

POWER NEWS

Important Notes:

Oct 27: Saturday Morning Live Practice & Halloween Parade;

Oct 30: Shark School HALLOWEEN fun practice & pumpkin races

Oct 27: Halloween Happy Hour for Parents 3 PM to 5 PM at Creekstone

Oct 31: HALLOWEEN!! 12 & Unders -- 5 PM to 6 PM only

Nov 1: No practice/No Shark School due to Taylor HS varsity meet

Nov 2: Gulf Senior champs meet entries due (13 & Up, no qualifying times)

Nov 9: Fall champs entries due (12 & Under, no qualifying times)

Southern Senior champs (at TWST) entries due (see website for qualifying times)

Nov 23: Age Group Champs entries due (see website for qualifying times)



Saturday Morning Live/Halloween Parade & Costume Contest

Oct 27, 8 AM to 10 AM at Taylor

Prizes for most creative costume per age group
(10 & Unders, 11/12s, and 13 & Ups).

Grand prize for best interpretation of the theme – **SPOOKY SWIMMERS!**

(No gory, violent, or overly frightening costumes please)

Parents, please come and judge.

Wear your suit under your costume. No makeup!



Parade first and then ... **WHEEL OF TORTURE:** 10 events ranging from easy (50s) to challenging (200 fly/IM). Swimmers take turns stopping the watch to pick the event the team will swim. This is one of our most popular practice sets – you won't want to miss it!

NOVEMBER OPEN MEET AT LUFKIN (14 & Under)

**** 3 hour delayed start on Saturday to accommodate families driving in from the Houston area. Warm-Up at 11 AM. Order of Events will be otherwise unchanged. There will be both a morning and afternoon session on both Saturday and Sunday.****



We will be staying at the Hampton Inn in Lufkin (4400 S. First Street; Phone 936-699-2500). They currently have sufficient rooms available to accommodate our team, but don't delay if you want a room. Be sure to mention that you are with the November Open swim meet to receive team rates.

There will be a group dinner on Saturday night organized by Ambush.



THUNDER SWIMMERS:
 Thunder 1 now practices at 4 PM daily
 Thunder 2 dryland practice M/W at 4 PM



MON	TUES	WED	THURS	FRI	SAT/SUN
22 FALL Schedule	23 FALL Schedule No Practice/No Shark School due to THS Meet	24 FALL Schedule	25 FALL Schedule	26 FALL Schedule T30	27/28 Sat Morn Live Halloween Practice & Costume Parade 8-10AM WHEEL OF TORTURE
29 FALL Schedule	30 FALL Schedule Shark School Halloween Practice & pumpkin races 	31 HALLOWEEN All practices end at 6 PM 	1 FALL Schedule No Practice/No Shark School due to THS Meet	2 FALL Schedule Gulf Senior Champs entries due	3/4
5 FALL Schedule	6 FALL Schedule	7 FALL Schedule	8 FALL Schedule	9 FALL Schedule Entries due: Fall Champs Southern Senior Champs	10/11
12 FALL Schedule	13 FALL Schedule	14 FALL Schedule	15 FALL Schedule	16 FALL Schedule	17/18

Please join us on Saturday, October 27th for our first ever parent mixer. 3 PM to 5 PM at the Creekstone clubhouse (or Coach Sharon's house if turnout is light). Adults only, no swimmers. Shark School parents welcome.

Thanksgiving Practice Schedule:
 Practice on Nov 19 & 20
 No practice on Nov 21, 22, & 23



**RSVP by Thursday
at 9 PM:**

<https://www.signupgenius.com/go/5080e4b0aae22a0fe3-halloween>

PFL is on Twitter!

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