

## Runaway Population Growth

One can no longer turn a blind eye to the effects that we are having on our planet. From global warming to the ever increasing urbanisation and the building up over good farm soil, to storm intensification, droughts, resource wars, dwindling fresh water sources, etc. Deniers of global warming and flat-earthers belong in the same category. There is much evidence that times are changing. The hundred year storms are now occurring with ever greater frequency, global temperature averages are rising and it is clear that all is not as usual. Along with the increasing temperatures are the raging wildfires, droughts and famines.

The future is grim indeed if nothing is done to stop this slide into the abyss. Our population growth is unsustainable. This is purely logical. All those that say, that we could easily support twice our population if we just refrained from eating meat or stop wasting food, or by changing our farming practises, etc. are just as unrealistic as the those who say we could put the entire Earth's population on Australia. Useless arguments. Reducing our meat consumption would probably have some beneficial impact, however, our ever increasing numbers are increasingly impinging on natural habitats, leaving less area for the flora and fauna to flourish. A prime example is the Amazon where more and more forest is clearcut to meet the needs of monoculture farming practises and the needs of small farmers. Little thought is given to the destruction of the natural habitats of the many diversified species which are being eradicated. Yes we could probably have many more billions of people on this planet, but at what cost to our quality of life, not to mention the devastation of our environment, pollution of the soil, depletion of oxygen in our atmosphere, erosion and desertification, total collapse of the ocean fish stocks and the fishing industry, increased desperation, poverty and malnourishment, disease, sickness, illness, where only the few elite have all of the benefits while the rest of humanity mires in poverty.

The solution is obvious, yet it is ignored. At the many environmental conferences, energy demands, food security, deforestation, fresh water requirements, rising sea levels, global warming, malnutrition, sanitation, etc. are all discussed in detail and yet, the fundamental underlying factor of an ever increasing population explosion is fundamentally not being addressed. It is clear that we do in fact urgently need to deal with all our ever increasing problems that are quickly spiralling out of control, but we need to look at and take action to slow down and stop having so many children, an initiative which requires a global cooperation in order to be effective, whereby our numbers can then slowly be normalised again, humanely, and we can then begin the road to recovery. This is a journey of self-responsibility and global responsibility, to act for the benefit of the planet and for all of the flora and fauna, to act for the benefit of all humankind. There needs to be a strict restriction of births for several years until our population numbers normalise to roughly one billion. According to Billy and Arahata, the ideal number for our planet, given the amount of arable land available and the space that is required by nature, the flora and fauna, the population of five hundred and twenty nine million is optimum. That being said, it will require personal initiative and education, an awareness of the dire situation we face and will increasingly endure if we do not heed this warning and implement a worldwide birth control. The situation will only get worse and even unbearable for millions and even billions of human beings who will live a life tormented by disease, violence, starvation, misery and need, while the few elite who manage to exploit the weaker masses will live in material abundance while the rest suffer. But these 'lucky ones' too, will not be able to escape from the ravages of a planet that is in upheaval. Intense storms and raging wildfires will show no mercy, increased air pollution will spew nauseous gases into the atmosphere, showing no boundaries. Coastal cities will be submerged and hammered by the ever-increasing might of the storm surges. Tsunamis, volcanoes, earthquakes, typhoons, hurricanes, tornadoes will all intensify. Heed these warnings and prepare yourselves for the worst if we do not stop our incessant growth.

This is simply the result of a natural process of cause and effect. If we continue to grow in population, we will require more and more resources, food, space, energy, fresh water, simply to keep on living, and because our demands will keep on increasing, there will be more pressure to meet these demands, which will lead to increased competition for survival, leading to mass migrations, wars, torment and suffering. There can only be one humane solution, and that rests primarily with a complete cessation of births and a systematic targeting of efforts to cope and mitigate our problems kinetically spiralling out of control on their own. We have already pushed the limits beyond an acceptable point where the consequences could be easily manageable. The time urgently requires that we recognise the elephant in the room NOW, and do something ... otherwise we can only expect a worsening situation for our children and their children and so on. It is not as if this problem will go away or simply vanish if we don't think about it. Unless it is dealt with, it will make itself ever more blatantly present and the effects will be felt by everyone in their day to day life. No one will be exempt. So now, please heed these warnings and share this urgent issue with everyone, but especially to those who have the power to get this message out to the common person, so that we can collectively make a change for the better. There is no turning back. The only logical solution needs to be actualised, locally and globally.

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