

| SEPTEMBER 2023 | | ACTIVITIES | | |
|--|---|--|---|--|
| Monday | Tuesday | Wednesday | Thursday | Friday |
| | | | | 1 9am Exercise 10-11:15am Bingo 10:30 Bible Study 1pm Line Dancing |
| 4 LABOR DAY HOLIDAY Building Closed All Day No food, transportation, or other services | 5 9:30am Learn to Play BRIDGE 3pm Clogging | 6 9am Exercise | 7 12:30pm Chair Yoga | 8 9am Exercise 10-11:15am Bingo 10:30 Bible Study 1pm Line Dancing LAST CALL: MYRTLE BEACH |
| 11 9am Exercise 1pm Card table set (games) | 12 3pm Clogging | 13 Board Meeting 9am Exercise | 14 Produce Truck 12:30pm Chair Yoga | 15 9am Exercise 10-11:15am Bingo 10:30 Bible Study 1pm Line Dancing |
| 18 9am Exercise 1pm Card table set (games) | 19 Commodities 3pm Clogging | 20 9am Exercise 2-4pm CardioDrumming | 21 12:30pm Chair Yoga | 22 9am Exercise 10-11:15am Bingo 10:30 Bible Study 1pm Line Dancing |
| 25 9am Exercise 1pm Card table set (games) | 26 10 am Blood Pressure Clinic 3pm Clogging | 27 9am Exercise 9am OSHIP (Medicare) 11:30am CELEBRATING SEPTEMBER BIRTHDAYS | 28 Produce Truck 12:30pm Chair Yoga | 29 9am Exercise 10-11:15am Bingo 10:30 Bible Study 1pm Line Dancing |