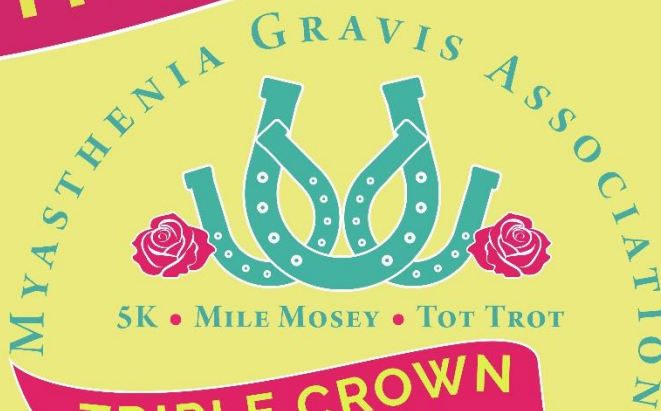




2026 PARTICIPANT GUIDE

TOWN CENTER
PLAZA



5K • MILE MOSEY • TOT TROT

LEAWOOD, KS

TRIPLE CROWN
SHOWDOWN

MAY 3, 2026
15TH ANNIVERSARY

Schedule of Events

Saturday, May 2nd

Packet Pickup

10:00 am - 2:00 pm

Town Center Plaza

4872 W 119th Street

Leawood, KS 66209

(Across from the Town Center Plaza Office and KC Aerial Arts)

Sunday, May 3rd

Race Day Packet Pickup

6:45 am – 7:45 am

Town Center Plaza – Race Start/Finish Area

5044 W 119th Street

Leawood, KS 66209

(South side parking lot in front of Aerie and Sephora)

8:00 am – 5k Race Start

8:10 am – Mile Mosey Start *(please see additional information below)*

9:10 am – Tot Trot Start

Live Awards

Results will be posted shortly after the race and can be found on our website at www.mga5k.com. Thank you to Sweet Kiss Brigadeiro for the specialty chocolates for our overall winners and Overland Park Awards for their contribution with the medals.

If you've placed or need help getting your race results, please visit the MGA medals table.

Race Day Information

Packet Pickup

Saturday packet pickup is strongly encouraged, but if you can't come out on Saturday, please arrive early on Sunday. Packet pickup on race day morning will begin at 7:00 am. You are welcome to pick up packets for friends and family as well. Just be sure they know you are doing so to avoid confusion.

Raffles

We'll have over 40 incredible raffle prizes up for grabs at the event—ranging from gift cards and local experiences to unique items you won't want to miss. Be sure to bring cash or card so you can get in on the fun and take your shot at winning something special!

VIP Tent

Our VIPs are people who are living with myasthenia gravis. On Race Day, please head on over to the VIP tent and pick up your special VIP Swag Bag. Are you a volunteer with myasthenia gravis? Make sure you also stop by! We also have a very special surprise that you can only get in-person, so don't forget!

Before the Race

Please line up according to your pace. We ask that faster runners be in the front with walkers and people with strollers or dogs lined up in the back.

Weather

Our event is held rain or shine. We will watch the weather in the days leading up to the race and make an announcement if we need to adjust the time. Please stay tuned into our Facebook or Instagram pages for more information. In the event the race is cancelled due to severe weather, there will be no refunds.

Race Company

A huge thank you to Bodies Race Company for helping the MGA with our annual Triple Crown Showdown race event.

Race Emcee

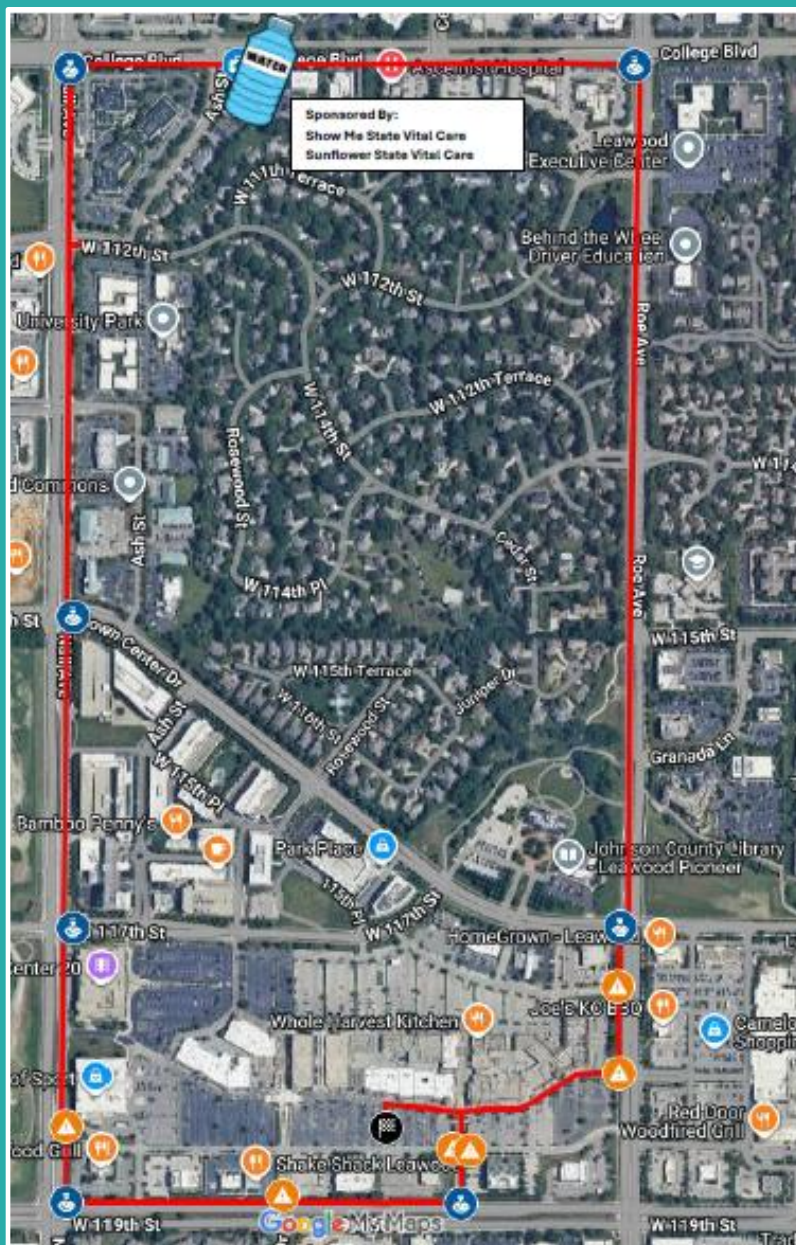
Thank you to Mike Kellar for being the emcee of this year's MGA Triple Crown Showdown.



5k Course

The MGA 5k will start and finish on the south side of Town Center in front of Sephora and Aerie. The 5k route will take you around Town Center and nearby neighborhood. We will have an aid station at the 1.5 mile mark sponsored by Show Me State Vital Care and Sunflower State Vital Care. This is a flat and quick course!

The course will be marked with cones and traffic will be controlled by the Leawood Police Department and our hardworking volunteers. Please stay on the designated course and be cautious of the traffic around you.

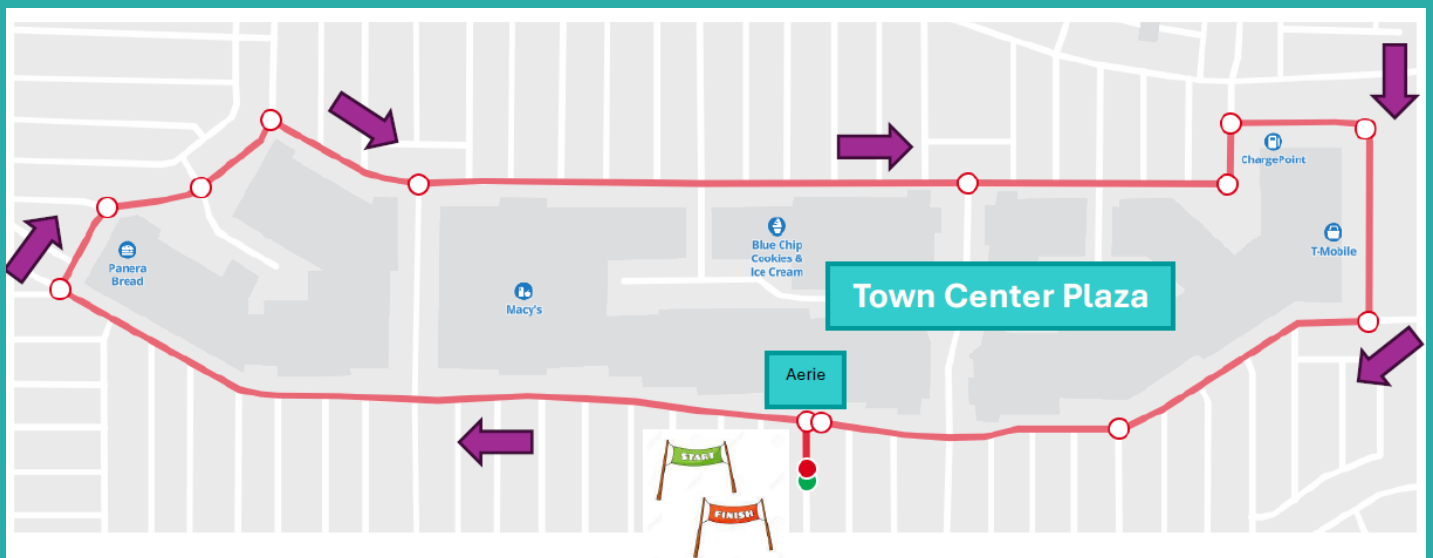


Mile Mosey Course

The Mile Mosey will start and finish on the south side of Town Center (in front of Sephora and Aerie). The Mile Mosey route will take you around Town Center.

This year, the Mile Mosey will be led by the Kansas City Coffee Club which is a group of individuals living with Myasthenia Gravis. If you plan on walking the mile, please line up behind them and their signs, and they will lead our walkers. The Mile Mosey route starts the opposite way of the 5k route and then takes a lap through Town Center stores.

The course will be marked with cones and transitions to walking on the sidewalks around Town Center. Please stay on the designated course and be cautious of the traffic around you.



Race Day Parking

On race day, please park on the south side of Town Center and to the west of the Start/Finish area (Near the south side of Macy's.)



The Myasthenia Gravis Association would like to thank the following sponsors for their support of this event. Through your generous donations, we are able to continue our efforts in improving the quality of life for those affected by this rare autoimmune, neuromuscular disease through awareness, education, member services and research.

Thank You to all of our Amazing Sponsors!

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Overland Park Awards
Sweet Kiss Brigadeiro
Fowling Warehouse KC
Cyclebar
The Vital Stretch
Pure Sweat • Float Studio