



**TORONTO TRACK & FIELD CENTRE  
THROWERS CLUB MEET #2  
August 17, 2019 RESULTS**

**THROWS PENTATHLON**

**MASTERS**

<b>Men</b>	<b>HT</b>	<b>SP</b>	<b>DT</b>	<b>JT</b>	<b>WT</b>	<b>PTS</b>
<b>Men 65-69</b>						
<b>Mark Cweik</b> 65						
Meters	33.39	10.94	30.91	31.02	13.19	
AG Mark	48.93	14.88	35.96	48.45	14.71	
Perf.%	56.42%	64.39%	48.56%	49.20%	56.89%	
Points	659	782	583	566	718	<b>3,308</b>
<b>Bill Pearson</b> 67						
Meters	25.93	9.11	30.33	23.06	9.75	
AG Mark	38.00	12.39	35.29	36.01	10.87	
Perf.%	43.81%	53.62%	47.64%	36.58%	42.05%	
Points	480	630	569	385	501	<b>2,565</b>
<b>Peter Zowkewych</b> 68						
Meters	18.01	10.22	24.97	29.76	9.05	
AG Mark	26.39	13.90	29.05	46.48	10.09	
Perf.%	30.43%	60.15%	39.22%	47.20%	39.03%	
Points	293	722	446	537	457	<b>2,455</b>
<b>Men 60-64</b>						
<b>Jerzy Dabrowa</b> 61						
Meters	22.77	9.98	30.35	25.34	8.54	
AG Mark	29.78	12.45	32.25	35.83	8.90	
Perf.%	34.34%	53.88%	43.54%	36.38%	34.42%	
Points	347	634	509	382	391	<b>2,263</b>

**THROWS PENTATHLON**

**MASTERS**

<b>Women</b>	<b>HT</b>	<b>SP</b>	<b>DT</b>	<b>JT</b>	<b>WT</b>	<b>PTS</b>
<b>Women 55-59</b>						
<b>Kristen Dajia</b> 56						
Meters	34.20	9.29	26.37	19.42	<b>12.46</b>	<b>Can. Rec.</b>
AG Mark	47.82	12.73	37.99	28.12	16.09	
Perf.%	62.11%	56.27%	49.47%	38.53%	68.20%	
Points	884	709	615	441	869	<b>3,518</b>
<b>Women 50-54</b>						
<b>Leah Easton</b> 54						
Meters	21.11	8.50	23.90	17.16	9.05	
AG Mark	27.10	10.71	31.37	22.56	10.69	
Perf.%	35.20%	47.35%	40.85%	30.90%	45.33%	
Points	431	576	488	337	535	<b>2,367</b>

**TORONTO TRACK FIELD CENTRE  
THROWERS CLUB MEET #3  
August 17, 2019**

**TRIATHLON  
MASTERS  
Men**

Men 75-79

**Gary McColeman 76**

Meters	0.00	6.24	15.40	13.07	0.00	
AG Mark	0.00	8.73	22.07	24.74	0.00	
Perf. %	0.00%	37.77%	29.79%	25.13%	0.00%	
Points	0	410	311	226	0	<b>947</b>

Men 60-64

**Spencer Arnfield 60**

Meters	0.00	7.48	27.57	27.22	0.00	
AG Mark	0.00	9.33	29.30	38.48	0.00	
Perf. %	0.00%	40.38%	39.55%	39.08%	0.00%	
Points	0	445	451	420	0	<b>1,316</b>

**TRIATHLON  
MASTERS  
Women**

Women 75-79

**Adriana Rowsell 78**

Meters	0.00	7.19	18.27	13.56	0.00	
AG Mark	0.00	13.17	39.36	30.90	0.00	
Perf. %	0.00%	58.22%	51.26%	42.34%	0.00%	
Points	0	739	642	494	0	<b>1,875</b>



**TORONTO TRACK FIELD CENTRE  
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**SINGLE EVENTS**

**MASTERS**

**Men**

**Hammer**

	<b>M</b>	<b>AG Mark</b>	<b>Perf.%</b>	<b>Points</b>	
Men 65-69					
Mark Cweik	65	35.81	52.48	60.51%	718
Bill Pearson	67	26.91	39.43	45.47%	503

**Shot Put**

	<b>M</b>	<b>AG Mark</b>	<b>Perf.%</b>	<b>Points</b>	
Men 75-79					
Gary McColeman	77	6.24	8.73	37.77%	410
Men 65-69					
Mark Cweik	65	10.94	14.88	64.39%	782
Peter Zowkewych	68	10.22	13.90	60.15%	722
Bill Pearson	67	9.11	12.39	53.62%	630
Men 60-64					
Spencer Arnfield	60	8.05	10.04	43.46%	488
Men 50-54					
Shawn Folkes	51	9.89	11.59	50.14%	582

**Discus**

	<b>M</b>	<b>AG Mark</b>	<b>Perf.%</b>	<b>Points</b>	
Men 75-79					
Gary McColeman	77	15.40	22.07	29.79%	311
Men 65-69					
Mark Cweik	65	33.42	38.89	52.50%	642
Bill Pearson	67	32.43	37.73	50.94%	619
Peter Zowkewych	68	24.97	29.05	39.22%	446
Men 60-64					
Spencer Arnfield	60	30.09	31.97	43.17%	503

**Javelin**

	<b>M</b>	<b>AG Mark</b>	<b>Perf.%</b>	<b>Points</b>	
Men 85-89					
Bob Stavely	85	17.53	42.73	43.39%	482
Men 75-79					
Gary McColeman	77	13.20	24.99	25.38%	229
Men 65-69					
Peter Zowkewych	68	29.76	46.48	47.20%	537
Bill Pearson	67	24.68	38.55	39.15%	421
Men 60-64					
Spencer Arnfield	60	28.03	39.63	40.25%	437
Men 50-54					
Shawn Folkes	51	32.35	39.71	40.33%	438

**Weight**

	<b>M</b>	<b>AG Mark</b>	<b>Perf.%</b>	<b>Points</b>	
Men 65-69					
Mark Cweik	65	13.48	15.03	58.14%	737
Bill Pearson	67	10.15	11.32	43.78%	526
Peter Zowkewych	68	9.43	10.51	40.67%	481



**TORONTO TRACK FIELD CENTRE  
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**MASTERS**

**Women**

**Hammer**

		<b>M</b>	<b>AG Mark</b>	<b>Perf.%</b>	<b>Points</b>
Women 70-74					
Lucille Green	70	16.96	32.49	42.20%	547
Women 50-54					
Leah Easton	54	24.19	31.05	40.33%	516
Women 45-49					
Ruth Rezai	43	40.94	52.06	67.61%	978
Women 30-34					
Aisling Wynne	34	35.92	35.92	46.65%	622

**Shot Put**

		<b>M</b>	<b>AG Mark</b>	<b>Perf.%</b>	<b>Points</b>
Women 75-79					
Adriana Rowswell	78	7.82	14.32	63.32%	815
Women 50-54					
Leah Easton	54	8.81	11.10	49.08%	602

**Discus**

		<b>M</b>	<b>AG Mark</b>	<b>Perf.%</b>	<b>Points</b>
Women 75-79					
Adriana Rowswell	78	18.27	39.36	51.26%	642
Women 50-54					
Leah Easton	54	23.90	31.37	40.85%	488

**Javelin**

		<b>M</b>	<b>AG Mark</b>	<b>Perf.%</b>	<b>Points</b>
Women 75-79					
Adriana Rowswell	78	13.66	31.13	42.65%	498
Women 50-54					
Leah Easton	54	17.16	22.56	30.90%	337

**Weight**

		<b>M</b>	<b>AG Mark</b>	<b>Perf.%</b>	<b>Points</b>
Women 70-74					
Lucille Green	70	7.29	10.69	45.31%	535
Women 50-54					
Leah Easton	54	9.29	10.98	46.54%	553



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**SINGLE EVENTS**  
**PARA TIE DOWN**

<b>Men</b>	<b>CL</b>	<b>M</b>
<b>Shot Put</b>		
Anthony McMillan	F57	8.96
Ryan Bennett	F34	4.12

<b>Discus</b>		
Anthony McMillan	F57	24.78
Steve Surman	F55	14.34
Ryan Bennett	F34	13.57

<b>Javelin</b>		
Anthony McMillan	F57	19.09
Ryan Bennett	F34	10.22

<b>Women</b>	<b>CL</b>	<b>M</b>
<b>Shot Put</b>		
Tiffany Gaudette	F56	5.53
Martha Sandoval Gustafson	F56	3.63
Joanne Lee	F34	4.10

<b>Discus</b>		
Tiffany Gaudette	F56	17.06
Martha Sandoval Gustafson	F56	8.23
Joanne Lee	F34	11.07

<b>Javelin</b>		
Tiffany Gaudette	F56	11.20
Martha Sandoval Gustafson	F56	5.16

**PARA AMBULATORY**

<b>Men</b>	<b>CL</b>	<b>M</b>
<b>Shot Put</b>		
None		

<b>Discus</b>		
Kevin Strynosch	F31	43.35

<b>Javelin</b>		
None		

<b>Women</b>	<b>CL</b>	<b>M</b>
<b>Shot Put</b>		
Heather Cowley	F64	6.33
Charlotte Bolton	F41	6.38

<b>Discus</b>		
Heather Cowley	F64	21.20
Charlotte Bolton	F41	<b>21.19</b> Can. Rec.

<b>Javelin</b>		
Charlotte Bolton	F41	<b>20.33</b> Can. Rec.



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**SINGLE EVENTS**

**OPEN/JUNIOR/YOUTH/MIDGET/BANTAM**

**Male**

**Hammer**

**Age M**

None

**Shot Put**

**Age M**

*Bantam*

Kenzo Miller 12 11.16

*Midget*

Aidan Boulos 15 13.38

*Youth*

Jordan Gluck 17 15.78

Boris Siminac 17 11.80

*Senior*

Eli Pawliw 24 17.93

Eric Brathwaite 28 DNS

**Discus**

**Age M**

*Bantam*

*1.0kg*

Kenzo Miller 12 24.01

*Midget*

*1.0kg*

Daniel Swayze 15 38.79

Aidan Boulos 15 26.59

*Youth*

*1.5kg*

Callan Saldutto 17 46.04

Boris Simanic 17 ND

Jordan Gluck 17 DNS

**Javelin**

**Age M**

*Bantam*

Matthew Chow 12 25.74

Kenzo Miller 12 22.61

Koji Miller 10 11.10

Colton Crewdis 12 DNS

*Midget*

Daniel Swayze 15 42.55

*Youth*

Callan Saldutto 17 58.45

Daniel Smart-Reed 17 44.23

*Junior*

Erik Taylor 18 61.57

Dan Durkin 18 56.18

Griffin Taylor 18 DNS

*Senior*

Evan Karakolis 25 66.84

Mark Chan 25 37.83



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SINGLE EVENTS

OPEN/JUNIOR/YOUTH/MIDGET/BANTAM

**Female**

**Hammer**

**Age M**

*Bantam*

Ana Maria Manousaridis 13 39.50

*Senior*

Holly Taylor 20 48.48

**Shot Put**

**Age M**

*Junior*

Meghan Mori 18 10.36

*Senior*

Kaitlin Brooks 23 14.66

Dallyssa Huggins 20 11.42

**Discus**

**Age M**

*Bantam*

Sophia Saldutto 13 32.45

*Junior*

Meghan Mori 18 30.78

**Javelin**

**Age M**

*Bantam*

Sophia Saldutto 13 28.21

*Midget*

Nicole Chow 14 29.99

*Youth*

Taylor Powers-Luketic 17 37.03

*Senior*

Ashley Pryke 22 49.17

Dallyssa Huggins 20 30.98

