

WINTER FLIP-FEST AT OGI

January 5, 2014

LOCATION: **The Ohio Gymnastics Institute, Inc.**

5701 West Webb Road
Austintown, OH 44515
330-652-4386 (voice) / 330-652-4387 (fax)
JADEC4L@HOTMAIL.COM

SKILL LEVELS & AGE DIVISIONS:

Levels 2 through 10, Xcel Bronze, Silver, Gold, Platinum, and Diamond
Age Divisions will be determined based on the number of entries
* The USAG Rules will be in effect

AWARDS:

Awards are as follows:
Individual Events – Medals for top 3 finishers, ribbons for places 4-6
All Around – All athletes will receive an All Around Medal

ENTRY FEE:

\$50.00 per Gymnast
Deadline for entries: December 15, 2013
Make checks payable and mail to:
Ohio Gymnastics Institute, Inc.
5701 West Webb Road
Austintown, OH 44515

GATE:

Adults: \$5.00 / Students & Seniors \$3.00 (55 + & 18 – 4 yrs) /
Infants: Free (3 yrs & under)

SANCTION:

This event is sanctioned by the USA Gymnastics.
All participants must have a current USAG Membership
USAG membership may not be included as part of the entry fee to the event

FORMAT:

Modified

SCHEDULE:

TENTATIVE!

Optional & Compulsory

Morning Session

Gym Opens @	8:00 AM
Coaches meeting @	8:15 AM
Timed Warm ups @	8:30 AM
March In@	9:00 AM
Competition begins @	9:05 AM

MEET DIRECTOR: Jacquelyn Karmecy