

2019 Outdoor Competition Schedule

Date	Meet	Location
June 14-15	RCL District A	LaSalle, ON
June 15-16	Andy Higgins Classic	Toronto, ON
June 23	Bob Vigers Classic	London, ON
July 12-13	RCL Provincial Championships	Brampton, ON
July 12-14	U20 & Open AO Championships	Toronto, ON
July 17	UWAC Twilight	Windsor, ON
July 25-28	National Junior-Senior Championships	Montreal, PQ
August 2-4	U14, U16, & U18 AO Championships	Windsor, ON
August 9-11	RCL National Youth Championships	Sydney, NS

NOTE:

1. Not all of the above meets listed is for all age groups.
2. Event group coaches may have athletes compete at additional competitions as they determine what is in the best interest of the athletes they coach.

Possible Other Meets:

June 2	SWO Field Series #3	London, ON
June 16	London Distance Series-1500m	London, ON
June 22	London Distance Series # 3	London, ON
July 1	Hamilton Canada Day Twilight	Hamilton, ON
July 7	London Distance Series Finale	London, ON
August 5	Hamilton Twilight	Hamilton, ON

