



RecoveryWerks!

Changing the world through recovery one **underserved** community at a time

Our Mission:

RecoveryWerks! provides proven recovery support services in a safe and nurturing environment for teens and families in rural communities affected by substance use. We educate, partner with local agencies, and advocate for strong community support systems to reduce the stigma of addiction and increase recovery success.



Our Beliefs:

Recovery works when there is a belief in a Higher Power.

Recovery works when physical, mental and spiritual issues are addressed as a whole.

Recovery works when clients are empowered to break the cycle of addiction and dependency through the 12 steps.

Recovery works in fellowship when clients feel safe and have access to education, counseling, sponsorship, and support groups.

All donations to RecoveryWerks! are tax deductible and have a huge impact in bringing recovery to teens and families in our community.

Visit our website for online giving or for more info.

www.recoverywerks.org

Thank you!

Melora's Story



I embarked on a transformative journey, one that led me away from the clutches of alcoholism and toward a life of sobriety. My recovery story is a testament to the incredible power of resilience, self-discovery, and the unwavering support of loved ones.

My descent into alcoholism was gradual, yet relentless. Growing up in a "broken" home, I was always searching for a sense of belonging and love. As a teenager, I found solace in drinking and experimenting with substances, believing they would fill the void in my heart. But little did I know those choices would lead me down a dark and treacherous path.

In my early twenties, my life was a chaotic whirlwind of partying and self-destruction. Alcohol and drugs became my escape from reality, numbing the pain and loneliness that plagued me. I tried to convince myself that I was in control, that I could stop whenever I wanted, but addiction doesn't work that way. Alcohol numbed the sadness, masked the insecurities, and momentarily silenced the inner demons that haunted me. Addiction tightens its grip on you until it feels like there's no way out.

However, the very thing that offered solace soon became my greatest adversary. My relationships crumbled, my education suffered, and my sense of self-worth diminished. Rock bottom hit me like a tidal wave, leaving behind shattered dreams and a broken spirit. It was in that moment of darkness that I realized I had a choice: continue down the destructive path or summon the strength to reclaim my life.

Entering a rehabilitation center was both terrifying and liberating. Surrounded by people who understood my struggles, I realized I was not alone in my battle against addiction. With the unwavering support of my loved ones, I took my first courageous step toward recovery. I sought guidance from a support group, where I found comfort in the stories of others who had conquered their addictions. Through counseling and therapy, I unraveled the underlying causes of my self-destructive behavior. I learned to confront my past traumas, heal old wounds, and rebuild my shattered self-esteem.

Continued on next page



Thank You to The Trull Foundation & The United Way of Comal County

For the your recent operational grants

They will help keep recovery going strong for teens, young adults, and families in Comal County

Meeting Schedule

Teens (up to 18):

Monday & Wednesday

7-8pm in person only
790 Landa Street, New Braunfels

Young Adults (18+):

Monday, Wednesday, Thursday

7-8pm in person only
790 Landa Street, New Braunfels

Family Members

(18+): Monday &

Wednesday 7-8pm in

person*
790 Landa Street, New Braunfels
*Call for Zoom option

Thursday Education

7-8pm in person only
790 Landa Street, New Braunfels

**New Gens (Family members
between 9-17)** *Must have a family
member participating in the
program

Monday

7-8pm in person only
790 Landa Street, New Braunfels

*These services are available at
no cost to clients because of
generous donors and support
community partners.*



As I began to rebuild my life, I discovered an strong passion for helping others who faced similar struggles. It was during this time that I realized the profound impact I could have on young lives. Their vulnerability and resilience inspired me, and I knew that my calling was to become a beacon of guidance for the youth who found themselves walking a similar path.

Driven by this newfound purpose, I dedicated myself to pursuing a career as a licensed chemical dependency counselor. I immersed myself in educational pursuits, obtaining the necessary qualifications and skills to make a difference. Alongside my academic endeavors, I sought practical experience, working with an organization that focused on youth addiction recovery.

Each day, as I witness the transformative power of counseling and therapy, my passion for this field deepens. I am privileged to walk alongside young individuals as they navigate the challenges of addiction, providing them with a compassionate and non-judgmental space to heal and grow.

Today, five years into my recovery journey, I am a living testament to the power of resilience and the capacity for change. I have mended broken relationships, built a career, and rediscovered my passions. Sobriety has gifted me a life filled with clarity, gratitude, and authentic connections. It is a constant reminder that our past does not define us, but rather, it is our ability to rise from the ashes that shapes our true character.

In the realm of addiction, there is no greater reward than witnessing the transformation of a young soul finding their way back to themselves. I am grateful for the opportunity to be a catalyst for change and to share in the triumphs and growth of those I have the privilege to serve.

Recovery for the Whole Family

Save the Date: Tuesday August 8th 11:30 am – 1 pm

Let us treat you to a FREE lunch and Continuing Education Unit (CEUS) credits for professionals with the NAADAC approved training. This 1 ½ hour session will equip you to better understand:

- Substance use disorder
- The signs and symptoms of substance use disorder
- The impact of substance use disorder on the family
- RecoveryWerks! Services to further insight and facilitate future referrals

This session is open to LCDCs, LPCs, Nurses, Doctors, Teachers, Probation Officers and other Mental Health Professionals. RSVP is required. Please email jdaxon@recoverywerks.org

Stay Connected!



Follow RecoveryWerks! on Facebook, Instagram and now LinkedIn.

For more resources visit www.recoverywerks.org
790 Landa Street, New Braunfels, TX 78130 - (830) 310-2456 or (830) 310-2585