



Chalk Talk

Volume 27, Issue 6

October 1, 2013

Dates OGI Classes will Close:

10/31/13—Halloween
 11/28 to 30/13—Thanksgiving
 12/24/13 to 1/1/14—Winter Break

Inside this issue:

Program Philosophies	2
Safety Week at OGI	2
New Options for Paying Lesson Fees	2
October Birthdays	3
October Referral Special	3
Red / White & Blue Intrasquad Meet	3
Costume Week at OGI	4

REMEMBER:

- * Once the temperature drops below 60 degrees the side door can only be used for Handicapped access
- * To receive your Early Pay Discount of \$5.00 per student we must have your payment in our office available for deposit on or before the 1st calendar day of the month

Programs, Programs, Programs

One of the key features of the Ohio Gymnastics Institute is that we are able to offer so many different programs for your children. We have a great facility with lots of equipment and training stations as well as an amazing staff. Here are descriptions of some of our programs:

Jungle Gym Program

Designed for children between 18 months and 6 years old who have not yet entered first grade, the Jungle Gym Program is a Movement Education Program founded in Gymnastics. Jungle Gym classes are co-ed. We offer 5 different levels of instruction including Toddling Turtles (18 months to young 3 year olds), Bouncing Bears (entry level for ages 3 to 6 years old), Jumping Jaguars (entry level for 5 & 6 year olds), Tumbling Tigers (intermediate level for experienced Jungle Gym members), Leaping Lions (advanced level for children not yet in first grade).

Recreational Gymnastics Program

This program is designed for athletes who are in first grade and older. Recreational Gymnastics is not co-

ed. Boys are in classes with all boys and girls with all girls. Girls in the Recreational Gymnasts Program learn traditional gymnastics skills on the 4 Women's Competitive Events (Vault, Bars, Beam & Floor). Boys work on the 6 Men's Competitive Events (Floor, Pommel Horse, Still Rings, Vault, Parallel Bars and Horizontal Bar). Both girls and boys also train on the Trampolines, Rock Walls and Climbing Ropes. The Recreational Gymnastics Program offers 4 different skill levels: Beginner, Novice, Intermediate, and Advanced.

Recreational Cheerleading Program

OGI has been offering classes in Cheerleading since 1987! These classes are Co-ed and work all aspects of Cheerleading including Jumps, beginning Stunting, Cadence, Presentation, Sideline Motions and Tumbling. We have five training levels: Red Squad (entry level class for 1st through 7th grades), White Squad (entry level for 8th grade and older) and Blue Squad (designed for those who can already

perform a backhandspring by themselves). We are finalizing the plans for two new levels of instruction—the Stars Squad (experienced 1st through 7th grades) and the Stripes Squad (experienced 8th grade and older). We also have a new Competitive Cheerleading Team which will begin competing after the first of the year!

Competitive Gymnastics Program

Our competitive gymnastics program has been providing competitive experiences for gymnasts since 1986. Competitive Gymnastics is a very complex and exciting sport and OGI offers experiences at all levels from the beginner to the most advanced. Athletes train between 4 and 15 hours each week (depending on their level of competition) and compete their routines, locally, state wide, regionally and nationally (again, depending on their level of competition). Athletes typically begin competing during the year that they turn 8 and continue, in some cases through college. Many competitive gymnasts develop lifelong friendships.

Program Philosophies!

We are so glad that you have chosen the Ohio Gymnastics Institute for your children. For those who are new to OGI and as a review for those who have attended for years, we would like to share with you some of our teaching & coaching philosophies.

With so many students and coaches moving through all the areas of the gym at once it may seem overwhelming and maybe even a bit like chaos out on the gym floor. Rest assured that we have all the policies and procedures in place to make sure that your children are safe, appropriately challenged, getting plenty of exercise and having loads of fun.

Our Staff knows how children think and what motivates children. We also know that children are happiest when they are moving. For this reason we do not allow our teaching staff to permit children to sit and wait for turns.



You will notice that most children are moving at all times in the gym. Our teachers work off of a set of Lesson Plans which make sure that everything that your child needs to know in order to progress through their class level is introduced to them in one of our lesson plans. The teaching staff will choose the most advantageous place in which to position themselves to help each child, one at a time, to learn the featured skills for that lesson plan. During the time the teacher is helping one child, we provide other drills, skills, obstacle courses etc. allowing the other members of the class to stay engaged, active, and challenged.

~ Safety Week here at OGI ~

During the week of October 14th to the 20th the Ohio Gymnastics Institute will participate in a Safety Week for Gymnastics. Lessons will include instruction about how to properly land, how to deal with a fall, how equipment and mats should be properly placed and how athletes should work within their abilities and how athletes and teachers can better communicate.

The teaching staff at the Ohio Gymnastics Institute work continuously on improving safety here at OGI by becoming USA Gymnastics Safety Certified, certifying in CPR, First Aid and AED, attending educational clinics and seminars and having regular Staff Meetings to discuss even more ways that we can maintain our levels of Safety Awareness and preparations.

Did you know that even though we are not required to do so, OGI owns and maintains an AED (Automated Electronic Defibrillator) - it is located under the large American Flag in the Gymnastics Area

New Payment Policies

Beginning September 1, 2013, we will need to add a \$5.00 charge for any payments made over the phone for currently enrolled students. The costs associated with processing a credit or debit card without physically swiping the card have become too high for our company to absorb.

You have several options to make payments while your children are here at the gym including paying by Cash,

Check, Credit or Debit Card. As you may have heard, we now offer ACH (automatic drafting of your personal checking account) and Pre Authorized Credit or Debit Card processing.

Using the ACH or Pre Authorized Credit Card processing will also guarantee that you will always receive your \$5.00 per child Early Pay Discount!



October Birthdays

Happy Birthday to all the OGI members who were born in October!

Delaney Alexander, Lauren Amodio, Charlotte Bixel, Atianna Caggiano, Katie Campbell, Adelaide Cox, Hailey Crawford, Aubrey Evans, Colette Fuda, Jahaira Gonzalez, Gavin Gray, Michael Hayslett, Payton Henderson, Mitchel Horkey, Kennedy Howard, Rossella Kemesky, Katelyn Ken-

nedy, Madison Leone, Evan Lewis, Alex Lipp, Chloe Maffei, Riley Matig, Reese Miller, Christen



Nutt, Gianna Ognibene, Jacquelyn Ouellette, Erika Peart, Christian Philibin, Sophia Powell, El-

liana Radke, Ivy Rawl, Autumn Reed, Noel Reigle, Sophia Scarmack, Halie Shiley, Khloe Shodd, Kasey Solic, Cameron and Jordan Sperling, Grace Stone, Garrett Teutsch, Allie Vandervort, Annabel Walsh, Derek Walter, Jordan Wayt, Nicholas & Olivia Weber, Amira Welch, Madeleine, Wills, Kristin Yeager, Aziza Yelverton, Halynah Zura

October Referral Special

Until October 30 we are offering a great deal to our currently enrolled customers—Sign up a friend or another family member and get 25% off your next month’s fees!

This offer is good only for our currently enrolled students who refer a **new** friend or have another **new** family member enroll during the time covered by this special. New students

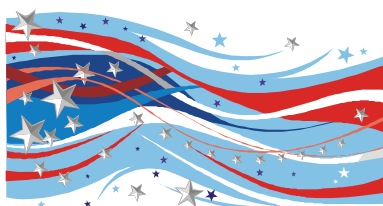


are those students who have never attended any of OGI’s Programs in the past. Credit to your October or November fees will be issued once the new student has enrolled and paid for one month of classes. Credit is defined as 25% off your monthly “early pay” fee rate and is limited to a maximum one month fee credit of \$25.00 for each new student you refer.

2013 Red / White & Blue Intrasquad Competition

The **TeamOGI** Gymnastics Program held the annual Red / White & Blue Intrasquad Competition on Sunday September 29, 2013. Over 100 spectators stopped by to watch over 45 members of the OGI Competitive Gymnastics Teams compete in each of the three awards categories: Most Visual (coaches, athletes, parents and family and friends dress to support their team’s color and decorate the gym) the

Most Vocal (lots of cheering, chanting



and applauding performances) and Highest Team Score (each athlete is

judged on a scale of 1, 2 or 3—with 3 being the highest then all the members of each team have all their scores combined for the overall team score). The final results were:

Most Visual—RED TEAM

Most Vocal—BLUE TEAM

Highest Team Score—WHITE TEAM

**Ohio Gymnastics
Institute, Inc.**

5701 West Webb Road
Austintown, OH 44515

Phone: 330-652-4386
Fax: 330-652-4387
E-mail: OGIOffice@aol.com

Gymnastics - We move STRONG

Check us out on the web:
www.MyTeamOGI.com

The Ohio Gymnastics Institute began in 1986 with less than 50 students and has grown out of its first two facilities into our current facility that has over 1750 people entering our doors each week.

The Ohio Gymnastics Institute has always maintained a mission of providing the highest quality of instruction, coupled with a level of involvement which is appropriate for a developing child at a price that is reasonable and fair.

Costume Week here at OGI

During the 7 days beginning October 24th and ending October 30th we encourage all of our athletes to wear a costume. For some, it may be their favorite literary character or super hero - for others it may be their Halloween Costume, either way, feel free to let your child enjoy the experience. We will begin a March of the Athletes (Turtles, Bears, Jaguars, Tigers, Lions) at the start of classes and spend the first 5 minutes of class parading the athletes around the gym for everyone to see. Bring your camera and make sure that you don't miss any of the amazing costumes. Please remember the following guidelines:

I am allowed to dress up in my Halloween costume, and wear it to class. It will be so much fun, but I need you to help me remember a few things: 1.—I should avoid wearing a face mask because I need to be able to see while I am jumping and flip-

ping throughout the gym. I can use some face paint, but not so much that it will get on the mats or end up with glitter / paint in my eyes. 2.—Since I don't want to accidentally lose part of my costume in the gym, or even worse, hit one of my friends in class, I need to leave any swords, crowns, wands, brooms, or other accessory items at home. I will be wearing my costume to gymnastics before trick-or-treating, so if the material is plastic or easily torn, it might not be a good idea to wear. I don't want to ruin it after all! 3.—Make sure that my movement is not restricted by my costume, or I may not be able to participate in some other activities due to safety concerns. Now that we have gone over all the rules, it's time to get ready. I cannot wait to show all my friends and coaches the costume I've chosen! I will even get to parade around the gym so that all of the other students and parents see how great I look. I bet they won't even recognize me. It's time to celebrate at the HALLOWEEN EXTRAVAGANZA! Grab the camera and let's go!!!

