



# ...Making Mealtimes Better!



Meals on Wheels of Rowan, Inc.

July 2016

## Meals on Wheels

... More than just a meal

Since 1976

1307 South Salisbury Ave  
Spencer, NC 28159

Phone: 704-633-0352

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### WEB

www.mowrowannc.org

### E-MAIL

mowrowan@charlotte.twcbc.com

### OFFICE STAFF

Executive Director: Rita Sims  
Coordinator: Carol McNeely  
Coordinator: Sandy Combs  
On-Site Meal Coordinator:  
Tom Strobl



## **ATTENTION** **CLIENTS!**

**HERE'S WHAT'S  
NEW!**

### **DOOR HANGERS→**

This is a copy of Door Hangers that we will begin using.

If you are not home when we attempt to deliver your meal and cannot locate a cooler in which to leave the meal, the Door Hanger will be placed on your door knob where you or your caregiver can see it when you return. As always, the volunteer will notify us at the office and we will attempt to contact you or your emergency contact. Meal delivery will be discontinued until you contact our office.

Please be sure to call the office at 704-633-0352 and let us know when you will be away from home on delivery days.

You Missed Us!



We did not get an answer when we came to deliver your meal today.

- We did not see a cooler to leave the meal.
- We will try to contact you or your emergency contact by phone.
- Meals are discontinued until you call the Meals on Wheels office at:

**704-633-0352**



**Marilyn & Sonny Koontz**

We'd like to thank **Marilyn & Sonny Koontz** from **Calvary Lutheran Church** for supplying Birthday Bags for our clients in July. Sonny is Calvary Lutheran's MOW Volunteer Coordinator. They help deliver the Spencer Route. Thank you both for helping us brighten the birthdays of our clients!



## SPOTLIGHT ON: ST. MARK'S LUTHERAN CHURCH

This month we recognize **St. Mark's Lutheran Church** in China Grove for their faithful service. They have been delivering the West Kannapolis and China Grove routes 2-3 Thursdays each month since the mid 1980's. **Diana Pegram** serves as the Church Office Manager at St. Mark's and is their MOW Volunteer Coordinator.

Volunteer **Ann Fryar** has been delivering with St. Mark's for approximately 2 years and says it warms her heart to know that she is helping our clients by giving them a welcoming hello and their "daily bread." This is one way to "love one another" and bring a bright spot into someone's day. Ann is usually the driver and partners with **Linda Overcash** who takes the meals inside. While Linda is in the client's home, Ann says a prayer for those inside.

One of St. Mark's original MOW Volunteers, **Colleen Weant**, continues to be the backbone of this mission for their church and another valued member of their delivery team, **Pete Kluttz**, also delivers on our Enochville Route for us in addition to the church's deliver dates!

We are most thankful for these faithful delivery team members who serve:

Anne Fryar  
Pete & Kay Kluttz

Colleen Weant  
Jim & Shirley Morton

Linda Overcash  
Diana Pegram

Don & Frances Hegler  
Libby Staton



Linda Overcash & Ann Fryar



Libby Staton & Diana Pegram



Colleen Weant & Pete Kluttz



### July Birthdays

- 5<sup>th</sup> Lucy Phifer
- 6<sup>th</sup> Eleanor Balestrino
- 8<sup>th</sup> Astrid Vann
- 10<sup>th</sup> Barbara Cobb
- 10<sup>th</sup> Sandra Smith
- 17<sup>th</sup> Henry V. Kyles
- 20<sup>th</sup> Robert Brush
- 20<sup>th</sup> Janice Evans
- 22<sup>nd</sup> Maurice Eagle
- 22<sup>nd</sup> Frank Phelps
- 23<sup>rd</sup> Stacey Wallace
- 25<sup>th</sup> Gayle Fisher
- 29<sup>th</sup> Tracy Presson
- 31<sup>st</sup> Alan Kirk



### SAVE THE DATE

### MOW FUNDRAISER – ONE DAY ONLY!

1020 E. Innes Street in Salisbury

**Tuesday, July 19**

3 p.m. until 10 p.m.

Dine-in and to-go orders eligible.

Mark your Calendars and please invite folks to participate!

### SPREAD THE WORD!

**Help Outback Give Back!**

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Visit our Website and stay tuned to our Facebook Page for more information!