

St. Luke's Episcopal Church
The Tenth Sunday after Pentecost

9 August 2020 ✕ 10:00 A.M.

Morning Prayer

The Reverend Michael L. Delk, *Celebrant & Preacher*

THE WORD OF GOD

Prelude

**“Simple Song”
(from “Mass”)**

Leonard Bernstein

Sing God a simple song, Lauda laude.
Make it up, as you go along, Lauda laude.
Sing, like you like to sing
God loves all simple things
For God, is the simplest of all.

I will sing the Lord a new song to praise him, to bless him, to bless the Lord,
I will sing his praises, while I live, all of my days.

Blessed is the man who loves the Lord,
Blessed is the man who praises him.
Lauda lauda laude, and walks in his way.

I will lift up my eyes to the hills from whence comes my help
I will lift my voice to the Lord singing lauda laude.

For the lord, is my shade, Is the shade upon my right hand.
And the sun shall not smite me by day, nor the moon by night.
Blessed is the man who loves the Lord Lau da lauda laude
And walks in his name.

Lauda lauda lau de, Lauda lauda di da di de-eh-eh
All of my days.

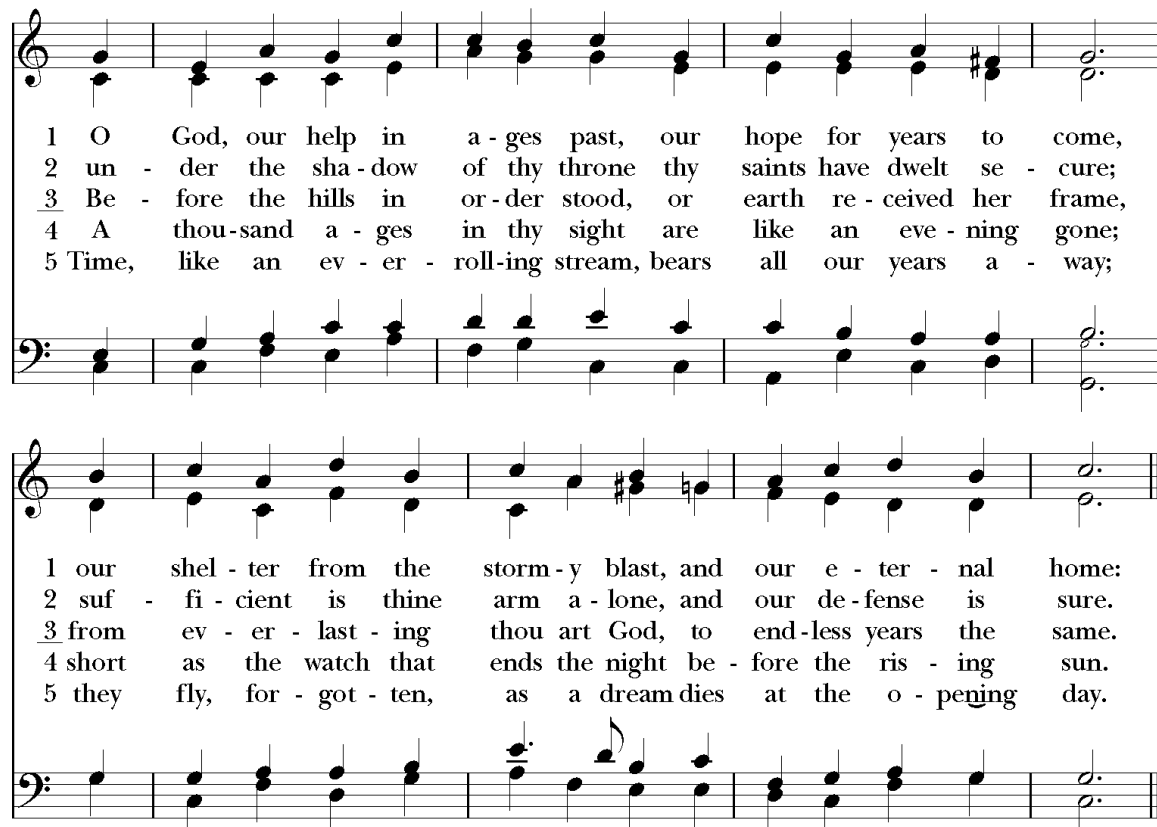
Text: Stephen Schwartz

Emily Albrink Katz, soprano

Opening Hymn

“O God, our help in ages past”

Hymnal, 680



1 O God, our help in a - ges past, our hope for years to come,
 2 un - der the sha - dow of thy throne thy saints have dwelt se - cure;
 3 Be - fore the hills in or - der stood, or earth re - ceived her frame,
 4 A thou - sand a - ges in thy sight are like an eve - ning gone;
 5 Time, like an ev - er - roll - ing stream, bears all our years a - way;

1 our shel - ter from the storm - y blast, and our e - ter - nal home:
 2 suf - fi - cient is thine arm a - lone, and our de - fense is sure.
 3 from ev - er - last - ing thou art God, to end - less years the same.
 4 short as the watch that ends the night be - fore the ris - ing sun.
 5 they fly, for - got - ten, as a dream dies at the o - pen - ing day.

6 O God, our help in ages past,
 our hope for years to come,

be thou our guide while life shall last,
 and our eternal home.

Words: Isaac Watts (1674-1748), alt.; para. of Psalm 90:1-5
 Music: *St. Anne*, melody att. William Croft (1678-1727), alt.; harm. William Henry Monk (1823-1889)

Opening Sentences

Confession of Sin

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The Officiant says to the people

Dearly beloved, we have come together in the presence of Almighty God our heavenly Father, to set forth his praise, to hear his holy Word, and to ask, for ourselves and on behalf of others, those things that are necessary for our life and our salvation. And so that we may prepare ourselves in heart and mind to worship him, let us kneel in silence, and with penitent and obedient hearts confess our sins, that we may obtain forgiveness by his infinite goodness and mercy.

Silence may be kept.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Priest alone stands and says

The Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit.
Amen.

The Invitatory and Psalter

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Officiant Lord, open our lips.

People **And our mouth shall proclaim your praise.**

Officiant and People

**Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.**



- O COME let us sing | unto • the LORD;
* let us heartily rejoice in the strength of | our salvation.
- 2 Let us come before his presence with | **thanksgiving**;
* and show ourselves | glad in him with psalms.
- 3 For the LORD is a | **great** God;
* and a great | King above all gods.
- 4 In his hand are all the corners | of the earth;
* and the strength of the hills is | **his** also.
- 5 The sea is | his and • he made it;
* and his hands pre|pared • the **dry** land.
- 6 O come let us worship and | **fall** down,
* and kneel before the | LORD our **Maker**.
- 7 For he is the | Lord our God;
* and we are the people of his pasture,
and the | sheep of **his** hand.
- 8 O worship the LORD in the | beauty • of holiness;
* let the whole earth | stand in awe of him.
- 9 For he cometh, for he cometh to | judge the earth;
* and with righteousness to judge the world,
and the | peoples with his truth.
- Glory be to the Father and | to the Son,
* and | to the Holy Ghost;
- As it was in the beginning, is now and | ever shall be,
* world without | **end. Amen.**

Robert Knox Kennedy
(b. 1945)



- ⁸ I will listen to what the LORD God is **saying**, *
for he is speaking peace to his faithful people and to those who turn their **hearts**
to **him**.
- ⁹ Truly, his salvation is very near to those who **fear him**, *
that his glory may dwell in our **land**.
- ¹⁰ Mercy and truth have met to-**gether**; *
righteousness and peace have kissed each **other**.
- ¹¹ Truth shall spring up from the **earth**, *
and righteousness shall look down from **heaven**.
- ¹² The LORD will indeed grant pros-**perity**, *
and our land will yield its in-**crease**.
- ¹³ Righteousness shall go be-**fore him**, *
and peace shall be a pathway for his **feet**.

The First Lesson

I Kings 19:9-18

At that place he came to a cave, and spent the night there. Then the word of the LORD came to him, saying, "What are you doing here, Elijah?" He answered, "I have been very zealous for the LORD, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away." He said, "Go out and stand on the mountain before the LORD, for the LORD is about to pass by." Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the LORD, but the LORD was not in the wind; and after the wind an earthquake, but the LORD was not in the earthquake; and after the earthquake a fire, but the LORD was not in the fire; and after the fire a sound of sheer silence. When Elijah heard it, he wrapped his face in his mantle and went

out and stood at the entrance of the cave. Then there came a voice to him that said, "What are you doing here, Elijah?" He answered, "I have been very zealous for the LORD, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away." Then the LORD said to him, "Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram. Also you shall anoint Jehu son of Nimshi as king over Israel; and you shall anoint Elisha son of Shaphat of Abel-meholah as prophet in your place. Whoever escapes from the sword of Hazael, Jehu shall kill; and whoever escapes from the sword of Jehu, Elisha shall kill. Yet I will leave seven thousand in Israel, all the knees that have not bowed to Baal, and every mouth that has not kissed him."

People The Word of the Lord.
 Thanks be to God.

Canticle 623 "Blessed art thou, O Lord God of our Fathers" [1940 Hymnal]



BLESSED art thou, O Lord | God of • our fathers:

* praised and exalted above | all for **ever**.

2 Blessed art thou for the | Name of • thy Majesty:

* praised and exalted above | all for **ever**.

3 Blessed art thou in the temple | of thy holiness:

* praised and exalted above | all for **ever**.

4 Blessed art thou that beholdest the depths,
and dwellest be|tween the Cherubim:

* praised and exalted above | all for **ever**.

5 Blessed art thou on the glorious | throne of • thy kingdom:

* praised and exalted above | all for **ever**.

6 Blessed art thou in the firma|ment of heaven:

* praised and exalted above | all for **ever**.

Glory be to the Father and | to the Son,

* and | to the Holy Ghost;

As it was in the beginning, is now and | ever shall be,

* world without | **end. Amen.**

The Second Lesson

Matthew 14:22-33

Immediately he made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, but by this time the boat, battered by the waves, was far from the land, for the wind was against them. And early in the morning he came walking toward them on the sea. But when the disciples saw him walking on the sea, they were terrified, saying, "It is a ghost!" And they cried out in fear. But immediately Jesus spoke to them and said, "Take heart, it is I; do not be afraid." Peter answered him, "Lord, if it is you, command me to come to you on the water." He said, "Come." So Peter got out of the boat, started walking on the water, and came toward Jesus. But when he noticed the strong wind, he became frightened, and beginning to sink, he cried out, "Lord, save

me!" Jesus immediately reached out his hand and caught him, saying to him, "You of little faith, why did you doubt?" When they got into the boat, the wind ceased. And those in the boat worshiped him, saying, "Truly you are the Son of God."

After the lesson, the Reader says
And the People respond

The Word of the Lord.
Thanks be to God.

The Sermon

Sermon Hymn

"Lead us, heavenly Father"

Hymnal, 559

1 Lead us, heaven - ly Fa - ther, lead us o'er the world's tem -
 2 Sa - vior, breathe for - give - ness o'er us; all our weak - ness
 3 Spi - rit of our God, de - scend - ing, fill our hearts with

pes - tuous sea; guard us, guide us, keep us, feed us,
 thou dost know; thou didst tread this earth be - fore us;
 heaven - ly joy; love with ev - ery pas - sion blend - ing,

for we have no help but thee, yet pos - ses - sing
 thou didst feel its keen - est woe; yet un - fear - ing,
 plea - sure that can nev - er cloy; thus pro - vid - ed,



Words: James Edmeston (1791-1867), alt. Music: *Dulce carmen*, melody from *An Essay on the Church Plain Chant*, 1782; adapt. *Collection of Motets or Antiphons*, ca. 1840; harm. William Henry Monk (1823-1889)

The Apostles' Creed

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Officiant and People together, all standing

I believe in God, the Father almighty,
 creator of heaven and earth;
 I believe in Jesus Christ, his only Son, our Lord;
 He was conceived by the power of the Holy Spirit,
 and born of the Virgin Mary,
 He suffered under Pontius Pilate,
 was crucified, died, and was buried.
 He descended to the dead. On the third day he rose again.
 He ascended into heaven,
 and is seated at the right hand of the Father.
 He will come again to judge the living and the dead.
 I believe in the Holy Spirit,
 the holy catholic Church,
 the communion of saints,
 the forgiveness of sins,
 the resurrection of the body,
 and the life everlasting. Amen.

The Prayers

Officiant The Lord be with you.

People And also with you

Officiant Let us pray.

Officiant and People

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is kingdom, and the power, and the glory, for ever and ever. *Amen.*

The Prayers of the People – Form II

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In the course of the silence after each bidding, the People offer their own prayers, either silently or aloud.

I ask your prayers for God's people throughout the world; Justin, the Archbishop of Canterbury, for Michael, our Presiding Bishop, Terry, our Bishop, for this gathering; for Michael, Allison, Anne, Art, and Jim, our clergy and for all clergy and people.
Pray for the Church.

Silence

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people.
Pray for justice and peace.

Silence

I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison. Pray for those in any need or trouble.

Silence

I ask your prayers for all who seek God, or a deeper knowledge of him.
Pray that they may find and be found by him.

Silence

I ask your prayers for the departed, especially **Eric Grostic** .
Pray for those who have died.

Silence

Members of the congregation may ask the prayers or the thanksgivings of those present

I ask your prayers for **Al, Amy, Angela, Ann, Annie, Bethann, Betsy, Barry, Bill, Braxton, Bud, Christy, Dan, Dave, Diana, E.J., Elizabeth, Gene, Helga, Hugh, Ira, Jen, Jerry, Joan, Joe, John, Joyce, Kailee, Kathy, Ken, Lacey, Lee, Linda, Lisette, Liz, London, Lynn, Martha, Monica, Nancy, Natalia, Natalie, Nina, Pam, Paul, Phil, Phyllis, Rob, Ronald, Sara, Steve, Sue, Susan, Susie, Tim, Tracy, Trish, Ursula, Vicki, Walt, Whitney, Wynn, Aronson family, McLallen family; for the men and women of our armed forces, especially Alex, Bianca, Casey, Christian, Griffin, Pat, Seth, Steve.**

Silence

Praise God for those in every generation in whom Christ has been honored.
Pray that we may have grace to glorify Christ in our own day.

Silence

The Celebrant adds a concluding Collect.

O God of unchangeable power and eternal light: Look favorably on your whole Church, that wonderful and sacred mystery; by the effectual working of your providence, carry out in tranquility the plan of salvation; let the whole world see and know that things which were cast down are being raised up, and things which had grown old are being made new, and that all things are being brought to their perfection by him through whom all things were made, your Son Jesus Christ our Lord; who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever. *Amen*

Offertory Anthem

“Quia respexit (Magnificat)”

J. S. Bach

For he hath regarded the lowliness of his handmaiden.
Behold, from henceforth, I will be called blessed.

Emily Albrink Katz, soprano

Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made. We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up ourselves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. Amen.

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions of thy servants as may be best for us; granting us in this world knowledge of thy truth, and in the world to come life everlasting. ***Amen.***

<i>Officiant</i>	Let us bless the Lord.
<i>People</i>	Thanks be to God.

1 E - ter - nal Fa - ther, strong to save, whose arm hath bound the
 2 O Christ, whose voice the wa - ters heard and hushed their ra - ging
 3 Most Ho - ly Spi - rit, who didst brood up - on the cha - os
 4 O Trin - i - ty of love and power, thy chil - dren shield in

rest - less wave, who bidd'st the might - y o - cean deep its
 at thy word, who walk - edst on the foam - ing deep, and
 dark and rude, and bid its an - gry tu - mult cease, and
 dan - ger's hour; from rock and tem - pest, fire and foe, pro -

own ap - point - ed lim - its keep: O hear us when we
 calm a - mid its rage didst sleep: O hear us when we
 give, for wild con - fu - sion, peace; O hear us when we
 tect them where - so - e'er they go; thus ev - er - more shall

cry to thee for those in per - il on the sea.
 cry to thee for those in per - il on the sea.
 cry to thee for those in per - il on the sea.
 rise to thee glad hymns of praise from land and sea.

Words: William Whiting (1825-1878), alt. Music: *Melita*, John Bacchus Dykes (1823-1876)

Organ Voluntary

Postlude

William Mathias

Leonard Bernstein 's Mass premiered on September 8, 1971 as part of the opening of the Kennedy Center. The work was commissioned by Jacqueline Kennedy. Ironically, the FBI kept a file on Bernstein for his "leftist" views and warned then President Nixon that the Latin text of the Mass might contain anti-war messages that could embarrass Nixon if he were to attend the performance. John Dean stated the

work was “definitely anti-war and anti-establishment”, something it seems we could all agree with!

Hailed by The New York Times as “delightful and vocally strong and versatile,” **Emily Albrink** is a soprano whose career already sports esteemed collaborations with venerable composers and conductors such as James Levine, Placido Domingo, Robert Spano, Marin Alsop, Jake Heggie and John Musto. An alumna of the Young Artist Program at the Washington National Opera, Ms. Albrink has appeared many times in roles including Gretel in “Hansel und Gretel”, Susanna in “Le Nozze di Figaro”, Sophie in “Werther”, and Frasquita in “Carmen”. She made her debut with Kentucky Opera as Adina in “L’Elise d’Amore” and has returned to sing Musetta in “La Boheme” and Magnolia in “Show Boat”. She’s been a featured soloist with orchestras including the Boston Symphony, Chicago Symphony, Baltimore Symphony and the Phoenix Symphony. Ms. Albrink made her Carnegie Hall debut opposite Dawn Upshaw as Nuria in “Ainadamar” with the Orchestra of St. Luke’s, and her Alice Tully Hall debut singing “Knoxville: Summer of 1915” with the Philharmonic Orchestra of the Americas. In 2010 Ms. Albrink made her international debut with a 10-day tour of China as the soprano soloist in Brahms’ “Requiem”.

Ms. Albrink is Assistant Professor of Voice at University of Louisville School of Music.



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over green button to activate link.

ANNOUNCEMENTS

Wednesday Morning Bible Study

Our Wednesday morning Bible study Zoom, starting at 9:45, will resume its study of the Resurrection, led by Father Michael. Please check your email for the invite.

Thursday Night Bible Study

The Basics of the Bible Study continues on Thursday evenings with Mother Allison! We are using The Path to guide our study, but all you need is a Bible and access to the internet to join us. We are gathering every Thursday evening from 6:45-7:45 on Zoom to discuss the foundational stories of our faith and to explore how these stories connect to our own journeys. Please follow this link on Thursdays at 6:45 to join us!

<https://us02web.zoom.us/j/284582639?pwd=bUZFYjRhdlhUDNmck9sb0VYa1Budz09>

Meeting ID: 284-582-639

If prompted to enter a password, please enter our parish office phone number - 2458827

Pilgrimages – Sunday 9am Class

We hope you will join us next Sunday morning Zoom edition of our adult breakfast/class/discussion. We are about half the way through the series on Pilgrimages. We talked about Canterbury and the Camino de Santiago, and have started on the Holy Land. This morning, we finished the discussion of the Holy Land. There are more pilgrimages we will discuss in future weeks. For more information, email Dave Kirchinger at episcopaliandave@gmail.com.

The link to the class is:

[https://us04web.zoom.us/j/75615923261?pwd=ejk2NmhEUDZaU](https://us04web.zoom.us/j/75615923261?pwd=ejk2NmhEUDZaUVFXNnprbHd0MU8wUT09)

[VFXNnprbHd0MU8wUT09](https://us04web.zoom.us/j/75615923261?pwd=ejk2NmhEUDZaUVFXNnprbHd0MU8wUT09)

Meeting ID: 756 1592 3261

Password: 6nfVZF

Centering Prayer

Centering Prayer has gone from once a month to TWICE a month, every 2nd and 4th Tuesday. Join us on **August 11th and 25th from 6 – 7pm** on ZOOM until we can all join back in the Lyman Office.

Link to Centering Prayer Group:

<https://zoom.us/j/662061797?pwd=RVhkL2FWY3NEc204UHQweVovK3R5Zz09>

Meeting ID: 662-061-797

If prompted to enter a password, please enter our parish office phone number – 2458827

Birthdays & Anniversaries

If you've had a birthday or anniversary over the past several weeks, or have one coming up in the weeks ahead, please let Dawn know, admin@stlukesanchorage.org. Let her know your birthday, or the date of your wedding anniversary and how many years you've been married, and we will offer a blessing over you during our recorded worship.

The Flowers on the Altar are given by Peter & Alissa Finnis in thanksgiving for their 45th wedding anniversary.

In our prayers . . . Al, Amy, Angela, Ann, Annie, Bethann, Betsy, Barry, Bill, Braxton, Bud, Christy, Dan, Dave, Diana, E.J., Elizabeth, Gene, Helga, Hugh, Ira, Jen, Jerry, Joan, Joe, John, Joyce, Kailee, Kathy, Ken, Lacey, Lee, Linda, Lisette, Liz, London, Lynn, Martha, Monica, Nancy, Natalia, Natalie, Nina, Pam, Paul, Phil, Phyllis, Rob, Ronald, Sara, Steve, Sue, Susan, Susie, Tim, Tracy, Trish, Ursula, Vicki, Walt, Whitney, Wynn, Aronson family, McLallen family; and our men and women serving in our armed forces and their families. We offer prayers of blessing and thanksgiving for all men and women serving in the armed services, especially these persons known to us: Alex, Bianca, Casey, Christian, Griffin, Pat, Seth, Steve. We pray that they have safe journeys and know the loving concern of friends and family. May God watch over them and grant them strength and courage to face perils which beset them.

Readings for:

**August 15 & 16: Isaiah 56:1, 6-8; Psalm 67;
Romans 11:1-2a, 29-32; Matthew 15:10-28.**