APRIL 2018

Pickaway Senior Center

"WE'RE LIVING IT UP"

Pickaway Senior Center

2105 Chickasaw Drive P.O. Box 565 Circleville, OH 43113 740-474-8831

www.pickawayseniors.org

IMPORTANT DATES:

WEDNESDAY, APRIL 11 **BOARD MEETING** 10:15 AM

FRIDAY, APRIL 13 **CENTER CLOSED** ANNUAL FUNDRAISER 6:00 PM

TUESDAY, APRIL 17 COMMODITIES

WEDNESDAY, APRIL 18 BERGER DISCUSSION 11:30 AM **SOUP & SALAD BAR** NOON S.A.L.T. MEETING 1:00 PM

THURSDAY, APRIL 19 AARP CLASS UNLOCK SECRET LUNCH NOON TRIP PRESENTATION 2:00 PM

TUESDAY, APRIL 24 NEWSLETTER ASSEMBLY BREAKFAST BAR

9:00 AM

THURSDAY, APRIL 26 MONTHLY FELLOWSHIP NOON

From the Desk of the Director

April's arrival is always welcome at the Senior Center. We enjoy the Spring after an Ohio winter, and of course we are always excited for our Annual Fundraiser Dinner & Auction.

This year Annual Fundraiser is on Friday, April 13th at 6PM. Tickets for the evening are \$25 each. We are still accepting donations of items for both the live and silent auctions. We are planning for a wonderful evening, including a delicious dinner. (trust me on the delicious part, we have already enjoyed a preview taste testing)

Pritchard auctioneers will be on hand to make sure the "fun" is emphasized in our Fundraising. Make sure you pick up a bid number on your way in, watching is great, but it is even better when you place a bid or two. Who knows what you might end up getting to take home with you. We also will have some great door prizes and don't forget to get in on our raffle.

Mark your calendars for April 18th. Katie Love, APRN, CNP will be at the Center, before lunch, for a discussion on Blood Pressure Guidelines. Berger Health will pay for lunch of all those who attend this session. (It's soup and salad bar day too!)

Then on April 19th at 2PM, Dawn, with Premier World Discovery, will be holding a trip information meeting on a San Antonio Holiday trip this December. This is a 5-day, 4-night trip leaving December 8th.

Speaking of trips, we still have room for you on our Memphis/ Tunica trip. Call or visit the Center for information and flyers on all of our upcoming trips.

April 24th is the date of this month's Breakfast Bar. If you haven't been to one of our breakfast meals you are missing out. Of course, any day is a great day to stop by the Center where....We're Living It Up!

Cynthia Love, Executive Director

Pickaway Senior Center Board of Directors:

Brenda Strittmatter President Vice President Marie Gerhardt Connie Kelly Treasurer Judy Stewart Secretary Debbie Dumm Membership Pres. Cynthia Love Center Director Dennis Bothel Fiscal Officer Lisa Robbins · Vince Yaniga Donna Thompson · Ed Boyer Dwight Radcliff · Pat Acord Tonya Thompson · Don Wolford Sandra Foster · Erika Cowles-West

Pickaway County Commissioners:

Jay Wippel · Brian Stewart Harold Henson

PICKAWAY SENIOR CENTER

2105 Chickasaw Drive P.O. Box 565 Circleville, OH 43113

www.pickawayseniors.org

Office: 740-474-8831 Toll Free: 888-397-7246

Nutrition: 740-474-8617

Fax: 740-477-8114

Office Hours: Monday-Friday 8am - 4:30 pm Our services are provided for seniors ages 60 and over, Monday through Friday.

Adult Day Care:

Provides relief for families caring for a loved one with dementia or Alzheimer's. This service is available Monday through Thursday from 8:30 AM to 1:30 PM. Lunch and transportation are provided.

Congregate Meals:

A hot lunch served at the Pickaway Senior Center at 11:30 AM on Monday, and at 12:00 noon Tuesday through Friday.

Homemakers:

Assistance with cleaning, laundry and running errands. Clients must meet certain eligibility criteria.

Meals on Wheels:

A hot lunch delivered to your home five days a week.

National Family Caregiver Support Program:

Respite and personal care, financial help with co-pays and medicine, utility bills, home repair. The care recipient must be over 60 years of age.

Supportive Services:

Assistance with Medicare & Medicaid papers, HEAP and Commodities paperwork.

Transportation:

Transportation for medical appointments, dialysis, and grocery shopping.

For information on any of these services, call the Senior Center: 740-474-8831

The Pickaway Senior Center is a nonprofit organization. We are supported by financial contributions from the following:

- •Title III administered through the Ohio Department of Aging
- Funds from a senior levy passed by Pickaway
 County voters
- Private donations and fundraisers



2018 ANNUAL FUNDRAISER DINNER & AUCTION

Friday, April 13, 2018 at 6:00 p.m.

The event will include a chicken cordon bleu dinner, silent auction, live auction and raffle. Tickets for the event are \$25.00. They can be purchased at the Center.

The funds raised at this Annual Event each year go to improving and expanding our services! (If you would like to make a donation for the Fundraiser let Cynthia or Elisha know)

Raffle Item: Senior Center Wheeled Cooler packed full of PSC items including PSC lunch certificates, stadium blanket, t-shirt, straw cups, \$50 Wal-Mart gift cards & \$50 in Restaurant Gift cards.

Tickets 1 for \$2 or 3 for \$5.

Drawing will be held at the Fundraiser on April 13. You do not need to be present to win.



APRIL BIRTHDAYS-HAPPY BIRTHDAY!

APRIL 1

PAUL COLEMAN CARL DEBRUIN SUE DODDS KAYKIMBLER MARTHA LESTER GOLDIE LINDSEY

APRIL 2

SARA DRESBACH DEBBIE GREENE PATRICIA MEYER CONNIE MOORE GORDON PERRILL

APRIL 3

CHERYL BROOKS **GARY DEAN** THOMAS HUFFMAN **CATHY LEATHERWOOD**

APRIL 4

GEORGIA FURNESS HELEN PERRY ELEANOR ROBINSON SHIRLEY STANT

APRIL 5

RON DEREXSON CAROL FARMER

APRIL 6

ROSCOE BITZEL EDA BYRD **GARY LEASURE** CAROLYN MCKEIVIER MARY SHEETS **CLAUDE SMITH**

APRIL 7

BARBARA BINGMAN LINDA FRIEND FRANCES GREENLEE VIOLET JARVIS SANDRA LEASURE

APRIL 8

NORMA DAVIS SUE DENNIS LES MARBURGER ANGELA STAUFFER



APRIL 9

VIOLET BIBLER L. DUANE BRASGALLA MARGARET BROWN JOANNE BULLOCK SHARON COLE BETTY PETERS RITA RETTER MOLLIE REYNOLDS HANNELORE SNYDER **BOB SWAIM**

APRIL 10

HAROLD BOWERS BARBARA CARDER KATHY COOPER JOANNE GREENO THOMAS RICKEY

APRIL 11

IKE BRINER NORMA GOCHENOUR SHARON HART GAYLA KEATON DAVID KERNS LINDA LEASURE LINDA REESER

APRIL 12

GENE DAMRON BRIAN GERLACH PAULA JOHNSTON LANCE JONES PAM JONES JOYCE MILLER GENE PATRICK

APRIL 13

RALPH LEROY BECKER **BARBARA CRITES** LOUISE HEARTSTEDT HERBERT JOHNSON JULIE SMITH

APRIL 14

SUE BAEMEL PATRICIA WOLFORD JUDY MYERS MAC SCHUMM

APRIL 15

SHARON CLARY MAX CORDREY ELLERY ELICK HAZEL HARNESS ROBERT HARRIS PRISCILLA LAHRMER BARBARA WOODRUFF

APRIL 16

WILLARD CONLEY, JR. DAVID GREENO HELEN WEAVER TOM WIGGINS

APRIL 17

FRANCES BIDWELL RALPH HART CHARLES HINTON JOANN LEATHERWOOD JANET MADRU JIM WEST

APRIL 18

CAROLYN BROOKS SHELBY SHAEFFER SHARON SMITH CAROL WYATT BETTY YOUNG

APRIL 19

LEWIS GIFFIN DEBBIE JOSLYN SHIRLEY MCCLAIN JO MINEER PAT RIPPETOE MARY THOMPSON

APRIL 20

JUDY GULICK

APRIL 21

BETTY BILLUPS SUE BOWENS JANET CARTER TOM CLINE BARBARA FRAZIER AGNES STREITENBERGER

APRIL 22

WILLIAM CUPP JAMES HOUSEMAN BEVERLY STYERS MONA LEE TREGO CARL WOODS

APRIL 23

ELILA BELCHER DONALD BROWN COLLEEN DAVIS DONNA GLOYD CONNIE HARDESTY NAOMI PARKER SUE RHOADES

APRIL 24

URBAN ADAMS MARY CLIFTON JOYCE FOX JUDY GARVEY MARCELLA JOHNSON JOHN MALONEY CAROL SHEPLER KAY YINGLING REBECCA ZIELINSKI

APRIL 25

JOANN BLALOCK MARY JANE DEAN ROBERT FAUSNAUGH BETTY MINER

APRIL 26

CHARLENE COATES **DWIGHT HERSHEY** PATRICIA KNISLEY NORMA MCCOMBS NANCY MORRISON **GARY WILSON**

APRIL 27

ROBERT CAYLOR **CURTIS CONRAD** JUDY GIVENS VIRGINIA PFEIFFER SUSAN SCHLITT AMELIA STEVENS MICHAEL WAGNER PEGGY WOOD

APRIL 28

KATHY MCGUIRE GERALDINE ROBBINS CECELIA SECKMAN MARY THOMAS **BONNIE WATSON EVELYN WILLISON**

APRIL 29

VICKIE CROSBY DONALD FUNK SARA JACKSON RICHARD JONES ALICE PAYNE JEFF STEPHENS

APRIL 30

KATHY HENN WANDA LIND SHARON WHALEY

SPECIAL THANKS TO THE FOLLOWING PEOPLE...

New Members

Gary Iles

Martha Iles

Barbara Brooks

Earl Mink

David Luckhart

Donald Crabtree

Malissa Howell

Edna Nickels

Robert Richardson

Emma Richardson

Elma Adamas

Sharon Smith

Sam Vance

Sharon Vance

\$10 Fund Donations

Linda & Don Harden

Earl & Norma McCombs

Charles & Susan Patrick

Betty Peters

Allen & Debbie Black

Roger & Shirley Evans

Jeanette Hare

Glenn & Linda Reeser

Harold & Dorothy Hewitt

Donna Hall

\$10 Fund Donations

James & Patricia Hastings

Cooke Metzger

Roger & Patricia Southward

Patricia Von Ins

John & Shirley Lake

Judy Gulick

Helen Hartsaugh

Don & Jane Strawser

David & Vivian Garrett

James & Naomi Adkins

Jean Fissell

Ellery & Pam Elick

Geraldine Hannahs

Violet Carson

Joyce Dresbach

Sandy Foster

Shirley Tyler

Barbara VanBuskirk

Patty Surratt

Terry & Judy Schooley

Pat & Ann Neal

Virginia Pfeiffer

Anna Schooley

Donna Riffel

Jewell Hinton

\$10 Fund Donations

Sondra Starkey

Larry & Pam Harris

Sally Lemaster

Carolyn Brooks

Dorothy Cormany

Naomi Parker

Gordon & Kathleen Lloyd

Linda Burns

Fern Bozman

Olamae Cox

Alton & Marian Hallum

Mary Sheets

Becky Neff

Shirley Oberley

James & Mary Picklesimer

Judy Beard

Beverly & Harry Styers

Ruth Musselman

Lucy Groves

Jeane Crider

Gerald Voss

Beth Smith

Donald Smith

Claudette Valentine

Louise Hoover

Robert Imboden

\$10 Fund Donations

Doris Dodson

Howard Bitzel

Shelvia Neff

Harold Brill

Mary Holbrook

Nita & Don Hall

Rose Wolfe

Marjorie Kurtz

Mary Baker

Ruby Baylous

Carol Bivens

Maynard & Helen Burns

Dick Fisher

Helen Fox

Laura Groves

Charles & Carol Hammond

Freda Lindsey

Jane Winfough

Jeannine Frazier

Gloria Noggle

Sytha Rayer

Marilyn Wolfe

Jacqueline Writsel

Jean Writsel

Shirley Cornelius

Memorial/Honor of Donations

In Memory of Maria Baureis & Ronnie Dodson Given By, Doris Dodson

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In Memory of Nancy Bitzel Given By, Howard Bitzel

In Memory of Joy Brown

Given By, Exercise Class

In Memory of Lillie Voss

Given By, Gerald Voss

In Memory of Nancy Styers

Given By,
Andrew & Nancy Corcoran
Jason & Ashley Corcoran
Mark & Lori Hamann
Sheri Carr

In Memory of Albert Cornelius

Given By, Shirley Cornelius

In Memory of Martin & Waneta Garner

> Given By, David & Mary Frea

In Memory of Roma Conrad, What would have been her 99th Birthday April 13 Given By, Roger & Marty Eitel

# Memorial/Honor of Donations

In Memory of Max Cormany for his birthday April 20

> Given By, Dorothy Cormany

In Memory of My Dad, Ben DeHays

> Given By, Lainey Ebright

In Memory of Charles Savage

Given By, Joan Savage

> In Memory of Erma Schooley

Given By,
Terry & Judy Schooley

In Memory of My loving parents, Carl Warner & Grace Cook Warner

Given By Daughter, (Carol) Suzie Cook Bivens

> In Memory of Gay Henson For March Birthday

Given By, Shirley & Max Marion

In Memory of Gladys K. Ison

Given By, David & Beverly Martin

# Monthly Fellowship April 26, 2018

Please RSVP by the day before. Call 740-474-8831 to make reservations. April birthdays & anniversaries eat free on April 26 at noon.

- Roast Turkey
- Stuffing
- Green Beans
- Garden Salad
- Chilled Fruit
- Roll

#### **Entertainment:**

Musical Mustangs

# Tunica- Casino Capital of the South & Memphis-Home of the Blues

Dates: September 30- October 6, 2018

Price: \$595 per person (double occupancy) (\$75 due upon signing)

## Trip Includes:

- Motor Coach Transportation
- 6 nights lodging including 4 consecutive nights at a Tunica area Casino Resort
- 10 Meals: 6 breakfasts and 4 dinners
- Admission to Graceland
- Admission to Sun Studio
- Free time on Beale Street in Memphis
- Guided Tour of Memphis, TN
- Admission to Memphis Rock N' Soul Museum
- For more information please call the Center.



## **BERGER HEALTH SYSTEM** Your Hometown Health System

Nationally Recognized, Award Winning, Highly Trained, and all in YOUR community!

Cancer Center Cardiology & Neurology Ear, Nose & Throat Endocrinology **Emergency Department** Gastroenterology General Surgery Imaging & Laboratory Services Infusion Center Lung Care Center

Berger Hospice

Nutrition Services Occupational Health Center Orthopedic Surgery Pain Management Pharmacy Radiology Sleep Center Therapy & Sports Medicine Vein Specialists Women's Health & Maternity Wound Healing Center

Berger Health System 600 N. Pickaway St. Circleville, OH 43113 740,474,2126 www.bergerhealth.com





## **Unlock the Secret Lunch**

April 19 @ Noon

I am a kids playground
Worms love me
I am a huge part of the Earth
I go on forever, as far as the eye can see

Most people have one after dinner
I can be hot or cold
Don't eat to much before bed
You'll get a tummy ache-or so I've been told

(Two Words)

## **Blood Pressure Guidelines**

Katie Love, APRN, CNP will be at the Center on April 18th at 11:30 a.m. discussing the above topic.

Berger will pay for lunch of those who attend this session.

Please call the Center to RSVP by April 17th





# aetna

Aetna Better Health® of Ohio

# **#My**CareOhio Connecting Medicare + Medicaid

www.aetnabetterhealth.com/ohio

# Here For You, At Every Stage Of Life.



The more we age, the more complicated health issues can become. Fortunately, the experienced specialists at Adena Health Center–Circleville are here to treat sudden illnesses, like the flu or pneumonia; manage chronic issues, like arthritis or osteoporosis; and help prevent and treat conditions like heart disease and diabetes.

Schedule An Appointment Today:
740-779-FIND | ADENA.ORG/FIND

ADENA HEALTH CENTER-CIRCLEVILLE 140 Morris Rd.



## San Antonio Holiday Trip

If you are interested in this trip, there will be a trip presentation with Dawn from Premier World Discovery at the Center on April 19th at 2 p.m.





## **AARP CLASS**

There will be a AARP driving class at the Center on April 19th from 8am-12pm. If interested please call the center by April 12th to sign up. The class will be paid for by the Pickaway County S.A.L.T. Council.





#### **Pickaway Senior Center**

2105 Chickasaw Dr. P.O. Box 565 Circleville, OH 43113

RETURN SERVICE REQUESTED

Non-Profit Org.
U.S. Postage
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Permit #200
Circleville, OH 43113

#### Current Resident

1

# Memorial/Honor of Donations

In Memory of

Maribel Mace

Given By,

Gary & Diana Anderson
Clyde & Linda Preast
Ted & Linda Barbee
Margaret Cook
Marvin Rittinger
Pat Strous
Carolyn Brooks
Stephen Gary
Roger & Shirley Evans
The Hamman Family:
Bill & Peggy
Andy & Cathy
Tom & Genny
Norma Johnson

# Don't miss our upcoming events and activities at the Center!

| Annual Fundraiser               | Pg 3           |
|---------------------------------|----------------|
| Birthdays                       | Pg 4           |
| Tunica/Memphis Trip             | Pg 7           |
| Unlock the Secret Lunch.        | Pg 8           |
| Berger/Blood Pressure           |                |
| Discussion                      | Pg 8           |
|                                 |                |
| San Antonio Trip Mtg            | Pg 9           |
| San Antonio Trip Mtg AARP Class |                |
|                                 | Pg 9           |
| AARP Class                      | Pg 9<br>.Pg 10 |

# COAAA Advisory Council Meetings

The COAAA Advisory Council is comprised of volunteers from eight Central Ohio counties who represent the views of older adults in their communities and advise COAAA in its operations. Meetings are open to the public.

#### 2018 Dates:

| March 1 | September 6 |
|---------|-------------|
| April 5 | October 4   |
| May 3   | November 1  |
| June 7  | December 6  |
|         |             |

Advisory Council meetings are scheduled from 10:30 a.m. to 12 p.m. All meetings except the one in December will be held at COAAA's office, 3776 S. High St., Columbus, OH 43207. For additional information, call (614) 645-7250 or 1-800-589-7277.