

SUCCESS STORIES

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David Bottemley (Health and Balance)

I never knew a cup of tea could have such a positive influence on my life. In 2008, I was offered a cup of tea by my wife's coworker. I reluctantly said yes to that first cup because I didn't like the taste of tea, but I didn't want to be rude. My body knew differently and during the couple of hours we were there I helped myself to three or four more cups. I didn't know why, but my body just wanted more. Once we got home, I had to have more tea.

Now, it is a way of life I love sharing with others. I have assurance that each day I get to make many wonderful memories with my wife, family, and friends. I no longer have seasonal allergies, worry about getting bronchitis each year, or fear the flu. I know the foods my body wants to stay in balance and healthy.

I look forward to growing old and am even excited to turn 40 this year. I feel younger than ever and truly believe I have Sunrider to thank for a lifetime full of youthfulness. Today, my success story may not include a big home and fancy cars, but I do get to live my dream life to the fullest each day.



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