## **Curriculum Vitae**

### Dr. Robert G. Kaplan

Clinical Psychologist and Board Certified Forensic Examiner Licensed Psychologist in Oregon & Ohio Call: (216) 952-0361

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#### License and Certifications

Psychologist, State of Oregon, License Number 2659, 2016

Forensic Evaluator Certification, State of Oregon, 2017

Psychologist, State of Ohio, License Number 3518, 1984

Fellow, American College of Forensic Examiners, 1999 to Present

Diplomate, American College of Forensic Examiners, 1996 to 1999

**Diplomate, American Board of Psychological Specialties**, Psychological Disability Evaluation, 1996

Certified Tele-Behavioral Health Practitioner, Telebehavioral Health Institute, since June 14, 2018

#### Education

Ph.D., Clinical Psychology, 1983, Case Western Reserve University, Cleveland, Ohio

M.A., Clinical Psychology, 1981, Case Western Reserve University, Cleveland, Ohio

**B.A., Cum Laude, Psychology,** 1976, University of Pennsylvania, Philadelphia, Pennsylvania

### **Current Employment**

#### President, Kaplan Consulting & Counseling, Inc. (April, 2002 to Present)

Focus of practice as Clinical & Forensic Psychologist:

- Psychological trauma
- Substance abuse.
- Fitness for duty
- Workplace violence
- Discrimination

- Criminal behavior
- Psychological disability evaluation
- Risk assessment
- Sexual harassment
- Counseling for individuals and couples

- Testifies as an expert witness on behalf of prosecutors, criminal defendants, claimants, and employers, more than 140 times, in federal, state, and local jurisdictions.
- Conducts fitness for duty and risk assessments for private and public employers, including emergency responders and educators.
- Crisis management for employers and individuals, resolving several hundred crises involving suicidal, homicidal, intoxicated and psychotic individuals without the loss of a single life.
- Advises employers on the development of policies, programs and strategies in all areas of specialization.
- Specializes in treating individuals who suffer from psychological trauma, substance abuse, depression and anxiety.
- See Appendix for highlights of Dr. Kaplan's professional activities.

### **Previous Employment**

# Executive Vice President, Behavior Management Associates, Inc. (May, 1985 to April, 2002)

Dr. Kaplan was a founding principal of a firm that provided employee assistance programs, behavioral health care management services, organizational training and development programs, and evaluations for hiring and promotion, to over 200 employers across the United States and Canada.

- Services were provided to more than 250,000 covered lives of the firm's *IMPACT* Employee Assistance Program.
- Psychological assessment and counseling services were provided to individuals, couples and families.
- Responsibilities included:
  - Management of forensic and assessment services, clinical services, and crisis intervention services
  - o Program development
  - Employer policy consultation
  - o Risk management
  - Management of information and communication technology
  - Contracting
  - o Development of marketing materials.

## Psychologist, Management Psychologists of Ohio (December, 1983 to June 1984, Part-time, July, 1984 to May, 1985)

Dr. Kaplan was an employee of a firm that provided management consulting and employee assistance programs to employers. His responsibilities included:

• Individual, group, family, and marital psychotherapy

- Psychological assessment services for attorneys, insurance and rehabilitation companies, employers, the Ohio Bureau of Workers Compensation, the Ohio Bureau of Vocational Rehabilitation, and the U.S. Social Security Administration.
- Biofeedback
- Vocational counseling

## Counselor, City of Cleveland Office of Mental Health & Substance Abuse (October, 1982 to June, 1984)

Dr. Kaplan was an employee of a city agency that provided outpatient mental health and substance abuse services primarily to low-income, poor, and indigent residents. His responsibilities included:

- Individual, group, and marital psychotherapy
- Outreach services
- Social services
- Substance abuse counseling
- Consultation to medical staff in the adult and adolescent clinics of the Thomas F. McCafferty Health Center, an inner-city outpatient health care facility.
- Psychological assessment and consultation services for agency staff located throughout the City of Cleveland.
- Group therapy for substance abusers
- Individual psychotherapy
- Psychological assessment of prisoners in the City of Cleveland House of Corrections.

## Internship

# Cleveland MetroHealth Medical Center (Formerly Cleveland Metropolitan General Hospital, September, 1981 to September, 1982)

Dr. Kaplan completed his psychology internship at a county teaching hospital of Case Western Reserve University School of Medicine, accredited by the American Psychological Association. His responsibilities included:

- Psychological assessment and neuropsychological testing of infants through elderly on both inpatient and outpatient units
- Individual outpatient psychotherapy of children, adolescents and adults
- Crisis intervention and emergency services
- Group psychotherapy of inpatient adolescents
- Psychological consultation to pediatric and adult medical inpatient units
- Psychological assessment and intervention for medical patients
- Psychological support to medical staff
- Case management of adolescent and adult psychiatric inpatients

 Provision of psychological services to multi-disciplinary treatment teams for adolescent and adult psychiatric inpatient units.

## Hospital Affiliations

- University Hospitals Health System, Laurelwood Hospital, Cleveland, Ohio, 1992 to 2008
- University Hospitals Parma Regional Medical Center, Cleveland, Ohio, 1996 to Present

#### **Professional Associations**

- Committee Member, Ohio Psychological Association Workers' Compensation Task Force, 2015 to Present
- President, Cleveland Psychological Association, 1999
- Treasurer, Cleveland Psychological Association, 1998
- Chief, Information & Referral Service, Cleveland Psychological Association, 1998
- Chairperson, Speakers Bureau, Cleveland Psychological Association, 1997
- Chairperson, Public Education & Marketing Committee, Cleveland Psychological Association, 1997
- Member, International Society of Traumatic Stress Studies, 1994 to 2008
- Member, Cleveland Psychological Association, 1985 to Present
- Member, Ohio Psychological Association, 1985 to Present
- Member, American Psychological Association, 1985 to Present
- Member, Employee Assistance Professionals Association 1985 to 2003
- Member, Program Committee, Employee Assistance Professionals Association, Northern Ohio Chapter, 1985 to 1987
- American Management Association 1985 to 1987

### Government Consultation

In addition to being appointed as a defense expert in capital murder cases for federal and state courts in Ohio, Indiana, Kentucky, and Michigan, Dr. Kaplan has been an expert witness and consultant for the following government agencies:

#### **Criminal Consultation:**

- Expert Witness, Death Penalty, Federal Public Defender, Northern District of Oh., 2012
- Expert Witness, Death Penalty, Kentucky Department of Public Advocacy, 2009
- Expert Witness, Death Penalty, U.S. District Court, Northern District of Ohio, 2008

- Expert Witness, Death Penalty, Office of the Public Defender of Knox County, Ohio, 2006
- Expert Witness, Death Penalty, Indiana Public Defender's Office, Indianapolis, Indiana, 2006
- Consultant and Expert Witness, Death Penalty, Office of the Public Defender of Ohio, 2004
- Consultant and Expert Witness, Cook County Public Defender, Chicago, Illinois 2003 to 2004
- Expert Witness, Death Penalty, Federal Public Defender, Phoenix, Arizona, 2002
- Consultant, Police Homicide, Erie County Prosecutor's Office, Buffalo, New York, 1999
- Expert Witness, Death Penalty, Indiana Public Defender's Office, Indianapolis, Indiana, 1997 to 1999
- Expert Witness, Juvenile Homicide, Cuyahoga County Prosecutor's Office, Cleveland, Ohio, 1985

#### **Civil Consultation:**

- Fitness for Duty Consultant, City of Akron, Ohio Police Department, 2018
- Fitness for Duty Consultant, Reminderville, Ohio Police Department, 2017 to 2018
- Fitness for Duty Consultant, City of Bedford, Ohio Police Department, 2014 to Present
- Fitness for Duty Consultant, Ohio Department of Education, 2018
- Fitness for Duty Consultant, City of Painesville, Ohio, 2018
- Fitness for Duty Consultant, Bedford City School District, 2016 to Present
- Fitness for Duty Consultant, Chagrin Falls Exempted Village Schools, Oh. 2018
- Fitness for Duty Consultant, N. Olmsted City Schools, Oh., 2018
- Fitness for Duty Consultant, City of Brunswick, Oh. 2016
- Fitness for Duty Consultant, City of Wadsworth, Oh. 2015
- Fitness for Duty Consultant, Mentor Public Schools, Oh., 2015 & 2016
- Workers' Compensation Consultant, City of N. Olmsted, Oh. 2015 & 2018
- Fitness for Duty Consultant, Parma City School District, Oh., 2015 to 2018
- Disability Consultant, Lake County, Ohio Veterans Services Commission, Oh., 2014 to Present
- Fitness for Duty Consultant, MetroHealth Medical Center, Oh., 2013
- Fitness for Duty Consultant, Orange City Schools, Oh. 2011
- Workers' Compensation Consultant, Cleveland Public Library, Oh., 2010
- Fitness for Duty Consultant, Cuyahoga Community College, Oh., 2011
- Workers Compensation Consultant, Ohio Turnpike Commission, 2007 to 2008
- Consultant & Expert Witness, Workers' Compensation, Greater Cleveland Regional Transit

- Authority, Oh., 1997 to Present
- Volunteer Mediator, City of Lakewood Prosecutor's Office, Lakewood, Ohio, 1990 to Present
- Consultant and Expert Witness, Personal Injury, Office of the Attorney General of Ohio, 2003
- Consultant and Expert Witness, Personal Injury, Department of Justice, Canada, Winnipeg, Manitoba, 2002
- Stress Management Consultant, U.S. National Aeronautics and Space Administration, John Glenn Research Center, (formerly Lewis Research Center), Cleveland, Ohio 1986 to 1988
- Consultant, Ohio Bureau of Workers Compensation, Cleveland, Ohio 1984 to Present
- Consultant, Ohio Bureau of Vocational Rehabilitation, Cleveland, Ohio 1984 to Present
- Consultant, U.S. Social Security Administration, Cleveland, Ohio1984 to 1986
- Consultant in Civil Cases, Cuyahoga County Prosecutor's Office, Cleveland, Ohio, Various Times.

## Teaching Experience

- Graduate Clinical Instructor, Cleveland State University, Dept. of Psychology 2008 to present
- Graduate Clinical Instructor, Walden University, 2013
- Guest Lecturer, Critical Incident Stress Debriefing, Cleveland State University, Cleveland, Ohio, 1997
- Instructor, Behavior Modification, Ursuline College, Cleveland, Ohio, 1987
- Graduate Assistant, Psychological Assessment, Case Western Reserve University, 1980-1981
- Undergraduate Assistant, Statistics, Case Western Reserve University, 1980-1981

#### **Professional Publications**

- Kaplan, Robert G., (1998) Preventing Workplace Violence, in *The Best of Labor & Employment Law, 1997, Volume #703,* Carl F. Muller, Ed., Columbus, Ohio, Ohio CLE Institute Publications
- Workplace Violence Technical Advisor, Gustin, Joseph F. (1996), *Safety Management, A Guide for Facility Managers*, New York, New York, Upword Publishing, Inc.
- Weiner, Irving B., & Kaplan, Robert G., (1978), Supervising the Beginning Therapist, in *Psychotherapy Supervision: Theory, Research and Practice*, New York, New York, John Wiley & Sons, Inc.

## **Community Affiliations**

- Founding Board Member, Cuyahoga County Critical Incident Stress Debriefing for Emergency Responders, Cleveland, Ohio, 1995
- Vice-Chairperson, Director of Operations Committee, Volunteer Coordinator, Mental Health Disaster Team, American Red Cross, Cleveland, Chapter, 1992 to 2017
- Board Member, Cleveland Clinic Foundation Children's Hospital Advisory Board, 1990 to 1992
- Board Member, Glenbeigh Chemical Dependency Hospital Community Advisory Board, Rock Creek, Ohio, 1990 to 1992
- Board Member, Adam Walsh Foundation for Missing Children, Cleveland Chapter, 1987

## Professional Presentations (Partial Listing)

- Workers' Compensation: What You Need to Know, Ohio Psychological Association, 2016
- The Relationship Between Trauma and Murder: Implications for Culpability, Indiana Public Defenders Capital Defense Seminar, 2017
- Appropriate Use of AMA Guides to the Evaluation of Permanent Impairment for Psychological Conditions, Ohio Bureau of Workers' Compensation Safety Congress and Exposition, April 2, 2015
- *Psychological Testing*, Ohio Industrial Commission Hearing Officers Conference, September, 2013
- Alcohol: How Much is Too Much? Cleveland Metropolitan Bar Association, November 11, 2008
- Verifying Psychological Claims, Calfee, Halter, Griswold, August 2008
- Substance Abuse Prevention, Giambrone Construction Company, Hudson, Ohio March, 2008
- Substance Abuse Prevention, Giambrone Construction Company, Hudson, Ohio February 28, 2007
- *Alcohol: How Much is Too Much?* Benesch, Friedlander, Coplan & Aronoff, LLP, Legal Ethics Seminar, Cleveland, Ohio, February 27, 2007
- *Verifying Psychological Claims*, Ulmer & Berne LLC, Employment Law Seminar, Cincinnati, Ohio, November 30, 2005
- *Verifying Psychological Claims*, Ohio Management Lawyers Association, Columbus, Ohio, November 2, 2005
- Psychological Issues in Competency to Stand Trial, Indiana Public Defenders Council, Indiana, September 16, 2005
- Verifying Psychological Claims, Ohio Self-Insurers Association, Toledo, Ohio, June 16, 2005
- Substance Abuse Prevention, Giambrone Companies, Hudson, Ohio, March 10, 2005

- Verifying Psychological Claims, Self Insured Group of Ohio, Cuyahoga Falls, Ohio, December 17, 2004
- *Managing Traumatized Patients*, Fairview Medical Center Hassler Center for Family Medicine, Fairview, Ohio, December 1, 2004
- *Verifying Psychological Claims*, Northeast Ohio Association of Occupational Health Nurses, Southwest General Hospital, Berea, Ohio, April 8, 2004
- *Verifying Psychological Claims*, VocWorks Employer Seminar, Cleveland, Ohio October, 2003 and Youngstown, Ohio October, 2003
- Better Evaluation & Management of Candidates and Employees, Ohio Staffing Services Association, Cleveland, Columbus, Cincinnati, and Dayton, Ohio, September, 2003.
- Workplace Violence Prevention, Ohio Bar Association, Columbus, Ohio, August, 2003
- Psychological Issues and the Law, 16<sup>th</sup> Annual Labor and Employment Conference, Benesch, Friedlander, Coplan & Aronoff, LLP, Cleveland, Ohio, May 16, 2002
- Take a Proactive Approach to Protecting Your Company and Employees From Workplace Violence and Conflict, Personnel Law Update, Council on Education in Management, June 20, 2000
- Stress Management, Healthy People: Mental Health Program, The Health Museum of Cleveland, February 8, 1997
- Critical Incident Stress, Business and Industry Council for Emergency Planning and Preparedness, American Red Cross, Cleveland, Ohio, January 14, 1997
- Violence in the Workplace and the Impact it has on Victims and Their Families, In Your Interest, WQHS-TV, Silver King Broadcasting, Cleveland, Ohio January 10, 1997
- Preventing Violence in the Workplace: The Growing Threat That Can Happen Anywhere at Any Time, 1996 Ohio Employment Law Seminar, Ohio Chamber of Commerce & Manufacturers Education Council, Columbus, Ohio, October 22, 1996
- *The Human Equation,* Business Survival and Recovery Seminar, Contingency Planners of Ohio, Cleveland, Ohio, October 15, 1996
- *Managing Employees After a Branch Robbery*, Robbery Seminar, Star Bank, Cleveland, Ohio, September 24, 1996
- Stress Management, Future Leaders of Medina County, Medina County Schools, Medina, Ohio, March 7, 1996
- Diagnosis & Treatment of Anxiety Disorders with Particular Emphasis on Post Traumatic Stress Disorder, Continuing Professional Education, Cuyahoga Community College, Cleveland, Ohio, March 5, 1996
- Substance Abuse Prevention, Representing Closely Held Businesses, Cohen & Company, Cleveland, Ohio, November 14, 1995
- Dealing with Catastrophic Stress, Business Disaster Recovery, Contingency Planners of Ohio, Cleveland, Ohio, July 19, 1995
- Workplace Violence Prevention, Crime and Violence in the Ohio Workplace, Institute of Business Law, Cleveland, Ohio, May 17, 1995

- Evaluation of Emotional & Psychological Distress, 1995 Spring Meeting Program, Ohio Association of Civil Trial Attorneys, Columbus, Ohio, May 12, 1995
- Workplace Violence Prevention, Crime and Violence in the Ohio Workplace, Institute of Business Law, Columbus, Ohio, May 10, 1995
- *Managing Traumatized Employees*, Disaster Planning Symposium, American Red Cross, Cleveland, Ohio, March 21, 1995
- *Managing Distressed Employees*, Annual Meeting, Personnel Association of Central Ohio, Columbus, Ohio, January 12, 1995
- Warning Signs: How to Identify and Intercept Potential Violence, Preventing Workplace Violence, Council on Education in Management, Cleveland, Ohio March 30, 1994
- *Safe Handling of the Volatile Employee*, Personnel Law Update, 1994, Council on Education in Management, Cleveland, Ohio, January 28, 1994
- Emotional Damages and Claims of Sexual Harassment, Labor & Employment Law Seminar, Duvin, Cahn, Barnard & Messerman, Cleveland, Ohio, October 28, 1993
- Controlling Emotional Damages in Catastrophic Cases, Joint Seminar, Mississippi Claims Association & Mississippi Defense lawyers Association, Jackson, Mississippi, April 30, 1993
- Substance Abuse Prevention Program, Drug Testing and Litigation: Understanding the Process, Ohio State University Continuing Legal Education, Cleveland, Ohio May 8, 1992

## Training Programs Developed & Presented

- Psychological Testing (For Workers Compensation Hearing Officers and Attorneys)
- Psychological Disability Evaluation (For Psychologists)
- Workers' Compensation: What You Need to Know (For Psychologists)
- Managing Traumatized Patients (For Physicians and Medical Residents)
- Verifying Psychological Claims (For Claim Representatives and Attorneys)
- Alcohol: How Much is Too Much? (For Attorneys)
- Substance Abuse Prevention (For Employees & Managers)
- Sexual Harassment Prevention (For Employees)
- Stress Management (For General Public)
- Traumatic Stress, Post Traumatic Stress Disorder & Critical Incident Stress Debriefing (For Mental Health Professionals)
- Dealing with Catastrophic Stress (For Emergency Volunteers & Mental Health Professionals)
- Dealing with Victims of Catastrophic Claims (For Insurance Adjusters)
- Managing Distressed Employees (For Managers)
- Coping with Change (For Managers)
- Making the Most of Differences Between Yourself & Others (Diversity Training for Employees)

- Proving & Disproving Emotional Damages (For Attorneys)
- Dealing with Volatile Customers (For Employees)
- Dealing with Volatile or Difficult People (For General Public & Employees)
- Workplace Violence Prevention (For Employees & Managers)

## Media Appearances

- Wall Street Journal (September 11, 2001, Working in Tall Buildings)
- Cleveland Plain Dealer (Employee Assistance Programs, Stress Management, Workplace Violence)
- Inside Business Magazine (Psychological Effects of Economic Change in Cleveland, Ohio)
- WKYC-TV3, (NBC) Cleveland, Ohio (September 11, 2001, Murderers, Seasonal Affective Disorder, Neighbor Conflicts)
- *WJKW-TV8*, *(CBS)* Cleveland, Ohio (September 11, 2001, American Red Cross) Named to "America Responds" Team for features on coping with terrorism
- WEWS-TV5, (ABC) Cleveland, Ohio (September 11, 2001, Post Traumatic Stress Disorder, Cleveland's Greatest House Fire, June, 2005, Post Traumatic Stress Disorder: Iraq War Veterans)
- WVIZ-TV13 (PBS) Cleveland, Ohio (Hurricane Katrina Red Cross Telethon Mental Health Disaster Team Spokesperson, 9/9/05)

#### **Appendix**

As a Board Certified Forensic Examiner of the American College of Forensic Examiners and as a Diplomate in Psychological Disability Evaluation of the American Board of Psychological Specialties, Dr. Kaplan serves as an expert witness on behalf of employers, government agencies, and individuals in criminal and civil matters. He has been an expert witness in criminal and civil cases for the Ohio Attorney General, Cuyahoga County Prosecutor's Office (Cleveland, Oh.); the Kentucky Department of Public Advocacy in Lexington and Louisville, Ky; the Indiana Public Defender in Indianapolis, Indiana; the Cook County Public Defender in Chicago, II; the Federal Public Defenders in Cleveland, Oh, and Phoenix, Az; and a consultant to the Erie County Prosecutor's Office in Buffalo, NY in a police murder case. He was appointed to be a defense expert in capital murder cases in federal and state courts. He has also served as a consultant for the Canadian Departments of Defence and Justice on claims of psychological trauma. Additionally, he served as a mediator for the City of Lakewood Prosecutor's Office. He has also served as a consultant for the Social Security Administration, Ohio Bureau of Workers' Compensation, and Bureau of Vocational Rehabilitation.

As an expert in traumatic stress, Dr. Kaplan developed a protocol for Critical Incident Stress Debriefing, which has been used to help employees who are victims of criminal or catastrophic workplace events such as bank robberies. He is certified in Critical Incident Stress Debriefing and was a founding member of the Cuyahoga County Critical Incident Stress Debriefing Organization for emergency responders (i.e., police, fire, EMS). Dr. Kaplan also served as Co-chair of the American Red Cross Mental Health Disaster Team in Cleveland, Ohio. Additionally, he served as a consultant to several county disaster agencies in Ohio, advising them on the development of mental health response teams, and training mental health professionals for disaster work. Dr. Kaplan has spoken at meetings of contingency planners on the topic of managing employees through workplace disasters. He developed a training program that was used by many major insurance carriers, which taught claim representatives and adjusters how to work with victims of catastrophic events.

In his private practice, Dr. Kaplan specializes in psychological assessment, depression, and traumatic stress reactions for airline disaster survivors, crime and accident victims, combat veterans, and emergency responders. He has presented his work on workplace violence to a number of organizations, including the Federal Reserve Bank of Cleveland, Ohio State Bar Association, Institute of Business Law, and the Midwest Labor Law Conference. His work on workplace violence prevention was published in the '97 Best of the Midwest Labor Law Conference. He was the featured Behavioral Health Speaker at the Hearing Officers' Conference for the Ohio Industrial Commission in September of 2014. He also presented his work on chemical dependency to the Cleveland Metropolitan Bar Association and the Ohio Drug Studies Institute.

Dr. Kaplan is a clinical instructor for graduate clinical psychology students at Cleveland State University and Walden University, and has been a guest lecturer for faculty and students at Cleveland State University on psychological trauma and critical incident stress debriefing. He was an instructor in behavior modification to nursing students at Mt. Sinai Medical Center in Cleveland, Ohio, on behalf of Ursuline College. Additionally, he taught management of

traumatized patients to medical staff and residents at the Cleveland Clinic Fairview General Hospital. Dr. Kaplan also developed and taught programs in Workplace Violence Prevention, Sexual Harassment Prevention, Substance Abuse Prevention, and Diversity for employers.

In addition to a chapter in *Psychotherapy Supervision: Theory, Research and Practice*, Dr. Kaplan has done interviews on psychological topics for local and national TV, radio, and print media such as the *Wall Street Journal* and *Inside Business*. He was named a member of the "America Responds" Team of experts for the Cleveland CBS television affiliate (WJKW-TV8) for features on coping with terrorism. He also served as the spokesperson for the American Red Cross on a telethon that was hosted by all of the Cleveland television news affiliates for the survivors of Hurricane Katrina. Dr. Kaplan has provided presentations to many community organizations on topics related to his areas of specialization.

Dr. Kaplan has served on the advisory boards of the Adam Walsh Foundation for Missing Children, Glenbeigh Hospital Chemical Dependency Program, and the Cleveland Clinic Children's Hospital. Additionally. Dr. Kaplan is a past President and Treasurer of the Cleveland Psychological Association and headed its Public Relations Committee. He also served as Chief of the Cleveland Psychological Association Information and Referral Service and Speakers Bureau. Dr. Kaplan further served on the program committee for the Employee Assistance Professionals Association. He serves as a consultant for the Ohio Lawyers' Assistance Program for impaired attorneys and the Cleveland Fire Department Employee Assistance Program. Dr. Kaplan is a member of the Ohio Psychological Association Workers' Compensation Task Force and is also a lay volunteer arbitrator for the Cleveland Metropolitan Bar Association Fee Dispute Resolution Committee.

On a personal note, Dr. Kaplan has been married since 1978 to Eileen Korey, a former Cleveland broadcast journalist, and now communications consultant. Their daughter is an equine veterinarian specializing in lameness in performance horses, and their son develops and operates restaurant and culinary enterprises in Boston, Ma., Washington, D.C., and Cleveland, Oh. Dr. Kaplan's personal interests include playing and composing keyboard music, computer technology, and Krav Maga martial arts training.