



**2018 SPIRIT CHAMPIONSHIPS SCORE SHEET
JUMPS/ DISMOUNTS**

| JUMPS | DIFFICULTY | EXECUTION | CREATIVITY | COMMENTS |
|----------------------------|--|--|--|-----------|
| SCORE GRID | 3.5 Skills do not meet 4.0 Requirement | 3.0-3.5 Less than 50% of the athletes execute excellent precision and form | 2.0 – 2.3 Less than 50% of the jump skills incorporate visual, unique or innovative ideas. | |
| | 4.0 Most of the team performs 1 jump | | | |
| | 4.5 Most of the team performs 2 jumps | 3.5-4.5 50% of the athletes execute excellent precision and form | 2.3-2.5 | |
| | 5.0 Most of the team performs 3 jumps | 4.5-5.0 75% of the athletes execute excellent precision and form | 50% of the jump skills incorporate visual, unique or innovative ideas. | |
| JUMPS | 5 | 5 | 2.5 | |
| DISMOUNTS | DIFFICULTY | EXECUTION | CREATIVITY | COMMENTS |
| SCORE GRID | 4.0 Less than a Majority of the team performs a dismount | 3.0-3.5 Less than 50% of the athletes execute excellent precision and form | 2.0 – 2.3 Less than 50% of the dismount skills incorporate visual, unique or innovative ideas. | |
| | 4.5 Majority of team performs a level appropriate dismount | | | |
| | 5.0 Majority of the team performs a level appropriate dismount ripple or synchronized in the same section | 3.5-4.5 50% of the athletes execute excellent precision and form | 2.3-2.5 | |
| | | 4.5-5.0 75% of the athletes execute excellent precision and form | 50% of the dismount skills incorporate visual, unique or innovative ideas. | |
| DISMOUNTS | 5 | 5 | 2.5 | |
| OVERALL ROUTINE | SCORE GRID | EXECUTION | CREATIVITY | COMMENTS |
| ROUTINE COMPOSITION | A team's ability to demonstrate precise spacing and seamless patterns of movement performed throughout the routine. This includes innovative, visual, and intricate ideas; as well as any additional skills performed to enhance the overall appeal. | | | |
| | 8.5 - 10 | 10 | | |
| OVERALL PERFORMANCE | A team's ability to demonstrate high levels of energy and excitement while maintaining consistent uniformity, genuine enthusiasm and showmanship. This will include appropriate athletic impression throughout the routine | | | |
| | 8.5 - 10 | 10 | | |
| TOTAL | 10 | 30 | 5 | 45 |