



# 48th Annual Spring ISI Competition

**COMPETITION DATES**  
Saturday, May 2 thru Sunday, May 3

## SKATING LEVELS

Tot 3 ★ Tot 4 ★ Pre-Alpha  
Alpha ★ Beta  
Gamma ★ Delta  
Freestyle ★ Open Freestyle  
Interpretive ★ Spotlight  
Theater

*and more...*

For further information, practice times and applications, call or write Eric Tsai at:  
Fairfax Ice Arena, 3779 Pickett Road, Fairfax, VA 22031 • Phone: (703) 323-1132  
[www.FairfaxIceArena.com](http://www.FairfaxIceArena.com)  
[lessons@fairfaxicearena.com](mailto:lessons@fairfaxicearena.com)

**APPLICATION MUST BE RECEIVED BY APRIL 1, 2026**

# WELCOME!

The Fairfax Ice Arena Skating School welcomes you to the Annual ISI Competition located in Fairfax, Virginia, (ten miles from the nation's capital). It is our goal to insure that this competition will be the most exciting and rewarding event of your skating year. The competition will start Saturday and end Sunday. Friday evening after 6pm may be used if needed. An off-ice award presentation will be held periodically throughout the day. This competition is endorsed by the Ice Sports Industry (ISI) and will be held at the Fairfax Ice Arena.

The team concept of competition encourages skaters of all levels of ability and achievement (Prealpha through Freestyle 10). Although individual skaters may lose when competing against another individual, they will retain a high sense of involvement throughout the competition as they realize their team may win or place by their participation. Awards are given to the top five skaters in their event and awarded to the top three teams. A team must have at least 10 skaters to receive a trophy.

## APPLICATION DEADLINE—APRIL 1

*Application must be received by the Fairfax Ice Arena Skating School office.*

### AGE GROUPS

In general we follow the ISI suggested age brackets. However, in the event a group only has a few skaters, we will attempt to keep the age brackets within two years.

### EVENTS

Tot 3, 4, Prealpha, Alpha, Beta, Gamma, Delta, Freestyle 1–10, Open Freestyle, Freestyle 4 Gold—Any skater that competed in the 2024–2025 competition year at the Freestyle 4 level and placed in the top 3 places ***must*** compete at this level. Interpretive 1–10, Spotlight Alpha-Freestyle 10, Artistic, Synchronized Skating and Formation, Production, Comedy Team, Comedy Extravaganza, Jump and Spin Teams, Ensemble Teams and individual compulsories, also special skater category.

In all events, females will compete against each other and males will compete against each other. In an event where there is only one entry, the skater will compete and place according to the rules of the ISI Competition Standards.

### ELIGIBILITY

All skaters ***must be current***, individual members of the ISI and have their highest test registered with the ISI as of April 1, 2026. **If you are not a member, you can register at [www.skateisi.org](http://www.skateisi.org).** Skaters may not enter an event at a lower or higher level than their last test passed. Members of USFS, who are also individual members of ISI are eligible to compete in the new **Open Freestyle events** after passing the required Open Freestyle equivalency test listed below.

If the USFS skater has passed the test:	The skater must pass & compete in ISI no lower than:	Open FS levels:
No-test & Pre-Preliminary Adult Pre-Bronze Adult Bronze	Freestyle 1–3	Bronze
Preliminary Pre-Juvenile Adult Silver	Freestyle 4–5	Silver
Juvenile Intermediate Adult Gold	Freestyle 6–7	Gold
Novice Junior Senior	Freestyle 8–10	Platinum

**\*Skaters are expected to compete at their true ability level and to uphold high ethical standards.**

## JUMP AND SPIN TEAM (2 skaters)

This event is open to any level ISI skater. You must use the required maneuvers listed below.

<u>Event</u>	<u>Test Level</u>	<u>Required Jump</u>	<u>Required Spin</u>
Low	Tots-Delta	2-foot Hop <u>or</u> Bunny Hop	2-foot spin
Bronze	FS 1-3/Bronze	Half flip <u>or</u> Toe Loop	2-foot <u>or</u> 1-foot spin
Silver	FS 4-5/Silver	Half Loop <u>or</u> Axel	Sit spin <u>or</u> Back spin
Gold	FS 6-7/Gold	Dbl Salchow <u>or</u> Dbl Toe Loop	Layback <u>or</u> Flying Camel
Platinum	FS 8-10/Platinum	Dbl. Loop <u>or</u> Dbl. Lutz	Flying Sit <u>or</u> Camel-Jump-Camel

## JUMP AND SPIN TEAM (4 skaters or more)

This event is open to teams of four skaters or more. Teams of four skaters will have four maneuvers to perform.

### Competition Levels:

Low	Pre-alpha-Delta	One ft glide, Forward Crossover (R over L), Backward Crossover (L over R), Right T-stop
Medium	FS 1-3	R Mohawk sequence, L outside 3-turn, Inside edges, Bunny Hop
Intermediate	FS 4-5	Waltz jump, Half Lutz, Back Spiral, Sit spin
High	FS 6-10	Axel, Spin Combo with change of foot and position, Jump in opposite direction, Dbl flip

## ENTRIES

Entry forms accompanied with payment in the appropriate amount should be turned in to: Fairfax Ice Arena, 3779 Pickett Road, Fairfax, VA. 22031 for arrival on or before the closing date of entry, April 1. (**Make checks payable to Fairfax Ice Arena.**) Fairfax Ice Arena reserves the right to limit entries and/or make an additional charge for late entries. **There will be no refunds.** Each team must provide one ISI certified judge for every 10 competitors. Registration will be on a first come-first served basis.

## VERIFICATION

The Rink Manager or the Team Coach must sign the entry form (in the appropriate place) to verify the information contained on the entry form is correct. The information on the entry must be accurate and complete; inaccurate and/or incomplete forms will be returned. False information will result in disqualification.

## CHECK IN

All skaters should check in with the monitor 1 hour prior to the event.

## MUSIC

CD's must be labeled with skater's name, team name, division and age group. Music must be handed in at the Registration Desk no later than one hour prior to the scheduled program event. Please have a backup CD. Music may be picked up at the Registration Desk one hour after the scheduled event.

## ACCOUNTING REVIEW REQUEST

Accounting reviews must be made in writing and submitted by the team coach or Supervisor to the chief referee no later than 15 minutes after results have been posted. All accounting reviews must include a fee of \$25.00 which will be refunded should the review be upheld. Only a review of the accounting process will be made to insure all scores were accurately credited to each skater. Questions concerning judgment will not be considered. The Chief Referee's decision is final.

## JUDGES

Dana Chinn (ISI# 60065) will be our Chief Referee for this event. All judges must have passed the ISI judge certification for the levels judged and have also passed the 2024 Update Test to maintain their current certification level. Each new panel of judges should be available for a brief meeting approximately 30 minutes before they judge. It is necessary that all judges attend this meeting.

## COMPETITION SCHEDULE

**The schedule will be posted on our website at [www.fairfaxicearena.com](http://www.fairfaxicearena.com).**

The time schedules will be posted in the Ice Arena and emailed to out of town competitors' home rink approximately one week before the competition.

## PERFORMANCE RULES

The current rule changes can be printed off the ISI website [www.skateisi.org](http://www.skateisi.org) and found in the current edition of the new 2024 Edition of the ISI handbook. Books can be obtained from the Ice Sports Industry, 6000 Custer Rd., Bldg. 9, Plano, TX 75023. Tel: 972 735 8800. It is very important for each team coach to be familiar with the latest editions and revisions of the 2018 Edition of the ISI handbook.

## FAIRFAX ICE ARENA

Fairfax Ice Arena is the first Olympic Size (200' x 85') rink to be built in Northern Virginia and open all year. The Arena is located at 3779 Pickett Road in Fairfax City and is easily accessible to major highways 495, 66, 50, 29-211. Washington, D.C. is only 20 minutes away. Dulles and National Airports serve the area.

## ACCOMMODATIONS

**Other Hotels** (all located on Route 50)

- |  |   |
|--|---|
| 1. Econo Lodge (703) 273-1160            | 4. Comfort Inn (703) 591-5900                     |
| 2. Hampton Inn (703) 385-2600            | 5. Courtyard Marriott at Fair Oaks (703) 273-6161 |
| 3. Best Western (703) 591-5500 (Rt. 123) | 6. Holiday Inn Express (703) 359-2888             |

Call Fairfax Chamber of Commerce, (703) 591-5550.

## MEETING FOR FIRST TIME COMPETITORS (NOT MANDATORY)

Saturday, 12:15pm March 21, 2026

## SOLO COMPULSORIES

**For skaters Tot 3, 4, Pre-Alpha through Freestyle 10.**

Skaters will perform selected maneuvers from their test level in any order. The maneuvers are to be performed in a program (no music) with a minimum amount of connecting steps. Elements may be performed once, with no additional maneuvers allowed. There is no penalty for the number of wiggles, swizzles, strokes or crossovers performed in the Tot–Beta levels. Only the quality of the maneuvers is judged. Tot 3–Delta levels will be limited to 1/2 the ice surface. Freestyle and up skaters will use the full ice surface. If necessary, coaches will be allowed on the ice for tot levels.

**No music may be used for this event.**

- **Tot 3:** Preparation for snowplow stop, Dip, Forward swizzle.
- **Tot 4:** T-position and Push Right & Left, Backward swizzle and 2 foot or 1 foot snowplow stop.
- **Pre-Alpha:** 1 foot glide either Left or Right foot, Forward swizzles, Backward swizzles.
- **Alpha:** Forward stroking, Left over Right crossovers, 1 foot snow plow stop either foot.
- **Beta:** Backward stroking, Right over Left Backward crossovers, Left foot T-stop.
- **Gamma:** Right forward outside 3 turn, Left front inside mohawk combination, Hockey stop.
- **Delta:** Right inside 3 turn, Forward outside edges, Lunge.
- **FS1:** 2 foot spin, Forward arabesque, 4 backward inside edges.
- **FS2:** 1/2 Lutz, 1 foot spin, Ballet jump.
- **FS3:** Salchow, change foot spin, Dance step sequence.
- **FS4:** Flip jump, Loop jump, Sit spin.
- **FS5:** Lutz jump, Axel, Fast Back scratch spin.
- **FS6:** Split jump, Double salchow, Spin combination.
- **FS7:** Double toe loop, Flying camel spin, Jump in opposite direction.
- **FS8:** Double loop, Flying sit spin or axel sit spin, Double flip jump.
- **FS9:** Double lutz, Flying camel spin into a jump sit spin, Axel-double loop jump combo.
- **FS10:** Death drop, Double axel, Triple edge jump.

# **2024 ISI TEST & COMPETITION RULE REVISIONS**

**These Test & Competition Revisions are mandatory for all tests and competition events beginning September 1, 2024**

## **1. TEST REVISIONS & CLARIFICATIONS**

- **Open Bronze Freestyle** – Program duration time is reduced to 1:30 (not including the 10-second leeway).
- **Freestyle 7 & Freestyle 9 Opposite Jump Requirement** – When testing compulsory maneuvers and performing the test & competition programs, two jumps (clockwise and counterclockwise directions) must be demonstrated in succession with a minimum number of steps between each jump.
- **High Level Testing** – For all tests that require three examiners, the skater must receive a passing score by 2 of the 3 examiners to pass the test.
- **Open Platinum Testing** – The Open Platinum Freestyle test can be passed by one examiner who is a current ISI Professional member.
- **High Level Freestyle Video Tests** – Skaters who pass the compulsory maneuvers in isolation but do not pass the program portion will have a maximum of 30 days to re-test the program at no additional charge. After 30 days, the entire test must be re-submitted with a new application form and test fee payment.
- **Couple 1 Swing Rolls** – The two series of 4 lobes must be performed consecutively.
- **Pair 6 Testing** – The Pair 6 test can be passed by one examiner who is a current ISI Professional member.
- **USFS Pre-Silver and Higher Dance Skaters** – Skaters who have passed the USFS Pre-Silver and higher dance tests will be allowed a one-time opportunity to crossover to the ISI equivalent level, take the equivalent level ISI Dance test, and compete in ISI competitions. After this one-time crossover, skaters will be required to continue taking ISI Dance tests to compete at a higher dance level in ISI competitions.
- **New International Dances** – The Finnstep and Tea-Time Foxtrot have been added. All International Dance tests and events may be performed solo or with a partner.

## **2. COMPETITION EVENT REVISIONS & CLARIFICATIONS**

- **Skaters who have passed the Delta test** can test and compete in Figure 1, Dance 1, Free Dance 1, Open Bronze Solo Free Dance, Couple 1, Pair 1, and Open Pair Bronze. They can also continue to compete in Delta level events (i.e. Delta program, Stroking, Spotlight, etc.)
- **Freestyle 1-10 Events** – Uncaptured spins are not allowed if they include a spin position from a higher level than the skater's current test level.
- **Couples Spotlight** – Skaters cannot be given off-ice assistance or participation during their program.
- **Rhythmic Events** – Props cannot be left laying stationary on the ice while the skater performs a maneuver.
- **Open Bronze Freestyle** – Program duration time is reduced to 1:30 (not including the 10-second leeway).
- **Couple 1 Swing Rolls** – The two series of 4 lobes must be performed consecutively.
- **Jump & Spin events** – All participants must have passed any ISI test level.
- **Open Solo Free Dance events** – Split jumps are allowed.
- **Family-Friendly Programs** – Costumes, props, themes, song lyrics, and choreography for all ISI competition programs should be family-friendly and suitable for viewing by skaters of all ages. Family-friendly implies that the content or experience is free from explicit or inappropriate material. Program content should prioritize values such as safety (non-violence), inclusivity, and entertainment that all ages can share and enjoy.



- **Pair, Open Pair, Couple, Free Dance, Couple Spotlight, Family Spotlight, and all Team events** – New definitions have been established for acrobatic, adagio, dance, and group lifts. A new Lift Reference Chart has been created for lift limitations at each event and level. All coaches should refer to the 2024 ISI Handbook Lift Definitions & Lift Reference Chart and carefully check all lifts to make sure they are allowed in programs at that level.
- **Synchronized Advanced Formation teams** are allowed to perform 3-turns and Mohawks from forward to backward (and vice versa) and single twizzles.
- **Synchronized Dance team programs** may resemble Broadway and “showy” types of routines like those of the Radio City Rockettes, while still incorporating technical synchronized skating moves such as: Line, Circle, Block, Wheel, Intersection.
- **Synchronized Skating / Dance – Teen & Collegiate Teams** – Lifts are now allowed where the hands of the lifters can be extended higher than the head.
- **Pattern Team** – Skaters can begin the program on, inside, or outside of the common circle. Skaters must establish and work off a common circle throughout the program. New judging criteria for “*Use of Common Circle*” has been added for Pattern Team event to emphasize the importance of this incorporation for the team program choreography.
- **Ensemble skaters** are not limited to the number of Ensemble entries in which they may participate; however, if participating on more than one team, skaters must be able to change costumes during one team’s performance time so they are ready to perform again with the next team.

### 3. **Judging Revisions & Clarifications**

- ISI Judges must be 18 years old and have a current ISI Professional Membership
- **Ice Dance 1-10 – Solo event judging criteria** (change is underlined and in red):  
 Judge 1 – Correctness, Interpretation (*Dutch Waltz & higher*), General Overall (*Dutch Waltz & higher*)  
 Judge 2 – Posture, Timing, General Overall (*Dutch Waltz & higher*)  
 Judge 3 – Extension, Pattern, General Overall (*Dutch Waltz & higher*)
- **Pattern Team – Judging criteria** (changes are underlined and in red):  
 Judge 1 – Use of Common Circle, Variety of Turns & Edges, General Overall  
 Judge 2 – Unison, Correctness of Turns & Edges, General Overall  
 Judge 3 – Team Posture & Presentation, Duration, General Overall
- **Pair, Open Pair, Couple, Free Dance, Couple Spotlight, Family Spotlight, and all Team events** – New definitions have been established for acrobatic, adagio, dance, group, and stationary/rotational lifts. A new Lift Chart has been created to show lift limitations for each event and level. All coaches should refer to the 2024 ISI Handbook Lift Definitions & Lift Chart and carefully check all lifts to make sure they are allowed in the programs at that level.
- **Family-Friendly Programs** – Costumes, props, themes, song lyrics, and choreography for all ISI competition programs should be family-friendly and suitable for viewing by skaters of all ages. Family-friendly implies that the content or experience is free from explicit or inappropriate material. Program content should prioritize values such as safety (non-violence), inclusivity, and entertainment that all ages can share and enjoy.
- **Additional Penalties** – There are some events where guidelines have been given regarding performance; however, if a penalty is not listed in the ISI Handbook, a penalty cannot be given for not following the guidelines.

**For more information and complete details about any Rule Revision or clarification,  
please refer to the 2024 edition of the ISI Handbook.**

**There have also been additional changes in verbiage, a new Lift Reference Chart  
with definitions & partner / team event limitations, and other updated charts.**

## Competitors Information

Are you an active USFS member who has competed at or above the Novice level (Individual Or Synchronized) at any USFS National Championship within the last two years? ☐ Yes ☐ No

Email \_\_\_\_\_

Mail Entry Forms w/payment (No cash please) payable to: Fairfax Ice Arena, 3779 Pickett Road, Fairfax, VA 22031  
For Additional Information call: Fairfax Ice Arena. (703) 323-1132

# JUDGES'S INQUIRY FORM

**MAY 2 AND MAY 3, 2026**

Each rink must provide at least 1 judge per 10 skaters registered for the competition. Judges should plan on sitting on the panel for a 2–3 hour duration. All judges must be members of the ISI and certified as Bronze, Silver, or Gold to judge. We realize that you would like to judge as close to your skater's competition time as possible and will do our best to accommodate you. We look forward to you and your student's participation. Thanks!

Judge's Name \_\_\_\_\_ Team Rink \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone ( \_\_\_\_\_ ) \_\_\_\_\_ – \_\_\_\_\_ Fax ( \_\_\_\_\_ ) \_\_\_\_\_ – \_\_\_\_\_

E-mail Address \_\_\_\_\_

*Please circle below which levels you are qualified to judge.*

Tot 3    Tot 4    Prealpha    Alpha    Beta    Gamma    Delta

Freestyle:    1    2    3    4    5    6    7    8    9    10

Open Freestyle:    Bronze    Silver    Gold    Platinum

Spotlight:    Alpha    Beta    Gamma    Delta    1    2    3    4    5    6    7    8    9    10

Artistic:    1    2    3    4    5    6    7    8    9    10

Interpretive:    1    2    3    4    5    6    7    8    9    10

Synchronized:

Production:

Ensemble:

ISI judge's exam passed? \_\_\_\_\_ ISI number \_\_\_\_\_

Member # \_\_\_\_\_

Which competitions have you recently judged? \_\_\_\_\_

\_\_\_\_\_ I do not plan to attend the competition.  
(check here)

Please return this with all of your student's entries to Fairfax Ice Arena.

Fairfax Ice Arena  
Attn: Eric Tsai  
3779 Pickett Road  
Fairfax, VA 22031



# FAIRFAX ICE ARENA TEAM COMPETITION

Endorsed by the Ice Sports Industry (ISI)

**MAY 2 – MAY 3, 2026**

Coach information: Do you plan to attend? ☐ Yes ☐ No

Name \_\_\_\_\_ Home Phone (\_\_\_\_\_) \_\_\_\_\_

Address \_\_\_\_\_ Work Phone (\_\_\_\_\_) \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ E-Mail \_\_\_\_\_

Name of Group \_\_\_\_\_ Rink/Team Representing \_\_\_\_\_

Rink Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_

Rink Phone (\_\_\_\_\_) \_\_\_\_\_ Entry Fees \$15.00 per skater \_\_\_\_\_

Title of Routine \_\_\_\_\_

**Entry must be received by April 1, 2026 \$ \_\_\_\_\_**

**Total Enclosed**

## WE WISH TO ENTER:

- ☐ Synchronized Formation Team
- ☐ Synchronized Skating Team
- ☐ Synchronized Advanced Formation
- ☐ Jump & Spin Team

- ☐ Comedy Team
- ☐ Comedy Extravaganza
- ☐ Comedy Extravaganza
- ☐ Production Team
- ☐ Ensemble Team

## Age Category:

- ☐ Tot Team (majority 6 & under)
- ☐ Junior Youth Team (majority 8 & under)
- ☐ Youth Team (majority 9–11)
- ☐ Senior Youth Team (majority 12–14)
- ☐ Teen Team (majority 14–19)
- ☐ Adult Team (majority 20–39)
- ☐ Master Team (majority 40+)

## INDICATE LEVEL IF APPLICABLE \_\_\_\_\_

Name	Age as of 07/01/25	ISI #	Name	Age as of 07/01/25	ISI #
1 _____			17 _____		
2 _____			18 _____		
3 _____			19 _____		
4 _____			20 _____		
5 _____			21 _____		
6 _____			22 _____		
7 _____			23 _____		
8 _____			24 _____		
9 _____			25 _____		
10 _____			26 _____		
11 _____			27 _____		
12 _____			28 _____		
13 _____			29 _____		
14 _____			30 _____		
15 _____			31 _____		
16 _____			32 _____		

I declare that the information above is true and that all skaters have current individual membership with ISI, and understand that all team members skate at their own risk and hereby release ISI, Fairfax Ice Arena and its personnel from all liability. There will be no refunds.

\_\_\_\_\_  
Signature of Coach or Rink Manager

\_\_\_\_\_  
Date

\_\_\_\_\_  
Telephone Number