



# Eagle Ridge

## A Golf Club Community

“THROUGH THE EYE OF THE EAGLE”

Another Seabreeze Publication

## Who’s New In The Neighborhood?

By Ed Schuler

One of our newest neighbors on Aeries Way Drive are Anthony (Tony) Ochrem and his son Nicholas, who attends Fort Myers High School. Tony is a former Marine Corps veteran. Also shown in the photo is Tony’s significant other and girlfriend, Jennifer Corrigan. Jennifer and her three sons live in Gateway, but spend a lot of time here in Eagle Ridge.

If you drive east on Aeries Way Drive, you will see Tony’s University of Michigan school flag in front of the house, but ... if driving west, you will see Jennifer’s Florida State Flag on the pole. Jennifer had them sewn together. She and Tony are planning to watch the two teams compete in the 2016 Orange Bowl.

Tony works from home and sells corporate level financial reporting software throughout the state of Florida. Jennifer is one of three partners at JW Craft Portable Restrooms Inc.

of Naples and other Florida locations.

Tony and Jennifer share several interests beyond raising their boys. Some of these interests include but are not limited to working out, golf, boating, fishing, scuba and watching college football. His son Nicholas would like to play football



at Fort Myers High School next year. They also have a senior golden retriever named Brody.

When I asked Tony what he particularly liked about Eagle Ridge, he quickly replied, larger properties, low dues and a newfound freedom from overzealous homeowners associations that he experienced in his previous condo.

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## Eagle Ridge Ladies’ On The Links

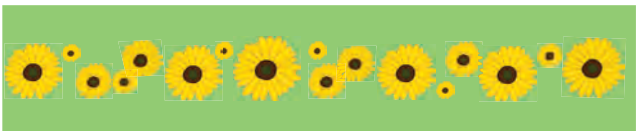
By Fran Danek

Still riding high from their big victory at the 2016 “Battle of the Sexes” the Wednesday Morning Ladies’ League golfers began the 2017 season eager to post more eventful rounds. The “Birdie Tree” is in full bloom as more birdies are recorded each week. The “Ladies in the 80s” list is also expanding with several ladies posting multiple rounds in the 80s led by Dawn Kinghorn (82, 89, 83, 86), Pat Koniecki (89, 89, 82) and Fran Danek (86, 86, 88). Our new “Senioritas in the 70s” list honors Tee Pazitney (78,78,78,78) and Dawn Kinghorn (79,79) ... way to go ladies! As we welcome new and returning members to the group, the friendly competition will continue with good and “bad” rounds but always with an air of fun and camaraderie that will continue in 2017.

Our monthly luncheon was held on Jan. 4 with our usual team event followed by a tasty lunch served by the Eagle Ridge staff. The winners of the Easy as 1, 2, 3 Team event, pictured here, were Angie Corsale, Dorothy Carlson, Shirley Schweers and Pat Koniecki. Runners-up were Marla Cunningham, Amy Shea, Andrea Abrams and Jill Burchill.



The Longest Putt winners, pictured here, were Patsy Hildebrand, Fran Danek, Pat Koniecki and Karen Kudrle.



We were saddened to hear of the passing of a fellow league member, Sharon Partyka. Sharon was a colorful and vibrant individual known for her fashion sense on and off the golf course. Her contagious smile and quick wit will be missed by her fellow golfers. Rest in peace Sharon until we all meet again at that famous “back nine” in the sky.



As we settle into 2017 here in “paradise” we will continue to feel blessed to be able to enjoy the good weather and the even better friendships that we continue to foster on the golf course at Eagle Ridge.

If you are interested in joining our league contact Fran, (989) 684-0156 or Phyllis, (239) 561-4619 for more information. We play every Wednesday from November through March with tee times beginning at 8:30 a.m. New members are always welcome.

Below please find the weekly winners for the month of December.

Winners For Dec. 14 Include:

“Odd Holes”:

First:	34	Phyllis Wayco
Second (tie):	37	Carol Dee Hamilton, Karen Kudrle
Third:	38	Kathy Gentry
Fourth (tie):	40	Barb Baker, Judy Mangiaracina

Low Putts:

First:	33	Shirley Schweers
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Birdies: Andrea Abrams – #18

Chip-ins: Bonnie Soltesz

Winners For Dec. 21 Include:

“12 Holes of Christmas”:

First:	34	Patsy Hildebrand
Second:	36	Dorothy Carlson
Third:	38	Fran Danek
Fourth (tie):	40	Barb Baker, Kathy Gentry, Dawn Kinghorn

Low Putts:

First:	33	Sharon Partyka
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Birdies: Dawn Kinghorn – #5, Kathy Furlong – #16, Patsy Hildebrand-- #16

Chip-ins: Patsy Hildebrand, Shirley Schweers, Sharon Partyka

Winners For Dec. 28 Include:

“Center Cut”

First:	35	Carol Sarocka
Second (tie):	37	Kathy Furlong, Kathy Gentry, Jill Burchill

Low Putts:

First:	30	Shirley Schweers
Second:	32	Patsy Hildebrand

Birdies: Amy Shea – #6

Chip-ins: Amy Shea, Jill Burchill, Pam Nordin

Winners For Jan. 4 Include:

“Team Easy as 1-2-3”:

First:	162	Angie Corsale, Pat Koniecki, Dorothy Carlson, Shirley Schweers
Second:	167	Jill Burchill, Amy Shea, Andrea Abrams, Marla Cunningham

Longest Putt Made: Karen Kudrle – #5, Patsy Hildebrand – #8, Fran Danek – #14, Pat Koniecki – #16

Birdies: Dawn Kinghorn – #10; Pat Koniecki – #16; Fran Danek – #4

Chip-ins: Fran Danek, Angie Corsale, Phyllis Wayco



Please do not leave trash containers, ladders, etc., where they are visible from the street.

Also do not place containers or yard waste out to the curb more than 24 hours before the scheduled weekly pickups.

- The Board of Directors

NOTICE



Please clean up after your dog

Deed of Restrictions Section A-15: Pets must be on a leash at all times when being walked outside of the owner’s property boundaries. The pet owner is responsible for picking up all animal waste from their pet at all times. This includes the common areas! Violators are subject to fining.

- The Board of Directors

# Tips From South Trail Fire And Rescue

By Christie Knudsen,  
Public Education Specialist

**Love Alone Won't Save Them: Practicing Fire Safety Will** is the title of a United States Fire Administration guide for parents and caregivers of babies and toddlers. According to the National Fire Protection Association (NFPA), an average of 200 children under the age of 5 died each year in home structure fires in 2007 to 2011. No child should ever die in a fire. If you are a parent, grandparent, or caregiver of a young child, here are some tips to keep young children safe from fire.

**Prevention.** Preventing fires is always the best way to keep young children and people of all ages safe from fire. In 2007 to 2011, over half of the deaths of children under 5 were attributed to two causes – home heating fires and home fires



started by playing with a heat source (NFPA). Although it rarely gets cold enough in Southwest Florida to use portable heaters, if you do use one, keep the heater at least 3 feet away from anything that can burn and turn off the portable heater when you leave the room or go to bed.

Children playing with fire start many of the home fires that kill themselves or other children in the home. Store matches and lighters out of children's reach and out of sight, preferably in a locked cabinet. Use only child-resistant lighters. Teach children that matches and lighters are tools for adults, and teach them to tell an adult if they see matches and lighters.

**Smoke Alarms.** Because babies and young children cannot escape a fire on their own, you need the warning of working smoke alarms to give you time to reach children and take them outside to safety. Experts agree that you probably have less than three minutes to escape a fire in your home.

Install smoke alarms inside each bedroom, outside all sleeping areas, and on every level of your home. Interconnect smoke alarms so that when one alarm sounds, they all sound. Replace all smoke alarms every 10 years – if your smoke

alarms were installed prior to February 2007, it is time to replace them. If possible, choose to live in a home protected by automatic fire sprinklers.

**Escape Planning.** Plan and practice how to get your family out if there is a fire in your home. Consider how you will reach the children in different fire scenarios and identify who will help each child get out safely. A baby sling carrier may be necessary to carry the baby and leave your hands free for carrying another child.

Draw a diagram of your home, showing all doors and windows, and marking at least two ways out of every room. Identify a meeting place in front of your house. Practice your escape plan at least twice a year and revise your plan as your family grows and as children get older.

For more information or for an escape plan grid, call 936-5281 or visit southtrailfire.org. The monthly meeting of the Board of Commissioners for the South Trail Fire and Rescue District is Tuesday, Feb. 21, 5:30 p.m., at Station 63, 5531 Halifax Avenue. The public is invited.

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## Ten And A Toy Fundraiser Raises \$9,200 For Children's Advocacy Center

The results are in! Last month's inaugural Ten and a Toy Fundraiser for the Children's Advocacy Center (CAC) of SWFL, sponsored by Savage 4x4, raised \$9,200 for the agency and many, many toys for its clients.

Held at Six Bends Harley Davidson, the event featured judged truck and bike shows, a truck tug-of-war (a must see!), live entertainment with the Killa-Watts Band, Torch the Harley fire performer, a stunt bike performer, food and beer trucks, and much more.

"We are so thankful to Jim and Linda Thompson of Savage 4x4 for organizing this event on our behalf," said CAC's CEO Jill Turner. "The support of community partners such as them is vital to our ability to never turn away a child in need."

Thank you to sponsors Roman Roofing, O'Reilly Auto Parts, Heartland Payment Systems and Homes for Heroes SWFL. And to the many businesses and individuals who so generously donated their time and services, including City Electric Supply, Jet's Pizza, Hogtastic BBQ, Suncoast Beverage and so many more.

Since 1981, Children's Advocacy Center of Southwest Florida, Inc. (CAC), a United Way partner agency, has worked to improve the lives of children and their families



Jim and Linda Thompson of Savage 4x4 with toys raised from their Ten and a Toy fundraiser for Children's Advocacy Center of SWFL

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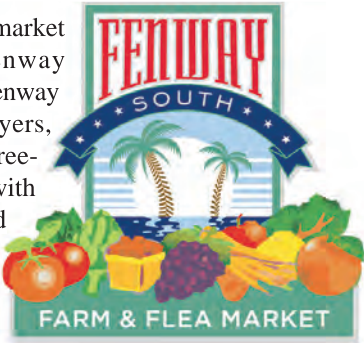
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# Fenway South Farm & Flea Market Season Starts

**Open Mondays From 11 a.m. To 3 p.m. – Jan. 9 To March 27**

The weekly farmers' market at JetBlue Park at Fenway South, located at 11500 Fenway South Drive in Fort Myers, is set to return for a three-month run this January with a new day and time, and an added flea market.

Beginning Jan. 9 and running until March 27, Fenway South Drive, in front of JetBlue Park, will host the Fenway South Farm & Flea Market every Monday from 11 a.m. to 3 p.m. The



market will include fresh local produce, cheeses, fresh pastas, seafood, baked breads, meats, herbs, ready-to-eat meals, plants, flowers, crafts, soaps, candles and more.

According to operator Betsy Ventura, who, along with Jean Baer, owns Local Roots, LLC and will run the market at JetBlue Park every Monday, anyone in the community is welcome to drop in for the day with his or her new or gently used items, antiques, etc. Spaces will be assigned upon arrival.

The market will be closed on Feb. 27 and March 20 due to Spring Training games.

Parking is free during the weekly events.

“Our vendors are very excited to be returning to JetBlue Park to promote their locally produced products and wares to neighboring communities as well as to Boston Red Sox fans,” said Ventura. “There will be even more products to shop for this year with the added flea market.”

In addition to Fenway South, Ventura and Baer also operate the downtown Fort Myers, Sanibel, Bonita Springs, Coconut Point, Lakes Park, Florida SouthWestern and Boca Grande farmers' markets.

“We are very excited that this open-air market is returning to JetBlue Park,” said Katie Haas, vice president of Florida business operations for the Red Sox. “This market is a great kickoff to our busy fall schedule leading into Spring Training and just another one of the unique ways Fenway South is being utilized for the Southwest Florida community.”

Anyone interested in becoming a vendor or providing live entertainment may visit the website for more information and prices at [www.BuyLocalLee.com](http://www.BuyLocalLee.com).

For more information, call (239) 226-4783 or email [jbpevents@redsox.com](mailto:jbpevents@redsox.com).



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# Social Event For Eagle Ridge Property Owner’s Association

By Connie Hope

ERPOA had a Holiday Social on Dec. 17 at the Eagle Ridge Golf Club. We want to thank the golf course for allowing us to use the clubhouse at no charge. Sherri Holly

did a great job as the social chairman and arranged for the food and decorations.

We had a fun community get-together with lots of

appetizers, ham and roast beef. Thank you to all that joined us and hope to see you again next time we have a social event. Here are some photos.



## Saturday Men’s — Golf Group

By Gary Mellilo

The first half of the Saturday Men’s Golf Group season has come to an end. We had 44 golfers posting scores since October. We will have a few more when the last of the snowbirds trade in their snow shovels for pitching wedges. The following is a list of the top 10 money winners for the first half.

Name	Games	Winnings	Per Game
1 Buckley	1	\$10	\$10
2 Holst	6	\$50	\$8.33
3 Demeter	8	\$63	\$7.87
4 Cushing	4	\$30	\$7.50
5 Krickhahn	1	\$7	\$7
6 Koniecki	8	\$55	\$6.87
7 Neseman	13	\$81	\$6.23
8 Malone	9	\$56	\$6.22
9 Wirick	9	\$54	\$6
10 O’Connor	12	\$70	\$5.83

Among the best individual scores were Jim O’Connor with a net 58 on Nov. 12, Arnie Harris with a net 61 on Dec. 3, and both Jon Murdoch and Dave Neseman shooting a net 62 on Dec. 10.

We will start our annual tournament in mid-February with a white and a gold flight. It will run for four or five weeks depending on the number of players. We will combine the early tournament rounds with our normal Saturday play. The later rounds or final round will be with individual play. Last year’s winners were Ron Bertram in the white flight and Rich Edwards in the gold.

As our players get older and lose some of their driving distance, Ron and I are encouraging those who cannot reach the greens in regulation to move up to the forward tees. Playing in our Saturday group should be all about fun!

## Caught On Camera

Local Flora by Doug Albers

Do you have any pictures you would like to share? Post them in the Caught on Camera spot. Submit your photos, with a brief description, to: rontlougan@gmail.com.



Lavendar Flower



Night Blooming Hibiscus



Swamp Lily

### Eagle Ridge Residents

Jogging, bicycling, walking and other nongolfing activities **or** unregistered golf play are not permitted on the golf course.

### Architectural Control Information

Please remember that any exterior changes you plan to make to your home need to be approved by the Architectural Control Committee.

For example, this includes reroofing, exterior painting, landscape changes, swing set installations, etc. We live in a deed-restricted community and these controls have been put into place for the good of each homeowner so as to maintain our beautiful community. Please contact Bill Simons (239) 565-4343 or erArchitecture@aol.com so that your changes can be reviewed and approved.

A form is available for download from the Eagle Ridge website: [www.EagleRidge33912.com](http://www.EagleRidge33912.com) on the **Resources** tab.

We plan to work hard for you to keep our community – the one you all moved into – please help us do that!

*The Board of Directors*

### Are You Receiving E-mail From Eagle Ridge?

Each month the Eagle Ridge Property Owners Association sends out an email with reminders of activities at the Ridge. If this image looks unfamiliar to you, you are not on our email list.

To correct this, send an email to [info@EagleRidge33912.com](mailto:info@EagleRidge33912.com) along with your name and street address.

We will add your name to the list, which you may opt out of at any time. We are stressing the use of email as it is faster, easier and cheaper than USPS. You may send email addresses for all members of your household.

*The Board of Directors*

## Eagle Ridge Bulletin Board

*If you have an announcement, we will include it in this column. E-mail [rontlougan@gmail.com](mailto:rontlougan@gmail.com) with your request.*

### Fort Myers Republican Women’s Club

The Fort Myers Republican Women’s Club will hold its monthly luncheon on Tuesday, Feb. 21. The keynote speaker will be named at a later date.

The public is invited to attend the luncheon and the program being held at The Helm Club, The Landings, South Fort Myers. A social hour begins at 11:15 a.m. The noon lunch will be followed by the business meeting and program. The luncheon cost is \$20. Reservations are required by Thursday, Feb. 16, and may be made by contacting Tina Laurie, 489-4701.

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### The Greeters Club

#### Greeters Club Luncheon – Thursday, Feb. 16

Aside from the old saying “A dog is man’s (or woman’s) best friend,” a specially trained PAWS Assistance Dog can be a lifeline for a child with a life changing disability or a combat wounded veteran. The Greeters Club of Greater Fort Myers has invited a guest speaker for our Feb. 16 luncheon from PAWS Assistance Dogs. Our speaker will also bring along an additional special guest, a PAWS service dog in training. The PAWS organization enhances the independence and quality of life of its clients by providing custom-trained assistance dogs. Join us to learn more about PAWS Assistance Dogs.

Make a luncheon reservation (cost: \$20) today and find out more about joining this dynamic group of Lee County women. Email: [greetersclub@gmail.com](mailto:greetersclub@gmail.com). Provide your contact information (your name, email address and phone number). You will receive a call confirming your reservation as well as an email confirmation. Our luncheons are held on the third Thursday of the month. Please arrive between 10:30 and 11 a.m. to check in at the Colonial Country Club, 9181 Independence Way, Fort Myers. Our website is: [greetersclubofgreaterfortmyers.com](http://greetersclubofgreaterfortmyers.com).

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### Continental Women’s Club Of Fort Myers

Join us on Thursday, Feb. 2, when our guest speaker will be Dr. Robert Brueck, board certified plastic surgeon. Find out everything you always wanted to know about cosmetic surgery, facial peels, skin care and more.

The club’s monthly meetings are held on the first Thursday of the month at 11:30 a.m. at Colonial Country Club, 9181 Independence Way in Fort Myers. The cost for the luncheon is \$19. Please call (239) 672-8683 before 8 p.m., Sunday, Jan. 29 to make a reservation for February’s luncheon.

Also, mark your calendars for our annual scholarship fundraiser to be held on Monday, March 20 at Colonial Country Club from 11 a.m. to 3 p.m. There will be a luncheon and a fashion show by Shops at Bell Tower. We will also have a raffle/auction of some wonderful items, and gift baskets. Cost to attend

is \$30. For reservations and questions, call 223-6282. Everyone welcome.

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### Dining In Club

If you live in Eagle Ridge, maybe you have heard of the Dining In Club where people in our community get together to meet, talk and have fun. Everyone who attends these parties really loves them.

We meet monthly from November to April. If you would like more information about Dining In, please call **Connie Hope** at (239) 225-6609.

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### Eagle Ridge #WineLovers

#WineLovers gravitate to Eagle Ridge eight to nine months of the year for #WineLover Hangouts on Eagles Lookout Court. Hosted by **Ellen and Tom Giffen**, these events are set up to explore the world of wine, experience the tapas goodness of our kitchens and to collect food donations for the Harry Chapin Food Bank and other charitable organizations that draw from the Food Bank.

If you are interested in participating, please email the Giffens at [giff48@centurylink.net](mailto:giff48@centurylink.net) for more information, and you will be put on the monthly email list. Cheers.

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### The Florida Yards & Neighborhood (FYN)

Join us at a Florida Yards & Neighborhoods class and learn the nine principles that guide Florida-friendly landscaping in Lee County. The class is given under the auspices of University of Florida IFAS Extension Lee County.

Each principle is explored in class so you can apply what you learn to your own yard. Plant selection and placement, efficient irrigation, proper mulching, and techniques to obtain a beautiful and healthy yard will be discussed. To learn more, visit <http://fyn.ifas.ufl.edu>.

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### Evening Walking Group

Looking for someone or to join a group to walk with in the evenings, perhaps three times per week? Please contact **Jenni Caves**, (239) 336-4282 or [jcaves01@hotmail.com](mailto:jcaves01@hotmail.com).

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### Volunteer In Your Eagle Ridge Community

If you are interested in serving on the Eagle Ridge Board of Directors, or would like to serve on one of the committees, please contact one of the following: **Hewitt B. McCloskey Jr., John Spiegel, Peter Van Leeuwen, Ed Schuler or Rick Herman** through the Eagle Ridge website: [www.eagleridge33912.com](http://www.eagleridge33912.com).

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### Your Eye of the Eagle

If you are not receiving your Eye of The Eagle newspaper, please contact **Peggy Watts** or **Connie Hope**.

Extra copies of *Eye of the Eagle* newsletters are usually available at the Golf Course Clubhouse. They also may be downloaded from the Resources tab on the Eagle Ridge website: [www.EagleRidge33912.com](http://www.EagleRidge33912.com).



# Reading Festival’s Schedule Set With Best-Selling Authors

More than two dozen nationally acclaimed authors plan to meet their fans and talk about their books at the 18th annual Southwest Florida Reading Festival on Saturday, March 18, at Centennial Park in the Fort Myers River District.

The festival is a **free**, daylong event filled with sensational author talks, the latest library technology, contests, booksellers, book signings, activities for teens and children, a **free** book for

every child and teen and the Reading Rocks! Teen Battle of the Bands. The festival draws an average of 18,000 people annually. The Reading Festival is the largest one-day reading festival in Florida and runs from 10 a.m. to 4 p.m., rain or shine.

“Authors come from all over the country and many genres are represented,” said Margie Byers, festival coordinator. “Most are award winners, a couple are co-authors with Tom Clancy and James Patterson and all are very popular with their readers. It is a pleasure to meet these creative and interesting people who write these amazing novels and keep track of all the details.”

The festival starts Friday evening, March 17, at the Marina at Edison & Ford with the Evening with the Authors. The event provides the opportunity for fans to meet, mingle and dine with authors. Tickets to the dinner and reception can be purchased at [www.Readfest.org](http://www.Readfest.org).



A few of the award-winning authors scheduled to attend both events include adult authors: Shelley Shepard Gray, James Grippando, Gregg Hurwitz, Mark Greaney, Susan Wiggs, Lori Wilde; teen authors include: Sara Shepard, Kami Garcia and S.J. Kincaid; and children’s authors: Chris Grabenstein, Salina Yoon and Candace Fleming. The complete list of authors can be found at [www.readfest.org](http://www.readfest.org).

The Reading Festival, presented by the Lee County Library System is free and 100 percent community supported through generous donations, sponsorships and grants. To help ensure the continuation of this free community event visit [www.readfest.org](http://www.readfest.org) to make a secure online donation. Author information, dates of partner events, directions to the event and more, is available for your convenience 24 hours a day at [www.readfest.org](http://www.readfest.org) or call (239) 479-4636.

### Season Theatre Performances

**Cultural Park Theater**  
*All Shook Up*, Feb. 3 to 12  
*The Importance of Being Earnest*, Feb. 24 to March 5  
*Hairspray*, March 24 to April 2  
(239) 772-5862  
[culturalparktheater.com](http://culturalparktheater.com)

**Laboratory Theater Of Florida**  
*Burn This*, Feb. 3 to 25  
(239) 218-0481  
[www.laboratorytheaterflorida.com](http://www.laboratorytheaterflorida.com)

**Florida Repertory Theatre**  
**In the Arcade Theatre**  
*To Kill a Mockingbird*, Feb. 14 to March 8  
*The 25th Annual Putnam County Spelling Bee*, March 21 to April 12  
**In the ArtStage Studio Theatre**  
*Shear Madness*, Jan. 17 to March 12  
(239) 332-4488  
[www.floridarep.org](http://www.floridarep.org)


**Broadway Palm Dinner Theatre**  
*Anything Goes*, Feb. 16 to April 1  
*Jesus Christ Superstar*, April 6 to May 14  
(239) 278-4422  
[www.broadwaypalm.com](http://www.broadwaypalm.com)

**Off Broadway Palm**  
*Savannah Sipping Society*, Jan. 19 to March 4  
*Things My Mother Taught Me*, March 9 to April 29  
(239) 278-4422  
[www.broadwaypalm.com](http://www.broadwaypalm.com)

**Theatre Conspiracy**  
*Ma Rainey’s Black Bottom*, Feb. 24 to March 11  
*Nice T!TS*, March 17 to 19  
*The Cave*, March 24 to April 8  
(239) 936-3239  
[theatreconspiracy.org](http://theatreconspiracy.org)

**FGCU Theatre**  
*The Foreigner*, Feb. 17 to 26  
(239) 590-7268  
[www.fgcu.edu/CAS/theatre](http://www.fgcu.edu/CAS/theatre)

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# 10 Things You Didn't Know About Valentine's Day

Reprint from Pollen Nation

Millions of people celebrate Valentine's Day on Feb. 14 every year, but just how much do you actually know about the celebration and how it got started?

These 10 interesting facts should shed some light on a few things you probably didn't know about the day of love.

**1. Valentine's Day started as a form of rebellion.**

The most popular theory about Valentine's Day origin is that Emperor Claudius II didn't want Roman men to marry during wartime. Saint Valentine went against his wishes and performed secret weddings, which means this day was originally founded on an act of rebellion!

**2. Signing your messages with a kiss is nothing new.**

Typing a long line of kisses at the end of a message is something many of us do; but while you may associate it most with the modern "text" era, this little symbol actually has a much longer history.

Some think the cute "x" symbol became synonymous with the kiss in medieval times when very few individuals could write and would end each of their letters with an "x" embossed in wax or ink to show their sincerity. This evolved to represent the kiss, and the rest is history. We're not sure who decided to add "o" symbols to represent hugs, but we're pretty sure it happened a fair bit later!

**3. Not all valentines are chosen on purpose.**

Receive a valentine today and it's a sign that someone has a secret crush on you. Go back to the Middle Ages though and the situation is a little different. Back then, young men and women drew names from a bowl to see who would be their valentine. The single women's names would be added to an urn and single men of the town would take a name out and pin it to their sleeves for one whole week. This would allow everyone in the town to see who their valentine was and could be where the term "wearing your heart on your sleeve" originates.



**4. Nearly three-quarters of men will buy flowers on Valentine's Day.**

While it is hardly surprising that more men buy flowers on Valentine's Day than women, it may shock you to learn just how many men pick up a bouquet. Around 73 percent of men will buy flowers on the big day, while just over one-quarter (27 percent) of women will do the same.

**5. Red roses have been associated with love since ancient Rome.**

We are all aware that the red rose is a common purchase around the time of Valentine's Day – but why? Roses, and red ones in particular, have become a symbol of love and are therefore heavily connected with the day. The origin of this tradition stretches as far back as ancient Rome when the red rose was the favorite flower of Venus, the Goddess of love.

**6. Juliet still gets love letters sent to her on Valentine's Day.**

William Shakespeare's most famous romance *Romeo and Juliet* has captured hearts for decades – so much so that Juliet still receives love letters on Valentine's Day! Every year, the city of Verona in Italy (where the play was set) receives around 1,000 letters addressed to Juliet. Not bad for someone who's been dead for hundreds of years.

**7. You don't have to be lovers to celebrate Valentine's Day.**

While Valentine's Day is most commonly associated with lovers and couples, that doesn't mean singletons can't celebrate the occasion too! In fact, one country has gone as far as to transform the occasion into "Friend's Day" instead! On Feb. 14, Finland celebrates Ystavanpaiva, which is translated as "Friend's Day." Forget the romantic undertones – gifts and cards are given and received by friends rather than lovers. We think it's a great way to involve everyone.

**8. Henry VIII decided when Valentine's Day should be celebrated.**

Marrying a total of six women throughout his lifetime, there's no denying Henry VIII was a **big** fan of women and probably romance – but did you know he is responsible for when we actually celebrate Valentine's Day? Back in 1537, King Henry VIII declared by Royal Charter that Valentine's Day would be a public holiday, and he chose Feb. 14 as the official day of celebration.

**9. Women buy most of the Valentine's gifts – even the ones for themselves!**

Want to make sure you get what you want this Valentine's? Then buy it yourself apparently! Women buy a massive 85 percent of **all** gifts for Valentine's Day, which means a lot of us are picking up our own treats.

**10. Teachers receive the most Valentine's Day cards.**

Valentine's cards are big news for those of school age but surprisingly it is teachers, not pupils, who stand to benefit the most. Teachers generally receive the largest number of Valentine's Day cards with children, mothers, wives and pets (yes, pets) filling the rest of the top five recipient's list.

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February SEASONAL FRUITS & VEGETABLES			
Fruits		Vegetables	
Banana	Peach	Asparagus	Cucumber
Blackberries	Pear	Beans	Eggplant
Blueberries	Plum	Beanshoots	Lettuce
Grapes	Strawberries	Beetroot	Mushrooms
Mango	Tomato	Broccoli	Pumpkin
Nectarine	Watermelon	Cabbage	Snow Peas
Orange		Capsicum	Sweetcorn
		Carrot	Turnip
		Celery	Zucchini

A close-up photograph of a white ceramic bowl filled with a vibrant orange soup. The soup has a smooth, velvety texture. In the center of the bowl, there is a dollop of white cream, which is garnished with a thin, curved slice of green vegetable, possibly a scallion or cucumber. The bowl is set against a warm, light brown background, and the lighting creates soft shadows, highlighting the bowl's rim and the surface of the soup.

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**Feb. 16 - April 1, 2017**

 **Anything Goes**

When the S.S. American heads out to sea, etiquette and principle get tossed out the portholes! Two unlikely pairs set off on the course to true love...proving that sometimes destiny needs a little help from an exotic disguise, a whole ship full of tap dancing sailors and chorus girls, and some good old-fashioned blackmail. The magical score by Cole Porter includes *It's De-Lovely*, *You're the Top*, *I Get a Kick Out of You*, *Easy to Love* and the title song, *Anything Goes*.

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- Up to 50 pounds of unbundled palm fronds may be placed at the curb. Any excess palm fronds must be tied into bundles, each weighing 50 pounds or less.
- When using plastic bags, make sure that the contents can be easily identified by the refuse truck driver (leave a twig or small branch sticking out).
- Call 239-337-0800 for a cost estimate for large-scale yard waste disposal projects when containerizing or bundling is difficult.



The image shows a logo for TCM TRITEL CONCIERGE MEDICINE. The logo consists of the letters 'TCM' in a large, bold, sans-serif font, with a stylized blue swoosh or arc above the 'M'. To the right of 'TCM', the words 'TRITEL CONCIERGE MEDICINE' are written in a smaller, bold, sans-serif font. Below the logo, the text 'Meet Dr. Tritel & his staff at their new location:' is followed by the address '6846 International Center Blvd., Suite A, Fort Myers, FL 33912' and the hours 'Every Wednesday 3 - 5 p.m.'. A white rectangular box contains the text 'Learn the benefits of complete wellness and quality health care of concierge medicine. Have access to your doctor 24/7 and all of the amenities of complete quality health care.' Below this box, the text 'AFFORDABLE SERVICES' is displayed. At the bottom, it says 'Dr. Paul Tritel is a 2nd generation Fort Myers physician.' and 'To Schedule A Private Consultation Call 239.244.9670 email: info@tritelmcm.com • www.TritelConciergeMedicine.com'.