

# 11th Annual FREE Health Fair a Success!

NEXT MEETING:

Tuesday, April 21, 2015 Great Lakes Health Connect **Horizons Conference Center, Saginaw** 6:30 p.m. social (cash bar) • 7 p.m. dinner and program

6th Annual SCMS Foundation Golf Outing – Saturday, June 13, 2015 (pgs. 16-17)

A telethon that showcases the extraordinary care Covenant HealthCare provides for kids in our region and helps raise money to continue our work for kids on into the future.

Telethon

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in the news

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All statements or comments in the Bulletin are those of the writers, and not necessarily the opinion of the Saginaw County Medical Society. Contributions are welcome. We publish committee reports, letters to the editor, Alliance reports, public health activities of the members, and some personal items (birthdays, weddings, graduations and like events). The Editor determines which are accepted. Advertisements are accepted as space is available at our going rates. Members may advertise office information, professional services, skills, and procedures, also at our acing rates. We do not accept advertisements from non-members, or non-Saginaw hospitals.

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All statements or comments in the Bulletin are those of the writers, and not necessarily the opinion on the Saginaw County Medical Society.

president's letter



M. Sohail Jilani, MD

Board Recertification

Winter is ending and spring is on its way. We just had our 11th Annual Health Fair and it was very successful with well over 1,000 people attending. I am thankful to all the physicians who participated in the Health Fair and were available to answer our guests' questions.

At our last Board Meeting, the controversy surrounding the American Board of Internal Medicine (ABIM) and the Maintenance of Certification (MOC) program, was brought to our attention by one of our members. The requirements have become so onerous that the ABIM recently sent a letter of apology to all members, and have announced a restructuring of the recertification process. Many physicians believe the recent changes by the American Board of Medical Specialists (ABMS) requiring that physicians engage in various medical knowledge, practice assessment, and patient safety activities, as well as, recertification programs do not provide optimal use of the physician's time. Furthermore, no high quality data exists to justify these labor intensive and expensive activities. The National Board of Physicians and Surgeons (NBPAS) believes the following requirements provide the most appropriate metric for continuous certification.

Candidates must have been previously certified by an ABMS member board.

Currently, NBPAS certifies physicians in nonsurgical ABMS specialties and a growing number of surgical specialties. Candidates must have a valid unrestricted license to practice medicine in at least one U.S. state. Candidates who only hold a license outside of the U.S. must provide evidence of an unrestricted license from a valid non-U.S. *licensing body. A candidate must have* completed a minimum of 50 hours of *continuing medical education (CME)* within the past 24 months, provided by a recognized provider of continuing educational (ACCME). CME must be related to one or more of the specialties for which the candidate is applying. *Reentry for the physicians with lapsed* certification requires 100 hours of CME within the past 24 months. Fellows-in-training are exempt. For some specialties (i.e. interventional cardiology, electrophysiology, critical care), candidates must have active privileges to practice that specialty in at least one U.S. hospital licensed by a nationally recognized credentialing organization with deeming authority from CMS (i.e., Joint Commission, HFAP, DNV). A candidate who has had their medical staff appointment/ membership or clinical privileges in the specialty for which they are seeking certification involuntarily revoked and not reinstated, must have subsequently maintained medical staff appointment/ membership or clinical privileges for at least 24 months in another U.S. hospital licensed by a nationally recognized credentialing organization with deeming authority from CMS (i.e. Joint Commission, HFAP, DNV).

The value of CME for lifelong learning is established: Organizations providing recognized CME programs are regulated by a rigorous accreditation body (ACCME) requiring each CME offering provide an educational gap analysis, "needs assessment," speaker conflict of interest, course

evaluations and many other performance standards. CME can provide education in both established knowledge and also future directions that keep the physician on the "cutting edge." CME offerings are highly competitive and provide choice. There are numerous organizations offering high value CME activities. If physicians do not perceive value in a particular CME offering, they will go elsewhere. Additionally, most states require CME activities to maintain licensure. Therefore, using CME to fulfill life-long learning requirements provides efficiency and minimizes redundant activities.

For a more complete discussion of the board certification controversy, please use the link below to recent NEJM publications. Note: NBPAS currently offers certification in all ABIM specialties, and other specialties will soon be added.

BOARDED TO DEATH – WHY MAINTENANCE OF CERTIFICATION IS BAD FOR DOCTORS AND PATIENTS http://www.nejm.org/doi/full/10.1056/ NEJMp1407422

MAINTENANCE OF CERTI-FICATION 2. 0 - STRONG, START CONTINUED EVOLUTION <u>http://www.</u> nejm.org/doi/full/10.1056/NEJMp1409923

I am thankful to our SCMS members for bringing this information to our attention. I think we need to have more discussion at the local level, as well as, with MSMS and our specialty society meetings about ABIM versus NBPAS.

The Annual MSMS House of Delegates will be held May 2-3, 2015, in Grand Rapids, and I am told there will be discussion on this issue. I have asked those attending from the SCMS to report back to us after the meeting.

Please check the website <u>http://www.</u> <u>ABMS.org/Board-certification/</u> for the information for board certification and maintenance of certification.

Senate Bill 68 has been introduced in Michigan, and it is dangerous legislation that will undermine the team based health case model, stripping physicians from many health care teams while reducing education requirements for those who practice medicine. Therefore, we urge our members to contact their lawmakers to vote NO on Senate Bill 68.

Happy Spring!



**APRIL 2015 THE BULLETIN 3** 

from the editor



Louis L. Constan, MD

What Fools These Mortals Be<sup>1</sup>

When a physician dies, especially a well-known physician, it sends ripples of consternation through the length and breadth of our medical community. Spouses wring their hands, wondering if they'll be the next to be left alone. Hushed questions are passed around the hospital corridors, in meeting rooms, over lunch in the cafeteria. What happened to him (or her)? Was he sick? What's going to happen to his practice, his family? Who will we consult, now that he's gone? Who will I get to cover for me?

Underneath all this to-do is anxiety over our own mortality. If it could happen to him, it could happen to us. If we're honest, most of us will admit that we avoid thinking about our own mortality. We're too busy struggling to prevent the mortality of our patients. And on those occasions when we conceive of the possibility of getting sick, we take the sanguine attitude that somehow, because we're a doctor, we are more likely to recover. Our colleagues will perhaps give us extra-special care. All the herculean efforts that doctors ordinarily take to save patients will be doubled when the patient is a doctor. Doctors have an "in" with the medical care system. They'll be OK. And when such expectations are challenged by a sudden death of a colleague, we and our families become anxious.

But anxiety can be good; if it motivates us to change.

It can motivate us to look squarely in the face of our own morbidity and mortality. To admit that we have too often put our heads in the sand regarding our own health. We neglect to care for the caregiver. We have this extraordinary depth of knowledge on how the human body works; yet we alltoo-seldom use that knowledge to focus on our own all-too-human body. Our focus is on the patients' health, not our own.

Then there is the whole issue of stress-induced illness. We now know the pathogenic mechanisms involved in many stress related syndromes. Excessive cortisone and adrenalin, caused by, let's say, even routine contact with a sick person...much worse with your life-and-death situations that commonly occur in the ICU, ED or OR; leads to production of inflammatory mediators, nasty stuff like Tissue Necrosis Factor; which



cause havoc on the inside of our arteries, affecting every organ in our bodies.

Then there's the inability to clear the adrenalin, cortisone and inflammatory mediators because we never rest and rejuvenate. And let's not forget the abuse our bodies take due to dysfunctional efforts to deal with stress. Alcohol, high fat comfort foods, risk taking behavior.

In short, because we are physicians, we require more, not less, medical care. We simply must take better care of ourselves.

It's time to get specific. Where are the areas we need to improve?

- Do we eat right? Three to five servings of fruits and vegetables a day? Limiting saturated fats and sugar?
- Do we exercise every week, and really work at it?
- Do we limit alcohol to one or two drinks a day?
- Do we get all our immunizations? And that means the Shingles vaccine, Flu vaccine every year, and especially the

Pneumonia vaccine.

- Do we cultivate strong social and family relationships? And that means spending time with friends and family every week. Do we know what's going on in the lives of our friends, our spouse, our children?
- Do we take time for rest and relaxation? That means catching up on our sleep, taking vacations, cultivating a hobby or other down-time activity.
- Do we regularly evaluate our efforts, getting physical exams and tests?

Some have said that a physician's career is not successful unless he can finish that career in good enough health that he can enjoy the normal rewards of advancing age such as: Grandchildren to bounce on your knee, good times with family and friends, money to spend on comforts or perhaps hobbies, or nice vacations.

May the trauma of losing a colleague become an incentive to renew **your** commitment to **your** life, to **your** health that its rewards may someday be yours.  $\Box$ 

<sup>1</sup> Wm. Shakespeare "Midsummer Night's Dream"

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# (989) 497-9970



Edgewood Assisted Living Center Walk through our beautiful hallways from the comfort of your computer chair!

# www.edgewoodalc.com

alliance news

Submitted by Jamie Chamberlin, Executive Assistant

#### SAVE THE DATE

The Spring Luncheon will be held on Monday, May 11, 2015, at the new farm-totable restaurant in



downtown Saginaw called *Bradley's Bistro* <u>http://www.bradleysbistro.com/</u>. The cost is \$25 per person if registered by May 4, or \$30 per person after May 4 or at the door (not recommended). Proceeds will benefit the nursing scholarship fund.

#### **2015 JINGLE MINGLE**

Preparations for the 2015 Jingle Mingle are under way as well! The Board has decided to contact vendors early, so



if you know of anyone who would like to participate as a vendor, please contact a board member or the SCMS office at (989) 790-3590. <u>The 2015 Jingle Mingle will</u> <u>be held on Monday, December 7, 2015, at</u> <u>the Saginaw Country Club</u>. Make sure to mark your calendar now so you don't miss this fun and important event!

# ATTENTION RETIRED MEMBERS!



Retired physicians meet for lunch every Wednesday at 12 noon at IHOP, 2255 Tittabawassee Road in Saginaw. Those attending are responsible for their own lunch, and the informal gathering lasts about an hour. Join your retired colleagues whenever you like!

If you have any questions, please contact Joan Cramer at the SCMS office at 790-3590 or by email at joan@saginawcountyms.com.

## HCap Credentialing Committee Seeking Members

**HCap** (Health Care Alliance Pool) is searching for physicians interested in serving on the HCap Credentialing Committee. The Committee meets four times a year and addresses credentialing issues for the organization. If interested, please contact HCap:

315 Mulholland Ave. Bay City, MI 48708 (989) 891-8820 http://www.myhcap.com/



 $\square$ 

## ST. MARY'S OF MICHIGAN Pulmonary & Critical Care Associates Expands

Shrinivas Kambali, M.D., pulmonary/critical care joins B. Babu Paidipaty, M.D., and M. Shaffi Kanjwal, M.D. at St. Mary's of Michigan Pulmonary & Critical Care Associates.

Dr. Kambali joins Dr. Babu and Dr. Kanjwal. They are the only providers in the area doing endobronchial ultrasound (EBUS).

Together the three physicians and two nurse practitioners care for those with conditions affecting the lungs including cancer, asthma, COPD, emphysema, pulmonary fibrosis, complicated pneumonias, sleep apnea, and sarcoidosis.

Office locations in Saginaw, Birch Run, Standish & Tawas.

For patient referrals, call (989) 907-7636



St. Mary's of Michigan Pulmonary & Critical Care Associates 1015 S. Washington Ave. Saginaw, MI 48601 • (989) 907-7636

# 11<sup>™</sup> ANNUAL FREE HEALTH FAIR

The 11th Annual FREE Saginaw County Medical Society Health Fair "*The Doctor Is In,*" held on Saturday, March 21, 2015, at Horizons Conference Center in Saginaw was another success! The SCMS planned this great event in cooperation with CMU Health, Covenant HealthCare, Health Delivery, Inc., Michigan CardioVascular Institute, St. Mary's of Michigan and the Saginaw County Osteopathic Society. Over 1,000 people attended this year's event and visited 81 vendor booths. Numerous SCMS physicians, residents and medical students participated in the event as well.

During the Health Fair, vendors performed screenings for blood pressure, body mass index, cholesterol, depression, diabetic foot exams, glaucoma, glucose, hearing, lung function, oxygen level, posture, skin cancer, sleep apnea, stroke and varicose vein.

The SCMS had very positive comments from vendors and participants on everything from location to the numerous screenings that were available. Many SCMS members attended the event and either answered questions at the SCMS booth, or just made themselves available for questions during the Health Fair. Both the vendors and participants commented how nice it was to have doctors available for questions. Non-perishable food items for the East Side Soup Kitchen were also collected from those attending. The Saginaw County Health Department and Sheriff's Department filled almost four 30-gallon containers of old, unused or unwanted medications. Michigan Blood collected 12 units of blood, with three being first time donors.

# The SCMS would like to give special thanks to the following: Planning Committee:

Farhaj Siddiqui, MD - CMU Health Cathy Rousseau - Covenant HealthCare Monica Woods - Health Delivery Marcia Conaway - MCVI Joan Cramer and Jamie Chamberlin -SCMS Dana Borenitsch and Lynette Goldberger -Saginaw County Osteopathic Society Tammy Weighman - St. Mary's of

Michigan

#### **SCMS Members Who Participated**

(please contact the SCMS if we missed anyone): Scott E. Cheney, MD Louis L. Constan, MD Elvira M. Dawis, MD Tyler L. Dickey, MD Kenneth W. Distler, MD Danielle C. Duncan, MD Stephan T. Gau. MD Hafsa Hashmi, MD Rahul Jacob, MD Sarah R. Jacob, MD M. Sohail Jilani, MD Zaira Khalid, MD Mohammad Yahya Khan, MD Zubeda S. Khan, MD David B. Krebs. MD Loai F. Marouf. DO Debasish Mridha, MD B.L. Nahata, MD Gopi K. Nallani, MD Kristin M. Nelsen, MD Bernard D. Noveloso, MD Sajeda Nusrat, MD B. Babu Paidipaty, MD Jorge M. Plasencia, MD Meena Ramani, MD Bilal A. Shah, MD Palak N. Shroff, MD Farhaj Siddigui, MD Warren E. Singleton, MD Steven J. Vance, MD Julia M. Walter, MD Eyad M. Wohaibi, MD Anthony M. Zacharek, MD

#### <u>CMU Health Medical Students who</u> <u>performed screenings</u>:

Moazzum Bajwa Timothy Carswell David Eisinger Ramnik Kaur Long Nguyen Abhishek Sharma

We would also like to give special thanks to Daisy McQuiston of Delta College Nursing and Kitty McAnany who supervised the registration table, and to our volunteers including Ryley Chamberlin, Emily and Riley Cho, Sarah Cramer and many Delta College Nursing students.

#### <u>Thank you to the following for helping</u> us advertise the Health Fair:

Robert L. Borenitsch, DO Doris D. Cataquiz, MD Douglas Family Vision Great Lakes Family Health Center Jeff's Barber Shop, St. Charles Junction Valley Railroad/Stenger Family Karu Medical Associates Michigan CardioVascular Institute St. Mary's Towne Centre WHNN – Johnny and Blondie

#### <u>Event sponsors - We couldn't have done</u> <u>it without you!</u>

CMU Health Covenant HealthCare Ron Weighman and Staff at Dornbos Printing Impressions (in-kind donation) Health Delivery, Inc. Horizons Conference Center/Kiron Choudhri (discounted rental space and donated advertising) Michigan CardioVascular Institute Russ' Sign Rental, LLC (discounted rates) Saginaw County Osteopathic Society St. Mary's of Michigan

Thank you to all of the vendors who donated raffle prizes.

Finally, thank you to our vendors who

performed screenings, gave information and helped over 1.000 Saginaw County residents better their health! Advanced Diagnostic Imaging, PC Airway Oxygen, Inc. Pulse Oximetry American Cancer Society Americans Home Health & Hospice Barton Woods Assisted Living Blood Pressure Bridgeport Health-Mart Pharmacy Brookdale Senior Living of Saginaw Blood Pressure Choosing Wisely® (MiHIA) CMU Health Blood Pressure, Body Mass Index Depression, Sleep Apnea Covenant - Bariatric & Metabolic Center Covenant - Birthing Center Covenant - Breast Health Center Covenant - Center for the Heart Covenant - Diabetes Self Management Covenant - Kids Covenant - Laboratory Free Lab Coupon Covenant - Physical Medicine & Rehab Covenant - Pulmonary Covenant - Stroke Prevention Stroke Risk Factors Covenant - Visiting Nurse Association **Covenant Medical Group** Dexcom Diabetes Care Edgewood Assisted Living Center Envision Eye Care Glaucoma Food Addicts in Recovery Anonymous Gift of Life Michigan Sign up for the Donor Registry Great Lakes Eye Institute Health Delivery. Inc. **Blood Glucose** HealthSource Saginaw Healthway Compounding Pharmacy Home & Hospice Advantage Hospital Hospitality House Humana Impact Medical Supply, Inc. Diabetic Foot Exam

Independence Village of Frankenmuth Kehres Health & Chiropractic Spine and Overall Wellness Check Luther Manor Magnum Care of Saginaw Posture Matrix Pain Management Meijer Pharmacy Michigan Blood Blood Drive – Have a Heart for Ernie Michigan CardioVascular Institute Cholesterol Michigan State University Extension Mid-Michigan Chapter Hearing Loss Assoc. of America Mid-Michigan Surgical Specialists Molina Healthcare of Michigan New Hope Valley Assisted Living Paramount Rehabilitation Services Physicians Hearing & Balance Center Hearing Pro-Air Medical Supply & Equipment Ray's Physical Therapy Regional Medical Imaging, PC Renue Physical Therapy Posture Safe Hands Warm Hearts. Inc. Saginaw County Comm. Mental Health Authority Saginaw County Health Dept. & Sheriff's Dept. Dump Your Drugs! Saginaw County Family Physicians Saginaw County Medical Society The Doctor Is In! SCMS 2015 Membership Directory Michigan Guide for Aging Drivers & Families Saginaw County Osteopathic Society Distracted Driving Simulator Saginaw Health Plan Saginaw MAX System of Care Shields Chiropractic Spine Southern Care. Inc. Sport and Spine Physical Therapy and Rehab Movement St. Mary's - Bariatric Center Body Mass Index

St. Mary's - Center of Hope St. Mary's - Field Neurosciences Institute Distracted Driving Simulator St. Mary's - Guardian Angel Respite Adult Dav Serv. St. Mary's - Neurosciences St. Mary's - Pulmonary Lung Function St. Mary's - Reverence Home Health & Hospice St. Mary's - Sleep Center Swanhaven Manor U.S. Environmental Protection Agency Underground Railroad, Inc. UnitedHealthcare Community Plan Valley OB-GYN Clinic, PC Vein and Laser Center Varicose Vein & Venous Reflux Vitamin Shoppe Wellspring Lutheran Services YMCA of Saginaw Anthony M. Zacharek, MD Skin Cancer

MARK YOUR CALENDAR NOW! The 12th Annual FREE Health Fair will be held on Saturday, March 19, 2016, at Horizons Conference Center!



Visit our website <u>www.Sagi-nawCountyMS.com</u> and our Facebook page **Saginaw County Medical Society (SCMS)** for more Health Fair pictures!



Dr. Ken Distler with reps from Meijer Pharmacy



Glucose testing at Health Delivery booth



Michelle Trevallion of HealthSource Saginaw with Dr. M. Sohail Jilani



Have a Heart for Ernie volunteers at the Michigan Blood booth



Saginaw County Family Physicians – Dr. Bernard Noveloso with Tammy Weighman of St. Mary's, and Drs. Hafsa Hashmi and Palak Shroff



Medical student, Tim Carswell, checks Sarah Cramer's blood pressure



Drs. Farhaj Siddiqui, M.Y. Khan and Bilal Shah



Dayna Altom and granddaughter, Elyannah, at Wellspring booth



Dr. David Krebs of Envision Eye checks a patron for glaucoma



Drs. Stephen Gau and Anthony Zacharek with Julie Loy



MCVI Cholesteral testing



The Vein and Laser Center



Physician's Hearing



Dr. Steve Vance and sons



Dr. B. Babu Paidipaty at the St. Mary's Pulmonary booth



Dr. Lou Constan staffs the SCMS booth



Riley Cho with Drs. Danielle Duncan, Zubeda Khan, Jorge Plasencia and Elvira Dawis



Alyx Component Collection System on the Michigan Blood Bus where one pint equals two



Drs. Gopi Nallani and Kristin Nelsen



**Covenant Digestive Health Center** 



Michelle Trevallion and Lynne Price of HealthSource Saginaw



Drs. Meena Ramani and Ken Distler give the Health Fair a thumbs up!

# SCMS VOLUNTEERS AT SOUP KITCHEN



On Tuesday, March 31, the SCMS volunteered at the East Side Soup Kitchen. Volunteers helped prepare and serve lunch to 322 people, and cleaned and chopped potatoes for another day before serving lunch. The SCMS also donated the cost of the day's food.

The SCMS would like to thank the following who volunteered to serve at the Soup Kitchen:

Dr. Lou Constan	Joan Cramer
Soumi De	Dr. Bill Engelman
Dr. Zubeda Khan	Dr. Neil Love
Mala Nahata	Ileana Plasencia
Marie Plasencia	Dr. Rosarita Rullan and sons, Logan and Jordan Purchase
Dr. Caroline Scott	Dr. Audrey Stryker

The SCMS would also like to acknowledge and thank SCMS members who staff the clinic at the Soup Kitchen on a regular basis.  $\hfill\square$ 



Dr. Lou Constan and Marie Plasencia



Dr. Rosarita Rullan and sons, Jordan and Logan Purchase with Dr. Caroline Scott



Dr. Zubeda Khan



Drs. Audrey Stryker, Caroline Scott, Bill Engelman and Lou Constan with Marie Plasencia



Drs. Bill Engelman and Audrey Stryker



Drs. Neil Love and Lou Constan



Drs. Caroline Scott and Bill Engelman



Marie and Ileana Plasencia



Mala Nahata and Soumi De



Serving first lunch



#### SAGINAW COUNTY MEDICAL SOCIETY FOUNDATION 6<sup>th</sup> Annual Golf Outing – Sponsorship Form

Saturday, June 13, 2015 • Saginaw Country Club • 12 p.m. Registration • 1 p.m. Shotgun Start

The Saginaw County Medical Society (SCMS) Foundation was founded in 1969. Initial funding was provided through physician donation of earnings from educational and charity work. The SCMS Foundation's primary role has been to provide low interest loans to medical students with "ties" to the Saginaw area. All of the loan interest is forgiven if the individual sets up practice in Saginaw County upon completion of a residency. Over the years, we have had many fine loan recipients return to Saginaw County to practice medicine. *Proceeds from this event are used for low interest loans to medical students with ties to the Saginaw area, thereby encouraging them to return to Saginaw to practice medicine.* 

#### Event Sponsor - \$3,000 (LIMIT OF FIVE EVENT SPONSORS)

- Most prominent name placement in program
- Company name in golf carts
- Company name on sign at driving range and practice putting green
- Recognized from the podium
- Includes 4-person team

# Golf Ball Sponsor - \$1,500 (Sleeve of golf balls with your company logo provided to each golfer) Company name listed in program

- Scorecard/Scoreboard Sponsor \$1,500
  - Company name on scoreboard and individual scorecards
  - Company name listed in program

#### Award Reception Sponsor - \$1,000

- Company name listed on sign at reception, table-tents on reception tables and in program
   Putting Contest Sponsor \$750
  - Company name on sign at tee and in program

#### 🗖 <u>Lunch Sponsor - \$500</u>

Company name on sign in cookout area and in program

#### Beverage Sponsor - \$500

- Company name on sign at beverage stations and in program
- □ <u>Team Sponsor \$500</u> (Payment for four person golf team)
- Company name listed in program
- Longest Drive Sponsor \$500 (Men & Women)
- Company name on sign at tee and in program

#### Closest to the Pin Sponsor - \$500 (Men & Women)

- Company name on sign at tee and in program
- Tee/Hole Sponsor \$500 (LIMIT OF TWO PER HOLE)
  - Company name on sign at tee and in program

#### We would like to be a sponsor for the 6<sup>th</sup> Annual SCMS Foundation Golf Outing, as follows:

Company Name:

Contact Person: \_\_\_\_\_

Address: \_\_\_\_

Phone:

\_\_\_\_\_Email: \_\_\_\_\_

Sponsor Level: \_\_\_\_

#### RETURN FORM AND CHECK BY MAY 8, 2015, TO:

SCMS Foundation • 350 St. Andrews Road · Suite 242 · Saginaw, MI 48638-5988 Questions? Contact Joan M. Cramer, SCMS Executive Director, at <u>Joan@SaginawCountyMS.com</u> or 989-790-3590 • Forms are downloadable at <u>www.SaginawCountyMS.com</u>

NOTE: For income tax purposes, the following values are NOT tax deductible: Golf participant, \$88 each. An IRS-compliant tax deduction receipt will be provided upon request.

#### SAGINAW COUNTY MEDICAL SOCIETY FOUNDATION 6<sup>th</sup> Annual Golf Outing – Team Registration Form

Four Person Scramble

Saturday, June 13, 2015 • Saginaw Country Club • 12 p.m. Registration • 1 p.m. Shotgun Start

Please sign up the following golfers to participate in the 6<sup>th</sup> Annual Saginaw County Medical Society Foundation Golf Outing on Saturday, June 13, 2015. Golfers may sign up as an individual, or as a four-person team. Those that sign up as individuals will be assigned to a four-person team. The charge per golfer is \$125. This includes green fees, cart, practice range, cookout lunch, beverages (domestic draft beer, Coke and Pepsi products, bottled water) on the course, two drink tickets (soft drinks, draft beer, house wine) for after golf, heavy hors d'oeuvres award reception and prizes.

**REGISTRATION PRIOR TO THE GOLF OUTING IS REQUIRED!** 

Please sign up the following golfers:

GOLFER NAME	PHONE	EMAIL
1.		
2.		
3.		
4.		

#### If team is sponsored, please indicate name of sponsor for program

#### Please return form and check by Friday, May 8, 2015 (\$125 Per Golfer) to:

#### Saginaw County Medical Society Foundation 350 St. Andrews Rd., Suite 242 Saginaw, MI 48638-5988

Call Joan Cramer at 989-790-3590 or email <u>Joan@SaginawCountyMS.com</u> with questions. Forms are downloadable at <u>www.SaginawCountyMS.com</u>

If play is stopped because of inclement weather before five holes are completed, there will be no guest fee charged. If play is stopped between five and 13 holes, the guest fee will be the nine-hole rate. Playing 14 holes shall constitute the playing of 18 holes, and guests will be charged the full guest fee. Groups playing less than five holes will still be subject to and responsible for all other non-golfing products and services for which they contracted.

The Saginaw Country Club is a spikeless facility and golf course. Arrangements may be made ahead of time with the Saginaw Country Club Pro Shop for guests that need to change spikes. The fee is \$7 per set.

NOTE: For income tax purposes, \$88 of the total per golfer charge is NOT tax deductible: An IRScompliant tax deduction receipt will be provided upon request.

#### For all information on the Saginaw County Medical Society, please visit our website <u>SaginawCountyMS.com</u>

# KEY PROVIDER OF THE MONTH WELLSPRING LUTHERAN SERVICES

"Key Providers" provide support for SCMS membership meetings. Each month, a Key Provider is featured in The Bulletin.



Hope flows through us.

Just as a wellspring bubbles up from deep within the earth to bring lifegiving water, Wellspring Lutheran Services brings life-giving support. It's this life-giving support that has people coming to our senior living community in Saginaw.

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# MARK YOUR CALENDAR FOR 2015

Please note the upcoming events for 2015 on your calendar so you will be able to attend. Postcard meeting notices with return RSVP are mailed and emailed each month we have a membership meeting, and are due a week before the meeting. Board members, Delegates and Alternate Delegates also receive an email and fax with board meeting information each month.

<u>Saturday-Sunday, May 2-3, 2015</u> – 150th Annual MSMS House of Delegates at the Amway in Grand Rapids.

<u>Tuesday, May 19, 2015</u> – SCMS Board Meets at Horizons Conference Center at 5:30 p.m. Membership Meeting at Horizons Conference Center. Social at 6:30 p.m. (cash bar), followed by meeting and program at 7 p.m. Annual Meeting.

<u>Saturday, June 13, 2015</u> – 6th Annual SCMS Foundation Golf Outing at the Saginaw Country Club.

Tuesday, June 16, 2015 – SCMS Board Meets at MCVI at 5:30 p.m.

There is no membership meeting in June.

There is no board or membership meeting in July.

Tuesday, August 18, 2015 – SCMS Board Meets at MCVI at 5:30 p.m.

<u>**Tuesday, September 15, 2015**</u> - SCMS Board Meets at Horizons Conference Center at 5:30 p.m. Membership Meeting, joint with the Saginaw County Osteopathic Society, at Horizons Conference Center. Social at 6:30 p.m. (cash bar), followed by meeting and program at 7 p.m. Program: TBD.

**Tuesday, October 20, 2015** – SCMS Board Meets at 5:30 p.m. - Location TBD. Membership Meeting - Location TBD. Social at 6:30 p.m. (cash bar), followed by meeting and program at 7 p.m. Program: TBD.

Tuesday, November 17, 2015 – SCMS Board meets at MCVI at 5:30 p.m.

There is no membership meeting in November.

Monday, December 7, 2015 – SCMS Alliance 12th Annual Jingle Mingle at the Saginaw Country Club.

There is no board or membership meeting in December.

# SAVE THE DATES IN 2016!

<u>Saturday, March 19, 2016</u> – 12th Annual SCMS Health Fair "The Doctor Is In" at Horizons Conference Center.

<u>Saturday-Sunday, April 30-May 1, 2016</u> – 151st Annual MSMS House of Delegates at The Henry in Dearborn.

Saturday, June 11, 2016 – 7th Annual SCMS Foundation Golf Outing at the Saginaw Country Club.





Please join me for Underground Railroad's 5<sup>th</sup> annual Advocates for Change Luncheon on Thursday, May 14<sup>th</sup> at 11:45 a.m. at Horizons Conference Center. The Luncheon will feature a first-hand account from a survivor, a brief presentation of our 2014 accomplishments and 2015 initiatives, and presentation of our 2015 Advocate for Change awardee, Judge Janet Boes. The Advocates for Change Luncheon is our primary annual fundraiser with a goal to raise \$35,000 to support operating costs for our emergency shelter and prevention programming. At the conclusion of the Luncheon, you will be asked to support Underground Railroad with a minimum contribution of \$100. Please RSVP to vhoffman@undergroundrailroadinc.org by May 6, 2015.

Valerie Hoffman, Pres/CEO • Underground Railroad, Inc. • 399-0007 x102 • 996-0423 (cell)

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independence for patients with swallowing difficulty, foot drop and upper extremity weakness.





# **REQUEST FOR PROGRAM TOPICS**

The SCMS Program Committee will meet in the near future to schedule the programs for our 2015-16 Membership Meetings. Do you have an idea for a program that would appeal to SCMS members? Have you heard an interesting speaker that we may consider? Is there a topic you would like to hear more about?

If so, please contact Joan Cramer at the SCMS at 790-3590 or by email at <u>Joan@SaginawCountyMS.com</u>. This is YOUR Medical Society, and we want to bring in programs that interest our members.



 Image: State of the state

# CMU | Health

Sixty doctors from the Great Lakes Bay Region attended the first "CMED in Saginaw" event on Wednesday, March 18 at Horizons Conference Center to hear an update from Central Michigan



University College of Medicine leaders and its volunteer community physician program. After an hour of networking and appetizers, Interim Dean Linda Perkowski, Incoming Dean Dr. George Kikano, St. Mary's of Michigan President and CEO Elizabeth Aderholdt and Covenant Health-Care Vice President of Medical Affairs Dr. Michael Schultz offered brief messages to the physicians.

Seven CMU College of Medicine students were at the event, including four from Saginaw: Ayesha Yalamarthy, Taylor Boehler, Alyssa Stroud and John Holtrop. Also attending were Brett Pierce of Frankenmuth, Sean Carter of Midland and Joshua Forsyth of Chesaning.

Associate Dean for the Distributed Campus, Dr. Steve Vance, outlined the College of Medicine's expanding need for community physicians and outlined the program, which led to a wide-ranging question-andanswer session. Many members of CMU's first medical school class will begin their third year in Saginaw on July 6. Half of the class will begin six-month Comprehensive Community Clerkships around the state.

Overall, the regional doctors indicated they would like to continue the conversation, and the College of Medicine will plan a second CMED in Saginaw event to be held in the new 46,000-square-foot educational building on the campus of Covenant HealthCare, which is on track to be completed by May. A date and time for the next event will be determined soon.

#### CMED students assist in clinic in Haiti

College of Medicine students Dalia Mammo and Laura Bou-Maroun – both in their first year – worked in a mobile health clinic and participated in public health efforts on a service trip to Haiti from February 28-March 5. One portion of the trip included visiting a remote community at the top of a mountain.

"The trucks couldn't make it up," Bou-Maroun said. "We had to hike up the rest of the mountain to an isolated community. There were hundreds of people lined up for the clinic. It's the only medical care they receive, and it is hard to see how impoverished they are. One woman, very malnourished, was just asking for food."

As part of a service group of 14, Mammo and Bou-Marou said women often stay home from work or school during menstruation, so they taught women how to use reusable pads. Both students indicated they are open to returning to Haiti for another service trip. "We're staying in touch," Mammo said. "The doctor who founded the clinic wants us to come back."



#### Looking for Nanny Position

Over 11 years' experience watching doctors children in the Saginaw area from newborn to teens. Looking for 20-40 hours /week. Great references and dependable. Previously worked for Drs. Cappelli, Maheshwari and Anwar. Please call Cindy at (989) 753-3584.

# GOLDEN GLOW BALLROOM

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# KENTUCKY DERBY PARTY

Hospital Hospitality House of Saginaw



Join our Host D.J. Ryan Rousseau "The Ambassador of Entertainment" for an evening featuring:

Southern Cuisine, Open Bar with a Special Mint Julep Toast, Silent Auction, Exciting Games of Chance, and much more! Great prizes will be awarded for the "Kentucky Derby Hat Contest," so plan to come dressed in "Derby" style. All proceeds from the event will support the mission of the Hospital Hospitality House of Saginaw: to provide convenient, affordable lodging and support services for out of town families, caregivers, and patients receiving medical treatment. For more information on the fundraising event or sponsorship opportunities, please contact Samantha at (989)583-0152.

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# State of Michigan Designates St. Mary's as Level II Trauma Facility

The Michigan Department of Community Health (MDCH) has designated St. Mary's of Michigan (SMOM) as a state Level II Trauma facility. This is a new designation, and complements the national Level II Trauma Center verification from the American College of Surgeons (ACS) that SMOM has held since 2008.

The criteria for state Level II designation mirrors that of the ACS, and also requires the hospital to be re-evaluated every three years. SMOM received ACS Level II Re-Verification July 2014, and was the first Verified Trauma Center in the region (in 2008).

MDCH, in collaboration with partners in the healthcare community, recently developed and operationalized a statewide trauma system to better serve residents. A major component of the trauma system is the verification and designation of trauma facilities. MDCH will recognize hospitals in Michigan as Levels I, II, III or IV.

SMOM is proud to be a partner in the development of Michigan's statewide trauma system and to have earned a Level II designation from the state. SMOM is committed to providing the highest level of trauma care for those injured in the greater mid-Michigan region. It is reassuring that there is now a designation system across the entire state to help emergency responders and residents get to the right care, at the right time, at the right place, thus ensuring the best possible care and outcomes.

To receive the trauma center designation, a hospital is required to have 24-hour availability of a team consisting of specially trained healthcare providers who have expertise in the care of severely injured patients. A trauma is defined as bodily injury caused by the application of external forces. According to MDCH, traumatic



injuries are the leading cause of death for people younger than age 45.

# Family Practice Physician Ruth Licht, DO Relocates to Birch Run



SMOM primary care physician, Ruth Licht, DO will relocate to the St. Mary's Birch Run practice to accommodate a growing patient population and expand access to quality care

resources. She will begin seeing patients at the Birch Run location on Monday, June 8.

Dr. Licht will join family practice physician, Shahrukh Hashmi, MD and Chandra Rasmussen, FNP-BC to continue to provide comprehensive healthcare for individuals and families of all ages.

Dr. Licht has operated in her current location on Gratiot Road since 1991. She has an extensive background in primary care and preventative medicine. She will bring a great wealth of knowledge to the practice and will help expand care to the community.

St. Mary's of Michigan Birch Run is located at 9900 Birch Run Road, (989) 624-1500.

#### Mark Your Calendar - St. Mary's Charity Golf Classic is June 3 & 4 at Apple Mountain

Spring is just around the corner and so is the 29th Annual St. Mary's of Michigan Foundation Charity Golf Classic! Enjoy a day



on the course, while feeling good about supporting the hospital's mission to provide the latest health care technology and treatments to everyone, every day.

Foursomes will enjoy 18 holes of golf with cart, a complimentary gift package, course contests, raffles, refreshments on the course, grilled lunch and dinner.

And watch for the **6th Annual Charity Golf Classic Online Auction!** Visit <u>www.</u> <u>stmarysofmichigan.org/foundation</u> to find the link to the auction catalog, bidding starts at 1 p.m. on **Monday, May 5**. You will have the opportunity to place your bids on fabulous travel packages, gift certificates for local restaurants, sporting events or gift baskets. Items are available at every price point, and the auction is open to the public.

For more information about the region's largest charity golf outing or the online auction, call the Foundation at (989) 907-8300 or visit the website.

#### ♦ OFFICE SPACE NEEDED

Subspecialist looking for office space to lease/share Approximately 1,000 sq. ft. needed (Exam rooms, office and common staff/patient areas)

#### **\* OFFICE SPACE AVAILABLE TO SHARE**

3,000 sq. ft. available to share with subspecialist (Includes three exam rooms, office and common staff/patient areas) 4700 E. McLeod Drive, Suite D, Saginaw

Contact Dr. Barbara Jahnke at (989)-797-3090 Or text (989)-284-7061



#### **Covenant Cancer Care Center to Hold First Annual Symposium**

The Covenant Cancer Care Center, in conjunction with The Institute for Medical Education, will hold its first annual symposium on "Advances in Oncology: Breast and Gynecologic Malignancies." This symposium is intended for physicians, nurses and allied health professionals involved in cancer management. The event will take place Friday, April 17 at Zehnder's in Frankenmuth. Guest speakers include locally and nationally recognized physicians from MD Anderson and NYU.

For more information, please visit www.covenanthealthcare.com or call 989.583.5007.

#### Low Dose Computed Tomography (LDCT) now available for lung cancer screenings

The Centers for Medicare and Medicaid services issued a final national coverage determination on February 5, 2015, that provides coverage of lung cancer screening to its qualifying beneficiaries. The Covenant Cancer Care Center has established a screening program to assist in the scheduling and tracking of patients having LDCT for lung cancer screening.

Patients must meet ALL listed criteria:

- Age 55-77 years old
- Either a current smoker or you have quit smoking in the last 15 years
- Tobacco smoking history of at least 30 "pack years"

To learn more about the Covenant Lung Cancer Screening Program, please call Ann Werle, RN, Nurse Navigator at 989.583.5014

#### **Covenant Kids Telethon**

Saturday, April 18, WNEM TV5 will host the sixth annual Covenant Kids

Telethon from noon until 6 p.m. The event covenan will feature real stories of local patients, families, physicians and staff while raising



funds to support and enhance the care of the region's Covenant Kids, all Covenant patients ages 0 to 17 years! Every penny of every dollar donated to Covenant Kids will go directly to the cause, no administrative fee taken out. Join us as we broadcast live from the Mid-Michigan Children's Museum in Saginaw - the day promises to be great fun for an extraordinary cause. Phone in your donation during the Telethon at 1.855.475.KIDS (5437).

For information about Covenant Kids, please visit www.covenantkidsmi.com and like us on Facebook at www.facebook.com/ CovenantKidsMI.

#### Go the Extra Mile for Covenant Kids -Sunday, April 26



Use this memorable event to increase your activity level or

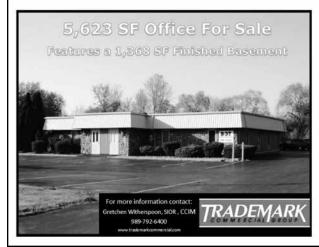
bond with friends and family. The 2015 Go the Extra Mile for Covenant Kids event is scheduled for Sunday, April 26. Join organizers TriToFinish and the YMCA of Saginaw at Swan Valley High School for any of four events - the 1 Mile Fun Run. 5K Walk/Run, USATF-Certified Half Marathon or the Hand Cycle Half Marathon. Participants will be encouraged by cheer station volunteers and experience the scenic views of the Saginaw Valley Rail Trail. A pace team will be available for half marathon runners. All proceeds benefit the Covenant Kids Fund at the Covenant HealthCare Foundation, a fund dedicated to enhancing the care of pediatric patients from counties across mid and northern Michigan. Discounts available for early registration and youth athletes. To register visit www.covenantkidsrace.com.

birthdays

#### May Birthdays

Eventure D. Bernardino MD 5/22
Del J. DeHart MD
J. Patricia Dhar MD
Kenneth W. Distler MD 5/24
Thomas A. Diven MD 5/4
Daniel J. Dymek MD 5/9
Thomas A. Egleston MD 5/26
Jesse H. Ellsworth MD 5/4
Linval K. Fleetwood MD 5/8
Douglas B. Forsyth MD 5/1
Stephen T. Gau MD 5/2
Suhasini Gudipati MD 5/30
George J. Gugino MD 5/23
Enam B. Hanna MD 5/24
Barbara A. Jahnke MD 5/23
Mayar M. Jundi MD 5/28
Chandra Kiran Jwala MD 5/29
Ryan J. Kim MD 5/4
Ahmad K. Koshak MD 5/24
Madhumitha Krishnamoorthy MD 5/5
Arya Lalithakumari MD 5/23
-

Sharif I. Latif MD	5/6
Shirley A. Layko MD	
Thomas O. Lohr MD	5/31
Loai F. Marouf DO	5/26
Michael T. McAvoy MD	5/29
Paul A. Meyer MD	5/20
Thomas M. Minnec MD	5/9
Rajesh Mithalal MD	5/16
Henry W. Moon MD	5/24
Yvonne V. Pacquing MD	5/17
Jill M. Paveglio MD	5/16
Olivia A. Phifer-Combs MD	
Gregory A. Pinnell MD	5/30
J. M. Prasad MD	5/17
Blake A. Putnam MD	5/25
Meena Ramani MD	5/2
Kala K. Ramasamy MD	5/8
Chalichama A. Rao MD	5/27
K. K. Ravindran MD	5/15
Thomas M. Raymond MD	5/30
Stuart J. Rupke MD	5/7
Sweta K. Shah MD	5/26
Samuel J. Shaheen MD	5/8
Scott F. Thames, Jr. MD	5/21
George N. Thomas MD	5/15
Vivek Variar MD	5/28
Lester E. Webb MD	5/22
Jessica M. Zandri MD	5/4
Hani H. Zreik MD	5/5



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in memory



#### Joyce Geary Bugenske, MD

Beloved wife, mother and grandmother passed away Saturday, March 14, 2015, at the age of 64 years. Born Joyce Marie Geary on August 2, 1950, in Grand

Rapids, the daughter of the late Philip and Doris Geary. Joyce graduated from Catholic Central High School in Grand Rapids and completed a BS in Zoology from the University of Michigan in Ann Arbor. Her family moved to Saginaw while she was attending Medical School at Wayne State University in Detroit. Internship, residency, and cardiology fellowship followed, which she completed at Baptist Memorial Hospital in Memphis, Tennessee. Joyce came to Saginaw at that time to begin a medical practice in cardiology, first as a solo practitioner, then as a member of Michigan CardioVascular Institute (formerly The Heart Group). She was the first female board-certified cardiologist in Saginaw.

She married her best friend, Michael Bugenske, in Saginaw on September 22, 1984, and they began a family. Because she felt her children were her first priority, she practiced part-time at the VA hospital for a short period of time before being able to participate in an office-based setting, which allowed time for family and a medical practice.

In retirement, Joyce and her husband moved to Presque Isle, Michigan, on beautiful Grand Lake. Joyce enjoyed scrapbooking, reading and gardening, but most of all spending time with her family. She was very active in her church, participating in several committees, and acting as a lector, communion distributor and musician. She was involved in all aspects of her children's lives, including scouting, sports and school activities. Joyce is survived by her husband, Mike, her children Erin (Erick) Stallings of Alpharetta, Georgia; Elise of Augusta, Georgia; and a son, Christopher; one granddaughter, Alexa Grace; a sister, Pathrese Geary, Sterling Heights and several brothers- and sisters-in-law, nieces and nephews.

Funeral Liturgy took place on Saturday, March 21, 2015, at St. Thomas Aquinas Catholic Church. Honoring Joyce's wishes, cremation followed. Those planning an expression of sympathy are asked to consider a donation to St. Thomas Aquinas Church in Saginaw or St. John the Baptist Church in Alpena.

#### બ્રબ્રબ્રબ્રબ



Jacob C. Ninan, MD of Saginaw, Michigan passed on Tuesday, March 3, 2015.

Dr. Ninan was an oncologist in the Saginaw area for 38 years. In his years in Saginaw, he made many close and dear friends who

filled his life with joy.

He leaves behind his wife of 44 years, Molly J. Ninan; his two children, daughter, Dr. Anita Ninan Bagga and her husband Bob Bagga, and son, Dr. Jacob A. Ninan and his wife Dr. Glynis Lough; nephew, Ninan Mathew and his wife, Roopa Ninan; and brother, C. N. Mathew and his wife, Mary Mathew (India). He will be missed by the great loves of his life, his grandchildren Reshna Ninan (age 16), Seanna Ninan (age 9), Nikhil Bagga (age 5), Dylan Bagga (age 4) and Mia Bagga (age 2). He also leaves behind many nieces, nephews, and friends. There are many close friends in his profession, his golfing buddies, and the nurses he worked with that will also miss him

Funeral liturgy took place on Wednesday, March 11, 2015, at the Cathedral of Mary of the Assumption in Saginaw with burial at St. Andrews Cemetery.

Those planning an expression of sympathy may wish to consider memorials to the

Saginaw Rescue Mission or the East Side Soup Kitchen.

#### A Memory on Behalf of Jacob C. Ninan, MD from his Special Lunch Bunch

Legacy: It seems that now days, people are talking about leaving or building a Legacy. Dr. Ninan was his own Legacy by the very life he lived. He was a warm, generous, caring friend. Dr. Ninan was a wise, compassionate physician in a gutwrenching/heart-rending specialty. He was a gentle gentleman. In the Spanish language, there is a special way to say farewell, "Vaya con Dios" (Go With God). So, as we say good-bye to our dear friend, "Go With God, Jake." You will be greatly missed.

With Love, Your Lunch Bunch: Edgar Balcueva MD, Donald Cady MD, Thomas Egleston MD, Jack Goodwin MD, Rustico Ortiz MD, Minoo Rao MD, Bala Srinivasan MD, and Lester Webb MD.

#### બ્રબ્રબ્રબ્રબ



**Beverly (Dew) Cady**, wife of Dr. Frederick J. Cady, Jr., passed away on Saturday, March 21, 2015, at Hoyt Nursing and Rehab Center at the age of 91. Beverly Dew was born on July 4, 1923, to the late

John "Jack" R. and Mildred (Hollencamp) Dew. She married Dr. Frederick J. Cady, Jr. on March 25, 1946.

Beverly graduated from Landon High School in Jacksonville, Florida, and received a Bachelor of Science in Home Economics from Florida State College for Women (now Florida State University), becoming a registered dietitian. While working at Harper Hospital, she met her future husband and love of her life, Fred, with whom she would have celebrated their 69th wedding anniversary this March 25. Beverly believed in lifelong education, studying history and literature at Saginaw Valley State University well into her 80s. She was an avid world traveler with a special place in her heart for Italy, where she studied abroad for six months in the 1990s.

When she wasn't taking care of her family and cooking gourmet Southern specialties, she donated much of her time to the Saginaw community. She was the President of the St. Mary's Hospital Auxiliary, member of Junior League, taught Sunday school, served on the Board for First United Methodist Church, and was involved in numerous other community clubs and activities.

Beverly is survived by her husband, Dr. Frederick J. Cady, Jr.; her sons: John (Libby) Cady of Aurora, Illinois, Bruce (Debbie) Cady of Lapeer, and William "Bill" Cady of Traverse City; daughters: Nancy (Michael) Stachiw of Fenton, Missouri and Jacqueline Campbell of Lahaina, Hawaii; Henry "Hank" (Kim) Pletscher of Saginaw; grandchildren: Danielle Pankuch, Jason Cady, Steven Cady, Michael Cady, Geoffrey Cady, Lindsey Cady, Beverly Cady, Michael Stachiw, Jacqueline Stachiw, Ian Campbell, and Madeline Campbell; and four great-grandchildren. Beverly was preceded in death by her son, Frederick Joseph "Joe" Cady, III and sisters, Jacqueline Polk and Beulah "Beudie" Dean Royal.

Funeral Service took place on Thursday, March 26, 2015, at First United Methodist Church, with entombment at St. Andrew's Cemetery. Those planning an expression of sympathy may wish to consider memorials to the St. Mary's of Michigan Foundation.





#### Senate Bill 68 Talking Points

State lawmakers recently introduced Senate Bill 68, dangerous legislation that would undermine the team-based health care model, stripping physicians from many health care teams while reducing educational requirements for those who practice medicine.

The Bill risks patients' health by undermining the team based health care approach. Michigan physicians understand that every discussion in Lansing about health care and health policy should start and end with what is best for Michigan patients.

- Patients put their lives in the hands of their health care providers every day, and every day physicians, nurses, technologists and others work hard to keep that trust.
- We keep it by being transparent, doing the right thing, and working as a team to put patients first.
- That's why lawmakers should vote NO on Senate Bill 68.
- This dangerous bill would undermine the team-based care that patients count on, while putting the health and safety of patients across Michigan at risk.
- Physicians and nurses provide the highest quality health care when we work together as a team.
- We are a team that strives each day for the better health of each of our patients and a team to be supported and strengthened by state policies that have the best interest of the patient in mind.
- Patients deserve the best possible care and they rely on a health care team working together that they trust, and that has the medical training needed to take care of them.

- Senate Bill 68 would undermine that trust, and weaken that care.
- Senate Bill 68 is a genuinely dangerous bill that puts patient health at risk by stripping physicians from many patients' health care teams.

#### **CAUTION:** Fraudulent Tax Filings

Unfortunately, the incidence of fraudulent tax filings continues to grow and Michigan physicians are not



immune. The Internal Revenue Service (IRS) encourages you "to be alert to possible tax-related identity theft if you receive a notice from the IRS or learn from your tax professional that:

- More than one tax return was filed for you;
- You owe additional tax, have a refund offset or have had collection actions taken against you for a year you did not file a tax return;
- IRS records indicate you received more wages than you actually earned; or
- Your state or federal benefits were reduced or cancelled because the agency received information reporting an income change."

# If you are a victim of tax-related identity theft you should:

- File a report with the local police.
- Create an Identity Theft Report by contacting the Federal Trade Commission at <u>www.consumer.gov/idtheft</u> or 1-877-438-4338 (TTY 1-866-653-4261).
- Contact the Internal Revenue Service Identity Protection Specialized Unit 1-800-908-4490 to report the fraud.
- Complete and file IRS Form 14039 Identity Theft Affidavit with the required documentation.

- Contact the Michigan Department of Treasury by calling 1-517-636-4486, by email at <u>Treasury-ReportIDTheft@</u> <u>michigan.gov</u> or mail to: Identify Theft Unit, Income Tax Division, P.O. Box 30477, Lansing, MI 48909.
- Notify the fraud departments of the three major credit reporting agencies:
  - o Equifax: 800-525-6285
  - o Experian: 888-397-3742
  - o TransUnion: 800-680-7289
- Update your files by:
  - o Recording the dates you made calls and sent letters/affidavits
  - o Keeping copies of any letters, etc. received and/or sent

For additional information regarding tax related identity theft, review the IRS's <u>Identity Theft Information for Taxpayers</u> or visit <u>www.irs.gov/identitytheft</u> or the FTC's <u>www.identitytheft.gov</u>. Remember, "The IRS does not initiate contact with taxpayers by email to request personal or financial information. This includes any type of electronic communication, such as text messages and social media channels." If you receive an email claiming to be from the IRS, forward it to <u>phishing@irs.gov</u> and do NOT reply or click on any links.

#### Got HealthPlus Employee Coverage?

As you may have heard, HealthPlus has suspended new sales on their fully-insured PPO products as of March 2, 2015. Additionally, all of HealthPlus' outstanding PPO quotes are null and void.

**MSMS Physicians Insurance Agency** is uniquely qualified to offer our insurance portfolio to Michigan physicians, their families and office staff. We make it our business to know your business. By knowing the unique issues physicians face every

Continued on page 32



SAGINAW BAY UNDERWRITERS

- Professional Liability
- Contingency Excess Liability
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- Umbrella
- Key Person Life
- Own Occupation Disability Insurance



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day, MSMS Physicians Insurance Agency:

- Eliminates the need for you or your practice to contact insurers for billing purposes;
- Has direct access to the insurer's systems to add, terminate or change a subscriber's information within 24 hours, which removes the administrative burden from you and your staff;
- Will research claims inquiries and benefit questions for you or the subscriber, which will eliminate the frustration of contacting a complex customer service center; and,
- Handles all COBRA administration for groups with more than 20 employees, free of charge, thus removing another administrative burden.

You always get more with MSMS Physicians Insurance Agency because we focus on you.

For further information, please contact today Beth Elliott at 517-336-5789 or via email at belliott@msms.org.

# Additions to MSMS Website www. msms.org

- http://MDPAC.org is the updated MD-PAC website.
- http://MSMS.org/engage is the new online action center. Please go here to write, call or tweet your lawmakers.

# 2015 Spring Scientific Meeting The Henry • 300 Town Center Dr. • Dearborn, MI 48126

http://www.behenry.com/



Fees:

313-441-2000

MSMS Member/Office Staff: \$110 per course MMGMA Member/Office Staff: \$110 per course Non-members: \$140 per course Retired: \$85 per course Nurses: \$110 per course Residents/Students: No charge Late registration: 8:30 a.m. *Continental breakfast and lunch provided each day* 

Please join the MSMS Foundation at the 4th Annual Spring Scientific Meeting (SSM). Through this conference, MSMS provides you with another opportunity to earn up to 14 *AMA PRA Category 1 Credits*<sup>TM</sup>. This two-day event is designed for physicians, nurses and other health care professionals.

**Statement of Accreditation:** The Michigan State Medical Society is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

AMA Credit Designation Statement: The Michigan State Medical Society designates this live activity for a maximum of 14 AMA PRA Category 1 Credits<sup>TM</sup>. Physicians should claim only credit commensurate with the extent of their participation in the activity.

*Please click on a conference title below or visit* <u>http://www.msms.org/Education/</u> <u>SpringScientificMeeting.aspx</u> to learn more about each program.

#### ✓ Wednesday, May 13, 2015 9:00 a.m. - 12:15 p.m. <u>Neuroscience: Update on Neurological</u> <u>Disorders</u> <u>Rheumatology Update</u>

1:00 p.m. - 4:15 p.m. <u>Updates in Dermatology for the Non-</u> <u>Dermatologist 2015</u> <u>Infectious Diseases Update</u>

5:00 p.m. - 7:15 p.m. **Updates in Psychiatry** 

✓ Thursday, May 14, 2015 9:00 a.m. - 12:15 p.m. Current Issues in Cardiology ER/LA Opioid REMS: Achieving Safe Use While Improving Patient Care

9:00 a.m. - 4:15 p.m. <u>Conference on Maternal and Perinatal</u> <u>Health</u>

1:00 p.m. - 4:15 p.m. <u>Diabetes and Lipid Updates</u> <u>Common Allergic Disorders: An Update</u>

**Register online at** <u>http://www.msms.org/</u> <u>Education/SpringScientificMeeting.aspx</u> **or register by phone, fax or mail:**  **Download the <u>Registration Form</u>** to print and send with a check or credit card number.

- 1. Phone the MSMS Registrar at: 517-336-7581
- 2. Fax Registration Form to: 517-336-5797
- 3. Mail Registration Form to: MSMS Foundation, 120 W. Saginaw, East Lansing, MI 48823

**Questions?** Contact Marianne Ben Hamza at 517-336-7581 or <u>mbenhamza@msms.org</u>.



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Full Day Registration: \$75 8:30 AM - 9:00 PM Breakfast (7 AM - 8:30 AM). Lunch and Dinner Included. Vegan, Kosher and Halal options available Partial Day Registration: \$49 12:45PM - 9:00 PM **Dinner Included** Apple Mountain Resort 4519 N. River Road, Freeland, MI

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**Registration Forms** Online

We close the event with a concert with performances from BenJammin & Analisa Gauthier. Dawud Wharnsby, Saginaw Chippewa Indian Tribe Drummers and Six13

#### Lunch Keynote Speaker

Ms. Lelanda Lee is a delegate to the 2015 United Nations Status of Women Conference. Lelanda is a long-time anti-racism and gender equity advocate. She is a member of the Executive Council of the Episcopal Church. Lelanda will deliver the talk: The Beijing Platform 20 Years Later: Girls and Women of the World Need Interfaith Support is the title of her talk. She will also lead a breakout session in the afternoon.

#### Dinner Keynote Speaker

Imam Feisal Abdul Rauf is Chairman of the Cordoba Initiative which strives to enhance Muslimwestern relations, framing the Muslim experience of the West and the western expression of Islam in fellowship with peoples of all beliefs and faiths. He is an American Muslim visionary leader and has engaged in outreach to moderates of all faith traditions, engaging in interfaith dialogue and forging connections of trust and mutual support. From 1983 to 2009, Imam Feisal served as Imam of Masjid al-Farah, a mosque in New York. He is a noted author and has written three books on Islam and its place in contemporary Western society, including Moving The Mountain

and What's Right with Islam Is What's Right with America.



# ANNUAL PHYSICIAN'S RETREAT

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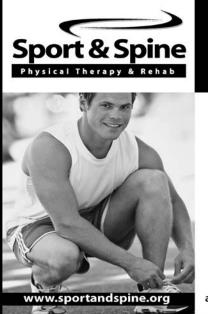
**Retreat Master:** Father Ignatius Cetoute, MA of the Archdiocese of Castries, Saint Lucia, West Indies

**RSVP:** Call Sacred Heart Mercy Health Care Center at (989) 463-3451 by April 15



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For more information, please visit our website at http://www.michmgma.org/ or contact Sandy Sprague, MiMGMA Member Services Co-Chair, at ssprague@greatlake-seyeinst.com or (989) 793-2820.



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board highlights

The February meeting of the Board of Directors of the Saginaw County Medical Society was held on Tuesday, February 17, 2015, in the Board Room at Michigan CardioVascular Institute in Saginaw. M. Sohail Jilani, MD, President, called the meeting to order at 5:42 p.m.

The minutes of the January 20, 2015, Board meeting were reviewed. **MOTION:** Approve the January Board Meeting Minutes. **MOTION APPROVED.** 

Dr. Tom Veverka presented the Treasurer's Report for January 2015. **MOTION:** Approve the January Treasurer's Report. **MOTION APPROVED.** 

#### **OLD BUSINESS**

- 1. <u>CMU Health</u> Dr. Vance was unable to attend the Board Meeting due to the fourth LCME visit today. He did, however, prepare a handout updating the Board on the Dean search, Category 3 CME, 3rd/4th Year Clerkships, Facilities, LCME Visit and Faculty Appointments. The Board was also notified of the first in a series of "CMED in Saginaw" meetings scheduled for Wednesday, March 18, 2015, from 7-9 p.m. at Horizons Conference Center. CMU College of Medicine leaders would like to broaden their discussion of medical education among Saginaw-area physicians, and this event will open with networking and appetizers and finish with a presentation about CMED's vision and direction for medical education. Attendees should leave with a broad understanding of the College of Medicine's mission, challenges and how they can be involved. All Board members were encouraged to attend.
- 2. <u>Health Fair</u> The 11th Annual Health Fair "The Doctor Is In" is scheduled for Saturday, March 21, 2015, from 9 a.m. to 1 p.m. at Horizons Conference Center.

At the May 20, 2014, Board Meeting, a motion was made and approved for a trial period of one year, to allow no more than two (2) chiropractic offices to submit an application to the SCMS Board to participate in the Health Fair. Each application will need two physician sponsors and must be approved by the SCMS Board. The Board will revisit the issue after the 2015 Health Fair to consider making it permanent policy. Applications were submitted by **Kehres Health & Chiropractic** sponsored by Drs. Elvira Dawis and Paul Meyer; and Shields Chiropractic f/k/a Preferred Chiropractic of Shields sponsored by Drs. Elvira Dawis and Aida Ponce, and reviewed by the Board. MOTION: Allow Kehres Health & Chiropractic and Shields Chiropractic to participate in this year's Health Fair. MOTION APPROVED.

Again this year, we will be hosting a Blood Drive in conjunction with Michigan Blood. In late January, Michigan Blood organized a blood drive to help Ernie Balcueva with medical expenses incurred as a result of his recent heart transplant. With the assistance of a partner, Michigan Blood donated \$10 for each donor to the Have a Heart for Ernie 2 fund. Michigan Blood has approached us about continuing the Have a Heart for Ernie 2 fundraiser at the Blood Drive scheduled to be held at our Health Fair. If we sponsor \$5 for each donor, Michigan Blood will match our \$5, and a total of \$10 for each donor will go to Ernie's fund. Last year, we had 22 people sign up to donate, 14 were able to donate, and two were first-time donors. Based on last year's donors, it would cost us approximately \$100 to participate with Michigan Blood. The funds would come out of the Health Fair proceeds. Dr. Mohammad Y. Khan felt that \$5 per person was too small of an amount to donate to the Have a Heart

for Ernie 2 fund, and agreed to donate an additional \$5 per donor himself. The Board also thought it would be a good idea to allow donations to be collected for the fund during the Health Fair. Sarah Balcueva, Ernie's cousin, worked on the first blood drive, and will be contacted to staff the Michigan Blood booth and oversee donations. **MOTION:** Match Michigan Blood's \$5 per donor contribution to the Have a Heart for Ernie 2 fund. **MOTION APPROVED.** 

Finally, Board members were asked to sign up (one hour minimum) to staff the SCMS booth and answer questions of those attending. They will also pass out the new Public Membership Directory and other information.

3. <u>MSMS House of Delegates (HOD)</u> – Delegates and Alternates were asked if they planned on attending this year's HOD in Grand Rapids. Ten Delegates are needed and will be considered in order of seniority. Drs. Scott, Dawis, Paidipaty, Talati, Walter, Ramani and Dedicatoria all plan to attend as Delegates. Dr. Nallani is able to attend as an Alternate if needed. Dr. Ramani agreed to introduce Dr. Constan's Resolution regarding vaccinations at the HOD.

- 4. <u>Nominating Committee</u> All Board members, Delegates and Alternates were given a Position Interest Form to complete and return so the Nominating Committee can meet and form the Slate for 2015-16.
- 5. <u>MSMS Community Service Award</u> Joan reported that there is no requirement

Continued on page 38



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on who can submit nominations for the MSMS Community Service Award.

#### **NEW BUSINESS**

- Applications for Membership Dr. Talati presented the following applications for their second reading:
  - a. Kristin M. Constantino, MD

     Board Certified in Diagnostic Radiology, Advanced Diagnostic Imaging, PC, sponsored by Drs. Ramakrishnayya Gadam and Harvey K. Yee;
  - b. Walker N. Foland, DO Emergency Medicine, Covenant HealthCare Emergency Department, sponsored by Drs. Kathleen M. Cowling and Matthew D. Deibel;
  - c. Randy D. Hicks, MD Board Certified in Diagnostic Radiology, Regional Medical Imaging, sponsored by Drs. Veronica E. Lorenzo and Jorge M. Plasencia; and
  - Marcus W.C. MacNealy, MD

     Board Certified in Diagnostic Radiology, Advanced Diagnostic Imaging, PC, sponsored by Drs. Ramakrishnayya Gadam and Harvey K. Yee.

**MOTION:** Approve the above applications for membership. **MOTION APPROVED.** 

Dr. Talati then presented the following application for its first reading:

- a. Aaron D. Dora-Laskey, MD Board Certified in Emergency Medicine, CMU Healthcare-Emergency Medicine, sponsored by Drs. Matthew D. Deibel and Steven J. Vance.
- Free CME MiHIA is offering six virtual sessions to earn free CME for MiHIA's Evidence-Based Diabetes Prevention Program. Information to register was attached to the agenda.

#### INFORMATION ONLY

- Volunteers are needed to work at the Soup Kitchen on Tuesday, March 31, 2015.
- The 2015 Membership Directory should be available in late February.
- The 6th Annual SCMS Foundation Golf Outing will be held on Saturday, June 13, 2015.
- The next meeting of the Board will be held on Tuesday, March 17, 2015, at 5:30 p.m. at MCVI. There is no Membership Meeting in March. The meeting was adjourned at 6:11 p.m.

#### ADJOURNMENT

Respectfully submitted, JOAN M. CRAMER Executive Director

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