



# Saint Olaf Catholic Church

February 8, 2026 · Fifth Sunday of Ordinary Time

We are giving our Church website a facelift over the next few weeks. The site may be down sporadically. Any scheduled online automatic payments will still process. If you would like to make a one-time donation you may do so via the QR code. *Thank you for your patience!* Contact Melissa with questions.



**Lent** is a 40-day season in imitation of Christ's time in the desert in preparation for His public ministry. Lent begins on Ash Wednesday and ends at sundown on Holy Thursday.

During Lent, we seek the Lord in prayer by reading Sacred Scripture, we serve by giving alms, and we practice self-control through fasting.

**Abstinence** is the act of "doing without," or avoiding something. Catholics over the age of 14 are expected to abstain from eating meat during Lent on all Fridays, Ash Wednesday, and Good Friday in honor of the Passion of Jesus.

**Fasting** is the act of doing with less - to abstain from normal amounts of food. Fasting is obligatory for those ages 18 – 59 without major health concerns on both Ash Wednesday and Good Friday. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal.



Please place your **palms** from previous years in the basket in the church foyer to be burned for Ash Wednesday.

Palms will be burned *Monday, February 16* after the 6:00 PM Mass.



Lent begins on **Ash Wednesday, February 18.**

Masses will be at 9:00 AM with the school and at 6:30 PM.

Ash Wednesday is a day of fasting and abstinence.



**Every Friday Night during Lent: Stations and Soup**

6:00 PM Stations of the Cross in the Church

6:30 PM Free Meatless Soup Dinner in Father McNamara Center

All are welcome.



**24-Hour Perpetual Adoration**

*Sunday, March 8* from 12:30pm through *Monday, March 9* at 5:30pm

Ending with Benediction.

The first half-hour (12:30pm - 1pm) will be dedicated as a children's adoration time.

Wiggles, children's books, and some noise are normal and welcome.

Parents must stay with their children. Adults may be present at this time as well.

Please be welcoming of our youngest adorers.

*Sunday, March 8* from 8-9pm Live Meditative Music.



If you would like to donate funds in memory of a loved-one to help fund

**Easter Flowers for the Church** please use the envelopes in the Church Foyer.

You may also use contribution envelopes, but please mark that the funds are for Easter flowers. *Please clearly print* the name of your loved one on the envelope.

Names will be listed in the Easter Bulletin on April 5. You may drop the envelope in the collection basket at Mass or mail it to the church office, attn: Melissa Martinez.

Funds will be collected through *Monday, March 23.*

All are invited to our next **Parish Rosary** on *Wednesday, February 11* at 7:00 PM in the Church. We will pray for a cure for Alzheimer's Disease. No rosary next week due to Ash Wednesday.

**Genaro Carrion** is a pilgrim researcher who studies Marian Apparitions. Genaro will talk about the apparitions of our Blessed Virgin Mary in Lourdes, France to Saint Bernadette Soubirous on *Wednesday, February 11* at 7:30 PM in the Rectory. Contact: Carriong@hotmail.com

**Knights of Columbus BINGO:** *Friday, February 13.* Doors open at 6 PM, game at 7 PM.

**Final 2025 DDD update:** we surpassed the quota established by Bishop Solis and we will receive a rebate of \$7,394. Thank you to our DDD Chairman & Parishioner, Tom Donehue.

*Thank You* Bishop Solis expressed his sincere gratitude to the 115 Saint Olaf Parish families that donated to the DDD in 2025!

**Music:** The introit is a part of the liturgy that is meant to draw the assembly into the mystery of the liturgy. The text for each introit is found in the Missal and is part of the "proper" of the day.

## Church Office & Mailing Address

276 E 1700 S

Bountiful, Utah 84010

801-295-3621

[www.stolafut.org](http://www.stolafut.org)

[www.facebook.com/SaintOlaf UT](https://www.facebook.com/SaintOlaf UT)

## Saint Olaf Catholic Church

315 E 1800 S

Bountiful, Utah 84010

## Office Hours

Monday - Thursday 9:00 AM - 3:00 PM

## Parish Staff

Father Andrzej Skrzypiec, Pastor

Deacon Scott Dodge

Melissa Martinez, Office Manager

[Melissa@stolafut.org](mailto:Melissa@stolafut.org)

Carol Welninski, Faith Formation Director

[Carol@stolafut.org](mailto:Carol@stolafut.org)

Heather Bonn, Baptisms & Weddings

[Heather@stolafut.org](mailto:Heather@stolafut.org)

Holly Dodge, Music Director

[Holly@stolafut.org](mailto:Holly@stolafut.org)

Evan Fisher & Kevin Cummings,

OCIA Directors

[StOlafOCIA@gmail.com](mailto:StOlafOCIA@gmail.com)

## Sunday Mass Schedule

Saturday 5:30 PM

Sunday 9:00 AM & 11:30 AM

## Weekday Mass Schedule

Monday 6:00 PM

Tuesday - Friday 8:00 AM\*

\*Wednesday at 9:00 during the school year

## Confession

Saturday 4:15 - 5:15 PM

## Eucharistic Adoration

First Fridays 9:00 AM - 5:00 PM

## Faith Formation

Sundays 10:00 AM - 11:15 AM in the School

## Saint Olaf Catholic School

1793 South Orchard Drive

Bountiful, Utah 84010

801-295-5341

[www.stolafs.org](http://www.stolafs.org)

Christine Bergquist, Principal

Melinda Earhart, Vice Principal

Gricelda Poteracki, Finance Manager

*Welcome to all visitors and anyone new to our Parish & School community!*

## Saint Olaf Catholic School

### A BIG THANK YOU TO SAINT OLAF SCHOOL FROM THE CENTER OF HOPE!

During the recent Catholic Schools Week food drive we collected 1,185 pounds of food, 23 cases of diapers, 23 packs of diapers, 2 cases of wipes, 20 packs of wipes, 3 deodorants, and 5 packs of maxi pads in support of the Center of Hope.

Thank you mighty Saint Olaf School community!

**A BIG THANK YOU** to our multiple Parishioners who participated as judges in the 7th and 8th grade Science Fair last week. Congratulations to the multiple students participating in the Diocesan-level Science Fair this weekend. We love when our Parish & School come together!

#### Faith Formation

**February 8:** Regular Class - **Inscription Mass at 11:30 AM for all Confirmation candidates and their families.** Confirmation meeting following Mass.

**February 15:** No Class

**February 20 (Friday):** Stations of the Cross at 6 PM. Confirmation candidates needed as altar servers.

**February 22:** Regular Class

*"What does love look like? It has the hands to help others. It has the feet to hasten to the poor and needy. It has eyes to see misery and want. It has the ears to hear the sighs and sorrows of men. That is what love looks like." St. Augustine*

#### OCIA - An Invitation to Come

The OCIA program (Order of Christian Initiation of Adults) is for anyone interested in joining the Catholic Church. Classes meet Sundays at 10 AM in the Chapel Meeting Room.

**February 8:** Rites & Scrutinies

**February 10 (Tuesday):** Holy Orders

**February 15:** Lent

Please email Kevin or Evan: [StolafOCIA@gmail.com](mailto:StolafOCIA@gmail.com) or contact the office with questions.

As we prepare to enter the season of Lent, our catechumens and candidates are entering a final and more intense time of preparation. It is considered a period of purification and enlightenment and will include two of the three scrutinies. These are solemn rites which give spiritual strength to the catechumens.

On *Saturday, February 21* our catechumens and candidates will participate in the Rite of Election and Call to Continuing Conversion at the Cathedral of the Madeleine. This marks the time when the catechumens will affirm their commitment to enter the Church. After this rite, they are called the elect as they journey through Lent and towards their sacraments of initiation.

Please pray for those on their faith journey, especially for those in our OCIA program this year preparing to enter the Church at Easter.

**The new St. Olaf Young Adult Ministry Group has started!!** Anyone aged 18 - 35 is invited to join for fun, community, and spiritual growth. Meets weekly on Thursday nights.

Contact Parker Jones: 760-981-3830.

**New Prayer Shawl & Craft Ministry** *THIS SUNDAY February 8* at 12:30 PM.

Contact Caprice Nielson: 941-928-6073.

**St. Olaf Youth Group** welcomes anyone ages 14 - 17! Our Youth Group meets every other Monday after the 6pm Mass in the basement of the Rectory Office.

Next meeting: *Monday, February 9.* Contact Carlos Dorado: [cdorado27@gmail.com](mailto:cdorado27@gmail.com)

At all Masses *February 14 & 15* Father will host a renewal of Marriage Vows.

**Ski with Fr. Andrzej** and our Parish and School community! *Saturday, February 21* from 10-1 at Snowbasin. Participants are responsible for their own transportation, gear, and lift ticket.

**The Children's Choir** is signing up new members for Spring Semester. We sing once a month at the 9am Mass and practice 4-5 PM on Tuesdays. Contact Holly: 801-450-8198.

Please remember the sick of our parish community in your prayers - that they may be healed, strengthened, and know the love of God during their suffering:

*Catherine Garcia, Tony Macklyn, Barrett Barnes, Veronica Markisich, Guy Lacy, Devin Gordon, Brendon Young, Trevan Young, Barbara Gould, William Walker, Ava Delacruz, Andrea Emilia Bernabey, Shannon Maguire, Amillio Jesse Martinez, Marianne Canetti, Laura Wortman, Dee Cummings, Kelly Krizan, Reece Roberts, Sabie Smith, Frank Canetti, Ruby Westphal, Carmen Capito, Amma Libii, Audrey Rodarte, Joe Garcia, Hart Wesemann, Esther Shutt, Paul Rohrbaugh, Matt Smith, Rosalyn Perlick, & Lauri Winkler.*



## Mass Intentions

**Saturday, February 7**

**5:30 PM**

† Joe Trueba (Bea Trueba)

**Sunday, February 8**

**9:00 AM**

† Deceased Members of the  
Comins & Ward Families

**11:30 AM**

Shannon Maguire (Maguire Family)

**Monday, February 9**

**6:00 PM**

† Isabella Finnegan (Betty Byrne)

**Tuesday, February 10**

**8:00 AM**

All Saint Olaf Teachers, Staff,  
and Students

**Wednesday, February 11**

**9:00 PM**

Holly Dodge - Birthday Blessings

**Thursday, February 12**

**8:00 AM**

Marie Bruns

**Friday, February 13**

**8:00 AM**

† William Bonn

**Saturday, February 14**

**5:30 PM**

All Married Couples of our  
Parish Community, for strength within  
the Vocation of Marriage

**Sunday, February 15**

**9:00 AM**

† Sr. Stella Zahner (Nafus Family)

**11:30 AM**

Woman of the Parish  
(Council of Catholic Women)

Have a loved ones' birthday or an anniversary coming up and want a shout-out in the bulletin? Call Melissa. We want to celebrate the people within our Parish!



*Happy 100th birthday to Bea Trueba!*

*Happy upcoming birthday to  
Ed Ortega!*

*Happy recent 94th birthday to  
Father Andrzej' mom in Poland!*

**Online:** \$4,060

**Envelopes:** \$3,508

**Loose:** \$1,628.25

**School:** \$106

**Maintenance:** \$520

**Easter Flowers:** \$60

**Next Second Collection:**

*February 18* for the Church  
in Central Europe

*thank you*