

Rocking Horse Early Learning Center

2253 American Way
Port Allen, LA 70767

Breakfast
November 2019

225-749-4004
Info@RHELC.com
TaxID: 26-3480811

Monday	Tuesday	Wednesday	Thursday	Friday
<div>4</div> WW English Muffin Breakfast Sausage Sliced Peaches Whole/Skim Milk	<div>5</div> WW Buttered Toast Mixed Fruit Whole/Skim Milk	<div>6</div> WW Pancakes w/ Syrup Fresh Bananas Whole/Skim Milk	<div>7</div> Brown Sugar/Cinnamon Oatmeal Sliced Peaches Whole/Skim Milk	<div>8</div> WW Waffles w/ Syrup Fruit Cocktail Whole/Skim Milk
<div>11</div> WW French Toast Sticks Sliced Peaches Whole/Skim Milk	<div>12</div> Cheese Grits Mixed Tropical Fruit Whole/Skim Milk	<div>13</div> WW Toast w/ Jelly Fruit Cocktail Whole/Skim Milk	<div>14</div> WW Cinnamon Biscuits Sliced Pears Whole/Skim Milk	<div>15</div> WW Pancake & Sausage Mandarin Oranges Whole/Skim Milk
<div>18</div> WW Waffle w/ Syrup Sliced Peaches Whole/Skim Milk	<div>19</div> WW Buttered Biscuit Mixed Tropical Fruit Whole/Skim Milk	<div>20</div> Dry Cereal Fruit Cocktail Whole/Skim Milk	<div>21</div> Buttered Grits Sliced Pears Whole/skim Milk	<div>22</div> WW English Muffin Mandarin Oranges Whole/Skim Milk
<div>25</div> Creamy Oatmeal Mixed Tropical Fruit Whole/Skim Milk	<div>26</div> WW French Toast Sticks Mandarin Oranges Whole/Skim Milk	<div>27</div> WW Cinamaon Toast Mixed Fruit Whole/Skim Milk	<div>28</div> WW Pancake & Sausage Fruit Cocktail Whole/Skim Milk	<div>29</div> Dry Cereal Sliced Pears Whole/Skim Milk

USDA Nondiscrimination Statement: The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individual's income is derived from any public assistance program. (Not all prohibited bases apply to all programs.)

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Lunch
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Monday	Tuesday	Wednesday	Thursday	Friday
<div>4</div> Baked Pork Chop Cajun Rice Dressing Sweet Pototo Casserole Sliced Peaches	<div>5</div> WW Grilled Cheese Sandwich Green Beans Sliced Pears Whole/Skim Milk	<div>6</div> Chicken & Sausage Jambalya Sweet Peas Fruit Cockail Whole/skim Milk	<div>7</div> Beef Stew Steamed Rice Buttered Squash Fresh Bananas	<div>8</div> Breaded Fish Sticks WW Macaroni & Cheese Sweet Peas Sliced Pears
<div>11</div> Chicken and Sausage Gumbo Steamed Rice Buttered Corn' Sliced Pears	<div>12</div> WW Spaghetti w/ Meat Sauce Steamed Brocoli Fruit Cocktail Whole/Skiim Milk	<div>13</div> Tuna Salad w/ WW Sliced Bread Green Beans Mandarin Orange Slices	<div>14</div> BBQ Pork Baked Beans Buttered Diced Potatoes Pineapple Tidbits	<div>15</div> Red Beans w/ Ham & Sausage Steamed Rice Green Beans Mixed Tropical Fruit
<div>18</div> Meatloaf w/ Gravy Steamed Rice Sweet Peas Sliced Pears	<div>19</div> Oven Fried Fish Garlic Mashed Potatoes Lima Beans Pineapple Chunks	<div>20</div> WW Pastalya w/ Pork & Sausage Sweet Potatos Tropical Fruit	<div>21</div> All Beef Hot Dog w/ WW Bun Buttered Diced Potatos Mandarin Oranges Whole/Skim Milk	<div>22</div> Chicken Stew Steamed Rice Brocoli & Cheese Casserole Fuit Cocktail
<div>25</div> Tuna Salad w/ Crackers Glazed Carrots Pinapple Tidbits Whole/Skim Milk	<div>26</div> Smothered Pork Chops Mashed Potatos Sweet Peas Applesauce	<div>27</div> White Beans w/ Ham & Sausage Steamed Rice Buttered Squash / Sliced Pears	<div>28</div> WW Chicken Nuggets Green Beans Mixed Fruit Whole/Skim Milk	<div>29</div> Sloppy Joe on WW Bun Salad w Ranch Dressing Sliced Peaches Whole/Skim Milk

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Afternoon Snack

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Monday	Tuesday	Wednesday	Thursday	Friday
4 WG Animal Cracker 100% Juice	5 White Cheddar Cheese Its 100% Juice	6 WW Honey Graham Crackers 100% Juice	7 WG Cheddar Goldfish 100% Juice	8 WW Blueberry Lemon Crispy Bites 100% Juice
11 WG Pretzel Goldfish 100% Juice	12 WG Teddry Graham Crackers 100% Juice	13 WG Cheddar Cheese Its 100% Juice	14 Ritz Bitz Cheese Crackers 100% Juice	15 Crackers Mozzarella String Cheese 100% Juice
18 WG Animal Crackers 100% Juice	19 White Cheddar Cheese Its 100% Juice	20 WW Honey Graham Crackers 100% Juice	21 WG Cheddar Goldfish 100% Juice	22 WW Blueberry Lemon Crispy Bites 100% Juice
25 WG Pretzel Goldfish 100% Juice	26 WG Teddy Graham Crackers 100% Juice	27 WG Cheddar Cheese It 100% Juice	28 Ritz Bitz Cheese Crackers 100% Juice	29 Crackers Mozzarella String Cheese 100% Juice

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