

Rock N Run 4 Kids 2019

Race Date
May 11, 2019

Overall Finish List

10k

Place	Overall	Name	City	Bib No	Age	Gend	AG Place	-----Total-----		Chip	
								Chip Time	Gun Time	Diff	Pace
1		Matt Ladner	Northampton PA	418	41	M	1 Overall	38:54.93	38:56.47	0:01.54	6:16/M
2		Brandon Weaver	Allentown PA	381	42	M	1 Master	39:45.73	39:47.58	0:01.85	6:25/M
3		Peter Waldrab	Emmaus PA	377	36	M	1 35-39	41:49.09	41:53.22	0:04.13	6:45/M
4		Mark Garza	Blandon PA	129	53	M	1 50-54	42:25.30	42:31.52	0:06.22	6:50/M
5		Christian Hernandez	Souderton PA	169	37	M	2 35-39	43:56.98	43:59.34	0:02.36	7:05/M
6		Chris Kelly	Bethlehem PA	196	43	M	1 40-44	44:09.84	44:22.45	0:12.61	7:07/M
7		Kevin Barron	Bethlehem PA	26	44	M	2 40-44	45:16.57	45:21.85	0:05.28	7:18/M
8		Matthew McInerney	Easton PA	250	35	M	3 35-39	45:32.21	45:34.75	0:02.54	7:21/M
9		Zoe Blair	Bethlehem PA	38	43	F	1 Overall	45:54.42	46:02.10	0:07.68	7:24/M
10		Tami Thomas	Ashley PA	361	40	F	1 Master	46:19.59	46:26.43	0:06.84	7:28/M
11		Joseph De Lorenzo	Phillipsburg NJ	81	47	M	1 45-49	46:57.62	47:05.29	0:07.67	7:34/M
12		Louis Juran	Nazareth PA	191	68	M	1 65-69	47:01.57	47:05.90	0:04.33	7:35/M
13		Sarah Keppel	Northampton PA	197	30	F	1 30-34	47:06.78	47:19.33	0:12.55	7:36/M
14		Jason Sumner	Allentown PA	350	44	M	3 40-44	48:11.17	48:13.35	0:02.18	7:46/M
15		David Koehler	Bernville PA	204	59	M	1 55-59	49:09.12	49:18.48	0:09.36	7:56/M
16		Chris Cramer	Fstrvl Trvose PA	71	29	M	1 25-29	49:51.24	50:22.60	0:31.36	8:02/M
17		Alaina Trexler	Emmaus PA	365	35	F	1 35-39	49:54.29	50:11.69	0:17.40	8:03/M
18		Edmund Adams	Philadelphia PA	2	47	M	2 45-49	50:27.52	50:39.43	0:11.91	8:08/M
19		Paige Jones	Hellertown PA	190	21	F	1 20-24	50:44.15	50:48.61	0:04.46	8:11/M
20		Amanda Montani	Coopersburg PA	431	37	F	2 35-39	50:56.39	51:13.87	0:17.48	8:13/M
21		Wick Khan	Stroudsburg PA	200	50	M	2 50-54	51:48.47	52:04.86	0:16.39	8:21/M
22		Debbie Lennox	Stroudsburg PA	413	43	F	1 40-44	51:55.54	52:01.84	0:06.30	8:22/M
23		Jim Harper	Fleetwood PA	154	59	M	2 55-59	51:58.99	52:37.10	0:38.11	8:23/M
24		Christopher Greg	Easton PA	143	37	M	4 35-39	52:14.12	52:42.24	0:28.12	8:25/M
25		Angela Henry	Breinigsville PA	165	32	F	2 30-34	52:15.49	52:22.61	0:07.12	8:26/M
26		Michael Palermo	Bethlehem PA	288	46	M	3 45-49	52:18.50	52:46.61	0:28.11	8:26/M
27		Reginald Flye	Waimanalo HI	112	27	M	2 25-29	52:33.55	52:36.70	0:03.15	8:29/M
28		William Lovell	S Abingtn Twp PA	234	31	M	1 30-34	53:02.32	53:16.86	0:14.54	8:33/M
29		Brandon McLaughlin	West Chester PA	252	26	M	3 25-29	53:48.79	54:09.99	0:21.20	8:41/M
30		Christina Wilson	Bethlehem PA	387	28	F	1 25-29	54:11.06	54:27.36	0:16.30	8:44/M
31		Natalie Harper	Reading PA	155	26	F	2 25-29	54:31.97	55:07.58	0:35.61	8:48/M
32		Derek Lentz	Pottstown PA	228	33	M	2 30-34	54:32.39	54:52.29	0:19.90	8:48/M
33		Kyle Barz	Easton PA	29	35	M	5 35-39	54:57.37	55:30.23	0:32.86	8:52/M
34		Pam Abraham	Perkasie PA	1	54	F	1 50-54	54:58.06	55:03.55	0:05.49	8:52/M
35		Erica Fosbenner	Sellersville PA	419	19	F	1 15-19	55:07.82	55:29.36	0:21.54	8:53/M
36		Stephen Gualano	Easton PA	144	49	M	4 45-49	55:15.86	55:22.69	0:06.83	8:55/M
37		Brian Burton		54	15	M	1 15-19	55:30.32	55:35.93	0:05.61	8:57/M
38		Colin Babin	Easton PA	18	24	M	1 20-24	56:27.00	56:54.11	0:27.11	9:06/M
39		Howard Mintzer		264	29	M	4 25-29	56:27.14	56:40.61	0:13.47	9:06/M
40		Karl Hazucha	Randolph NJ	159	34	M	3 30-34	56:28.17	56:43.72	0:15.55	9:06/M
41		Tammy Suyematsu	Hatfield PA	351	60	F	1 60-64	56:30.89	56:34.75	0:03.86	9:07/M
42		Lydia Barski	Allentown PA	27	24	F	2 20-24	56:32.68	56:42.28	0:09.60	9:07/M
43		Michele Bodine	Asbury NJ	40	54	F	2 50-54	56:36.62	57:18.25	0:41.63	9:08/M
44		Diana Lovell	Perkiomenville PA	235	27	F	3 25-29	56:41.21	56:41.21		9:09/M
45		Corrine Gayl	Allentown PA	130	39	F	3 35-39	56:50.07	56:54.60	0:04.53	9:10/M
46		Julie Fry	Arondale PA	123	37	F	4 35-39	56:51.65	57:56.86	1:05.21	9:10/M
47		Frank Sperrazza	Allentown PA	344	36	M	6 35-39	57:09.78	57:19.89	0:10.11	9:13/M
48		Pam Schmaldinst	Allentown PA	422	49	F	1 45-49	57:28.43	57:40.29	0:11.86	9:16/M
49		William Cooper	Mountain Top PA	67	34	M	4 30-34	58:11.99	58:46.28	0:34.29	9:23/M
50		Donna Ornosky	East Greenville PA	283	57	F	1 55-59	58:28.39	58:32.18	0:03.79	9:26/M
51		Shelby Yeager	Ashley PA	393	47	F	2 45-49	58:29.76	58:41.32	0:11.56	9:26/M
52		Ashley Holdbrook	San Antonio TX	179	32	F	3 30-34	58:30.96	58:55.72	0:24.76	9:26/M
53		Justin Pascoe	Bangor PA	290	15	M	2 15-19	58:42.38	58:48.61	0:06.23	9:28/M
54		Rachel Bodtmann	Nazareth PA	41	33	F	4 30-34	58:49.66	59:13.86	0:24.20	9:29/M
55		Dana Meyer	Pennsburg PA	259	16	F	2 15-19	59:08.53	59:29.10	0:20.57	9:32/M
56		Jill Kuebler	Emmaus PA	218	42	F	2 40-44	59:23.54	59:48.11	0:24.57	9:35/M
57		Anthony Krajcsik	Scotch Plains NJ	212	25	M	5 25-29	1:00:15.87	1:00:44.36	0:28.49	9:43/M
58		Meghan Mawhinney	Easton PA	242	26	F	4 25-29	1:01:08.28	1:01:20.21	0:11.93	9:52/M
59		Dana Serino	Green Lane PA	326	41	F	3 40-44	1:01:18.60	1:01:53.37	0:34.77	9:53/M
60		Lindsay Leff	Lumberton NJ	226	32	F	5 30-34	1:02:18.78	1:02:33.42	0:14.64	10:03/M
61		Heather Strencosky	Macungie PA	349	40	F	4 40-44	1:03:05.01	1:03:14.39	0:09.38	10:10/M
62		Lisa Gearhart	Royersford PA	131	47	F	3 45-49	1:03:32.28	1:03:44.83	0:12.55	10:15/M
63		Stephen Kaufman	Alburtis PA	194	48	M	5 45-49	1:04:25.45	1:04:50.57	0:25.12	10:23/M
64		Aubrey O'Byrne	Bethlehem PA	279	32	F	6 30-34	1:04:30.20	1:05:04.45	0:34.25	10:24/M
65		Megan Donohue		93	24	F	3 20-24	1:04:33.12	1:04:54.86	0:21.74	10:25/M
66		Jacquelyn Otto	Bethlehem PA	286	31	F	7 30-34	1:04:39.26	1:05:12.87	0:33.61	10:26/M
67		Jeffery Moeller	Rockaway NJ	265	58	M	3 55-59	1:04:58.32	1:05:26.79	0:28.47	10:29/M

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Place		City	Bib No	Age	Gend	AG Place	-----Total-----		Chip	
Overall	Name						Chip Time	Gun Time	Diff	Pace
68	Timothy Porcelli		299	32	M	5 30-34	1:05:15.74	1:05:37.69	0:21.95	10:31/M
69	Brooke Porcelli	Bethlehem PA	298	32	F	8 30-34	1:05:16.45	1:05:37.78	0:21.33	10:32/M
70	Michele Leheup	Bethlehem PA	227	44	F	5 40-44	1:05:30.34	1:05:55.10	0:24.76	10:34/M
71	Gabriela Lovell	S Abingtn Twp PA	236	30	F	9 30-34	1:05:39.27	1:05:54.74	0:15.47	10:35/M
72	Emily Shingara	Easton PA	330	19	F	3 15-19	1:05:54.51	1:06:12.12	0:17.61	10:38/M
73	Agnes Hardy-Boyer	Easton PA	153	52	F	3 50-54	1:06:05.18	1:06:22.12	0:16.94	10:40/M
74	Carinne Ronemus	Mertztan PA	435	40	F	6 40-44	1:06:11.51	1:06:46.88	0:35.37	10:40/M
75	Carolena Glackin		135	16	F	4 15-19	1:06:13.20	1:06:34.12	0:20.92	10:41/M
76	Luyang Liu	Robbinsville NJ	230	18	F	5 15-19	1:06:18.14	1:06:34.24	0:16.10	10:42/M
77	Ashley Dietrich	Fleetwood PA	85	44	F	7 40-44	1:07:09.79	1:07:56.75	0:46.96	10:50/M
78	Lisa Colapietro	Pennsburg PA	64	42	F	8 40-44	1:08:45.07	1:09:05.63	0:20.56	11:05/M
79	Grant Holmes	Pennsburg PA	180	40	M	4 40-44	1:08:46.36	1:09:05.87	0:19.51	11:05/M
80	Tara Amadore	Pen Argyl PA	14	45	F	4 45-49	1:09:03.79	1:09:27.63	0:23.84	11:08/M
81	Rachel Ruba	Macungie PA	311	52	F	4 50-54	1:09:47.86	1:10:27.23	0:39.37	11:15/M
82	Karla Fryslin	Catasauqua PA	124	47	F	5 45-49	1:13:40.68	1:14:23.29	0:42.61	11:53/M
83	Thomas Reese	Whitehall PA	302	54	M	3 50-54	1:13:41.01	1:14:23.63	0:42.62	11:53/M
84	Peter Heesen		160	64	M	1 60-64	1:13:52.97	1:14:47.58	0:54.61	11:55/M
85	Jeanine Frantz	Fleetwood PA	424	36	F	5 35-39	1:13:53.63	1:14:28.40	0:34.77	11:55/M
86	Katherine Scherzberg	Coopersburg PA	320	32	F	10 30-34	1:15:10.56	1:15:50.17	0:39.61	12:07/M
87	Andrea Darnell	Media PA	80	32	F	11 30-34	1:15:11.24	1:15:50.14	0:38.90	12:08/M
88	Melissa Williams	Quakertown PA	384	34	F	12 30-34	1:21:36.62	1:22:08.40	0:31.78	13:10/M
89	Kristen Williams	Quakertown PA	385	36	F	6 35-39	1:23:12.62	1:23:44.40	0:31.78	13:25/M
90	Bernadette	Allentown PA	266	67	F	1 65-69	1:26:10.83	1:26:26.37	0:15.54	13:54/M