

Resource and Referral List¹ [606 CMR 7.04(17)(h)4.]

1) Resources available in the FCNS office and entry room for parent use:

- a) Family Resource Guide - Early Childhood Alliance of Framingham – Jane DeHaven, Program Coordinator, 31 Flagg Drive, Framingham, MA 01702 Phone: 508-782-6932 | Fax: 508-877-0733 | Office Hours: 8:00am - 4:00pm jdehaven@framingham.k12.ma.us - www.framingham.k12.ma.us/Domain/72
- b) Annual Metrowest Community Guide - Community Newspaper Co.
- c) Our library of picture books for children and books to support parents is well-stocked. It contains books on child behavior/development and parenting, as well as books on such important life issues as death, serious illness, aging, birth of a sibling, adoption, divorce, etc.
- d) We receive monthly Bay State Parent, P&K: Parents and Kids, and The Boston Parents' Paper that are made available on the table in the entry room for taking.
- e) Postings of activities and literature of interest are available on the bulletin boards in the front entry room.

2) Referral Resources in Framingham (updated 9/2016)

- a) Safety - If we are concerned with the safety or welfare of one of our children we will contact one of these agencies (see Policy and Procedures for Identifying and Reporting Child Abuse and Neglect).
 - i) MA Department of Children and Families (DCF) – 300 Howard St., Framingham 01702 - 508-424-0100 Children at Risk Hot Line (800-792-5200 after 5pm) - www.mass.gov/eohhs/gov/departments/dcf/
 - (1) Framingham Police Department - 81 Union Ave., Framingham 01702 - 508-872-1212 www.framinghamma.gov/135/Police
 - ii) Framingham Fire Department – 10 Loring Drive, Framingham, 01702 - Business Office 508-532-5930 www.framinghamfire.org
- b) Education
 - i) Early Intervention Program (Criterion - Middlesex Early Intervention) - 651 Franklin St., Framingham 01702 - 508-620-1442. Towns served are Ashland, Dover, Framingham, Holliston, Hopkinton, Natick, Sherborn, Sudbury, Wayland – www.criterionchild.com/index.php/programs/early-intervention/26
 - ii) Early Childhood Program (BLOCKS) – Rosario Alvarez, Director of Early Childhood Education - Framingham Public Schools, 29 Upper Joclyn Ave., Framingham, MA 01701 - (508)788-2380 BLOCKS coordinates referrals, assessment and identification of children from age 3 to 5 years of age who may be in need of special education services - www.framingham.k12.ma.us/Domain/16
 - iii) F-SEPAC (Framingham Special Ed Parent Advisory Council) - info@f-sepac.org. Supports parents/guardians of school-aged children with special needs. Speakers on SPED topics are accessible to the public. www.f-sepac.org
 - iv) Licensed/Certified School Psychologist - Michael Biundo, PhD, 508-202-5684, Mjbiundo@verizon.net - Private practice specializing in evaluation of young children. He is also the Preschool Psychologist for Framingham Public Schools.
 - v) Parent Information Center - PIC serves as the main source of information and assistance to all students entering the Framingham Public Schools. 31 Flagg Drive -Door # 4A (Fuller Middle School), Framingham, MA 01702 - 508-424-3420 - parentinfo@framingham.k12.ma.us | www.framingham.k12.ma.us/Domain/80
- c) Health
 - i) Clinic at the Framingham Health Department (immunizations and lead screening) - Kitty Mahoney, Chief Public Health Nurse - 8:30-9:30am and 4:00-4:45pm (508) 532-5472. Fuller Middle School, 31 Flagg Drive, Room D15, Framingham, MA 01702 - free for residents. Call for information - 508-532-5470 www.framinghamma.gov/index.aspx?NID=290
 - ii) Dr. Robin Eliasberg – Pediatric Dentist - 326 Union Ave., Framingham 01702 - 508-875-1234.
 - iii) Dr. Deborah Himelhoch, Pediatric Dentist, Smiles In Framingham, 550 Worcester Rd, Framingham MA, 01702 508-872-0555 www.dahimelhoch.com
 - iv) Kane, Tesini, Soporowski & Associates – Pediatric Dentists - 230 Pond St, Natick, 01760 - 508-653-2417 www.gotfloss.com

¹ Framingham Centre Nursery School does not endorse or recommend the products or services below. This list is for informational purposes only.

- i) Metrowest Medical Center – Framingham Union Hospital, 115 Lincoln St., Framingham 01702 508-383-1000 - <http://www.mwmc.com/medical-services/women-children>
 - ii) Framingham Pediatrics - 125 Newbury St. #300, Framingham, 01701 508-879-5764- www.framinghampediatrics.com
 - iii) Southboro Medical of Framingham - 761 Worcester Rd., Framingham, 01701 508-872-1107 www.southboromedical.com
 - iv) Charles River Pediatrics - 233 West Central St., Natick, 01760 (508) 655-7936 - www.charlesrivermed.com
- b) Hearing, Speech, Vision
- i) Framingham Public Schools Vision Center - Fuller Middle School (entrance at far left side of building), 31 Flagg Dr., Framingham 01702, 508-782-7229 (direct line), open - Monday and Friday 8am-3pm
 - ii) Learning Center For The Deaf - 848 Central St., Framingham 01701 - 508-879-5110 - www.tlcdeaf.org
 - iii) Susan Strauss - Speech and Language Therapist - 508-877-2308 (has consulted with FCNS parents and serviced children at FCNS for many years).
- c) Therapists, Other Supports
- i) Advocates Psychiatric Emergency Services (crisis lines) - 508-872-3333 / 800-640-5432 www.advocatesinc.org/Services-Psychiatric-Emergency
 - ii) Autism Alliance of MetroWest - www.autismalliance.org (a Program of Advocates, Inc.) - 508-652-9900.
 - iii) Framingham Resource Center (SMOC) - 300 Howard St., Framingham 01702 - 508-872-0765 - provides housing, shelters, food pantries, women’s protective services, SMOC Daycare – www.smoc.org
 - iv) HEART play (counseling for children experiencing the loss of a loved one) - www.parmenter.org/heartplay.asp, Children’s Services Coordinator, Jennifer Wiles, MA, LMHC, BC-DMT. Home visits, separate support groups for children and parents, art therapy, part of Parmenter Hospice - 266 Cochituate Rd., Wayland 01778 - 508-358-3000 x244.
 - v) Jeff’s Place (counseling for children experiencing the loss of a loved one) - www.jeffsplacemetrowest.org PO Box 5072, Wayland, MA 01778 - 508-276-3225. Executive Director, **Jennifer Kaplan Schreiber, LICSW, FT.**
 - vi) MA Department of Transitional Services - 75 Fountain St., Framingham 01702 - 508-661-6600 - www.mass.gov/eohhs/gov/departments/dta
 - vii) MA Society for the Prevention of Cruelty to Children - Jamaica Plain, Boston - 617-983-5800 - www.mspcc.org
 - viii) Other therapists, consultants
 - (1) Ruth Johnston, MSW, LICSW - 1 Franklin Commons, Framingham 01702 - 508-872-6610. Has been used by many FCNS families with excellent results over the years.
 - (2) Carol McCain, LICSW - 40 Speen St., Suite 105, Framingham 01701 - 508-620-1655 - Family Therapy, works with parents on parenting issues or as a consult for a child’s behavioral issues.
 - (3) Jill Vetstein, LICSW and Child Development Specialist/Consultant - jvetstein@gmail.com (www.nurturingparentsandteachers.com). Jill serves MetroWest families with infants and children.
 - ix) Parents Helping Parents (formerly Parents Anonymous) - toll free Parental Stress Hot Line for immediate parent support or contact information for support group - 800-632-8188 - www.parentshelpingparents.org
 - x) PPAL (Parent/Professional Advocacy League) at Wayside Youth and Family Support Network - Parent Coordinator, John Allen - 88 Lincoln St., Framingham 01702 - 508-620-0010 x189. <http://ppal.net/> (website has a long list of resources). **Please check for updates on meeting days/times and services.**
 - (1) Advocate for Chapter 766 process, IEPs, team meetings; wonderful resource for families in need of ongoing services or referrals. Advocate for parents of children in crisis (waiting for hospital placements, abuse, domestic violence, emotional difficulties, and behavioral problems).
 - (2) John is the group leader and runs a support group for parents of children with emotional, behavioral or mental health issues.
 - (3) **Confirm group availability.** Support for sibs of those with emotional, behavioral or mental health issues.
 - xi) Voices Against Violence (rape, crisis and domestic violence counseling) - 300 Howard St., Framingham 01702 - 508-626-8686, 24-hour toll free Hot Line 800-593-1125 - www.smoc.org/index.asp?pgid=45
 - xii) Wayside Youth and Family Support Network - 1 Frederick Abbott Way, Framingham 01701 - 508-620-0010 - www.waysideyouth.org

d) Devices

i) Therapro - 225 Arlington St., Framingham 01702 - 508-872-9494 - toys, equipment for special needs – www.therapro.com

e) Other Community Resources

i) Framingham Parks and Recreation Department - 475 Union Avenue (Bowditch Field), Framingham 01702 - 508-532-5960, www.framinghamma.gov/parks. Many classes and activities, including series of school year preschool playgroups. First day registration for Framingham residents, later registration open to non-residents when space is available.

ii) Framingham Public Library (main) - 49 Lexington St., Framingham 01702 - 508-532-5570. www.framinghamlibrary.org/kidspage.htm - for general information, events and dates. Story/craft times, story hours, guest singers and performers. Book and other media holdings are extensive. Museum passes.

iii) Framingham Public Library (main) - 49 Lexington St., Framingham 01702 - 508-532-5570.

iv) Framingham Public Library (McAuliffe branch) - 10 Nicholas Rd., Framingham 01701 - 508-532-5636

v) Moms & Dads Guide website - www.momsanddadsguide.com