



10 Country / Bluegrass Strumming Patterns (in 4/4 time)

Fretboard Toolbox



	D	U	D	U	D	U	D	U
Pattern #	1	&	2	&	3	&	4	&
1	N	&	↓	&	N	&	↓	&
2	N	&	↓	&	N	&	↓	↑
3	N	&	↓	&	N	↑	↓	↑
4	N	&	↓	↑	N	↑	↓	↑
5	N	&	↓	↑	N	&	↓	↑
6	N	&	↓	↑	N	&	↓	&
7	N	&	↓	↑	N	↑	↓	&
8	N	↑	↓	↑	N	↑	↓	&
9	N	↑	↓	↑	N	&	↓	&
10	N	↑	↓	↑	N	&	↓	↑

↓ = "Down" strum

↑ = "Up" strum

N = Play a single "note" from the chord being played

2, &, 3... = Rest during beats without arrows

(But keep your hands moving down and up during rests!)

Note that each pattern has only ONE difference from the previous pattern!