



THE ESSEX CORINTHIAN YACHT CLUB

OFF-SHORE

IDEAL 18 FLEET UPDATE

The club's Ideal 18s are available for any qualified skippers to take out other club members or guests (please familiarize yourself with our Ideal 18 Usage Guidelines). Please sign out the boats and follow the rules posted on the Ideal 18 bulletin board.



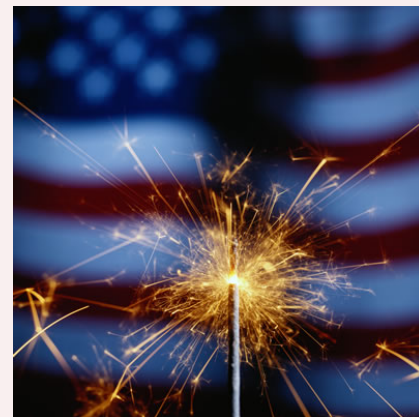
- Bring a VHF radio. If you do not have your own, please ask Jean Little or me about using the club's radios. Please ensure you return the radios to their chargers after use.
- Life jackets must be worn at all times. There are a couple of spare life jackets in the lockers next to the side door.
- There are four paddles for the three boats. If the wind and/or current is strong, take two paddles as it can be difficult to clear the outer docks.
- For graduates of Cindy Gibb's racing clinic and any other qualified skippers who feel they are ready to test themselves one of our Frostbite skippers will be happy to crew for you in the Tuesday night EYC races which we are allowed to participate in. The racing is not highly competitive and is a good stepping stone to Frostbiting, the Rum Challenge, and the team race. Contact Tom Atkinson (860-662-4005) or Jon Gibbs (860-391-5700) if you are interested.

Note: All members and guests using the Ideal 18s must sign the waiver and contact information forms, and sign out on the bulletin board in the River Room as well!

Tom Atkinson
Fleet Captain
Email: fleetcaptain@essexcorinthian.org

IMPORTANT DATES:

- **July 3rd:** Sunday Night Dinners Start
- **July 4th:** Harbor Parade and Cook-Out
- **July 6th:** Russ Becker & John Birt
- **July 10th:** Round the Buoy Regatta
- **July 13th:** Corinthian Jazz Band
- **July 16th:** Ideal 18 Rum Challenge
- **July 16th:** 3-Mile Harbor Fireworks
- **July 16th - 17th:** Doug Thurston Memorial Fishing Tournament
- **July 17th - 22nd:** Annual Summer Cruise
- **July 20th:** Occasional Jazz Ensemble
- **July 23rd:** PHRF Essex Rum Challenge



Refer to our event calendar on our website at www.essexcorinthian.org for event details!

VIEW FROM THE BRIDGE

SAILING LESSONS & RACE CLINIC RECAP:

The new racing clinic held in May was a big success for six enthusiastic racers! We qualified 4 new racing skippers; one who raced successfully in her first Tuesday night race this week!

Ladies Monday Night Sailing:

The classes were great fun and the evenings were beautiful on the Connecticut River, as usual! I've decided to continue offering Monday evening classes through the month of July!

Please give me a call or use the online form at <http://www.essexcorinthian.org/ladies-sailing-program-contact-form.html> to sign up!

Cindy Gibbs

(860) 391-5400

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2016 ECYC REGATTA SEASON IS OPEN!

The **Round the Buoys** friendly series with EYC is underway. Next race is set for **Sunday, July 10th**. Registration form and sailing Instructions can be found on our website by clicking Regatta Racing and clicking again for details (see link below). A skippers meeting will be held at 0900 on the side porch or vicinity thereof. First signal will be 1200, with the starting area located just west of the Outer Light. ECYC will be hosting the after party on the lower deck (a very simple affair of burgers, dogs, salads and cold beer). Sign up and join us for friendly competition and post-race camaraderie.

Race Committee Members and interested friends: We will soon be organizing a kick-off meeting to plan this year's **Cross Sound Challenge**. On and off-water logistics, race officials and race committee, sponsorships, entertainment, awards, etc. will be on the agenda. Please keep a weather eye out for an email invitation to join this meeting.

For more information on how to sign up and to download the sailing instructions, please go to our webpage at www.essexcorinthian.org/round-the-buoys-regattas.html

For more information regarding any PHRF racing, contact Tim Brewer at the email address shown below.

Tim Brewer

Race Committee Chair

Email: racechair@essexcorinthian.org



On-Shore & Entertainment Update:



Time flies, when you're having fun.... yes, I know, I am repeating myself, but it is true. July has come around and we have a full event calendar!

As Steve mentioned, our **Hamburg Cove Raft-Up** turned into an on-shore, eat-the-food-for-the-raft-up event due to inclement weather. The **12-Meter Challenge in Newport** was a little smaller than usual due to scheduling problems with some of the other yacht clubs, but a crew from both ECYC



Fellow Corinthians!

Here we are already in July, how the time goes by so fast.

I am pleased to report we had a beautiful day sailing in Newport on the 12-Meters last Saturday. We were able to get in three races. There was light air, we had a whole lot of fun and a super tailgate party. This year's Spring Raft Up was a wash-out but a few of us enjoyed the afternoon at a member's house instead. We made the best of it the Corinthian way!



ECYC wins the day on Columbia at the 12-Meter Challenge in Newport

This month we start out with the 4th of July Boat Parade and Cookout. The parade starts at 1PM in the lower part of the harbor. The cookout is a sold-out event. For those attending please bring your delicious appetizers and sides.

Next on the calendar are the second "Round the Buoys" Regatta, the Three Mile Harbor Race and Raft Up and the ECYC Summer Cruise just to name a few events in July.

Membership Update:

Last Friday we had a wonderful new member reception to welcome a large number of folks. We served wine and cheese and offered a short bio of each couple. I would like to thank Scott Konrad, our membership chair, and all those involved for their help. These events really help to break the ice and get new members more comfortable with the Corinthian way. Remember, if you see a member with a dot on their name tag please introduce yourself to them.

Hope you have a great month!

Steve Rodstrom

Commodore



WEDNESDAY NIGHT MUSIC CONTINUES!

and the North Cove Yacht Club went to sail on Columbia and Heritage. We actually did race, and are happy to report that Columbia, the ECYC boat, won the day, and we will get the perpetual trophy back! I want to personally thank all the participants who brought food and drinks to our tailgate party, it was a great group of people, and I think I can speak for everyone: it was a wonderful outing for all!

Next up is the 4th of July Boat Parade & Cookout on Monday, July 4th. When we started planning for this year's event, we did not dream that we would be sold out several days before the deadline! We unfortunately cannot accept any additional reservations or walk-ins at this time. We are very sorry if you were unable to garner one of the last spots, but we have to abide by occupancy limits and it would not be fair to the participants if we crammed too many people into our clubhouse to have space for everyone. My advice is to **always sign up early** to make sure you are good to go! Those of you who have confirmed reservations (you should have received an email from me), please remember to bring an appetizer or side to share! We are also still looking for a few volunteers to (wo)man the grill for a while and to help with the set-up.



12-Meter Challenge June 2016

Please contact **Pat Atkinson** at 4thofjuly@essexcorinthian.org to let her know that you would like to help out.

While the Round The Buoy Races are the "department" of the Race Committee, they will **need help with the post-race parties on July 10th and August 21st**. Please consider volunteering as "on-shore assistant" to help with the set-up for these parties!

There are a lot of upcoming events on our event calendar, and we hope that you will enjoy them. We ask you to consider volunteering for one of them. As we are a membership-driven organization the philosophy is "**all hands on deck**" to make the 32nd year of our club successful and enjoyable for all! Check out the online calendar and select a club event you would like to become involved in!

Remember, our events are listed online at our website, just go to www.essexcorinthian.org ... and click on "Events"!

Ruth Emblin
Vice Commodore & 2016 On-Shore Events
Email: vicecommodore@essexcorinthian.org
or events@essexcorinthian.org

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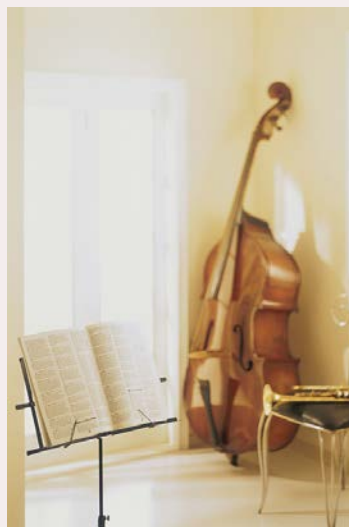
House Committee Update:

It is the start of the absolute prime summer season in Connecticut and for ECYC. So very much to do and more events and activities over the next 9 weeks than anybody can do, or schedule to be a part. Much of these activities will include use and visit to ECYC club building. As we each use and enjoy the wonderful benefits as members to one of the best locations on the river, wish to remind all to take good care of our aged building with as much TLC as plausible. Much of the maintenance and caring for the old girl is done through volunteer sweat equity.

Every little contribution helps. Whether it be wiping up spills, disposing of all trash, care when moving furniture across floors, keeping bar area clean and free of debris, keeping doors shut when AC is running, or making every effort to "leave as found"; every bit helps. Also, **if using the outdoor grill, BE CERTAIN to shut the gas off** at the valve in the left rear corner of the grill stand, behind the double doors.

During the last month **Earl Fowler** did a great job installing replacement table umbrella stands offering greater stability. **Myron Stacks** has performed repairs to the north side exterior stairs bringing greater stability to a few loosened boards. **Alex Bell's** assistance made installation of AC

Please join us for Music on Wednesday Nights at the Corinthian Cafe!



The Occasional Jazz Ensemble:

Our own Scott Konrad heads up this group of musicians. They will perform tunes from the Great American Songbook. The ensemble will play on July 20th, and Scott will be joined by Trevor Davis (drums) and a yet to be announced reed player. Ed Birch added his talent to the group on June 22nd - who knows, he may be there again!



Russ Becker & John Birt:



Russ Becker - Flute, Clarinet, Jazz Improvisation - has been an active musician on the Connecticut music scene for many years. He has been a member of the Stamford Symphony, the Hartford Civic Orchestra, Radio Piece 3 (progressive jazz/rock), Collectively Speaking (jazz), The Bob Hughes Big Band, and The Art Cellar Sax Quartet, as well as countless other ensembles covering a broad spectrum of musical genres. He currently performs regularly with the Russ Becker Quartet. Russ considers teaching his most important and rewarding musical endeavor, and loves working with students of all ages and skill levels.



John Birt - Guitar, Mandolin, Electric Bass, Banjo - completed his Master's degree at The Hartt School of Music where he studied with internationally recognized pedagogue and performer, Richard Provost. He has participated in several master classes presented by Oscar Ghiglia, Andrew York, Odair Assad of the Assad Duo, and Scott Tennant of the Los Angeles Guitar Quartet. He has proven his versatility on many stages throughout the world. John's performances have included solo and chamber repertoire that extends from the Renaissance to the present, including several premieres by American composers. A native of Rhode Island, John was a self-taught musician before entering Rhode Island College in the fall of 2007. Outside of school, John founded a seven-piece Irish group that recorded two full-length albums and continues to perform throughout New England. Russ and John will entertain you on July 6th!



The Corinthian Jazz Band certainly doesn't need an introduction - its musicians have entertained us for years! We are looking forward to performances every other week. Please check our event calendar for details!

Wednesday dinner menus will be included in your weekly menu e-blast!

GALLEY NEWS

Sunday night dinners start on July 3rd! The Corinthian Cafe will be serving light meals to round out great summer weekends. Come join us on the deck and enjoy the view as the sun goes down.

Looking forward to seeing you at the club,

units possible. And **Nina Thurston's** flower boxes and hanging baskets continue to bring color to the building.

The high impact improvements remain to be an objective of myself, and the house committee at large. I truly hope to be able to get a few of these fully defined and funded for implementation. We'll see.

I hope the entire ECYC membership has a wonderful summer, there is nothing like summer in Connecticut. Encourage and wish all to enjoy the building, the events, the great ECYC members, and all ECYC has to offer.

Chuck Grusse

House Chair

Email: house@essexcorinthian.org

Strategy Planning Committee Update



During the last few strategy sessions we have been able to identify the strengths and weaknesses we are facing as a membership organization. We are now at the point where we need to formulate valid strategies. As indicated by the nature of this process Richard Pierce took a leading position in our prior discussions. The sessions that will still be required, will be more of a collaborative process. Any member who is interested in delving deeper into this process please come

forward to be included in the strategy committee. If you have had deeper insight into the club's organization or feel you have new input you wish to share, please contact Richard at strategy@essexcorinthian.org.

Richard Pierce, Jr.

Strategy Committee Chair

Email: strategy@essexcorinthian.org

Membership Update:

We're seeing great momentum in new membership activity! After a busy May that inducted six new members and reinstated another after a long hiatus, your Board of Governors approved two new memberships in June:

- **Pete and Nancy Simms**, of Deep River - who moved to town from Killingworth in 2013 and have been eager to connect with the boating community. Pete has been boating since childhood, and the Simms family enjoyed years of cruising together on their 40' Sunseeker powerboat. Now, as empty nesters, Pete and Nancy have downsized to a 24' Mako and enjoy kayaking in the coves of the Connecticut River and on nearby Cedar Lake.
- **Ed Noble and Tammy LeFoll**, of Essex - long-time residents active in a variety of community, civic, charitable and religious organizations. Ed is president of Centerbrook-based Noble Construction & Management, and Tammy is a full-time mom to daughters Elaina (11) and Vanessa (8). Owners of a 38' Bertram Sport Fisherman, a Catalina 14.2 Expo sailboat, and a Bennington pontoon boat (kept with kayaks and canoes) at the family's lake house in East Haddam, the family enjoys recreational boating on the Long Island Sound and Lake Hayward.

We welcomed all of our 2016 new members to-date at a lively reception on June 24. Please introduce yourself to our new members and let me know if you think other friends could enjoy the Corinthian Experience.

See you on the water!

Scott Konrad

Membership Chair

Email: membership@essexcorinthian.org

Catherine Gazikas

Galley Liaison

Summer Galley Hours:

Lunch:

Wednesday, Thursday, Friday and Saturday (self-service): 11.30 am to 2.00 pm

Dinner:

Wednesday (self-service) and Friday (table service): 6.00 pm to 8.30 pm

Sunday (self-service): 5.00 pm to 8.00 pm

Brunch:

Sunday (self-service): 11.00 am to 2.30 pm - special brunch hours on selected holidays!

DID YOU KNOW?

The Galley serves a great lunch with soups, salads and all kinds of comfort food to be enjoyed while the roaring fireplace takes the chill out of rainy April weather or enjoy the spring views across the Connecticut River! Why not come and give it a try? Daily Wednesdays through Saturdays, and brunch on Sundays. And Sunday night dinners will start on June 3rd!

Menus are available at

www.essexcorinthian.org/dining.html

We want your feedback about our galley activities.

Please let us know what you think!

Email galleyliaison@essexcorinthian.org

FEEDBACK

We want to know what you think about our galley!

NEW: ECYC Dinghy Dock Rentals



ECYC is now renting out **dinghy dock spaces** right outside our clubhouse.

Space is first-come, first-serve, so call Club Manager Jean Little now to secure your spot!

Dock will accommodate **vessels no longer than 9 feet.**

Cost **\$310 plus tax** for the 2016 season.

Dinghy & Kayak Rack:

If you would like to store your dinghy or kayak on the ECYC rack, you must register with the Club Manager and get a sticker. Unregistered vessels may be removed. Please also note that kayaks should only be stored on the TOP rack, to allow dinghy owners access to their boats without getting "speared". Thank you!

For more information please contact our Club Manager, Jean Little at ecyc@essexcorinthian.org

Did You Know?

SUMMER CLUB HOURS IN EFFECT, MEMORIAL DAY TO LABOR DAY:

Tuesday, Wednesday and Thursday: 9 am to 9 pm

Friday: 9 am to 10 pm

Saturday and Sunday: 11 am to 9 pm

Note: Private meetings may be scheduled after-hours, except Mondays. Please contact Jean Little for details.

NO SMOKING AT ECYC:



The clubhouse, the decks and the surrounding dock areas are non-smoking areas. Please remind your guests of this restriction, it is part of a facility-wide prohibition of open flames.

LOCAL EVENTS OF INTEREST:

1st Annual Douglas Thurston Memorial Fishing Tournament



1st Annual Big Doug's Memorial Saltwater Shootout In Honor of Douglas J. Thurston

Catch & Release Contest for the biggest Stripers & Blues
Loads of prizes, BBQ & Fun!

July 16th & 17th 2016
Oak Leaf Marina - Old Saybrook, CT

Captains Meeting Friday July 15th

In memory of ECYC Member Doug Thurston to benefit Shoreline Soup Kitchen & Pantry

For information and signup, go to website:

<http://www.bigdougshfishing.com>

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Connecticut River Museum Saturday, July 9th

Mahogany Memories Antique & Classic Boat Show

The 32nd Annual Antique and Classic Boat Show will take place on Museum grounds Saturday, July 9th.



Organized by the Southern New England Chapter of the Antique and Classic Boat Society, this free event offers a multitude of classic runabouts (both in the water and out) on display for the public to come and view. Antique cars, food vendors and the Museum's used book sale are added attractions.

More information at <http://www.crivermuseum.org/calendarevent/mahogany-memories/>

WEBSITE:

All of our events and announcements, as well as archive copies of the Bell 8 Newsletter are available online at our website, www.essexcorinthian.org

IMPORTANT REMINDERS:

- Any **liquor locker** that remainder unclaimed has now been opened and its contents disposed of. If you wish to rent a liquor locker, please contact Club Manager Jean Little. The rental fee is \$25 per year. Please remember to **always lock up** to keep the contents secure.
- If you registered for **paperless statement delivery**, please check your email for the latest account statement from ECYC. If not, why not consider going paperless? One less piece of paper to worry about! Please email Club Manager Jean Little to let her know your preferences.

Green Tip of the Month:



'Trash' exhibits at Smithsonian National Zoo bring awareness to ocean pollution

Trash is a sad reality of our everyday existence. Humans have always produced trash and pollution, yet our modern age takes the prize when it comes to garbage that will stick around for a very long time, some even beyond our lifetimes. A lot of trash has a negative impact on our environment, wildlife, the food chain and thus also on us.

Every once in a while someone comes up with an idea to make the amount and diversity of trash visible to us. Artists come up with clever ideas to turn our garbage into art. These pieces might be beautiful, awe-inspiring and interesting to look at, but we should never forget that they are made of pieces of garbage that we discarded somewhere, at some time. Take a look at the recent exhibit at the Smithsonian National Zoo, and you'll see what I am talking about.

Full article available at <http://wjla.com/news/local/trash-exhibits-at-smithsonian-zoo-teach-about-pollution-in-the-ocean>

From a distance, the bright multi-colored fish sculpture that stood at the entrance of the Smithsonian National Zoo was absolutely breathtaking, but a closer look revealed a deeper story.



The exhibit was one of 17 throughout the zoo that was carefully crafted from plastic that washed ashore.

Toilet seats, tires, fishing poles, flip-flops, beach toys, plastic bottles, fishing lures, beach balls, bottle caps, ropes and cans, a toothbrush, and a knife handle are some of the many items collected from the ocean and used to create the exhibits.

"I thought how better to do it then to show people the animals that are suffering from plastic pollution, entanglement, ingestion, loss of habitat. And do it in a way that they're beautiful from a distance, [but] rather horrifying when you look up close," said artist Angela Pozzi.

Studies have found, there are over 300 billion pounds of plastic in our oceans and they say the effect that waste has on animals is overwhelmingly devastating.

This reality inspired Pozzi to use her abilities as an artist to try and "save our oceans." "I founded it six years ago, just by myself, with this crazy idea I had that maybe I could save the Ocean, you know?"

It does not matter how small the effort, we should all think twice before purchasing and then discarding items that are not bio-degradable, may end up in toxic landfills or worse, pollute our natural landscape and waterways.

Become a smart and eco-conscious consumer and please don't litter. We can all help.



Thank you for being an environmentally aware ECYC member!

Ruth Emblin

ECYC Fleet Communicator

***The Essex Corinthian Yacht Club's Bell 8 Newsletter is a monthly publication issued
by the Essex Corinthian Yacht Club of Essex, CT.***

For general questions on ECYC please refer to our website at www.essexcorinthian.org,
email us at ecyc@essexcorinthian.org, or snail-mail to

**Essex Corinthian Yacht Club
PO Box 759 - Essex, CT 06426
Telephone: (860) 767-3239**

Contact Information for individual BoG Members is posted at www.essexcorinthian.org/club-officers.html

Find us on Facebook at: www.facebook.com/EssexCorinthianYachtClub

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Essex Corinthian Yacht Club, Novelty Lane, PO Box 759, Essex,, CT 06426