

# Know Your Worth

*Build Your Self-Confidence, Self-Esteem, and Self-Worth*

*With*

**Personal & Professional Development Doctor**

**Dr. Julwel Kenney**

**(PhD, MS, CCMP, CDC, CMEC)**

**TRANSFORM YOUR THINKING, TRANSFORM YOUR LIFE  
It's Your Time, Your Turn, and Your Season to Grow**



- **Certified Master Executive Coach**
- **Empowerment, Motivational, & Inspirational Speaker**
- **3-Time Author**
- **Expert People Developer**
- **Certified Change Management Professional Consultant**
- **Certified DISC Coach**
- **Training & Development Expert Consultant**
- **CEO, JK Personal & Professional Development**

**Are you or anyone you know experiencing:**

- An emotional roller coaster due to a divorce or break-up?
- Feeling obligated to make other people happy?
- Feeling bad when people talk about you or don't like you?
- Self-doubt, questioning yourself or purpose or fearing rejection?
- Feeling your confidence interfering with or stopping you from achieving your goals?
- A verbal or physically abusive relationship (spouse, marriage, friends, family, coworkers, etc.)?
- Making excuses for other people when they hurt you?
- Projecting when you know you are in the wrong?
- Feeling empowered when you make other people happy or feel bad?

**If any of these answers are yes, let Dr. Julwel help you!**

**You overcome self-doubt, energize your power within, and become the best version of YOU through Dr. Julwel's "Know Your Worth" Personal & Professional Development Coaching, Courses and Seminars. No more procrastination, excuses or being bullied. It is your time, your turn, and your season to create your vision and bring it to fruition. No more doubt or fear! Let's talk real during our connection to enjoy a life of abundance, wisdom, and success.**

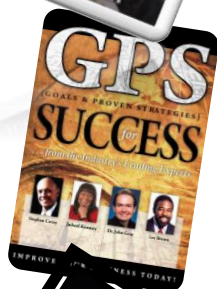


**Contact: 201-523-2260 / [drjulwel@jkppd.com](mailto:drjulwel@jkppd.com)**

# Dr. Julwel Kenney, PhD, MS, CCMP, CDC, CMEC

## About World-Renowned Dr. Julwel Kenney:

- Founder & CEO of JK Personal & Professional Development
- Is a Training and Development Scholar and a dynamic, skilled, inspiring, down-to-earth, result-oriented, international motivational/inspirational keynote speaker
- Author of three best-selling books, "How to Bring Out the Best in You: The Journey to Personal Transformation and Leadership"; "Bringing Out the Best in You Through Life Challenges: It is Your Time to Achieve"; "Goals and Proven Strategies for Success by the Industry's Leading Experts" Co-authored with Dr. Steve Covey, Les Brown, and Dr. John Gray
- Certified Master Executive Life Coach for over 25 years, who is recognized for inspirational leadership and guiding individuals to "Know Their Worth" to achieve and develop high-performance.
- Certified Change Management Professional and Certified DISC Behavior Coach
- Encourages others to achieve goals, conquer challenges, become empowered and transformed through effective learning, coaching and mentoring.
- Teaches, empowers, inspires, and motivates individuals to overcome self-doubt and to be fearless and limitless, as well as not to settle for mediocracy.
- Preacher, Pastor & First Lady, teaching Christian principles.



## One to Three Days Seminars and Workshops

### Know Your Worth

- Overcoming Self-Doubt
- Fearless and Limitless
- Energize Your Power Within
- Build Self-Discipline, Self-Esteem, and Self-Confidence to Achieve Success

### Achieving Excellence at Work

- Achieve Excellence in Your Career
- Transform Your Attitude Towards Excellence
- Achieve Promotion Through Excellence
- Be Successful at Work
- Master You
- Stuck in a Rut
- Pursue Excellence
- The Answer to Greatness
- Achieving Your Destiny at Work
- Adopt a Positive and Willing Attitude
- Dealing with Conflict

### Born to Achieve Greatness

- Discover Your Purpose
- The Transformation Process
- Embrace and Adopt Change to Win
- Create Success in Your Life

For more courses go to [DrJulwelKenney.com](http://DrJulwelKenney.com)

## National & International Award-Winning Best-Selling Author:

- 1) "How to Bring Out the Best in You: The Journey to Personal Transformation and Leadership";
- 2) "Bringing Out the Best in You Through Life Challenges: It is Your Time to Achieve"; and
- 3) "Goals and Proven Strategies for Success by the Industry's Leading Experts (co-authored with Dr. Steve Covey, Les Brown, and Dr. John Gray)"

Available now at [DrJulwelKenney.com](http://DrJulwelKenney.com) and Bookstores---Barnes & Nobles, Books-A-Million, Borders, and Amazon.com!

**"Your decisions today will determine your choices for tomorrow" Dr. Julwel**

