



ANNUAL WELLNESS VISIT

Preventive care and promotion of healthy lifestyles are central to Santa Rosa Sports & Family Medicine's philosophy. The purpose of annual wellness visits are to identify potential health problems in the early stages when they may be easier and less costly to treat.

An annual wellness visit is defined as "a periodic comprehensive medical evaluation with risk management". This visit typically includes the following:

- Past medical, social and family history
- Patient specific physical exam and review of body systems
- Review of medications and immunizations
- Guidance on risk factor reduction interventions
- Review of age/gender appropriate screening tests

This visit is prevention focused, not problem focused and is covered at no cost to you by your insurance per the ACA.

NOTE: If you have a health problem that needs to be addressed during your wellness visit, (e.g. high blood pressure, diabetes, or headaches) your provider may bill for treatment of your issue in addition to your annual wellness visit. The treatment portion of your visit is not part of a wellness visit and would apply toward your deductible or coinsurance. It is important to note that your healthcare provider has the right to code and bill for treatments provided during a wellness visit. Be sure to discuss your desires for today's appointment with your clinician.

The team at Santa Rosa Sports & Family Medicine works in partnership with you, our patients, to provide the highest level of care and tailor it to your active lifestyle.

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