



GFWC Menominee Women's Club

General Federation of Women's Clubs

www.gfwcmenominee.org

May 2025

Editor: Martha Harding, 906-290-9244



A Collect for Clubwoman

Keep us, O God, from pettiness;
Let us be large in thought, in word,
in deed. Let us be done with fault-
finding, and leave off self-seeking.
May we put away all pretense and
meet each other face-to-face,
without self pity and without
prejudice.

May we never be hasty in judgment
and always generous.

Let us take time for all things;
make us grow calm, serene, gentle.
Teach us to put into action our
better impulses, straight-forward
and unafraid.

Grant that we may realize it is the
little things that create differences,
that in the big things of life we are
at one. And may we strive to touch
and to know the great common
human heart of us all and
O Lord God, let us forget not to be
kind!

Mary Stewart 1904

GFWC Mission Statement

*"GFWC-an international
women's organization dedicated
to community improvement by
enhancing the lives of others
through volunteer service."*

Spreading 'Sunshine'



Janet Conklin

Is there a GFWC Menominee Club
Woman who is having surgery, ill,
or needs a little 'Sunshine'? Please
let our Sunshine Gal, Janet
Conklin, know about it so she can
send a card. 715-923-3859.

GFWC Menominee Dates

May 7, 2025

The May 7th General Club
Meeting will be held at Riverside
Country Club, 3459 14th Avenue, in
Menominee.

Check-in and social time begin at
11:30am, lunch will be served at
noon. The program and business
meeting will follow. The cost is
\$17per person, checks preferred.

The Menu is Chilled Vegetable
Salad, Chicken Salad Croissant,
and Ice Cream with Blueberry
Syrup for dessert.

The program will be on the
Lifelong Learning Institute of the
University of Wisconsin Green Bay.

Please let your caller know if you
have any dietary restrictions
associated with the menu. Also,
please remember to RSVP your
caller before noon May 2, 2025.

A Look Ahead

May 21, 2025

GFWC Board Meeting, Spies Library,
9:30 am

GFWC MI and International Dates

April 24-27, 2025

GFWC MI State Convention in
Traverse City MI

June 7-9, 2025

GFWC 2025 International Convention
Atlanta, GA

July 15, 2025

GFWC MI Bay Cliff Health Camp Day

Club Presidents' Message

Co-Presidents

Eileen Beyer 906-792-8374

Martha Harding 906-290-9244

Our GFWC Menominee Women's
Club year is coming to a
close. Each year at the May
general meeting we renew our
membership. You will learn more
about this in our Membership Chair
Judy Ried's newsletter article.

Some newer club members might
not realize that our "club year"
spans 12 months in 2 different
calendar years. Our current club
year ends on June 30, 2025. This
is why we renew our membership
in May. Our next club year will
begin on July 1, 2025, and will
end on June 30, 2026.

GFWC Michigan's reporting year is
by calendar year. The reports we
compiled and submitted in January
of 2025 were for the entire 2024
calendar year. Our club presidents
are inducted in May and become
active presidents on July 1.
When you track your volunteer
hours and projects, it helps our club
report all the great projects we
have worked on. Please remember
to submit your information to your
CSP chair or to either Vice-
President Donna Suchovsky or
Tina Porod. Plus, watch your email
for summer volunteer opportunities!

Membership

Judy Reid, Chairperson

906-792-9186



Past Presidents

Tribute to our club
Past Presidents of
GFWC Menominee
Women's Club.

Thank you, ladies, for leading our
club during your term(s) of office.
Good leadership is essential to the
health of any organization and your
guidance has been proven to
maintain a vibrant club.

| | | |
|---------------|-----------------|--------------------------|
| Stripling | Jane | 1986-1988 & 1996-1998 |
| Higley | Carol Lynn | 2004-2006 |
| Mick | Carol | 2006-2008 |
| Krah | Pat | 2008-2010 |
| VanEyck | Alice | 2012-2014 |
| Beyer | Eileen | 2016-2018 |
| Harding | Martha | 2018-2020 |
| Reid | Judy | 2020-2022 |
| Mellon Fay | Valerie Ruth | 2022-2023 2023-2024 |



New Member Certificates will be presented to our new 2024-2025 club members at our general meeting on May 7th. Welcome ladies!!! We look forward to seeing how you will bring your talents, skills, energy, and enthusiasm into our volunteer club projects. Thank you to each sponsor who shared GFWC and invited these ladies to join our club and to **Pursue The Pearls (GFWC MI Membership Chair Lisa Belisle's Theme)**.

Membership Renewals for next year (2025-2026) will begin at our general meeting on Wed. May 7, 2025. Club Dues remain the same at \$35. Checks payable to: GFWC Menominee. Your checks will be deposited after July 1, 2025.

You will be given your renewal form to verify your personal information and check off which Community Service Program CSP(s) you would like to Volunteer with next year. For your convenience, a general description of each CSP is written in your current membership book on page 8. Our club mission is all about Volunteering for *"community improvement by enhancing the lives of others through volunteer service."*

Please ask if you have questions about how YOU can become involved in your club's volunteering opportunities.

General Meeting DOOR Prizes

A HUGE Thank You to all who donated our special items for this year's Door Prize drawings. It is because of YOU that we can offer this optional drawing to all who attend our general meetings. If you would like to donate towards next year's Door Prizes, just give Judy Reid your contributions (i.e., Candy, Wine, Holiday decorations, etc.)

Membership Committee

Are you organized, pay close attention to details, willing to learn computer skills, willing to donate your valuable time, like to welcome others, want to obtain & coordinate our membership yearbook Ads, are you enthusiastic about GFWC?

If you possess any of these characteristics or skills, please consider joining our GFWC Menominee Women's Club Membership Committee. Please contact Judy Reid (text 906-792-9186) with your willingness to learn more about joining this committee.

Treasurer & Fundraising

Pat Brukardt, 906-792-8147

Flower Delivery

*Judy Bramschreiber
715-923-9380*

GFWC Menominee delivers flowers for Mother's Day for the Flower Gallery in Menominee. The delivery dates this year are Thursday May 8, Friday May 9, & Saturday May 10. Thanks to all of you who signed up at the April General Meeting.

We have only two delivery slots that remain to be filled. Those are:

May 10. 11AM to 1PM

and

May 10, 1PM to 3 PM

If you can help with either of those slots please call Judy B. at the number above.

Donation Committee

*Ruth Wesoloski, Chair
906-863-2232*

Do you have a favorite nonprofit or know of some group that might need a bit of monetary support? Our club is again looking for worthy causes to support with the hard-earned monies from our fundraising efforts this past club year. The committee is asking for WRITTEN submissions with deadline being May 30th. You may email your idea with a short note as to why you would like consideration to me: Ruth Wesoloski

wesoloskira@yahoo.com

or 1820-14th Avenue, Menominee.

GFWC Menominee Donation Made to the Mid County Ministerium



Left to Right: GFWC members Katey LeMay, VP Tina Porod, VP Donna Suchovsky, Mid County Ministerium Pastor John Badendick, and GFWC member Windy Marie Kerkela.

On April 16, 2025, in Stephenson, MI the GFWC Menominee Women's Club presented a donation of \$3000 to the Mid County Ministerium Food Pantry to support its ongoing mission to provide nourishment and hope to individuals and families facing food insecurity in our community.

The donation was officially presented during a brief ceremony where representatives from both organizations highlighted the importance of working together to address hunger and its effects. This donation represents the GFWC Menominee Women's Club's, deep commitment to uplifting our community and standing alongside those who are working tirelessly to ensure that no one goes without a meal.

GFWC Menominee Donation made to Menominee County Sheriff's K9 Corps



Pictured left to right are GFWC Menominee Co-President Martha Harding, Administrative Jen Bastian, Deputy John Perry, K9 Kado, Sheriff Darrin Kudwa, and GFWC Menominee Co-President Eileen Beyer.

At our April 2025 General meeting a program featuring the **Menominee County Sheriff's K9 Corps**, was presented by Sheriff Darrin Kudwa; Administrative Assistant, Jen Bastian; and Deputy John Perry; with the aid of K9 Kado. GFWC Menominee Women's Club also presented a donation check for \$2,000 to the Sheriff's K9 Corps.

Arts and Culture

Chairperson Needed

If you are interested in chairing this CSP please contact Tina Porod 715-923-5991 or Donna Suchovsky 402-740-2271

Well, here we are at the end of another Women's Club year! We have certainly accomplished a lot. You should all be proud!

We will have our last Arts and Culture CSP meeting of the year on Monday, May 5, 2025, at 10:00 a.m. in the Fireplace Room at Spies Library.

This is an important meeting, as we decide where to donate the balance of funds we have in our Arts and Culture account. If you have ideas as to how you want it donated, you should plan to come! We will also discuss the projects we did this year and what projects we may want to consider next year. We are also hoping that someone will decide to chair and/or co-chair this super committee! Believe me, we have a lot of wonderful workers,

and it is very easy to manage. Give it some thought and hopefully we will have a chair (or 2) ready to step up! That would be great!

Donna and I are very thankful for all you do for the club and the community. We look forward to seeing you on Monday, May 5 at the Spies Library at 10:00 am.

GFWC Menominee/Spies "Area Artists Showcase"

Calling all Artists. You are invited to display **one** piece of your handiwork in the "Area Artists Showcase" art show this summer at Spies Public Library. All types of Art media are welcome. Contact Spies Public Library for full details to know exactly when to drop off your piece or contact me, Judy Reid, and I will give your name to Spies. The public is invited to a "Meet the Artists" reception at Spies Public Library on Tuesday, June 17, 2025, 4-6 pm. **Mark Your Calendar to attend the reception.**



Volunteer Opportunity

GFWC Menominee Women's Club provides the refreshments for this reception. If you would like to donate (finger) food or volunteer to serve at this reception (3:30-5 pm or 5-6:30 pm), please contact Judy Reid 906-792-9186 or sign-up at the May 7 general meeting.

Civic Engagement and Outreach

Chairperson Needed

If you are interested in chairing this CSP please contact Tina Porod 715-923-5991 or Donna Suchovsky 402-740-2271

**May 2025, page 3
GFWC Menominee Newsletter**

DAR Boys and Girls Club Blue Door Gala



Clubwomen Anne Eickmeyer, Tina Porod and Renee Herrild assisting with ticket sales at the DAR Boys & Girls Club Blue Door Gala, April 10, 2025.

Civic Engagement and Outreach CSP Meeting

Don't miss the last meeting of the year for the Civic Engagement and Outreach CSP! We will be meeting **on Tuesday, May 6, 2025, at 10:00 a.m. at The Cottages, 2006 Lake Park Drive, Marinette.**

This is an important meeting so please make every effort to attend. We will be deciding how to donate any funds we have, so come and let your voice be heard! We will also discuss the projects we have done this year, what projects we may wish to do in the future, and most importantly, perhaps one of you would like to step up and chair and/or co-chair this fabulous, hard-working group! Really, they make it easy. Whether you are part of this group or just are curious to see the fabulous facility that is The Cottages, you are welcome to attend! Danielle Duke takes good care of us. Also, it is a good opportunity because Danielle has offered her meeting room for any of our meetings, so come and check it out! See you on Tuesday, May 6!

Public Policy & Legislation

Ruth Wesoloski, Chairperson
906-863-2232

In February 2025 GFWC National announced its Federal Legislative Priorities for the 119th Congress, 2025-26. Two of the seven items are ones that are dear to our Menominee Women's Club: Arts & Culture and Education & Libraries. Please continue to watch the National website to keep abreast of these and other legislative priorities at www.GFWC.org.



**St Vincent DePaul
Store, Marinette**
Joy Peterich, Liaison
715-587-3321

SHOP, SHOW, and TELL Party

Monday, May 19, 2025,
10 AM to 12 noon.

N2151 Shore Drive, Marinette

For this annual event all you need to do is go thrifting on your own and bring your finds as is or repurposed to share with the group. The finds shared last year were a tribute to the savings and fun of thrifting!

The event will be held at Joy's home located at N2151 Shore Drive, Marinette (four houses south of Little River golf course, non-bay side, light gray house, woods in front).

There will be signup sheets at the May 7 luncheon, or you can RSVP by text to Joy at 715-587-3321 if you plan to attend. Members can invite a guest. If you attend, please consider bringing a treat to share. Hope to see you there!



**Resurrection Food
Pantry**
Ruth Wesoloski, Liaison
906-863-2232

The **Stamp Out Hunger** food drive sponsored by the Postal Workers Union is scheduled for Saturday, May 10th. Our conference volunteers assist with the collection of canned food items. The proceeds from the food drive are used to stock our food pantry which is available to residents of Menominee County. We are grateful for the generosity shown in past years.

Education and Libraries

Diane Shepard, Chairperson
920-606-9384

It is time for the annual \$2.00 per bag book sale. Select your books, bag them, and pay \$2.00 at the Book Sale Table.

Epsilon Sigma Omicron (ESO)

Karen Sutek, Chairperson
920-676-3119

"A book is a gift you can open again and again." — Garrison Keillor

The Education Committee is Collecting!

May is also the last time to bring Pennies for Spies and Pull tabs for Ronald McDonald House.

- Pop Tabs for Ronald McDonald House
 - Pennies for Spies Library
- Please keep collecting these items and bring them to our next general meeting!



Environment

Chairperson Needed

If you are interested in chairing this CSP please contact Tina Porod 715-923-5991 or Donna Suchovsky 402-740-2271

The Environment CSP's next meeting will be May 13th at Spies library at 10 AM in the

conference room. Everyone is welcome and can come and see what we're all about.

Earth Day Clean Up

Ellen Wertepny at 920-676-6223 or ellen.wertepny@gmail.com

A reminder that GFWC Menominee will be observing Earth Day on April 25th by picking up trash along 1st Street starting at Veterans Park at 10:00 am. All are welcome to help – bring a friend!

Beautifying Menominee

Ellen Wertepny at 920-676-6223 or ellen.wertepny@gmail.com

We will be planting flowers for the City of Menominee on May 28th at 10:00 am. There will be a sign-up sheet at the May luncheon, or you can contact Ellen at the above phone number or email.

Please consider joining us in this volunteer opportunity. Many hands make short work!

Garage Sale Donations



The Environment CSP recently coordinated a collection of unneeded items for a garage sale. The sale is held by a member of our community who collects our items, keeps a separate total of how much our items are sold for, and then donates these funds to a local nonprofit. This year's recipient is the Menominee Animal Shelter. Fourteen (14) clubwomen dropped off items to our collection point (Judy Reid's sunroom - thank you, Judy!). By the end of the collection period, the sunroom was chockablock full of all kinds of items. The estimated in-kind value of these items is a whopping \$1,314.50! Thanks to everyone who participated in this effort to recycle unneeded items while benefitting the Menominee Animal Shelter!

Health and Wellness

Barbara Jones, Chairperson
312-858-0102

The Health and Wellness CSP will be hosting May's **Walk and Talk at the REC center on Friday, May 16. At 9am.** Come and walk as you are able. We hope that you can join us. If you haven't tried it yet, perhaps this will be the month to start. Has anyone joined the challenge of walking three times a week? If you have, how are you feeling? Has it become part of your week? If not, May is a great month to start as well as joining in the Walk and Talk fun.

We also hope that you are enjoying the healthy and flavorful tastings at our general meetings and have taken a recipe or two home to try. Please let us know which you've tried and enjoyed!

DID YOU KNOW? As we age, we lose muscle mass and strength. The National Institutes of Health's website states that protein is a key element in muscle health. Sometimes we associate eating protein with bulking up, however, good protein intake is important for general health. Dietary sources of protein are important for maintaining our muscles, ensuring proper functioning of our muscles, and preventing muscle loss. There are many sources of dietary protein, including lean meats, eggs, legumes, nuts and seeds, some grains, and some vegetables. As always, speak with your PCP about the protein intake that is right for you.

American Red Cross Blood Drive

Judy Bramschreiber, Coordinator
906-863-2052

The next Blood Drive will be in September. No further information.

GFWC MI News to Know



Lucy Hermanson, Liaison
510-847-4401

Mark your calendar! Bay Cliff Day is scheduled for July 15, 2025. More information about donation items and carpooling will be available later in the spring or early summer.



Guiding Harbor

Ellen Wertepny, Liaison,
920-676-6223

If you would like to learn more about Guiding Harbor please visit its website <https://guidingharbor.org>