

# SK8, PLAY, & LEARN

60 minutes of learning, playing, and skating!!!



## Preschool Ages 3-5



### 5-Week Program:

- Five 60-minute lessons
- Five practice sessions
- Free skate & helmet rental

### Lesson Plans Include:

- Ice breaker activities to build confidence & social skills
- Skating skills for beginners & developing balance
- Off-ice games & stories



### Start Date:

Wednesday: 10/9/19  
11:15pm - 12:15pm  
12:45pm - 1:45pm

Thursday: 10/10/19  
11:15pm - 12:15pm  
12:45pm - 1:45pm

**Only:**  
\$100



### Kim Sherrock

- Master's Degree in Early Childhood Development / Elementary Education
- School teacher for 7 years (3 years with Fairfax County Public Schools)
- Ice Skating instructor for over 20 years



Themed lesson plans



**Space is limited!!!  
Sign up today!!!**



Themed lesson plans