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Established 2006

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Edition 152

May 2022

# THE MEDVIL MESSENGER



## COMMUNITY CLEAN UP DAY

Thursday ~ May 12<sup>th</sup> ~ 10:00 am  
(rain date May 19<sup>th</sup>)

The Maintenance Team is looking for a few volunteers to help clean up the leaves and branches around the pond and, if time permits, rake the area around the club house at 157 Donald Drive.

You should come prepared with gloves, rakes, leaf

blowers, etc., whatever tools you use to pick up leaves and lawn debris around your own home.

Bottled water will be available.

Please call the Reception Office to let us know you'll be coming.

(603) 497-4440, ext. 0

Monday through Friday from 9:00 am to 4:00 pm.

Thank you.

## COMING ATTRACTIONS



*Fish Fry!*

*May 6th*



*Spring Yard Sale!*

*May 7th*



*Breakfast!*

*May 21st*

**SEE INSIDE FOR MORE INFORMATION!**

## BOARD NOTICES

### OPERATIONS

May is here and it's like getting a fresh start to the year after a cold and windy winter. Shrubs are budding, flowers are blooming and things are starting to look cheery again. It's an exciting month, unless of course you're an allergy sufferer like me!

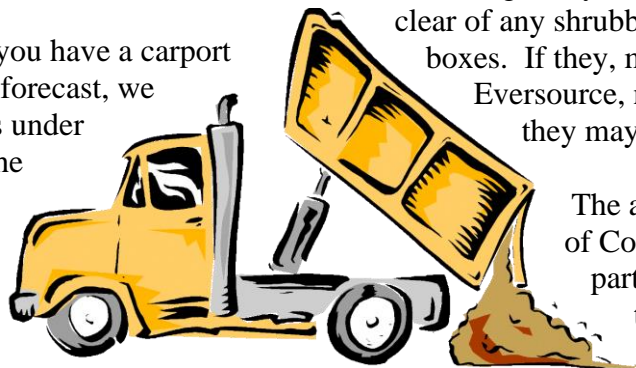
We have begun the Spring raking with the help of some volunteers. We've managed to get quite a bit done, leaving some smaller areas as well as the Donald Drive entrance and Clubhouse area. We will be having another Community Cleanup Day as you've probably already seen on the front page. Mark your calendars, it will be Thursday May 12 with a rain date of May 19th. We will be concentrating our efforts in the pond area and Donald Drive Clubhouse. I would like to thank those volunteers who have already given of their time. They are John Gunn, Joyce Wilson, Paul Sullivan, Jack Cyr and Linda Edwards. I know there are some who are helping "incognito," so I want to thank you as well.

A cleanup reminder. Please, if you have a carport and it is raining or rain is in the forecast, we ask that you keep your leaf bags under the end of your carport. When the bags are wet, it makes them that much heavier. If the weather is clear then they should be put by the roadside for pickup.

Many have asked and yes, we do plan on selling loam and mulch to the residents this year with delivery on Fridays only. The cost has gone up slightly from last year due to price increases. The cost for a yard of loam is \$40.00 and the cost for a yard of mulch is \$45.00. The process will be the same. You need to pay the receptionist for your order. You will receive a receipt and a copy will be

placed in Jeff's mailbox in the package room. Again, deliveries will be on Fridays only. We will dump the loam/mulch as close to the area you want it in as best we can. The size of the dump truck may not always make it possible.

To those residents who had their yards disturbed by the Comcast contractor last year while they were installing vaults, I met with the Comcast Engineer and the owner of Eustis Cable, the contractor hired by Comcast regarding restoring the front yards of the residents impacted by their project. We rode through the community evaluating the work that was done last year, since some of it was unacceptable. They have been back raking and seeding the areas they dug up since our meeting. If you had work done in your yard but it does not appear that the restoration has been completed, please let me know and I will contact the contractor. I have done an inspection myself, but I want to be sure nothing was missed. Another issue that was addressed with Comcast is the fact that many of their boxes, and also Eversource transformers, are being hidden by shrubs. The utilities need access to these boxes in order to complete repairs. If you have these in your yards we're asking that you keep at least 1 side completely clear of any shrubbery to allow access to the boxes. If they, meaning Comcast or Eversource, need to clear in order to work they may not be as gentle.



The area for paving this year is all of Country Way, and the dead end part of Riverledge, just beyond the intersection of Riverledge and Country Way. In order to hopefully alleviate some of the water issues we encountered last year, Jeff and I took a day to locate all the curb stops (water shutoffs) for each home in the areas where the paving is planned. Once the stop was located, a PVC collar was installed in order to facilitate locating the shutoff under an emergency situation. We ask that you please be sure your shutoff stays visible at all times.



Let's talk about Work Orders. Spring is a very busy time with residents cleaning up their yards, and the Work Orders that come in are quite prolific. I want to make you all aware that on the Work Order it states "Please be advised that completion of the Work Order may take up to five to ten working days, depending on the type/amount of work to be done". That being said, if it has not been 5 to 10 working days it is not necessary for you to fill out multiple work orders, call, text or email asking when it will be completed. Let's please be patient. Work orders are completed in the order in which they are received unless it is an emergency. Thank you for your understanding!!!

A few little things to bring up. We ask once again that any cardboard boxes be broken down before you put them at the road's edge for pickup. We had quite a few very large boxes this week and unfortunately, they take up quite a bit of space in the back of the truck.

Many have asked when the roads will be swept this year. We are on the waiting list for this to be done. They assured me they will be here as soon as possible but as you can imagine, it is a very busy time of year for them as well.

We are planning another Flag Day ceremony this year. It will be held on Saturday, June 11th at 10:00AM. If you have not attended in the past, you may wish to do so. It is an impressive ceremony in which you can dispose of your tattered or faded flags in a respectful manner.

IT'S COMING!!! Finally, I happy to announce that our trash truck is scheduled to be delivered either next Monday the 25th or Tuesday the 26th. No, it will not be used on Wednesday since we still have to have it inspected in NH and it also has to be registered. It's been a slow process but hopefully it will be well worth the wait.

Well, enough said! Sorry it was a lengthy one this month but we just want to be sure the residents are kept well informed.

As always, thank you, Jeff, for all your hard work and dedication to the Medvil Community!

Odie/OD

## **SPRING HAS RETURNED TO MEDVIL AND IT'S TIME TO...**

### **CLEAN UP THE OUTSIDE OF YOUR HOMES**

Rule D. Sites, #3 states, in part, "The maintenance, appearance and cleanup of lot yards are the home-owners responsibility. Yards are to be kept neat and free of debris and yard tools." Raking your leaves prevents your neighbors from picking up your leaves after they've blown across the street.

Remember that leaf bags need to be able to be lifted so please don't fill them. If you can't lift it we can't either.

Put your yard maintenance equipment in your shed.

### **PET REMINDERS**

Whether it's on the side of the road, or in one of Medvil's common areas, please remember to pick up after your dog. Don't let your dog pee on anyone's lawn or on our blueberry bushes. It's not nice and once a dog marks their spot, every dog is going to mark the same spot which leads to lawn damage. Some people spend a lot of time and money on their lawns so be courteous. Cats are not to be loose and should be secured in your home or on a leash if they want a bit of fresh air.

### **BEAUTIFICATION**

Remember to submit any plans on your landscaping. Don't dig or plant before you have approval. This also applies to cutting, removing, or trimming trees. Rule D #8, 9 and 10





## WATERING AND IRRIGATION

Remember to check out Rule D sections 10 and 11 for details. Essentially watering is allowed every other day and is to be limited to 20 minutes per zone.

## SMOKERS AND WALKERS

Please dispose of your cigarettes and water bottles in the appropriate receptacles or take them back home with you to dispose them.

## VEHICLES AND GOLF CARTS

We have a speed limit of 15 mph for all vehicles, and they must all follow the rules of the road. Vehicles can be washed no more than once a week in your driveway.

These are all complaints made at coffee houses and at board meetings so please do your part to keep our community looking its best and safe for all.

Thank you and remember, be kind and courteous to all.

Your friends, and your neighbors



## OTHER NOTICES



## BINGO IS BACK! BUT WHERE ARE YOU?

Bingo has resumed on Thursdays; our attendance is good but not where it was before COVID. If you haven't come back to play, please consider doing so. And if you've never played before, now is a good time to give it a try because all of the equipment is brand new! The game is fun, (we even have a progressive cover-all) and who doesn't like winning money? But it's really about spending time with friends and coming together as a community. Come join us at the Donald Drive Club House on Thursday's at 6:30 pm. Remember, the more people who play, the more we have to pay out in prize money!

## INK CARTRIDGES FOR SALE

A resident has donated new & slightly used ink cartridges for the benefit of the Fundraising Committee.

There is a four-piece set of HP #950 (black) exp. 08/22 & 3 colors of HP #951 exp. 07/22. We are asking \$60 for them.

The other is a three-piece set of HP #951 (color) that is slightly used. One expired on 11/21 & two expire on 1/22. We are asking \$20 for this set. Please contact Irene Gagne, Fundraising Committee Chair, at 603-622-1869 if you are interested in purchasing either/both of these.



## COMMITTEE REPORTS

### EVENTS COMMITTEE



Another month has come and gone and, for the most part, everything went off without a hitch. The breakfast on March 5<sup>th</sup> was well attended with everyone enjoying the food and having a great time

visiting with friends and neighbors.

We fed over 80 people at the St. Patrick's Day dinner! Did everything go perfectly? Not everything; we were a bit later serving dinner than we advertised...who know it would take so long for the cabbage to cook?!? But thankfully everyone (for the most part) was understanding about the delay and used the time to visit or have another cocktail. We will learn from this, our very first corned beef and cabbage dinner, and if we do this again next year, we'll be even better.

Eleanor Roosevelt was 'in the house' on March 30<sup>th</sup> and although it was a smaller crowd than we expected (or have had in the past) everyone raved about Sheryl Faye's interpretation of this American icon.

On April 13<sup>th</sup>, Marilyn Mills, a clinical dietitian from Hannaford's, presented "Healthy Eating on a Budget" to over 40 Medvil residents. The Benedict Breakfast served over 60 people who all seemed to like the food very much.

What's coming up in May, you ask? The very popular, and very delicious, Friday Night Fish Fry is scheduled for May 6<sup>th</sup>. And another breakfast has been added on Saturday, May 21<sup>st</sup>. For more information on these two events, please see the flyers that are attached to this edition of the Medvil

Messenger. And did someone ask about the community wide yard sale? That's in here too.

Hope to see you at one (or all) of these upcoming events. Thank you for supporting the Events Committee.

Deb Cyr

### FUNDRAISING COMMITTEE



**Fundraising Pool**--The 4/1 winner was Irene Gagne for \$250. All numbers are being played with a guaranteed winner. There are currently no residents on the wait list but two numbers will be available on 7/1. **Call the Volunteer Office to place your name on the list – 603-497-4440, Option 0.** It's only \$5/month and you can play more than 1 number.

**Yard Sale** – The yard sale is scheduled for 5/7 and we have several volunteers willing to help us. We are looking forward to seeing many of you who have supported us in the past as well as new members to the community who have agreed to help out.

If you have items to donate, please call Irene at the number above. We are asking that you hold on to the items until 5/5, if possible.

**Please do not place any items in the mail houses.**

**Committee Members** – We are a committee of eight and we are looking for more members.

**Ideas Needed** – You don't have to be a committee member to give us suggestions for projects to use our funds, or fundraising ideas, for the benefit of the Medvil community – call Irene with suggestions and costs, etc.

Irene M. Gagne





## REAL ESTATE COMMITTEE

The Medvil Real Estate statistics from March 25, through April 25: Three showings, three Purchase and Sales Agreements pending, and currently one listing.

If you are thinking of selling your home, the first step is to fill out the Intent to Sell form. **This form can be found on our website at [medvilcooperative.com](http://medvilcooperative.com). The Intent to Sell can be filled out online and printed then given to Medvil Real Estate Office 30 days before listing your property.**

The second step is to locate a realtor. Please consider letting Medvil Real Estate help you sell your home. Sales benefit Medvil community.

Medvil RE Committee - 497-4440 Prompt 2  
Website: [www.medvilcooperative.com](http://www.medvilcooperative.com) Homes for Sale

Dorrie Kossuth, Chairperson

## NOMINATION COMMITTEE LOOKING FOR VOLUNTEERS-- WE NEED YOU!

As a community we place a great deal of importance on finding candidates to run for positions on the board. Your help on this committee would help all of us keep our community affordable for all. The positions open at this upcoming November meeting are:

- ❖ Treasurer
- ❖ Vice President
- ❖ Two Director at Large Positions

I am looking for members in the community who are willing to help find and discuss these positions

with other members. Whether you are new to the community, or you've been a resident here for a while, please consider reaching out to me to be part of the nomination committee or if you're interested in running for a position, please reach out to learn more about the open positions.

It's important to have a group of diverse people on the board who are interested in representing our community. If you're not sure about running yet, being a part of the nomination committee will add more insight to the positions and might help you make the decision about throwing your hat into the ring.

What are some of the things that help make an individual a good board member?

- Ability to use email and be responsive to email requests in a timely manner
- Attend all meetings (preferably in person, or on zoom) and actively participate
- Take ownership of ideas and follow through with implementation
- An understanding that everyone on the board is your equal
- Represent the community, not your individual beliefs, feelings, or desires
- Bring issues brought to you by members to the entire board
- Understanding how important fiscal responsibility is to keep our community affordable

A qualified candidate is a co-op member with the following qualities:

- Passion for the community
- Empathy
- Honesty
- Ability to listen to what is being said or not said
- Good communicator
- Team player
- Willingness to give your time





- And having a good sense of humor doesn't hurt

If you are interested in helping to find candidates, please reach out to me by phone or email.

Anita O'Brien 603-494-4246  
[Medvil21@comcast.net](mailto:Medvil21@comcast.net)

*they've passed down. Be active in the community they've built. It is a way of walking with them into the future. It is a way of never losing them.*

Linda Robinson, Sunshine Lady (603) 851-520

**MEDFORD FARMS SALON**  
 Wednesday - Saturday by Appointment  
 Pick-up, drop-off & home visits available  
 494-4941

**HELPING HANDS**

It is not uncommon for a person to find themselves in need of a little help from time to time.

If you could benefit from a little friendly assistance, don't hesitate to reach out to the Helping Hands Committee.

Need a prescription picked up? Maybe a few groceries? Or even a ride to/from a doctor's appointment?

Safety and health are of great concern and importance to everyone, so gloves and masks will be available.

If you need help or have any questions about the Committee and what they do, please reach out to Anita O'Brien at [Medvil21@comcast.net](mailto:Medvil21@comcast.net)

Or by phone at (603) 494-4246.

**TASTY TIDBITS**

by Cat Pragoff

By any chance do you happen to have one of those handy devices known as a Spiralizer hidden away in a kitchen cupboard? I'll bet a lot of us have forgotten that we own one of these tools that were all the craze a few years ago. Well, now's the perfect time to get it out, just in time to make a salad or two for the upcoming Memorial Day family picnic or barbecue. Here are a couple of recipes to get you started.

**Zucchini, Squash and Apple Salad with Nuts and Berries**

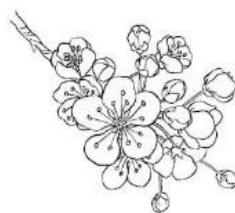
Ingredients:

- 2 large zucchinis, spiralized into thin strands
- 2 large yellow squashes, spiralized into thin strands
- 1 Gala or Fuji apple, spiralized into thick strands
- 1 Tbs. olive oil
- 1 small yellow onion, diced
- 2 or 3 stalks celery, diced
- 1 cup pistachio, shelled and diced

**IN SYMPATHY**

Heartfelt condolences to those who have recently lost a loved one:

- Ginny and Donna Duford upon the death of their great-granddaughter and niece Natalie



*We meet them in the lives they've shaped. We enjoy them in the jokes and wisdom*



1 small bunch scallions (green parts only), finely chopped  
1/2 cup cranberries (blueberries will also work, but will be sweeter), finely chopped  
1 bunch flat-leaf parsley, finely chopped  
Juice of 1 large lemon  
Salt & pepper

Directions:

- Boil a large pot of lightly salted water
- Add spiralized zucchini and squash to water and cook until just tender, about 3-5 minutes
- Drain well and set aside to cool
- Toss spiralized apple with lemon juice to add flavor and prevent browning, then set aside
- Heat 1/2 Tbs. olive oil in a heavy-bottomed skillet. Add the onion and celery and sauté until softened, about 5-8 minutes. Don't brown; just cook until wilted and softened.
- When it has cooled, turn out into a large bowl. Add berries, scallions and parsley. Toss well. Add vegetable strands, pistachios, and apple strands. Drizzle with the remaining olive oil. Season with salt, pepper, and additional lemon juice to taste.
- Refrigerate for at least 20 minutes before serving. Serves 4.

## Greek Salad

Ingredients:

4 cups zucchini, spiralized into thick rings  
1 bunch green onions, sliced  
1 basket cherry tomatoes, cut in half  
1 package (8 ounces) white mushrooms, sliced  
1 large bell pepper, seeded, sliced into matchsticks  
1 4-ounce can pitted black olives, drained  
1 cup feta cheese, crumbled

2 large garlic cloves, minced  
2 tsp. basil  
1-1/2 tsp. oregano  
1/2 tsp. black pepper  
1/2 cup olive oil  
1/2 cup red wine vinegar

Directions:

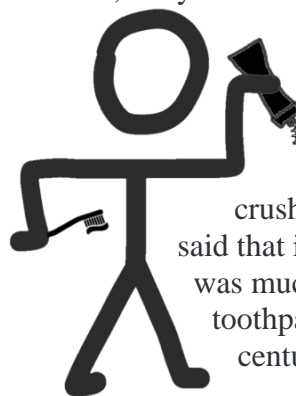
- Blanch the zucchini if you want softer noodles; otherwise, leave raw
- In a large bowl, combine the oil, vinegar, garlic, basil, oregano and pepper. Whisk to blend.
- Add the remaining ingredients, including zucchini noodles, and toss to distribute the dressing evenly.
- Chill overnight to allow flavors to blend. Serve chilled.

## WHO KNEW?

Did you know that toothpaste was invented by the ancient Egyptians? The following is from "Interesting Facts" by LIKEMIND.

<https://www.likemind.com/>

The oldest known formula for toothpaste was found on a piece of papyrus that is said to be more than 1,600 years old. The writer of the recipe called it "a powder for white and perfect teeth," which, once mixed with saliva, forms a "tooth paste" that cleans teeth. Ingredients included rock salt, mint, dried iris flower, and crushed pepper. One dentist who tried it said that it made his gums bleed, but that it was much more effective than some other toothpastes that were created in the last century.



*Thanks to Karen Kirkpatrick for this article as well as the cartoon appearing on page 4.*







...and other stuff  
you want to know about

*The Medvil Messenger wants more material! Family recipes, helpful hints, reminiscences, jokes, poems, gardening advice, reviews of your latest vacation and day trip discoveries, hilarious tales of your pets' antics—just about anything. Please keep it upbeat and positive. Original material will take precedence over reprints from other sources, including printouts of email pass-arounds. If you submit previously published material, please try to cite a source. We reserve the right to reject material that may offend, divide our community or cause*

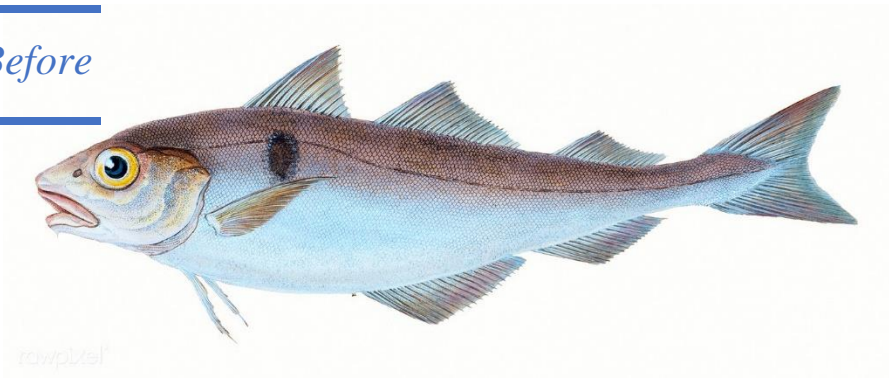
*political arguments. Please submit your items to our email: [medvilnewsletter@comcast.net](mailto:medvilnewsletter@comcast.net) Or place a copy in the Messenger mailbox in the Reception Office in the DDC. Deadline for submissions is noon on the Thursday after the Board Meeting. (BOD meets on the 3rd Tuesday of the month.)*

**Medvil Messenger Staff:**  
*Debbie Cyr and MB. Wulf*

**Additional Proofreading:**  
*Irene Gagne*



*Before*



# FRIDAY NIGHT FISH FRY

**May 6<sup>th</sup> ~ Donald Drive Club House**

**4:30 or 5:30 pm seatings**

It's spring and time for another of our fabulous fish frys!

- A good-sized portion of deep-fried haddock
- The best french fries you'll ever taste
- With coleslaw and dessert



**All this for \$10.00!**

No tax, no tip, and beverages are available for purchase.

*After*

**Don't forget your money!!**



Make your reservations and pay at the Volunteer Office daily from 9:00 am to 4:00 pm.

# **SPRING FESTIVAL**

**MEDVIL COOPERATIVE  
INDOOR YARD SALE  
AND CRAFT FAIR**

**DOWNSTAIRS AT THE  
PARTRIDGE LANE CLUBHOUSE**

**MAY 7 from 9 AM TO 2 PM**

**A MULTI-FAMILY ASSORTMENT OF  
DONATED ITEMS, LUNCHEON, BAKE SALE  
& 50/50 RAFFLE**

**BRING FAMILY & FRIENDS**

**CALL IRENE GAGNE AT 603-622-1869 TO DONATE ITEMS OR TO VOLUNTEER**



# *It's time for another Omelet Breakfast*

**Saturday ~ May 21st**

**Donald Drive Club House**

**8:30 am - 10:00 am**

**✦ \$8.00 per person**

**✦ \$5.00 for children under 12**



**MENU: Omelets ~ waffles ~ hash browns ~ baked beans ~**

**sausage ~ bacon ~ juice ~ fruit salad**

*Mimosas and Bloody Mary's will be available.*

***And don't forget the 50/50 Raffle!!!***



**Please sign up at the Reception Office**

**Monday – Friday ~ 9:00 am to 4:00 pm**

***The Events Committee would like to thank the residents of Medvil for their continued support of all the activities we host throughout the year; all of which allows us to offer low cost/no cost events and helps defray the cost of our annual Christmas Party.***

# It's back!!

What? The community wide yard sale sponsored by the Events Committee

When? Saturday ~ June 25th

Where? Your house!

## Here's how it works.

- You must sign-up at the office by Friday, June 3<sup>rd</sup>.
- The cost to participate is just \$5.00; this provides the Events Committee with the money to advertise the yard sale and purchase signs and balloons.
- Signs will be posted at the entrances and throughout the community.
- Homes participating in the yard sale will have balloons tied to the lamp posts.
- Maps will be provided to each car coming to the yard sale.




## Want to participate but don't have any tables?

- Tables will be available to rent, the cost is \$5.00 per table, limit two (2) per household.
- Tables will be delivered on Friday, June 24th and picked up on Monday, June 27<sup>th</sup>.

## Ready to participate??

Go to the Reception Office at the Donald Drive Club House, Monday through Friday from 9:00 am to 4:00 pm to sign-up and pay.

<b>May 2022</b>						
<b>Sun</b>	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>	<b>Sat</b>
<b>1</b>	<b>2</b> 6:30 Cribbage PLC <b>22</b>	<b>3</b> 10 & 7 Play Pool PLC	<b>4</b> 10 Pool PLC 12:30 Knitting PLC	<b>5</b> 6:30 Bingo DDC	<b>6</b> 6 Cribbage PLC non-league 4:30 & 5:30 Fish Fry DDC	<b>7</b> 9-2 Fundraising Yard Sale PLC
<b>8</b> <b>MOTHER'S DAY</b>	<b>9</b> 6:30 Cribbage PLC	<b>10</b> 10 & 7 Play Pool PLC 3:30 FinCom DDC	<b>11</b> 10 Pool PLC 12:30 Knitting PLC	<b>12</b> 6:30 Bingo DDC	<b>13</b> 6 Cribbage PLC non-league	<b>14</b> 8:30 Coffeehouse PLC
<b>15</b>	<b>16</b> 6:30 Cribbage PLC	<b>17</b> 10 & 7 Play Pool PLC 6 BOD Mtg DDC	<b>18</b> 10 Pool PLC 12:30 Knitting PLC	<b>19</b> 6:30 Bingo DDC	<b>20</b> 6 Cribbage PLC non-league	<b>21</b> 8:30 Breakfast DDC
<b>22</b>	<b>23</b> 6:30 Cribbage PLC	<b>24</b> 10 & 7 Play Pool PLC	<b>25</b> 10 Pool PLC 12:30 Knitting PLC	<b>26</b> 6:30 Bingo DDC	<b>27</b> 6 Cribbage PLC non-league	<b>28</b>
<b>29</b>	<b>30</b> <b>MEMORIAL DAY</b>	<b>31</b> 10 & 7 Play Pool PLC				
<b>FUTURE EVENTS: Flag Day Ceremony, 11 June</b>						
<b>Community-Wide Yard Sale, 25 June</b>						
<b>Meat Bingo, date to be announced</b>						

Metal Pick-up: 1<sup>st</sup> Monday of the month, beginning at 8 AM \*

Trash & Recycling Pick-up: Every WEDNESDAY beginning at 7 AM \*

Yard Waste Pick-up: Every Thursday until first snow fall

\*\* Please have your items curbside by that time.