



NOV 24 - JAN 25

週末活動時間表

Activity Venues

- Bowling, Tenpin City Lidcombe, 92 Parramatta Road, Lidcombe
- Saturday afternoon at Belmore Senior Citizens Centre 38 Redman Parade Belmore / Ashbury Senior Citizens Centre 66 Princess Street Canterbury
- Aerialize, 7-9 Close Street, Canterbury

WEEKDAY AFTERNOON PROGRAM

Friday	4:30pm to 5:30pm	Aerial Circus	Aerialize, Canterbury
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WEEKEND PROGRAM

	Junior Group 幼兒組	Youth Group 青年組	
	Afternoon 2:30pm to 4:00pm	Morning 10:30am-12:00pm	Afternoon 2:30pm to 4:00pm
NOVEMBER 十一月			
02/11	Zumba 森巴舞 at Belmore *	Tenpin Bowling	Zumba 森巴舞*
	Birthday Party 生日會 4:00pm - 4:30pm		
09/11	Fun Cooking 有趣烹飪	Tenpin Bowling	Chair Yoga / Pilate / Dance 椅子瑜伽
16/11	Music Therapy 音樂治療	Tenpin Bowling	SCEP Project – music & drama 音樂及戲劇表演課
23/11	Taekwondo 跆拳道 at Belmore*	Tenpin Bowling	Taekwondo 跆拳道*
30/11	Hands-on Workshop Food Handling & Hygiene 食物處理和衛生互動工作坊	Tenpin Bowling	SCEP Project – music & drama 音樂及戲劇表演課
DECEMBER 十二月			
07/12	Zumba 森巴舞 at Belmore *	Tenpin Bowling	Zumba 森巴舞*
	Birthday Party 生日會 4:00pm - 4:30pm		
14/12	CPA AGM and Christmas Celebration Lunch 協康會週年大會 & 聖誕聯歡午餐** Club Auburn, 12-14 Northumberland Road Auburn 11:30am – 2:00pm		
21/12	School Holiday		
28/12	School Holiday		
JANUARY 一月			
04/01	School Holiday		
11/01	School Holiday	SCEP Project – music & drama 音樂及戲劇表演課	
18/01	School Holiday	SCEP Project – music & drama 音樂及戲劇表演課	
25/01	School Holiday	SCEP Project – music & drama 音樂及戲劇表演課	

The above programs may be changed without prior notice due to unforeseen reasons.

*Combined class for both the Junior and Youth groups and the monthly Birthday Party are held at Belmore Senior Citizens Centre. 每月的合併班及生日會在 Belmore 中心舉行

** Refer to activity flyer for details



澳洲弱能兒童協康會

Chinese Parents Association-Children With Disabilities Inc.