



## CAREER ENRICHMENT Nursing Program



### POLAND & HUNGARY: Budapest & Warsaw

May 18-26, 2018

\$4,999 (based on double occupancy)

\$999 (Single supplement)

**BOOK NOW 888.747.7501**

*Explore the gorgeous cities of both Budapest, Hungary and Warsaw, Poland on this professional journey. Experience the heart of central Europe as you explore the culture, history and people of the region. Following WWII, Soviet domination lasted throughout Hungary and Poland until 1989, when both countries gained independence and later their places in the European Union.*

#### Program Highlights

- 7 nights / 9-day journey through Hungary & Poland
- Interact with **medical professionals** from a variety of facilities and hospitals in both Warsaw and Budapest.
- **Accompanying guest program** – alternate activities will be provided for those who do not wish to attend the meetings.
- Nanda Journeys and the University of Pittsburgh School of Nursing are collaborating to develop this educational activity. **8 Continuing nursing education contact hours will be sought for this journey.** The University of Pittsburgh School of Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (ANCC) (PO229).

#### Focus on healthcare

- Meaningful **interaction and collaboration** between travelers and healthcare professionals in both countries will focus on strategies being taken to meet the United Nation's Millennium Development Goals and improve healthcare outcomes worldwide.
- Discuss **current healthcare challenges** in each country. Healthcare professionals, as global citizens in the 21st century, need to understand universal health care issues such as poverty, hunger, malnutrition, illiteracy, and access to health care before global healthcare goals can be achieved.

#### Focus on the community & culture

- Giving back and engaging with the local community is an important part of your journey. You will have an opportunity to interact with a local **non-profit organization** or **community project**.
- Really get to know the culture of both Poland and Hungary during a cooking lesson in the home of a Polish family.
- Delve into WWII history as you learn about *Irena Sendler* and her incredible story of saving 2500 Jewish children. Polish nurse, humanitarian, and social worker, Irena served in the Polish Underground during World War II in German-occupied Warsaw.

#### Program Leader: Dr. Carol Huston

Dr. Carol Huston is a former president of Sigma Theta Tau, the International Honor Society of Nursing. She recently retired as director of the School of Nursing at California State University-Chico (CSUC).

- Author/co-author, *Leadership Roles and Management Functions in Nursing*, *Professional Issues in Nursing*, and *Leadership and Management Tools for the New Nurse*
- Co-developer, Marquis-Huston Model for Teaching Critical Thinking, which has been recognized internationally by nurse scholars



#### Why Nanda Journeys?

*Travel for people with purpose and passion. See for yourself what a difference travel makes.*

#### Ready to go?

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