Barbeque Sauce for Chicken



Prep Time: 15 minutes Cook Time: 0 minutes

Ingredients:

2 eggs ½ cup vegetable oil 1 cup cider vinegar 1 tbsp. salt 1 ½ tsp. poultry seasoning ¼ tsp. black pepper, ground

Directions:

- 1. In a blender or a food processor, combine the eggs, vinegar, salt, poultry seasoning, and ground black pepper.
- 2. Use this sauce to baste chicken when grilling, or marinate the chicken in the sauce in the refrigerator for up to 1 ½ hours before grilling.

Additional Information

This sauce contains eggs so use it immediately.

Nutrition Facts

Makes 12 servings Amount per serving:

Calories	91.5
Total Carbs	0.2 g
Dietary Fiber	0 g
Sugars	0.1 g
Total Fat	10 g
Saturated Fat	1.6 g
Unsaturated Fat	8.5 g
Potassium	12.6 mg
Protein	1.1 g
Sodium	593.1 mg