

## RehabPro Speed Pulleys (S-Series)

**Introduction:** The functional quality of muscle coordination is enhanced with RehabPro Speed Pulleys. Speed pulleys allow you to change the speed of an exercise without the weights going ballistic. Increased speed acts as an increase in resistance making exercises more difficult to do. Movement speed is an important factor in restoring or improving daily activities, especially since muscle coordination is severely affected by soft tissue injuries.

### Applications:

1. Assistive & resistive rehab of the entire body with respect to circulation, flexibility, coordination, endurance & strength.



Single Free-Standing



Double Free-Standing



# Product Specification Sheet



## RehabPro Standard Pulleys (A-Series)

### 6:1 Weight to Resistance Ratio

#### Weight Stack Options:

Single Wall Mount  
100 lb. (M100S-SF)  
150 lbs. (M150S-SF)  
200 lbs. (M200S-SF)

Double Wall Mount  
100 lb. (M100S-DF)  
150 lbs. (M150S-DF)  
200 lb. (M200S-DF)

#### Minimum Resistance

0.85 lbs.

#### Rope Adjustment Interval

2"

#### Mounting Options

Wall or Module (MMS1 / MMD2)

Powder coated wt. stack w/ magnetic weight selector pin.

Yes

#### Standard Accessory

2x Standard Pulley Handle (R282H834-R)

#### Product Dimensions:

80" (T)x 28" (W)x 41" (D) – single wall mount  
80" (T)x 28" (W)x 41" (D) – double wall mount

#### Assembly:

None required

#### Shipping:

#### Shipping Dims:

SHIPS VIA TRUCK 

84"x 33"x 45", 250 - 350 lbs., single wall mount.  
84"x 33"x 45", 350 - 550 lbs., double wall mount.

#### Accessories:

Padded Wrist / Ankle Strap (Item 2020)  
40" Padded Waist Strap (Item 2022)  
Standard Strap Package (Item 2027)  
Banana Sling (Item 2025)  
Support Bar (Item VH8083)  
Standard Triceps Bar 18" (Item 13107)

Padded Shoulder Knee Strap (Item 2021)  
52" Padded Waist Strap (Item 2023)  
Padded Head Strap (Item 2024IM)  
Standard Pulley Handle (Item R282H834)  
Gantry (Item 15106)  
Optional Lat Boom (Item # RHPB)