

**Glasgow Middle School Invitational Track Meet  
Boys and Girls Grades 6,7,8  
April 11th, 2026**

**SCHEDULE OF EVENTS**

**RUNNING EVENTS**

9:30 100 Meter Hurdles - Girls  
(same spacing as high school)

110 Meter Hurdles - Boys

10:00 1600 Meter Run - Girls

10:30 1600 Meter Run - Boys

11:00 100 Meter - Girls-Boys

12:00 200 Meter Hurdles - Girls-Boys  
(same spacing as high school)

12:30 800 Meter - Girls

1:00 800 Meter - Boys

1:30 400 Meter Relay - Girls-Boys

2:00 400 Meter Dash - Girls-Boys

2:30 200 Meter Dash - Girls-Boys

3:00 1600 Meter Relay - Girls-Boys

**FIELD EVENTS**

9:00 High Jump – Girls (7,8,6)  
Long Jump – Girls &  
Boys (6,7,8)  
Shot Put – Boys (8,7,6)  
Discus – Girls (8,7,6)  
Pole Vault – Boys (7,6,8)  
Girls will follow (7,6,8)

12:00 Shot Put – Girls (8,7,6)  
Discus – Boys (8,7,6)  
High Jump – Boys (6,7,8)

1:00 Triple Jump – Girls &  
Boys(6,7,8)  
\*Will immediately follow the  
completion of Long Jump

All entries have 1 1/2 hours to complete all throws or jumps. In the high jump have the participants enter into the event as the height approaches their capabilities.

**Order of running events will be:**

6<sup>th</sup> grade girls-7<sup>th</sup> grade girls - 8<sup>th</sup> grade girls  
6<sup>th</sup> grade boys-7<sup>th</sup> grade boys - 8<sup>th</sup> grade boys