

HANDBOOK TEST

4th Gup – Senior: 12 yrs & older

NAME:

DATE:

GENERAL KNOWLEDGE

How do you begin/end class? (What are the commands?)

What are five points to remember when doing forms?

Why do you take a test?

QUESTIONS

What is the Tang Soo Do attitude?

Explain forms:

Explain weapon forms:

TERMINOLOGY (DRAW LINE TO MATCH)

70 (seventy)

Front kick

Side kick

Round kick

Back kick

Hook Kick

Axe kick

Out/inside kick

In/outside kick

Diagonal kick

Spin hook kick

Jump

Staff

Jik Gi

Dwi Cha Gi

E dan

Yup Cha Gi

Il Heun

Dwi Yup hu ryo cha gi

Dollyo cha gi

Bit cha gi

Bong

Ane so Baka ro cha gi

Bake so anu ro cha gi

Ahp cha gi

Yup hu ryo cha gi