

Love and Logic®

# Parents

Raise responsible kids  
Have more fun in their role  
Enjoy healthy, happy relationships

Classes Start Thursday  
**April 16, 2015**

TRUSTED  
SINCE  
1977!



Love and Logic® provides simple solutions, tips, and practical techniques to help adults with kids of all ages:

- Raise responsible kids
- Have more fun in their role
- Strengthen the relationship with the kids in their life
- Tips, advice and real solutions trusted for over 35 years

Diane Kopp, MA, LPC, NCC will be offering this curriculum to parents which will provide the skills required to feel more relaxed, hopeful and positive about their children. As the participants learn more, they'll discover that parenting really can be enjoyable...and that they can teach personal responsibility and respect without losing their children's love. Parents will learn how to:

- Avoid un-winnable power-struggles and arguments
- Stay calm when their kids do incredibly upsetting things
- Set enforceable limits
- Avoid enabling and begin empowering
- Help their kids learn from mistakes rather than repeating them
- Raise kids who are family members rather than dictators
- And much more!

Classes every Thursday from  
6:30-8:30pm for six weeks at  
**CENTERED| ON WELLNESS** in  
Benton Harbor. Call 269-926-6199  
for more information or to make  
your reservation.

There is NO childcare  
provided during the class.

Class cost is \$10 per class, or  
save \$10 by paying \$50 on April 16<sup>th</sup>.  
Class cost covers up to two parents/  
guardians per child, a workbook and  
certificate of completion after  
attending all six classes.

There is NO refund  
for missed classes.

**Class size is limited –  
Make your  
reservation  
today!**

## CENTERED| on WELLNESS

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