



# HUGS Teens Ping Pong Event



**Location:** Aloha Table Tennis Association. 2412 Rose Street, #203, Honolulu, HI 96816

**Date:** Saturday October 18th, 2014.

**Time:** 10:00 am to 1:00 pm (3 hours)

## **Schedule:**

**10:00 am:** Basic info (handout) - Objective of the game, basic rules, how to play, how to keep score, etc.

**10:15 am:** Basic Techniques - How to hold the paddle, basic strokes, (back hand & forehand), how to serve.

**10:30 am:** Multi-ball practice (forehand, backhand, serves).

**11:00 am:** Mini Ping Pong Competition (Singles? Doubles? Depending on how many show up)

**12 noon:** Lunch - Pizza, snacks, drinks.

**12 noon:** Fun games - Serve ball in basket, coloring balls, etc. (prizes)

**12 noon:** Free play

**1:00 pm:** End



## **Note:**

Please wear athletic clothing and shoes.