

Iowa Girls & Boys 3A Qualifying Track Meet - 5/13/2021
5/13/2021

Results - 3A District Events

Event 112 Girls 800 Sprint Medley 3A

Team	Relay	Finals
Finals		
1 Wahlert	1	1:49.21 10
1) Yaklich, Ariana 12	2) McDonald, Meghan 10	
3) Wallace, Abigail 12	4) Steffen, Rylee 09	
2 Mount Vernon	1	1:51.73 8
1) Quam, Elizabeth 11	2) See, Lilly 10	
3) Dougherty, Liz 11	4) Dougherty, Kate 09	
3 Maquoketa	1	1:53.31 6
1) Williams, Kasy 09	2) Meyer, Hope 10	
3) Bowman, Adeline 12	4) Kuhlman, Reese 09	
4 Solon	1	1:54.46 5
1) Stahle, Mia 09	2) McQuinn, Addie 11	
3) Levin, Callie 09	4) Bock, Emma 11	
5 Central DeWitt	1	1:55.79 4
1) Machovec, Morgan 12	2) Morris, Ava 11	
3) Meyne, Savannah 12	4) Meadows, Allison 11	
6 Marion	1	1:56.96 3
1) VanHook, Avery 10	2) Piper, Alexis 11	
3) Rice, Regan 10	4) Rompot, Lilly 10	
7 Monticello	1	1:58.47 2
1) Norton, Jordan 11	2) Hynick, Emma 11	
3) Tuetken, Claire 10	4) McQuillen, Keziah 09	
8 Xavier, Cedar Rapids	1	2:09.80 1
1) Durin, Sierra 10	2) Jansen, Jordan 11	
3) Weiss, Kate 10	4) Arnold, Emma 10	

Event 45 Girls 3000 Meter Run 3A

Name	Yr	School	Finals
Finals			
1 Moran, Gabby	12	Wahlert	10:54.30 10
2 Althoff, Emma	10	Monticello	10:59.00 8
3 Conway, Kiersten	12	Solon	11:00.61 6
4 Kirby, Ellie	11	Wahlert	11:27.90 5
5 Kramer, Karle	11	Monticello	11:46.45 4
6 Williams, Ashlyn	09	Solon	11:58.77 3
7 Snyder, Sierra	09	Mount Vernon	12:37.19 2
8 Orozco, Kendall	09	Marion	12:54.83 1
9 Pfab, Hailey	09	Xavier	13:05.25
10 Churchill, Maggie	09	Marion	13:06.70
11 McDermott, Olivia	09	Maquoketa	13:44.02
12 Pyatt, Kylie	09	Mount Vernon	13:55.33
13 Sunday, Hannah	10	Central DeWitt	14:12.25
14 Spicer, Rachel	09	Central DeWitt	16:14.00

Event 98 Girls 4x800 Meter Relay 3A

Team	Relay	Finals
Finals		
1 Wahlert	1	9:38.33 10
1) Meyer, Ellie 11	2) Schmid, Jamie 11	
3) Duggan, Alana 11	4) Oliver, Alixandra 12	
2 Solon	1	9:43.58 8
1) Holtkamp, Kaia 11	2) O'Neill, Meghan 11	
3) Quillin, Anna 09	4) Federspiel, Gracie 09	

3 Mount Vernon	1	9:56.31 6
1) Randall, Jorie 12	2) Simpson, Peyton 09	
3) Brand, Kameron 10	4) Swart, Laura 10	
4 Marion	1	10:01.97 5
1) Steffen, Peyton 11	2) Andresen, Sydney 09	
3) Prier, Madison 11	4) Fortmann, Maddy 09	
5 Monticello	1	10:26.76 4
1) Etzel, Trinity 11	2) Recker, Lydia 11	
3) Schlarmann, Kinzi 09	4) Kehoe, Marisa 09	
6 Maquoketa	1	11:26.92 3
1) Hackman, Clare 10	2) Otten, Erin 09	
3) Bean, Allison 09	4) Gerardy, Faith 09	
7 Central DeWitt	1	11:28.09 2
1) Peters, Hannah 09	2) Hofer, Reagan 10	
3) Guldner, Haley 09	4) Tiefenthaler, Zoey 10	
8 Xavier, Cedar Rapids	1	12:38.00 1
1) Karl, Faith 11	2) Cosgrove, Alma 10	
3) Murphy, Bailey 10	4) Denman, Paige 10	

Event 68 Girls 4x100 Meter Shuttle Hurdle 3A

Team	Relay	Finals
Finals		
1 Solon	1	1:08.91 10
1) Buffington, Jada 11	2) Stahle, Mia 09	
3) Foster, Calla 10	4) Stahle, Sophia 10	
2 Mount Vernon	1	1:10.26 8
1) See, Lilly 10	2) Appleton, Elsa 09	
3) Telecky, Nadia 11	4) Welch, Natalie 12	
3 Xavier, Cedar Rapids	1	1:10.74 6
1) Durin, Sierra 10	2) Nasution, Olivia 11	
3) Meyer, Jaclyn 10	4) Arnold, Emma 10	
4 Marion	1	1:14.82 5
1) Paulsen, Sophia 09	2) Gustafson, Maddy 09	
3) Dunne, Molly 11	4) Attwood, Ava 09	
5 Central DeWitt	1	1:18.49 4
1) Maricle, Soren 10	2) Sutton, Laura 09	
3) Mosier, Grace 11	4) Donovan, Kennady 10	
6 Maquoketa	1	1:18.82 3
1) Armbruster, Jordan 10	2) Simmons, Ali 09	
3) Fultner, Larissa 10	4) Huffman, Alexa 10	
7 Monticello	1	1:25.47 2
1) Cox, Reese 12	2) Barnhart, Gabi 09	
3) Freese, Savannah 10	4) Von Ahsen, Josephine 11	

Event 5 Girls 100 Meter Dash 3A

Name	Yr	School	Finals
Finals			
1 Yaklich, Ariana	12	Wahlert	12.71 10
2 McDonald, Meghan	10	Wahlert	12.97 8
3 Bowman, Adeline	12	Maquoketa	13.08 6
4 Wolff, Ellie	12	Solon	13.37 5
5 McQuinn, Addie	11	Solon	13.66 4
6 Klostermann, Colleen	12	Central DeWitt	13.69 3
7 Hynick, Emma	11	Monticello	13.72 2
8 Durin, Sierra	10	Xavier	13.92 1
9 Poston, Autumn	11	Marion	13.96

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Finals ... (Event 5 Girls 100 Meter Dash 3A)

Name	Yr	School	Finals
10 Meyer, Hope	10	Maquoketa	14.12
11 Hawker, Isabel	10	Mount Vernon	14.44
12 Regennitter, Noelle	10	Marion	14.64
13 Maloney, Nora	09	Xavier	14.75
14 Zimmerman, Olivia	10	Monticello	15.13
15 Lee, Aleece	09	Mount Vernon	15.68
16 Cargill, Kaylie	10	Central DeWitt	17.26

Event 150 Girls Distance Medley 3A

Team	Relay	Finals
Finals		
1 Solon	1	4:11.37 10
1) Levin, Makinley 11	2) Stahle, Sophia 10	
3) Federspiel, Gracie 09	4) Bock, Emma 11	
2 Wahlert	1	4:18.30 8
1) Tranel, Nicole 12	2) Berning, Tessa 11	
3) Kunnert, Mia 11	4) Duggan, Alana 11	
3 Marion	1	4:19.56 6
1) Burlage, Sydney 11	2) Johnson, Peyton 10	
3) Steffen, Peyton 11	4) Prier, Madison 11	
4 Mount Vernon	1	4:21.63 5
1) Welch, Natalie 12	2) Dougherty, Liz 11	
3) Randall, Jorie 12	4) Swart, Laura 10	
5 Xavier, Cedar Rapids	1	4:23.22 4
1) Weiss, Kate 10	2) Jansen, Jordan 11	
3) Arnold, Emma 10	4) Schmitt, Lizzy 12	
6 Monticello	1	4:45.34 3
1) Norton, Jordan 11	2) Tuetken, Claire 10	
3) Recker, Lydia 11	4) Kehoe, Marisa 09	
7 Maquoketa	1	5:09.59 2
1) Sims, Malia 10	2) Lempke, Marley 10	
3) Otten, Erin 09	4) Bean, Allison 09	
8 Central DeWitt	1	5:27.86 1
1) Klostermann, Regina 09	2) Huff, Taylor 09	
3) VanZee, Alexis 10	4) Rheingans, Tori 09	

Event 21 Girls 400 Meter Dash 3A

Name	Yr	School	Finals
Finals			
1 Steffen, Rylee	09	Wahlert	59.69 10
2 Kuhlman, Reese	09	Maquoketa	1:01.58 8
3 Meester, Emma	10	Mount Vernon	1:02.45 6
4 Stinocher, Ashley	12	Solon	1:03.29 5
5 McQuillen, Keziah	09	Monticello	1:03.51 4
6 McAllister, Natalie	09	Marion	1:03.96 3
7 Lyons, Kerrigan	10	Solon	1:04.25 2
8 Zmolek, Hedy	10	Mount Vernon	1:06.41 1
9 Schmit, Elena	09	Xavier	1:06.62
10 Welbes, Hayley	12	Wahlert	1:07.09
11 Schlarmann, Kinzi	09	Monticello	1:07.17
12 Neher, Hannah	10	Marion	1:08.15
13 Denman, Paige	10	Xavier	1:14.00
14 Melvin, Ava	09	Central DeWitt	1:19.30
15 Kuehl, Kate	10	Central DeWitt	1:23.76

Event 82 Girls 4x200 Meter Relay 3A

Team	Relay	Finals
Finals		
1 Wahlert	1	1:45.05 10
1) Yaklich, Ariana 12	2) Wallace, Abigail 12	
3) McDonald, Meghan 10	4) Berning, Tessa 11	
2 Solon	1	1:46.96 8
1) Duckett, Mia 09	2) Stahle, Mia 09	
3) Levin, Callie 09	4) Levin, Makinley 11	
3 Mount Vernon	1	1:47.13 6
1) Quam, Elizabeth 11	2) See, Lilly 10	
3) Dougherty, Kate 09	4) Dougherty, Liz 11	
4 Central DeWitt	1	1:50.59 5
1) Klostermann, Colleen 12	2) Machovec, Morgan 12	
3) Meadows, Allison 11	4) Meyne, Savannah 12	
5 Marion	1	1:50.87 4
1) Burlage, Sydney 11	2) Johnson, Peyton 10	
3) Meth, Emily 11	4) McAllister, Maggie 11	
6 Maquoketa	1	1:56.59 3
1) Williams, Kasy 09	2) Meyer, Hope 10	
3) Armbruster, Jordan 10	4) Sims, Malia 10	
7 Xavier, Cedar Rapids	1	1:59.60 2
1) Blue, Ava 09	2) Tucker, Elizabeth 09	
3) Neal, Annabelle 09	4) Junge, Jordan 11	
8 Monticello	1	2:00.49 1
1) Verhagen, Lauren 09	2) Bader, Lauren 12	
3) Zimmerman, Olivia 10	4) Schneiter, Reagan 10	

Event 51 Girls 100 Meter Hurdles 3A

Name	Yr	School	Finals
Finals			
1 Maricle, Soren	10	Central DeWitt	16.44 10
2 Stahle, Sophia	10	Solon	17.08 8
3 Durin, Sierra	10	Xavier	17.18 6
4 Welch, Natalie	12	Mount Vernon	17.27 5
5 Morris, Ava	11	Central DeWitt	17.55 4
6 Buffington, Jada	11	Solon	17.83 3
7 Appleton, Elsa	09	Mount Vernon	18.46 2
8 Armbruster, Jordan	10	Maquoketa	18.55 1
9 Meyer, Jaclyn	10	Xavier	18.66
10 Cox, Reese	12	Monticello	18.76
11 Gustafson, Maddy	09	Marion	18.94
12 Barnhart, Gabi	09	Monticello	20.78
13 Pospisil, Kelsey	11	Marion	20.86
14 Fultner, Larissa	10	Maquoketa	21.39

Event 29 Girls 800 Meter Run 3A

Name	Yr	School	Finals
Finals			
1 Bock, Emma	11	Solon	2:22.57 10
2 Holtkamp, Kaia	11	Solon	2:22.96 8
3 Steffen, Peyton	11	Marion	2:24.93 6
4 Randall, Jorie	12	Mount Vernon	2:25.73 5
5 Schmid, Jamie	11	Wahlert	2:25.85 4
6 Schmitt, Lizzy	12	Xavier	2:26.10 3

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Finals ... (Event 29 Girls 800 Meter Run 3A)

Name	Yr	School	Finals
7 Etzel, Triniti	11	Monticello	2:32.16 2
8 Hackman, Clare	10	Maquoketa	2:34.18 1
9 Belken, Josie	10	Wahlert	2:36.51
10 Meester, Emma	10	Mount Vernon	2:47.46
11 Hofer, Reagan	10	Central DeWitt	2:49.94
12 Roher, Katie	10	Monticello	2:58.01
13 Churchill, Maggie	09	Marion	3:04.17
14 Gilroy, Madison	09	Central DeWitt	3:23.50

Event 13 Girls 200 Meter Dash 3A

Name	Yr	School	Finals
1 Steffen, Rylee	09	Wahlert	26.53 10
2 Wallace, Abigail	12	Wahlert	26.73 8
3 Duckett, Mia	09	Solon	26.91 6
4 Bachus, Heather	12	Solon	27.94 5
5 Jansen, Jordan	11	Xavier	28.61 4
6 Hynick, Emma	11	Monticello	28.75 3
7 Armbruster, Jordan	10	Maquoketa	28.84 2
8 Mason, Kyla	10	Xavier	28.88 1
9 Zmolek, Hedy	10	Mount Vernon	29.38
10 Miller, Madeleine	10	Mount Vernon	29.84
11 Crawford, Madison	09	Marion	30.36
12 Bader, Lauren	12	Monticello	30.60
13 Sims, Malia	10	Maquoketa	31.38
14 Strohbehn, Zoa	09	Central DeWitt	32.11
15 Robinson, Carissa	09	Central DeWitt	34.32

Event 59 Girls 400 Meter Hurdles 3A

Name	Yr	School	Finals
1 Prier, Madison	11	Marion	1:07.91 10
2 Arnold, Emma	10	Xavier	1:08.58 8
3 Bowman, Adeline	12	Maquoketa	1:09.25 6
4 Swart, Laura	10	Mount Vernon	1:09.91 5
5 Stahle, Mia	09	Solon	1:11.53 4
6 Foster, Calla	10	Solon	1:16.77 3
7 Dunne, Molly	11	Marion	1:16.95 2
8 Maloney, Nora	09	Xavier	1:20.56 1
9 Freese, Savannah	10	Monticello	1:22.99
10 Mosier, Grace	11	Central DeWitt	1:25.25

Event 37 Girls 1500 Meter Run 3A

Name	Yr	School	Finals
1 Meyer, Ellie	11	Wahlert	5:03.36 10
2 Oliver, Alixandra	12	Wahlert	5:03.83 8
3 Conway, Kiersten	12	Solon	5:05.30 6
4 Althoff, Emma	10	Monticello	5:17.07 5
5 Quillin, Anna	09	Solon	5:17.84 4
6 Kramer, Karle	11	Monticello	5:32.05 3
7 Simpson, Peyton	09	Mount Vernon	5:33.77 2
8 Regennitter, Rebeckah	10	Marion	5:37.86 1
9 Brand, Kameron	10	Mount Vernon	5:38.24

10 Orozco, Kendall	09	Marion	6:04.78
11 Pfab, Hailey	09	Xavier	6:10.26
12 Karl, Faith	11	Xavier	6:16.00
13 Petersen, Eliza	09	Central DeWitt	6:16.58
14 Simmons, Ali	09	Maquoketa	6:17.01
15 Denahy, Shea	10	Central DeWitt	6:20.58
16 McDermott, Olivia	09	Maquoketa	6:25.14

Event 74 Girls 4x100 Meter Relay 3A

Team	Relay	Finals
Finals		
1 Wahlert	1	49.50 10
1) McDonald, Meghan 10	2) Wallace, Abigail 12	
3) Berning, Tessa 11	4) Yaklich, Ariana 12	
2 Solon	1	50.88 8
1) Stahle, Sophia 10	2) Levin, Callie 09	
3) Duckett, Mia 09	4) McQuinn, Addie 11	
3 Marion	1	51.93 6
1) Burlage, Sydney 11	2) Johnson, Peyton 10	
3) Meth, Emily 11	4) McAllister, Maggie 11	
4 Central DeWitt	1	52.42 5
1) Klostermann, Colleen 12	2) Machovec, Morgan 12	
3) Meadows, Allison 11	4) Morris, Ava 11	
5 Maquoketa	1	52.56 4
1) Williams, Kasy 09	2) Meyer, Hope 10	
3) Kuhlman, Reese 09	4) Bowman, Adeline 12	
6 Mount Vernon	1	52.68 3
1) Quam, Elizabeth 11	2) Hawker, Isabel 10	
3) Welch, Natalie 12	4) Dougherty, Kate 09	
7 Monticello	1	54.59 2
1) Norton, Jordan 11	2) Verhagen, Lauren 09	
3) Schneiter, Reagan 10	4) Hynick, Emma 11	
8 Xavier, Cedar Rapids	1	56.37 1
1) Blue, Ava 09	2) Tucker, Elizabeth 09	
3) Junge, Jordan 11	4) Mason, Kyla 10	

Event 90 Girls 4x400 Meter Relay 3A

Team	Relay	Finals
Finals		
1 Solon	1	4:00.18 10
1) Holtkamp, Kaia 11	2) Levin, Makinley 11	
3) Federspiel, Gracie 09	4) Bock, Emma 11	
2 Wahlert	1	4:07.99 8
1) Schmid, Jamie 11	2) Kunnert, Mia 11	
3) Tranel, Nicole 12	4) Duggan, Alana 11	
3 Mount Vernon	1	4:14.67 6
1) See, Lilly 10	2) Dougherty, Kate 09	
3) Swart, Laura 10	4) Dougherty, Liz 11	
4 Marion	1	4:15.50 5
1) Prier, Madison 11	2) Rompot, Lilly 10	
3) Rice, Regan 10	4) Steffen, Peyton 11	
5 Monticello	1	4:22.05 4
1) Recker, Lydia 11	2) Etzel, Triniti 11	
3) Tuetken, Claire 10	4) McQuillen, Keziah 09	

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Finals ... (Event 90 Girls 4x400 Meter Relay 3A)

Team	Relay	Finals
6 Xavier, Cedar Rapids	1	4:36.80 3
1) Weiss, Kate 10	2) Schmit, Elena 09	
3) Neal, Annabelle 09	4) Cosgrove, Alma 10	
7 Maquoketa	1	4:39.58 2
1) Huffman, Alexa 10	2) Hackman, Clare 10	
3) Otten, Erin 09	4) Bean, Allison 09	
8 Central DeWitt	1	4:45.15 1
1) Peters, Hannah 09	2) Huff, Taylor 09	
3) Guldner, Haley 09	4) Klostermann, Regina 09	

Event 120 Girls High Jump 3A

Name	Yr	School	Finals
Finals			
1 Maricle, Soren	10	Central DeWitt	5-03.00 10
2 Dearstone, Ivy	12	Wahlert	5-03.00 8
3 Bartels, Ella	11	Marion	5-00.00 6
4 Yamilkoski, Jazmine	12	Xavier	4-08.00 4.5
4 Butterworth, Madison	10	Monticello	4-08.00 4.5
6 Winter, Elyse	12	Xavier	4-06.00 2.5
6 Towne, Lilly	09	Solon	4-06.00 2.5
8 Huffman, Alexa	10	Maquoketa	4-06.00 1
9 Holtkamp, Tatum	09	Solon	4-06.00
--- Sigwarth, Libby	12	Wahlert	NH
--- Miller, Madeleine	10	Mount Vernon	NH

Event 128 Girls Long Jump 3A

Name	Yr	School	Finals
Finals			
1 Berning, Tessa	11	Wahlert	18-01.00 10
2 Levin, Makinley	11	Solon	17-05.00 8
3 Machovec, Morgan	12	Central DeWitt	17-02.00 6
4 Hefel, Sophie	12	Wahlert	16-02.50 5
5 Meyne, Savannah	12	Central DeWitt	15-11.00 4
6 Poston, Autumn	11	Marion	15-08.00 3
7 Meyer, Jaclyn	10	Xavier	15-08.00 2
8 VanHook, Avery	10	Marion	15-06.50 1
9 Levin, Callie	09	Solon	15-03.00
10 Sims, Malia	10	Maquoketa	14-09.50
11 Lempke, Marley	10	Maquoketa	14-08.00
12 Bunch, Sophie	09	Mount Vernon	13-07.00
13 Bader, Lauren	12	Monticello	13-03.50
14 Conrad, Rebecca	10	Mount Vernon	13-02.00

Event 136 Girls Discus Throw 3A

Name	Yr	School	Finals
Finals			
1 Conrad, Ava	12	Solon	124-10 10
2 Kinney, Talbot	12	Central DeWitt	117-11 8
3 Charipar, Briona	12	Xavier	106-09 6
4 Swanger, Lauren	12	Marion	106-00 5
5 Holubar, Ellie	11	Solon	104-09 4
6 Horsfall, Anna	12	Wahlert	104-09 3
7 Fangmann, Jordan	09	Monticello	96-00 2
8 Crist, Jaina	12	Maquoketa	82-05 1

9 Horsfall, Abby	09	Wahlert	80-04
10 Harwick, Brianna	10	Maquoketa	77-06
11 Stahlberg, Brea	10	Monticello	76-02
12 Lantz, Ashley	09	Marion	72-09
13 Bossom, Ashli	10	Central DeWitt	72-04
14 Oldham, Kealey	11	Xavier	60-05
--- Vaughn, Kyla	10	Mount Vernon	FOUL

Event 144 Girls Shot Put 3A

Name	Yr	School	Finals
Finals			
1 Conrad, Ava	12	Solon	37-02.75 10
2 Charipar, Briona	12	Xavier	36-02.75 8
3 Kollar, Leah	09	Solon	35-10.50 6
4 Hagmier, Katie	12	Marion	34-10.00 5
5 McDonald, Jenna	10	Central DeWitt	33-02.25 4
6 Mescher, Cora	11	Monticello	32-07.75 3
7 Vaughn, Kyla	10	Mount Vernon	31-11.50 2
8 Swanger, Lauren	12	Marion	31-11.00 1
9 Kuan, Rejusha	11	Maquoketa	28-03.25
10 Crist, Jaina	12	Maquoketa	28-03.25
11 Kuehl, Claire	12	Central DeWitt	27-01.50
12 Oldham, Kealey	11	Xavier	19-03.50
--- Luis, Codie	10	Monticello	FOUL

Women - 3A - Team Rankings - 19 Events Scored

1) Solon	181.5
2) Wahlert Catholic, Dubuque	165
3) Marion	78
4) Mount Vernon	72
5) Central DeWitt	71
6) Xavier, Cedar Rapids	65
7) Monticello	58.5
8) Maquoketa	49