



“The family finds in the plan of God the Creator and Redeemer not only its identity, what it is, but also its mission, what it can and should do.”

St. John Paul II
(*Familiaris Consortio*)

SCRIPTURE of the DAY

2 Samuel 5: 1-3

Psalms 121: 1-5

Colossians 1: 12-20

Luke 23: 35-43

“Today you will be with me in paradise.” This is kingship in the domestic church: authority that serves, power that kneels.

David is anointed shepherd-king to gather the tribes; parents, grandparents, and godparents are called to shepherd hearts, creating rooms where truth can be told, where a teenager dares to ask hard questions, where an elderly parent is treated with reverence. Colossians sings of Christ through whom and for whom all things were made and in whom all things hold together. He can hold our households together when pride, debt, or old wounds pull us apart. *Quas Primas* (33 - “He must reign in our minds... He must reign in our wills.”) placed Christ at the centre of public life; *Amoris Laetitia* places Him at the centre of daily tenderness. In a country of many languages and convictions, we proclaim His kingship when our budgets make space for the poor, when we refuse sarcasm as a weapon, when we forgive before the sun sets.

A synodal Church in mission grows from such homes: merciful, truthful, hospitable, so that parish becomes a place the wounded can speak and belong.

This week: Choose one form of reconciliation to begin with and set aside a concrete offering for a family in need.✙

NEWBEC

Solemnity of Our Lord Jesus Christ, King of the Universe | 23 Nov 2025

CELEBRATING, LISTENING AND WALKING AS PILGRIMS OF HOPE

MONTHLY FOCUS & RATIONALE:

FAMILY (ACCOMPANYING)

CALLED TO STRENGTHENING FAITH AND RELATIONSHIPS
TOWARDS BUILDING GOD-CENTERED FAMILIES

Christ Reigns as King *in God Centered Families*





PARISH OF OUR MOTHER OF PERPETUAL HELP

Redemptorist Community

Rev.Fr. Joseph Stephen,C.Ss.R. (Parish Priest)

Rev.Fr. Patrick Massang,C.Ss.R. (Assistant Parish Priest)

Celebrating, Listening and Walking as Pilgrims of Hope.

Address: 19-21, Jalan La Salle, Ipoh Garden, Ipoh, Perak.(Priest address)

1, Jln Serindik, Ipoh Gdn., Ipoh (Church & Pastoral Centre address)

Tel. Nos.: (office – 05 5458220) (Fax: 05 5468495) website: omhip.org

ANNOUNCEMENTS:

FIRST HOLY

COMMUNION

is on
Sunday, 23 Nov., 2025 at
the 8.00 a.m. Mass.

Congratulations to our 22
1st Holy Communicants!

May this special day bring you
closer to God and fill your heart
with joy, love and spiritual
growth.

GOTONG-ROYONG

In preparation for Christmas,
there will be a Gotong-Royong
on

(date) **Sun. 23 November, 2025**

(time) 2.00 p.m.

(venue) OMPH church.

All ministries are to participate.

Please bring your mops, brooms,
towels, bucket etc. for cleaning.

Parishioners are encouraged to
come and give a hand.

More hands make light work!

Rite of Acceptance into the Order of Catechumens

The R.C.I.A. Enquirers will be
celebrating the "Rite of
Acceptance into the
Order of Catechumens"
on **Saturday, 29 November, 2025**
during the 5.45 p.m. Mass.
Let us welcome them into our
Catholic community by
joining them in prayer and
fellowship.

CHRISTMAS VISIT TO THE ELDERLY AND HOMEBOUND PARISHIONERS

The Priests together with the
Eucharistic Ministers will be visiting
and giving communion to the
Elderly & Homebound on

**Mon. 8 & Tues 9 of
December, 2025** from
9.00 am onwards.

PARISH ACTIVITIES & MEETINGS: (Nov./Dec.2025)

- * 23/11/2025 - 1.30 p.m. - RECHOSO practise (parish hall)
- * 23/11/2025 - 2.00 p.m. - Gotong Royong (church)
- * 23/11/2025 - 7.00 p.m. - RCIA (T) (St.Paul Rm.)
- * 24/11/2025 - 8.00 p.m. - Talk on Advent (T)
- * 25/11/2025 - 8.00 p.m. - Legion of Mary (C) (St.Mt.Rm.)
- * 25/11/2025 - 8.00 p.m. - Lit. Com. (St.MkRm.)
- * 26/11/2025 - 8.00 p.m. - Group study(C) (Gospel of Mark) (ven Francis Xavier Rm.)
- * 26/11/2025 - 7.30 p.m. - RCIA (E) (St.Mk. Rm.)
- * 27/11/2025 - 8.00 p.m. - RCIA (BM) (Wallace Rm.)
- * 27/11/2025 - 7.30 p.m. - RCIA Rehearsal (church)
- * 28/11/2025 - 8.00 p.m. - RCIA (C) (ven Francis Xavier Rm.)
- * 28/11/2025 - 8.00 p.m. - Area Coordinators (St.Mk.rm.)
- * 29/11/2025 - 8.00 a.m. - Y.P.C (Hall, A.V Rm)
- * 30/11/2025 - 8.00 a.m. - Y.P.C (Hall,A.V Rm.)
- * 30/11/2025 - 6.00 p.m. - Sunset Choir practise (church)
- * 30/11/2025 - 7.00 p.m. - RCIA (T) (St.Paul Rm.)
- * 2/12/2025 - 8.00 p.m. - Legion of Mary (C) (St.Mt.Rm.)
- * 3/12/2025 - 8.00 p.m. - Chinese Apostolate (St.Mk.Rm.)
- * 4/12/2025 - 7.30 p.m. - RCIA (E) (St.Mk. Rm.)
- * 4/12/2025 - 8.00 p.m. - RCIA (BM) (Wallace Rm.)
- * 5/12/2025 - 8.00 p.m. - RCIA (C) (ven Francis Xavier Rm.)
- * 7/12/2025 - 6.00 p.m. - Sunset Choir practise (church)
- * 7/12/2025 - 7.00 p.m. - RCIA (T) (St.Paul Rm.)
- * 9/12/2025 - 8.00 p.m. - Advent reflection (parish hall)
- * 9/12/2025 - 8.00 p.m. - Legion of Mary (C) (St.Mt.Rm.)
- * 10/12/2025 - 8.00 p.m. - Advent reflection (parish hall)
- * 11/12/2025 - 7.30 p.m. - RCIA (E) (St.Mk. Rm.)
- * 11/12/2025 - 8.00 p.m. - RCIA (BM) (Wallace Rm.)
- * 12/12/2025 - 6.00 p.m. - Ablaze (t.Mk.Rm.)

NOVEMBER/DECEMBER COFFEE MORNINGS:

- 23/11/2025 - Sun. Sch. - 14/12/2025- Liguori Bkshop
- 30/11/2025 - Altar Servers. - 21/12/2025 - CJM
- 7/12/2025 - Sunset Choir - 28/12/2025 - PPC

BIBLE REFLECTION & HOME-GATHERING:

- * 23/11/2025 - 6.00 p.m. - BEC St.Benedict; Home of Sebastian Yoon.
- * 30/11/2025 - 8.00 p.m. - BEC St.Francis De Sales; Home of Edwin & Anita.



All B.E.C. leaders, please take note that the Parish is trying to revive the B.E.C.s of all language groups.

Kindly inform the parish office to insert into the bulletin of your BEC monthly meetings.

**Next Meeting: Fri
28/11/2025
in St.Mark Rm.**

CHRISTIAN MEDITATION TIME

All are welcome to join the Christian Meditation group which meets

* **EVERY SATURDAY** AT
11.00 A.M. – 12 NOON in
the Meditation room.

BAPTISM: Please contact the Parish Priest at least **ONE MONTH** in advance.

MARRIAGE:

Please contact the Parish Priest at least **SIX MONTHS** in advance.

EQUIP 2026

INVITING ALL Parish YOUTH

to join us for **EQUIP 2026**
Organized by the SEEDS Ministry.
It is a 2-week post-Confirmation formation program to help young Catholics grow as disciples and leaders in mission.

on
(date) **4 to 18 January 2026**
(Ages) 17 - 21 yrs old
(venue) Penang.
(Cost) RM800

Closing date: 1st Dec.,2025

Contact Person:
Jonathan (010-380 6270)

SCHEDULE for SACRAMENT OF RECONCILIATION

Starting in the month of **November 2025**, there will be priest **every Friday** from
- **10.00 a.m. till 11.00 a.m.**
- **6.00 p.m. till 7.00 p.m.** for Confession in OMPH church.
If you need to make a confession you are welcome.

O.M.P.H.

Family Christmas Celebration

(date) **Sun. 14 December, 2025**

(time) 5.00 p.m. – 10.00 p.m.

- * Children's Party –
5 p.m. – 7 p.m. in the parish hall.
 - * Family celebration at
St.Gerard's Café.
 - * Delicious festive goodies,
food and beverages, pastries &
gift stalls.
 - * Photo booth
 - * Children's rides
 - * Festive gifts..... many more
- Coupons on sale after the weekend mass.**

Y.P.C Christmas Camp 2025

For the Young People's Choir
on **Sat. 29 and Sun 30
November**, 2025 starting from
7.30 a.m. with registration and
activities till
4.00 p.m

ADORATION TO THE BLESSED SACRAMENT – 1st Friday of each

month.

(date) **Friday, 5 December, 2025**

(time) **7.20 p.m. Holy Hour**
8.00 p.m. Mass.

FEAST OF THE IMMACULATE CONCEPTION OF THE BLESSED VIRGIN MARY

(date) **Mon. 8 December,
2025**

(time) 7.30 p.m. Rosary
8.00 p.m. Mass

There will be no 7 a.m Mass

ADVENT REFLECTION

(Date) **Tues. 9 &**

Wed. 10 Dec.,2025

(time) 8 p.m. - 10 p.m.

(venue) Parish hall.

(Love-offering) RM 10/-.

Advent season is a special time!
It is a period of preparation and
reflection leading up to
Christmas.

All are welcome to know these
traditions or get ideas for your
own Advent celebrations
reflecting on gratitude,
spreading joy and kindness.

SCHEDULE: For MASS, DEVOTIONS and PRAYER MEETINGS.
(23 November, 2025) (Mass at 8.00 a.m. if it is a PUBLIC HOLIDAY)
 (All in *English* unless stated otherwise.)

SUN.23 **OUR LORD JESUS CHRIST, KING OF THE UNIVERSE**
(THIRTY-FOURTH SUNDAY IN ORD. TIME)

8.00 a.m Mass (E)
 10.00 a.m. Mass (T)
 11.30 a.m Mass (C)

MON.24 **34th Week in Ord. Time (Wk2)/SS. Andrew Dung-Lac & Companions**

7.00 a.m. Mass

TUES.25 **34th Week in Ord. Time (Wk 2)/St.Catherine of Alexandria**

7.00 a.m. Mass.

WED.26 **34th Week in Ord. Time (Wk 2)**

7.00 a.m. Mass.

THURS.27 **34th Week in Ord. Time (Wk 2)**

7.00 a.m. Mass

FRI.28 **34th Week in Ord. Time (Wk 2)/**

7.00 a.m. Mass

SAT.29 **34th Week in Ord. Time (Wk 2)/B.V.M**

7.30 a.m Mass. (Novena intentions)
 9.00 a.m Novena devotion to Our Mother of Perpetual Help. (church)
 5.00 p.m Novena devotion to Our Mother of Perpetual Help. (church)
 5.45 p.m Mass. (E)

SUN.30 **FIRST SUNDAY OF ADVENT (Year A)**

8.00 a.m Mass (E)
 10.00 a.m. Mass (T)
 11.30 a.m Mass (C)

ST.MARY'S CHAPEL, TERSUSUN

* Sun. 30/11/2025 - 8.00 a.m. - Mass in Tamil.

2nd COLLECTION: 23/11/2025 – For parish maintenance.

DAILY SCRIPTURE READINGS

(WEEKEND READINGS: Year C) (WEEKDAY READINGS : Year 1)

SUNDAY 23	(23 November – 30 November, 2025) (a) 2 Sam 5: 1-3. (Ps 121: 1-5) (b) Col 1: 12-20 (c) Lk 23: 35-43
MONDAY 24	(a) Dan 1: 1-6, 8-20. (Ps Dan 3: 52-56) (b) Lk 21: 5-11
TUESDAY 25	(a) Dan 2: 31-45. (Ps Dan 3: 57-61) (b) Lk 21: 1-4
WEDNESDAY 26	(a) Dan 5: 1-6, 13-14, 16-17, 23-28. (Ps Dan 3: 62-67) (b) Lk 21: 12-19
THURSDAY 27	(a) Dan 6: 12-28. (Ps Dan 3: 68-74) (b) Lk 21: 20-28
FRIDAY 28	(a) Dan 7: 2-14. (Ps Dan 3: 75-81) (b) Lk 21: 29-33
SATURDAY 29	(a) Dan 7: 15-27. (Ps Dan 3: 82-87) (b) Lk 21: 34-36
SUNDAY 30	(30 November – 7 December, 2025) (a) Is 2: 1-5. (Ps 121: 1-2, 4-9) (b) Rom 13: 11-14 (c) Mt 24: 37-44