

LiveHealth Online!

**Immediate doctor visits through live video
any time ~ any place**

Now you can get the health care you need without all the hassle.

Have a health question? Feeling under the weather? With LiveHealth Online, you don't have to deal with scheduling an appointment or long wait times at the urgent care center. In fact, **you don't even have to leave your home or office.** Using LiveHealth Online, you can see a doctor who can answer questions, make a diagnosis, and even prescribe basic medications, when needed.

With LiveHealth Online, you get:

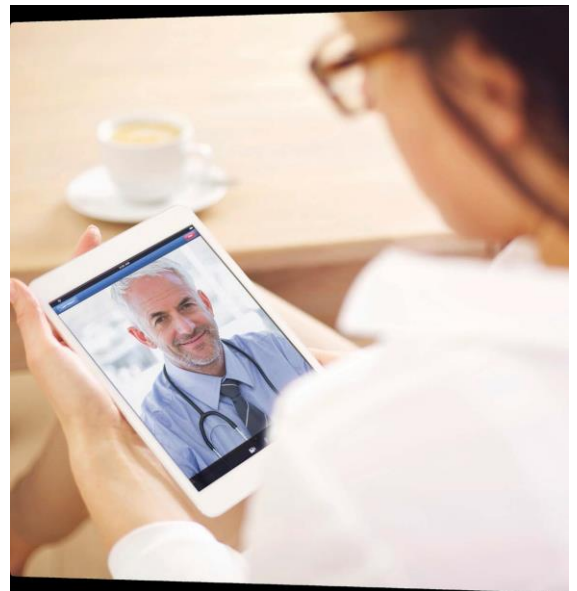
- o Immediate doctor visits through live video.
- o Your choice of board-certified doctors.
- o **NO** cost to you for you visit.
- o Private, secure and convenient online visits.

When can you use LiveHealth Online?

As always, you should call 911 with any emergency.

Doctors are available 24 hours a day, 7 days a week, 365 days a year. Some of the most common uses include:

- o Cold and flu symptoms such as a cough, fever and headaches
- o Allergies
- o Sinus infections and more!



Start a conversation now

Enroll for free at livehealthonline.com or download the app and you're ready to see a doctor.



apple.com



play.google.com/store

A GUIDE FOR WHERE TO GO WHEN YOU NEED MEDICAL CARE*

Lower Costs ←



→ Higher Costs

Telehealth LiveHealth Online	Nurse Practitioner Retail Clinic	Doctor's Office	Urgent Care Center	Emergency Room
Average Cost per Visit Charged to the Indiana Laborers Welfare Plan:				
\$49 per visit*	\$82 per visit*	\$105 per visit*	\$147 per visit*	\$1,636 per visit*
Your Cost after Health and Welfare Fund Payment (assuming In Network provider and your deductible is met):				
\$0 copayment	\$20.50 co-insurance**	\$26.25 co-insurance**	\$36.75 co-insurance**	\$446.50 co-insurance**

* provided by Anthem Blue Cross and Blue Shield.

** This represents the average cost of each visit and will vary by provider.

Telehealth LiveHealth Online	Nurse Practitioner Retail Clinic	Doctor's Office	Urgent Care Center	Emergency Room
<p>Access telehealth services to treat minor medical conditions. Connect with a board-certified doctor via video or phone when, where, and how it works best for you. Go to the following website www.livehealthonline.com or call toll-free at (888) 548-3432.</p>	<p>Treats minor medical concerns. Staffed by nurse practitioners and physician assistants. Located in retail stores and pharmacies. Often open nights and weekends.</p>	<p>The best place to go for routine or preventive care, to keep track of medications, or for a referral to see a specialist.</p>	<p>For conditions that aren't life threatening. Staffed by nurses and doctors and usually have extended hours.</p>	<p>For immediate treatment of critical injuries or illness. Open 24/7. If a situation seems life-threatening, call 911 or go to the nearest emergency room. "Freestanding" emergency room (ER) locations are becoming more common in many areas. Because these ERs are not inside hospitals, they may look like urgent care centers. When you receive care at an ER, you're billed at a much higher cost than at other health care facilities</p>
Typical Conditions Treated:				
<ul style="list-style-type: none"> Colds and flu Rashes or skin conditions Sore throats, ear ache, sinus pain Headaches Stomachaches Fever Allergies Acne UTIs and more 	<ul style="list-style-type: none"> Colds and flu Rashes or skin conditions Sore throats, ear ache, sinus pain Minor cuts and burns Pregnancy testing Vaccines 	<ul style="list-style-type: none"> General health issues Preventive care Routine checkups Immunization and screenings 	<ul style="list-style-type: none"> Fever and flu symptoms Minor cuts, sprains, burns, rashes Headaches Lower back pain Joint pain Minor respiratory symptoms UTIs 	<ul style="list-style-type: none"> Sudden numbness, weakness Uncontrolled bleeding Seizure or loss of consciousness Shortness of breath Chest pain Head injury/major trauma Blurry or loss of vision Severe cuts or burns Overdose Broken bones
Your Time:				
<p>No need to leave home or work. Use of mobile device, tablet or computer for virtual visit. Typically answered within minutes.</p>	<p>No appointment needed.</p>	<p>Appointment times required. Shorter wait times than an emergency room.</p>	<p>Walk in scheduling. No appointments taken and wait time will vary.</p>	<p>No appointments taken and wait times can be long and be up to many hours before you are seen.</p>

*The information provided here is intended to be general information on how you can get the most out of your plan and your health care dollars. It is not intended as medical advice. You should consider all relevant factors and to consult with your treating doctor when selecting a health care professional or facility for care. During a medical emergency, go to the nearest hospital or call 911.