

# NEW TEEN YOGA

At Livingston Physical Therapy, 14 Ayers Lane Little Silver

STARTS JANUARY 17,2017

**Tuesdays nights 6:30 -7:30**

Register now...

**[Lauriesyoga@gmail.com](mailto:Lauriesyoga@gmail.com)**

**(516) 449-7764**

Class is open to all levels. No experience necessary.

\*Please bring a yoga mat

\*Arrive 5-10 minutes early

Tear off below:

Register for yoga @ :

[Lauriesyoga@gmail.com](mailto:Lauriesyoga@gmail.com)

Tuesdays 6:30 -7:30

Register for yoga @ :

[Lauriesyoga@gmail.com](mailto:Lauriesyoga@gmail.com)

Tuesdays 6:30 -7:30

CLASS  
PACKAGE:

4 Classes \$40.00

Taught by Laurie Sciscente, certified yoga teacher and physical therapist

