2018 Jamestown Blue Jays Girls' Cross Country

Jamestown Orriginals Invite
Aug. 25, 2018, 11 a.m.
Parkhurst Recreation Area, Jamestown, N.D.

Team totals Top 5/WDA (5,000 meters)
1. Fargo Davies, 56; 2. West Fargo, 84; 3. GF Central, 139; 4. Mandan, 167; 5. GF Red River, 186; 8. Jamestown, 282
Individual winner: Meghan Ford, Jamestown, 18:44.22
Top 10
1. Meghan Ford, Jamestown, 18:44.22; 2. Lana Krack, Thompson, 19:33.84; 3. Megan Lundstrom, Fargo Davies, 19:42.38; 4. Kelby Rinas, Mandan, 19:51.03; 5. Elise Ramberg, Langdon-E-M, 19:55.34; 6. Alexis Roehl, GF Central, 20:07.91; 7. Dreak Frolek, Sargent Central-L, 20:29.75; 8. Payton Lane, Fargo Davies, 20:30.52; 9. Hope Pringle, West Fargo, 20:31.06; 10. Clare Bolding, West Fargo, 21:05.59
Jamestown results
1. Meghan Ford, 18:44.22; 37. Maddy Orr, 22:41.81; 69. Alyssa Allen, 24:18.06; 83. Amanda Sargent, 24:51.34; 92. Peyton Rudnick, 25:36.75; 96. Sydney Zalumskis, 25:51.93; 102. Emily Sargent, 26:17.06; 110. Jera Truax, 26:43.25; 112. Sadi Meissner, 27:04.53
Notes: This was the season-opening meet for Mandan and Jamestown...Jamestown's Meghan Ford was individual champion, finishing the 5,000 meters in a time of 18:44.22...There were 137 varsity runners.

Valley City Invite
Aug. 31, 3 p.m.
Valley City CC., Valley City, N.D..

Team totals Top 5/WDA (5,000 meters)
1. Fargo Shanley, 53; 2. Devils Lake, 55; 3. Valley City, 98; 4. Jamestown, 105; 5. New Town, 166
Individual winner: Meghan Ford, Jamestown, 18:57.74

Jamestown results
1. Meghan Ford, 18:57.74; 19. Maddy Orr, 23:55.56; 25. Amanda Sargeant, 24:10.81; 26. Alexis Kirkeby, 24:21.31; 34. Peyton Rudnick, 25:27.38; 35. Jaymee George, 25:42.33; 38. Jera Truax, 26:35.74; 39. Sydney Zalumskis, 26:45.20; 42. Emily Sargeant, 26:28.97
Notes: Fargo Shanley won the meet...Jamestown's Meghan Ford won her second straight individual race.

Salmi-Sahli Meet
Sept. 6, 3 p.m.
Aberdeen, S.D.

Team totals Top 4 (5,000 meters)
1. Aberdeen, SD Central, 31; 2. Pierre, SD Riggs, 54; 3. Watertown, SD, 84; 4. Jamestown, 87
Individual winner: Meghan Ford, 17:20.51; Jamestown,
Jamestown results
1. Meghan Ford, 17:20.51; 14. Maddy Orr, 21:02.56; 24. Amandan Sargeant, 22:16.12; 28. Peyton Rudnick, 22:31.01; 29. Jaymee George, 23:11.50; 30. Alyssa Allen, 23:18.05
Notes: The host, Aberdeen Central, won the meet...Jamestown's Meghan Ford was individual champion, finishing in a time of 17:20.51...There were 34 varsity runners.