



*Berean Family Worship Center*  
*One Church In Two Cities*  
www.bereanfamilyworshipcenter.org

Wednesday, June 17, 2020 - Group Study

**Lesson Series: The Nature of Fear**

Lesson Series Text: *(2 Timothy 1:1-9)*

**Lesson 1: What Is Fear?**

Lesson 1 Text: *(2 Timothy 1:7)*

*All Scriptures are KJV, unless otherwise noted.*

*Prepared By Dr. Walter Henderson III*

- I. Paul was revealing to Timothy how fear was seeking to rob him of his spiritual and family heritage and the effectiveness of the call of God on his life.
- II. What is fear?
  - A. A distressing emotion aroused by impending danger, evil, pain, etc.; whether the threat is real or imagined. (*Dictionary.com, LLC*)
  - B. To expect with alarm. (*Webster Dictionary*)
  - C. Acronym: **F**alse **E**vidence **A**ppearing **R**eal
  - D. Fear (*deilia – di-lee'-ah*) – timidity – lacking in self-assurance, courage, or bravery; easily alarmed; cowardice.
- III. What information do our scripture text give us about fear?
  - A. Fear is a spirit – an attitude or principle, that animates, or penetrate our thoughts, feelings, or actions.
    - a. This spirit doesn't come from God.
    - b. It is through this spirit that the wicked servant buried his talent. (*Mat. 25:24-25*)
  - B. The Father has given us the solution to timidity.
    - a. Power – (*du-nam-is*) – force, ability, might.
    - b. Love – (*agape*) – unconditional love based on what is best or what is right in a given situation; not based on emotions.
    - c. Sound Mind – (*so-phron-is-mos*) – discipline or self-control; ordered thoughts or quietness of mind.
  - C. These three graces will help us to overcome the raw emotions that fear creates.
- IV. Fear creates bondage. (*Heb 2:15 - And deliver them who through fear of death were all their lifetime subject to bondage.*)
  - A. Fear will put a limit on our gifts.
  - B. Fear will cause us to settle for less.
  - C. Fear will limit our area of influence..
- V. Fear has torment. (*1 John 4:18 - There is no fear in love; but perfect love casteth out fear: because fear hath torment. He that feareth is not made perfect in love.*)
  - A. Fear will limit our relationships.
  - B. Fear will limit our peace of mind.

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- VI. Fear will steal your miracle. (*Mat. 14:25-31*)
- A. Jesus may reveal himself to us in a new way. Fear can cause us to reject the new thing that Jesus is doing.
  - B. Jesus invited Peter to do what he saw Him doing.
  - C. Peter didn't consult his intellect or reasoning, but took Jesus at His word.
  - D. And when he saw..... He was afraid. He began to sink. His natural reasoning, stopped him from doing the supernatural.
  - E. Jesus asked him why did he doubt?
- VII. I will fear no evil. (*Ps 23:4 - Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.*)

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