



About the Virtual Basic EMDR Training

The Virtual Basic EMDR Training is Approved by the EMDR International Association (www.emdria.org) and represents a departure from the traditional two-weekend training models with an innovative format.

- ☑ It is designed to lead the participants in a sequential and orderly learning experience emphasizing conceptual clarity, procedural details, and skill development through a combination of lectures, discussions, and video vignettes drawn from actual EMDR therapy sessions and culminating in supervised practice.
- ☑ Effective learning is facilitated by pacing the training across 10 days on six weekends, spanning 12 weeks to avoid information overload (Total of 94 hours)
- ☑ Mandated Ten hours of Consultation is built into the Training including an additional Two 2-hour consultation sessions on two days in between.
- ☑ Small group format limited to NINE participants provides for intensive discussions and didactic interactions with the instructor.
- ☑ Implementing EMDR Therapy in triads in concurrent practice during the course of training further consolidates skills & competencies

Faculty

Dr. Chandra Nagireddy has a Ph.D. in Marriage & Family Therapy from The University of Georgia. Since 2005, Dr. Chandra served as a Facilitator with EMDR Institute and EMDR-HAP until 2014. His passion has been exploring the enormous healing potential inherent in EMDR and teasing out the nuances in its practice as articulated by Dr. Francine Shapiro.

Due to requests for an additional training I will be offering second training this Summer. Here below is the Schedule

2020 Second Summer Training Schedule:

Starts on July 20th, Continues on July 24 & 27, August 21, 24, 28 & 31; September 28 & October 2, Ends on October 5, 2020.

Contact:

Chandra Nagireddy
Phone # 719-761-4444
chandra@emdrtrainingacademy.com

Training Highlights

Conceptual Clarity through

- ☑ An in-depth understanding of the theory underlying the practice of EMDR- Adaptive Information Processing (AIP)
- ☑ An in-depth understanding of protocols and procedures
- ☑ A sound analytical framework arrived through explicitly linking AIP theory to EMDR protocols and procedures to guide treatment decisions

Skill Development is Facilitated by

- ☑ Walking the participants through every step of EMDR therapy in an orderly and sequential manner mirroring the therapy process in actual practice
- ☑ Demonstrating all the eight phases of the EMDR protocol and procedures through video vignettes drawn from actual therapy sessions
- ☑ Followed by supervised practice in triads

Translating Training into Clinical Practice is Accomplished by

- ☑ Requiring participants to implement EMDR with their "client" partners in their triad starting the second weekend with concurrent support and consultation through the next ten weeks (over 40 contact hours)
- ☑ Providing templates of all the protocols, procedures and guidelines in digital format for immediate use in clinical practice
- ☑ An ongoing Discussion Board to support and encourage integration of EMDR into clinical practice

Training Orientation

- ☑ Emphasis on client safety & stabilization before change
- ☑ Client Centered and Phenomenologically Grounded
- ☑ Relational context as critical for healing
- ☑ Trust is earned through demonstrated competency
- ☑ A Comprehensive Psychotherapy Approach

Application of EMDR

- ☑ Complex PTSD/Victims of Sexual Abuse/War & Combat Trauma/Trauma & Dissociation/Addictions/Phobias & Current Anxiety/Illness & Somatic Disorders/Grief & Mourning/Recent Trauma/Children & Couples

Registrations (postmarked) 30 days prior to training date	\$1300
Registrations 29 days or less prior to training date	\$1400
Student discount**	\$100
Non-Profit Agency Discount	\$100
University/Agency Sponsored	\$200
Audit (Must have completed Basic Training)	\$700

For Registration Forms please visit www.emdrtrainingacademy.com