

Kittitas County Prehospital EMS Protocols

SUBJECT: **DIPHENHYDRAMINE (BENADRYL)**

ACTION:

Blocks histamine receptors, some sedative effects

INDICATIONS:

Anaphylaxis, allergic reactions, sedation, motion sickness

CONTRAINDICATIONS:

Asthma, nursing mothers

PRECAUTIONS:

Hypotension

SIDE EFFECTS:

Sedation, dries bronchial secretions, blurred vision, headache and palpitations

DOSAGE:

25-50 mg

ROUTE:

Slow IV Push / IO

Deep IM

PEDIATRIC DOSE:

1-2 mg/kg