enjoying the festivities with some local people.

**Overnight: Mandawa Haveli 4\* (or similar)**

**Included meals: Breakfast & Dinner**

📍 Jaipur, India

### DAY 6, Monday, January 1

#### Happy New Year 2024!

This morning, embark on an extensive exploration of the monuments of Jaipur's golden age. Travel to the **Amber Fort**, a beautiful complex of palaces, halls, gardens, and temples. Once inside the citadel, stroll through the sprawling palace and courtyards to admire the grand architecture and delicate carvings.

Later explore the **City Palace**—composed of a vast mosaic of exquisite palaces, gardens, and courtyard. Also visit the **Palace of Winds (Hawa Mahal)**. Its elaborate façade with more than 900 windows once served as an observation point for the ladies of the court. You will drive pass **Hawa Mahal (Palace of the Winds)**, where a high and intricately carved wall confined the women of the court while allowing them to watch processions below.

After lunch, walk through a **local market**. There are several bazaars in Jaipur - Textile, Spices, Vegetable and Fruit markets. Each of these possess a unique charm. You can also have a close look at the traditional process of *hand block printing* on textiles, with lush natural colors, that has been practiced in Rajasthan for around 500 years.

Gain authentic cultural insight during an evening spent enjoying a **home-cooked meal with a local family** including helping with the meal prep.

**Overnight: Mandawa Haveli 4\* (or similar)**

**Included meals: Breakfast, Lunch & Dinner**



📍 Jaipur, India

### DAY 7, Tuesday, January 2

#### Professional & Humanitarian Program

Start your morning with a visit to a facility such as **Disha: Resource Center for the Disabled**. Interact with the staff and patients today to learn how they provide an opportunity for children with multiple disabilities to develop to their true potential.

After lunch at a local restaurant continue your professional program with a visit to a **local hospital or clinic**. Share your insight with their team and learn more about their public health system and have a roundtable discussion on how nursing practice is changing in the future.

Dinner will be provided this evening.

**Overnight: Mandawa Haveli 4\* (or similar)**

**Included meals: Breakfast, Lunch & Dinner**





📍 Bharatpur Village, India

### DAY 8, Wednesday, January 3

#### Drive to Bharatpur, Rajasthan

Today the group will say farewell to Jaipur and drive 111 miles to **Bharatpur**, known as the world’s best-known bird reserve, located in Keoladeo Ghana National Park. With a population of over 2.5 million this northwest Indian state is situated on an immense alluvial plain with isolated hilly area to the north and south.

Lunch will be provided this afternoon.

This afternoon you will visit a **rural village**. Walk through the rural village where you will learn about the lives of the villagers and interact with the people. Experience rural life in India, including perhaps working alongside local organic farmers, visiting with the village children or the elderly.

Check into your hotel later today and get settled with dinner on your own. **Hotel Clarks Inn Express** is one of the best hotels in Bharatpur for nature enthusiasts, leisure travelers and transit travelers exploring the country. They have onsite dining for your convenience this evening with dinner served until 11pm. The hotel offers in room dining as well as free Wi-Fi, AC, tea & coffee maker, laundry, and room service.

**Overnight: The Clarks 4\* (or similar)**  
**Included meals: Breakfast & Lunch**

📍 Bharatpur Village, India

### DAY 9, Thursday, January 4

#### Professional & Humanitarian Program

This morning you will head out after breakfast to visit a **rural village school**. Spend time with students and observe their educational experience in rural India. The cultural exchange is enriching for the school as well as providing an insight into access to education for the children in India in this setting.

The plan for this morning is to teach a class. The world is a classroom where there is always something new for us to learn. What better than to learn from the children in India. Engage in activities that uplift them and teach a subject, a game or share a story. Any activity you choose will be wholesome experience not just for the kids but also for you. Spreading a few smiles will surely make your journey a worthy one!

After lunch visit a **local hospital or healthcare center** in the region. Continue discussions of mutual interest and wrap up your professional program interactions.

Dinner will be provided this evening.

**Overnight: The Clarks 4\* (or similar)**  
**Included meals: Breakfast, Lunch & Dinner**







📍 Agra, India

### DAY 10, Friday, January 5

#### Drive to Agra

The remote city is a must see when you are in Northern India, not only because it is the home of the UNESCO World Heritage rated Taj Mahal. The city is located on the banks of the river Yamuna and is the 24<sup>th</sup> most populous city in India. This morning, drive to Agra. This is a fascinating way to see the country as we wind our way down from the foothills back to the plains and onward to the city of love Agra, home of the Taj Mahal.

Lunch is by individual arrangement today.

This afternoon you will explore the **Agra Fort**, the seat and stronghold of the Mughal Empire under successive generations. This was the seat of Mughal rule and administration, and the present structure owes its origins to Akbar, who erected the walls and gates and the first buildings on the eastern banks of Yamuna River.

**Taj Gateway** has onsite dining, a spa fitness center and pool. Rooms are basic but comfortable and provide the necessary amenities for your stay.

Enjoy farewell dinner together this evening and a chance to recap your experiences.

**Overnight: Taj Gateway Hotel 4\* (or similar)**

**Included meals: Breakfast & Dinner**

📍 Agra, India

### DAY 11, Saturday, January 6

#### Visit the Taj Mahal

Explore Shah Jehan's monument to love: the **Taj Mahal**. A mausoleum built by Shah Jehan for his queen Mumtaz Mahal, the Taj Mahal is said to have taken 22 years and 20,000 craftsmen to construct. Its perfect proportions and minutely detailed marble inlays will astound you. It is renowned for its perfect proportions with rich, exquisite marble inlay with minute details and executed with great skill.

Lunch is by individual arrangement today.

Say farewell to Agra and drive back to Delhi this afternoon.

Dinner is on your own this evening before heading to the airport for your late departure home.

**Overnight: N/A**

**Included meals: Breakfast**

📍 New York Area

### DAY 12, Sunday, January 7

#### Arrival

Arrival will be this morning back in the U.S.





📍 Delhi, India

### **Taj Vivanta New Delhi**

Sector 21 Metro Station Complex

Dwarka, New Delhi, India

**Telephone:** +91-11-6600-3000

<https://www.vivantahotels.com/en-in/vivanta-new-delhi-dwarka/>



📍 Jaipur, India

### **Mandawa Haveli**

Sansar Chandra Road

Jaipur, Rajasthan

**Telephone:** +91-141-402-1194

<http://www.mandawahaveli.com/>



📍 Bharatpur, India

### **The Clarks**

NH-21, Agra Jaipur Highway

Bharatpur, India

**Telephone:** +91- 56-4422-4232

<https://www.theclarkshotels.com/clarks-inn-express-bharatpur/>



📍 Agra, India

### **Taj Gateway**

Fatehabad Road

Agra, Uttar Pradesh

**Telephone:** +91-562-660-2000

<https://www.selectionshotels.com/en-in/taj-view-agra/>

