



A good samaritan since 1974, faithfully serving SWM through behavioral counseling, coaching, consulting, education, and prevention.

Alexis Harris,
MA, LLPC



Alexis Harris received her bachelor's degree from Bethel College and her Masters in Clinical Mental Health Counseling from Regent University. Alexis currently holds her limited license in Professional Counseling while completing her required hours of counseling to fulfill the State of Michigan licensure.

She specializes in individual, children, family, couples, and group counseling, ranging in age from three to eighty-three. She utilizes an eclectic therapeutic technique that provides best results for each individual client in the following age groups:

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|------------|---------------|----------|-----------|
| ✓ Children | ✓ Adolescents | ✓ Adults | ✓ Seniors |
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Alexis has been with Center[ed] On Wellness for since 2013 and excels in the following client issues:

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|----------------------------|----------------------------|----------------------------|--------------------------|
| ✓ Abuse | ✓ Conflict Resolution | ✓ Intimacy Issues | ✓ Retirement |
| ✓ ADHD | ✓ Crisis Response | ✓ Leadership Consult | ✓ Separation |
| ✓ Aging Issues | ✓ Depression | ✓ Learning Challenges | ✓ Sexual Abuse |
| ✓ Anger Management | ✓ Divorce/Separation | ✓ Loss & Life Transitions | ✓ Sexual Dysfunctions |
| ✓ Anxiety and Fears | ✓ Eating Disorders | ✓ Marriage Issues | ✓ School Performance |
| ✓ Art Therapy | ✓ Employee Assist. Program | ✓ Mood/Behavior Disorders | ✓ Stress Management |
| ✓ Attention Difficulties | ✓ Faith & Spiritual Issues | ✓ Parent/Child Issues | ✓ Stress Reduction |
| ✓ Behavior Disorders | ✓ Grief | ✓ Parenting | ✓ Social Skills Training |
| ✓ Bipolar Disorder | ✓ Health Issues | ✓ Play Therapy | ✓ Transitions |
| ✓ Blended Families | | ✓ PTSD | ✓ Trauma |
| ✓ Cancer & Chronic Illness | | ✓ Premarital Consult | ✓ Women's & Men's Issues |
| ✓ Career Coaching | | ✓ Relationship Differences | |
| ✓ Communication Issues | | | |

Alexis is currently accepting a limited number of new clients at her Benton Harbor and Niles locations. Please contact Center[ed] On Wellness for her availability and to set up an appointment.

<p>SATELLITE OFFICES Coloma, Niles, St. Joseph, Stevensville, South Haven, Sawyer</p>	<p>MAIN OFFICE 1850 Colfax Avenue Benton Harbor, MI 49022</p>	<p>PHONE 269.926.6199 FAX 269.926.6780 EMAIL info@centeredonwellness.info WEB SITE centeredonwellness.info</p>	<p>United Way of Southwest Michigan</p>
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