



## Littleton Foot and Ankle Clinic

### Patient information

**(PLEASE PRINT & FILL OUT COMPLETELY)**

Patient Full Name: \_\_\_\_\_ Date: \_\_\_\_\_

First Middle Initial Last

DOB: \_\_\_\_\_ Sex: M / F Social Security Number: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Race: (*please circle*) Native American/Alaska Native Asian Black/African American White Other Decline

Ethnicity: (*please circle*) Hispanic/Latino NOT Hispanic or Latino Decline

Marital Status:  Married  Single  Widowed  Divorced  Separated

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_

Email address\* (*we will never share your email address with anyone*): \_\_\_\_\_

\*Email will not be used for any personal medical identifying information.

Preferred method of communication (*please circle*): Home phone Work phone Cell phone E-mail

Employment status:  Employed  Unemployed  Retired  Disabled  Student

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

Spouse name: \_\_\_\_\_

Spouse's employer: \_\_\_\_\_ DOB: \_\_\_\_\_ SSN: \_\_\_\_\_

### Emergency contact information

Emergency contact name: \_\_\_\_\_

Contact phone # ( ) \_\_\_\_\_ Relationship: \_\_\_\_\_

### Billing & Insurance Information

**Primary Insurance Name:** \_\_\_\_\_

Policy # \_\_\_\_\_ Group # \_\_\_\_\_

Policy holder name/Guarantor: \_\_\_\_\_ **SSN** \_\_\_\_\_ **DOB** \_\_\_\_\_

Insur. Address: \_\_\_\_\_

**Secondary Insurance Name:** \_\_\_\_\_

Policy # \_\_\_\_\_ Group # \_\_\_\_\_

Policy holder name/Guarantor: \_\_\_\_\_ **SSN** \_\_\_\_\_ **DOB** \_\_\_\_\_

Insur. Address: \_\_\_\_\_

### Pharmacy Information

**Pharmacy Name:** \_\_\_\_\_ **Phone #** \_\_\_\_\_

**Pharmacy Address** or cross-streets: \_\_\_\_\_

### Referral Information Whom may we thank for referring you to our office?

Name: \_\_\_\_\_ Address: \_\_\_\_\_

Is this person your: (*please circle*) PCP Other specialist Family Member Friend Previous patient Other \_\_\_\_\_

Other referral sources (*please circle*) Internet search (Google/other) Yellow pages/Dexonline Insurance Website Mailer

Patient full name: \_\_\_\_\_ DOB: \_\_\_\_\_

Name of Primary Care Physician: \_\_\_\_\_ Date of last visit: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Are you now, or have you been under any other doctor's care for any reason in the last two years? Yes No

If yes, please explain: \_\_\_\_\_

### **PODIATRIC HISTORY**

Have you ever been to a Podiatrist before? Yes No

**Which Foot/Ankle? LEFT RIGHT BOTH**

What is your **main foot or ankle complaint** for which you are seeking treatment? \_\_\_\_\_

When did it begin? \_\_\_\_\_

Have you received treatment for this condition? Yes No; If so, what was done? \_\_\_\_\_

Does this problem interfere with your activities? Yes No; Please explain: \_\_\_\_\_

Circle the degree of pain you are experiencing: **Minimal 1 2 3 4 5 6 7 8 9 10**

What is your shoe size? \_\_\_\_\_ Narrow Medium Wide

### **MEDICAL HISTORY**

Surgeries/Hospitalizations

Surgery/Hosp	Date

### **MEDICATIONS (PLEASE PRINT)**

You can provide a list of your medications or list below

Name	Strength/mg	Take how often?

Are you currently taking blood thinners? Yes No

### **SOCIAL HISTORY**

Do you currently use cigarettes or tobacco? Yes No; # years smoked \_\_\_\_\_ How many packs/day? \_\_\_\_\_

If quit, what year? \_\_\_\_\_

Alcohol use? Yes No; If yes, quantity \_\_\_\_\_ per day \_\_\_\_\_ per week \_\_\_\_\_ per month \_\_\_\_\_ per glass

Please circle: Beer Wine Other

Do you participate in any exercise or physical activity on a regular basis? Yes No

If so, what type: \_\_\_\_\_ Intense of exercise: Light Moderate Vigorous

Duration of exercise: \_\_\_\_\_ Min \_\_\_\_\_ Hours; Frequency: Daily Weekly Monthly Other \_\_\_\_\_

**Have you ever experienced any of the following?**

**Please check all that apply:**

- |  |   |
|--|---|
| <input type="checkbox"/> Ankle Instability | <input type="checkbox"/> Hip pain             |
| <input type="checkbox"/> Arthritis         | <input type="checkbox"/> Ingrown toenails     |
| <input type="checkbox"/> Back pain         | <input type="checkbox"/> In/out toe walking   |
| <input type="checkbox"/> Blisters          | <input type="checkbox"/> Knee pain            |
| <input type="checkbox"/> Bone spurs        | <input type="checkbox"/> Limb length in equal |
| <input type="checkbox"/> Bunions           | <input type="checkbox"/> Neuromas             |
| <input type="checkbox"/> Burning feet      | <input type="checkbox"/> Numbness/tingling    |
| <input type="checkbox"/> Corns/calluses    | <input type="checkbox"/> Plantar fasciitis    |
| <input type="checkbox"/> Flat feet         | <input type="checkbox"/> Shin splints         |
| <input type="checkbox"/> Foot infection    | <input type="checkbox"/> Sprains              |
| <input type="checkbox"/> Fracture          | <input type="checkbox"/> Sweating/odor        |
| <input type="checkbox"/> Fungal infection  | <input type="checkbox"/> Fungal toenails      |
| <input type="checkbox"/> Tendonitis        | <input type="checkbox"/> Gout                 |
| <input type="checkbox"/> Tired feet        | <input type="checkbox"/> Hammertoes           |
| <input type="checkbox"/> Ulcers/wounds     | <input type="checkbox"/> Heel pain            |
| <input type="checkbox"/> Warts             |   |

Are you pregnant?    Yes    No    N/A

**FAMILY HISTORY**

Please check all that apply

Relationship to you:

<input type="checkbox"/> Heart disease	
<input type="checkbox"/> Diabetes	
<input type="checkbox"/> Cancer	
<input type="checkbox"/> Other: _____	

**ALLERGIES    Yes    No    (Please Circle)**

If yes, please check all that apply

<input type="checkbox"/> Adhesive Tape	<input type="checkbox"/> Metal/jewelry
<input type="checkbox"/> Anticoagulants	<input type="checkbox"/> Lidocaine/novocaine
<input type="checkbox"/> Anti-inflammatories	<input type="checkbox"/> Peanuts
<input type="checkbox"/> Aspirin	<input type="checkbox"/> Penicillin
<input type="checkbox"/> Codeine	<input type="checkbox"/> Seafood
<input type="checkbox"/> Cortisone	<input type="checkbox"/> Sulfa
<input type="checkbox"/> Iodine	<input type="checkbox"/> Tylenol
<input type="checkbox"/> Latex	<input type="checkbox"/> Motrin/ibuprofen
Other: _____	

Patient full name: \_\_\_\_\_ DOB: \_\_\_\_\_

What is your current height? \_\_\_\_\_ Current weight: \_\_\_\_\_

Have you been treated for any of the following conditions? Please check all that apply:

- |   |   |
|---|---|
| <input type="checkbox"/> Acid reflux                                    | <input type="checkbox"/> Low blood pressure                   |
| <input type="checkbox"/> Alcoholism                                     | <input type="checkbox"/> Hyperthyroidism                      |
| <input type="checkbox"/> Allergies                                      | <input type="checkbox"/> Hypothyroidism                       |
| <input type="checkbox"/> Alzheimer's disease                            | <input type="checkbox"/> Kidney/bladder problems              |
| <input type="checkbox"/> Anemia   | <input type="checkbox"/> Liver Disease                        |
| <input type="checkbox"/> Arthritis (type _____)                         | <input type="checkbox"/> Medical Implants (type _____)        |
| <input type="checkbox"/> Asthma   | <input type="checkbox"/> Nerve System disorder                |
| <input type="checkbox"/> Back problems                                  | <input type="checkbox"/> Osteoporosis/osteopenia              |
| <input type="checkbox"/> Bleeding disorders                             | <input type="checkbox"/> Peripheral vascular/arterial disease |
| <input type="checkbox"/> Blood clots/DVT/PE                             | <input type="checkbox"/> Parkinson's Disease                  |
| <input type="checkbox"/> Cancer (type _____)                            | <input type="checkbox"/> Psychiatric care                     |
| <input type="checkbox"/> Circulatory problems                           | <input type="checkbox"/> Respiratory disease                  |
| <input type="checkbox"/> Congestive heart failure/CHF                   | <input type="checkbox"/> Rheumatic fever                      |
| <input type="checkbox"/> Depression                                     | <input type="checkbox"/> Seizure disorders/epilepsy           |
| <input type="checkbox"/> Drug or chemical dependency                    | <input type="checkbox"/> Sinus problems                       |
| <input type="checkbox"/> Ear problems                                   | <input type="checkbox"/> Sleep Apnea                          |
| <input type="checkbox"/> Eye problems                                   | <input type="checkbox"/> Stomach Ulcers                       |
| <input type="checkbox"/> Fibromyalgia                                   | <input type="checkbox"/> Stroke                               |
| <input type="checkbox"/> Headaches (type _____)                         | <input type="checkbox"/> Tuberculosis/TB                      |
| <input type="checkbox"/> Heart condition (type _____)                   | <input type="checkbox"/> Varicose veins                       |
| <input type="checkbox"/> Hepatitis                                      | <input type="checkbox"/> Vertigo                              |
| <input type="checkbox"/> High Blood Pressure                            | <input type="checkbox"/> Other: _____                         |
| <input type="checkbox"/> HIV/AIDS                                       |   |
| <input type="checkbox"/> High cholesterol/LDL _____ Date of test: _____ |   |
| <input type="checkbox"/> Diabetes/A1C _____ Date of test _____          |   |

**INFECTIONS**

- MRSA  
 Hepatitis B  
 Hepatitis C

I certify that the above information is true and correct to the best of my knowledge. I give my permission to Littleton Foot and Ankle Clinic, LLC and any qualified staff to administer and perform such procedures as may be deemed necessary in the diagnosis and/or treatment of my feet.

**Patient OR Guardian (under 18) Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Release of Information**

I authorize the release of information including the diagnosis, records; examination rendered to me and claims information. This information may be released to:

- ( ) Spouse \_\_\_\_\_  
( ) Child(ren)/Other \_\_\_\_\_  
( ) I Authorize messages on Phone Number(s) \_\_\_\_\_  
( ) Information is not to be released to anyone  
( ) I Authorize Email for appointment reminders ( ) I DO NOT authorize email for appointment reminders  
( ) I authorize detailed message regarding my medical information on \_\_\_\_\_ (Phone #)

**Patient OR Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

## Financial Policy

Thank you for choosing our practice! We are committed to providing you with quality podiatric care. We have developed this payment policy to assist you in understanding our financial practices. Please read it carefully and sign in the space provided below.

### Insurance

We participate with most insurance plans. If you do not have insurance or we do not participate in your insurance plan, payment in full is expected at each visit. Your insurance benefit is a contract between you and your insurance company. Knowing your insurance benefits is your responsibility but we will help explain your podiatric benefits so you can understand them.

We will keep a copy of your insurance card in your record, but you must notify us immediately if there has been any change. If you fail to inform us of updated insurance information, the balance on unpaid claims will become your responsibility. The Co-Pay is due at each visit. Co-Insurance, and deductibles are your responsibility and we may ask for pre-payment.

I certify that I have insurance with \_\_\_\_\_  
**Name of insurance company**

and assign directly to Littleton Foot and Ankle Clinic, LLC all insurance benefits, if any, otherwise payable to me for services rendered. I understand that I am financially responsible for all charges whether or not paid by insurance. I authorize the use of my signature on all insurance submissions.

Littleton Foot and Ankle Clinic may use my health care information and disclose such information to the above named insurance company(ies) and their agents for the purpose of obtaining payment for services and determining insurance benefits or the benefits payable for related services. This consent will end when my current treatment plan is completed or one year from the date signed below.

I request that payment authorized Medicare/Medicaid/Private insurance benefits, and, if applicable, Medigap benefits be made either to me or on my behalf Littleton Foot and Ankle Clinic for any services rendered to me by that provider.

To the extent of the law, I authorize any holder of medical or other information about me to release to the Center for Medicare and Medicaid services, my Medigap insurer, and their agents any information needed to determine these benefits or benefits for related services. I authorize Littleton foot and ankle clinic to contact the guarantor for billing questions only, no medical information will be disclosed.

### Non-covered Services

Please be aware that some of the services you receive may be non-covered by your insurance carrier. These services must be paid for at the time of visit. There will be a \$25-\$50 charge for all paperwork needed to be filled out for work (FMLA), attorneys, etc.

### Claims Submission

We will submit your claims and assist you in any way we reasonably can to help get your claims paid. Your insurance company may need you to supply certain information directly. It is your responsibility to comply with their request promptly. The office will perform reasonable effort to notify you of services that may be denied or non-covered. The patient is responsible for any charges/services that the insurance company denies.

### Payment

For your convenience, we accept cash, checks, VISA, MasterCard, and Discover. We reserve the right to refer your account to a collection agency if your account is over **60 days** past due. Any collection fees, court costs, reasonable attorney fees, or returned check fees are the responsibility of the adult person(s) named on the delinquent account. A collection fee is 20% of the amount due. Monthly service fee of 1.5% per month or 18% per annum will be assessed on all past due accounts.

**Please note, if you do not show up for your appointment, a fee may be assessed.**

Thank you for understanding our financial policy. Please let us know if you have any questions.

I have read and understand the financial policy and agree to abide by its guidelines.

**Signature** Patient /Guardian(under 18): \_\_\_\_\_ **Date**: \_\_\_\_\_

### Notice of Privacy Practices

We are required by law to maintain the privacy of, and provide individuals with, this notice of our legal duties and privacy practices with respect to protected health information. If you have any objections to this form, please ask to speak with our HIPAA Compliance Officer in person or by phone at our Main Phone Number. (Copy Available at Front Desk) **PLEASE NOTE THAT DUE TO HIPAA REGULATIONS IT IS OUR POLICY TO NOT ALLOW ANY TYPE OF VIDEO RECORDING OF PROCEDURES.**

**Signature**: Patient/Guardian(under18): \_\_\_\_\_ **Date**: \_\_\_\_\_